

# IOWA HAWKEYES



University of Iowa Sports Information -- Traci Wagner, Wrestling Contact

**WRESTLING WEEKLY RELEASE**

**JANUARY 26, 2010**

## 2009-10 SCHEDULE & RESULTS (16-0 Overall, 2-0 Big Ten)

Date	Opponent	Time (CT)
11/14	at Harold Nichols Open	2 champs
11/20	Coe *	W, 39-3
	Cornell College *	W, 57-0
	Iowa Lakes *	W, 52-0
	UNC Pembroke *	W, 47-0
	S. Illinois Edwardsville *	W, 51-0
11/21	at Kaufman-Brand Open	2 champs
11/27	at Bucknell	W, 29-7
	vs. Rutgers	W, 33-9
12/6	at Iowa State (IPTV)	W, 18-16
12/10	Northern Iowa (BTNWS)	W, 48-3
12/29-30	at Midlands Champ's (BTN)	1st
1/9-10	at NWCA/Cliff Keen Duals	1st
1/9	vs. Nebraska	W, 33-3
	vs. Boise State	W, 20-12
1/10	vs. Minnesota	W, 28-12
	vs. Iowa State	W, 19-12
1/16	Oklahoma State (BTN)	W, 19-16
1/22	at Michigan	W, 36-0
1/24	vs. Purdue - at Lowell, IN	W, 41-6
<b>1/29</b>	<b>Penn State (IPTV, BTNWS)</b>	<b>7 p.m.</b>
	<b>(Iowa City, IA)</b>	
<b>1/31</b>	<b>Michigan State (BTNWS)</b>	<b>6 p.m.</b>
	<b>(Iowa City, IA)</b>	
2/6	vs. Utah Valley	8 p.m.
	(Vernal, UT)	
2/12	Northwestern (BTNWS)	7 p.m.
	(Iowa City, IA)	
2/14	at Minnesota (BTN)	6 p.m.
	(Minneapolis, MN)	
2/19	Ohio State (BTN)	7 p.m.
	(Iowa City, IA)	
2/21	at Wisconsin (BTN)	3 p.m.
	(Madison, WI)	
3/6-7	at Big Ten Champ's (BTN)	All Day
	(Ann Arbor, MI)	
3/18-20	at NCAA Champ's	All Day
	(Omaha, NE)	

All times are Central and subject to change.  
 BTN - Big Ten Network  
 IPTV - Iowa Public Television  
 BTNWS - Big Ten Network Web Streaming  
 \* - Iowa City Duals

## PROBABLE LINEUPS

### #1 Iowa Hawkeyes (16-0, 2-0 Big Ten)

Wt.	Rank	Name	Yr.	Hometown/Last School	2009-10 Collegiate Record
125	4/4/4	Matt McDonough	*Fr.	Marion, IA/Linn-Mar HS	22-0
133	4/6/9	Daniel Dennis	Sr.	Ingleside, IL/Grant HS	10-1
141		Dan LeClere	Sr.	Coggon, IA/Virginia Tech	9-3
OR	5/5/-	Montell Marion	So.	Des Moines, IA/Roosevelt HS	14-2
149	1/1/1	Brent Metcalf	Sr.	Davison, MI/Virginia Tech	22-0
157		Aaron Janssen	Jr.	Emmetsburg, IA/Emmetsburg HS	9-4
OR		Jake Kerr	Jr.	Oskaloosa, IA/Oskaloosa HS	6-6
165	5/5/6	Ryan Morningstar	Sr.	Lisbon, IA/Lisbon HS	17-3
174	1/2/1	Jay Borschel	Sr.	Marion, IA/Virginia Tech	21-0
184	8/7/8	Phillip Keddy	Sr.	Vernal, UT/Uintah HS	16-5
197		Brodie Ambrose	So.	Long Grove, IA/North Scott HS	0-0
OR		Luke Lofthouse	Jr.	Avon, UT/Mountain Crest	14-11
HWT	9/9/6	Dan Erekson	Sr.	Eagle, ID/Eagle HS	1-0
OR		Jordan Johnson	So.	Bettendorf, IA/Bettendorf HS	10-2
OR		Blake Rasing	So.	New Hampton, IA/New Hampton HS	9-9

### #13 Penn State Nittany Lions (9-4-1, 1-1 Big 10)

Wt.	Rank	Name	Yr.	Hometown/Last School	2009-10 Collegiate Record
125	11/12/12	Brad Pataky	Jr.	Clearfield, PA/Clearfield HS	19-5
133		Bryan Pearsall	Fr.	Lititz, PA/Warwick HS	3-15
141		Adam Lynch	Sr.	Mifflinburg, PA/Mifflinburg HS	6-9
149	5/5/5	Frank Molinaro	So.	Barneget, NJ/S. Regional HS	22-2
157	3/5/4	Cyler Sanderson	Sr.	Heber City, UT/Iowa State	21-2
165	8/8/9	Dan Vallimont	Sr.	Lake Hoptacong, NJ/Jefferson Twp.	19-4
174		Justin Ortega	Fr.	Oxford, PA/Oxford HS	6-12
184	11/13/12	David Erwin	Sr.	Urbana, OH/St. Paris Graham HS	20-6
197		Clay Steadman	So.	McKean, PA/General McLane HS	8-8
OR		David Crowell	So.	Easton, PA/Nazareth HS	17-10
HWT	11/11/12	Cameron Wade	So.	Twinsburg, OH/St. Peter Chanel HS	14-5

### Michigan State Spartans (6-3-1, 0-2 Big 10)

Wt.	Rank	Name	Yr.	Hometown/Last School	2009-10 Collegiate Record
125		Eric Olanowski	So.	Virginia Beach, VA/Kellam HS	12-11
OR		Brennan Lyon	Fr.	Ithaca, MI/Ithaca HS	3-8
133	1/1/1	Franklin Gomez	Sr.	Brandon, FL/Brandon HS	14-0
141		Dan Osterman	Fr.	Carson City, MI/St. John's HS	16-8
149	17/13/19	David Cheza	So.	Grand Blanc, MI/Grand Blanc HS	17-7
157		Anthony Jones	Jr.	Highland Park, MI/Highland Park HS	8-9
165		Kyle Bounds	Sr.	Vancouver, WA/Oregon	23-10
OR		Ben Boudro	Jr.	Richmond, MI/Anchor Bay HS	12-10
174		Ian Hinton	So.	Nappanee, IN/Mishawaka HS	13-10
184		Nick Palmieri	Sr.	Highland Heights, OH/Mayfield HS	13-8
OR		Curran Jacobs	So.	Owosso, MI/Owosso	9-7
197		Tyler Dickenson	So.	Pewamo, MI/St. John's HS	15-10
HWT		Alan O'Donnell	Sr.	Clarksville, MI/Lakewood HS	9-7

\* - redshirt freshman, rankings are AWN/Intermat/WIN

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## HEAD COACH TOM BRANDS



Two-time Big Ten Coach of the Year, Tom Brands, is in his fourth season as head wrestling coach at Iowa. A 1996 Olympic gold medalist and member of wrestling's Hall of Fame, Brands is only the eighth wrestling coach at Iowa. The former Hawkeye wrestler was a four-time all-American and three-time national champion (1989-92) at Iowa. He has a 75-6 overall and 23-3 Big Ten coaching record at Iowa, and an 92-26 career mark.

In his third season with the Hawkeyes, Brands led Iowa to its second straight NCAA and Big Ten team titles, crowning five all-Americans and two Big Ten champions. The 2009 national title was the school's 22nd, and it was only the second time in school history Iowa won the NCAA title without an individual champion. Brands earned Big Ten Coach of the Year honors after guiding Iowa to the school's 33rd conference team title. The Hawkeyes ended the 2008-09 season with a 24-0 record, going undefeated for the first time since 1999-2000. The Hawkeyes, who ended the season on a 38-dual match winning streak that dates back to the 2007-08 campaign, clinched the 2009 Big Ten regular season title with a perfect 8-0 mark in conference competition and won the 2008 Midlands team title.

Brands served as head coach at Virginia Tech University for two seasons (2005-06), recording a 17-20 dual mark. Prior to taking the helm at Virginia Tech, Brands was an assistant coach at Iowa for 12 seasons (1993-2004). He helped the Hawkeyes to a 177-27 dual record, seven NCAA and eight Big Ten titles, while crowning 23 NCAA champions, 73 all-Americans and 36 Big Ten champions. He was named the National Wrestling Coaches Association Assistant Coach of the Year in 2000.

As a competitor, Brands won the 1996 Olympic freestyle gold medal at 136.5 pounds in Atlanta, GA. He also won a gold medal at the 1993 World Freestyle Championships in Toronto, two World Cup gold medals (1994, 1995) and was the 1995 Pan American Games champion. He won four U.S. National titles (1993-96) and made four straight U.S. World or Olympic teams (1993-96). Along with his twin brother, Terry, Tom was named 1993 USA Wrestling Athlete of the Year, the 1993 John Smith Outstanding Freestyle Wrestler and 1993 Amateur Wrestling News Man of the Year. He was inducted into wrestling's Hall of Fame in 2001.

Brands was a four-time all-American at Iowa (1989-92). During his Hawkeye career, he won three NCAA titles and was named Outstanding Wrestler of the 1992 NCAA Championships. Also a three time Big Ten champion, Brands won 95 percent of his matches at Iowa. His career mark of 158-7-2, included an undefeated season in 1991 (45-0).

## THIS WEEK

The top-ranked Iowa wrestling team (16-0, 2-0 Big Ten) will host its first Big Ten duals of the 2009-10 season at Carver-Hawkeye Arena. The Hawkeyes will face #13 Penn State (9-4-1, 1-1 Big Ten) Friday at 7 p.m. and Michigan State (6-3-1, 0-2 Big Ten) Sunday at 6 p.m.

The Iowa-Penn State dual, which will be aired live on Iowa Public Television, has been designated a "Black Out" event. Fans are encouraged to wear black attire to the meet. The dual will be streamed live on [www.bigtennetwork.com](http://www.bigtennetwork.com) at a cost of \$2.99. Tickets purchased in advance from the UI Athletic Ticket Office (1-800-464-2957, 319-335-9327 or [www.hawkeyesports.com](http://www.hawkeyesports.com) where fans can take advantage of a print-at-home option) are \$13 for adults, \$7 for youth and \$2 for children ages five and under. Tickets purchased at the dual are \$15 for adults, \$8 for youth and \$2 for children ages five and under. UI students will be admitted for free.

The Iowa-Michigan State dual will be streamed live on [www.bigtennetwork.com](http://www.bigtennetwork.com) at a cost of \$2.99. Tickets purchased in advance are \$10 for adults, and \$5 for youth, while tickets purchased at the dual are \$12 for adults and \$6 for youth. UI students and children ages five and under will be admitted free. A family four pack ticket promotion is also available, where fans can purchase four tickets to the dual, and four hot dogs and four sodas from the Carver-Hawkeye Arena concession stands for \$35. Fans are encouraged to purchase the family four pack in advance from the UI Athletic Ticket Office.

## ON THE AIR

**Radio** - Steven Grace and two-time Hawkeye NCAA champion and four-time all-American Mark Ironside will call the action for live on AM-800, KXIC and [www.hawkeyesports.com](http://www.hawkeyesports.com). Web audio broadcasts are available using the XXL All-Access subscription (\$14.95 per month or \$119.95 per year).

**Television** - Iowa Public Television will air a live broadcast of Friday's dual with Penn State. Eric Braley, who serves as a play-by-play broadcast for UNI volleyball and women's basketball, and former Hawkeye Head Coach **Dan Gable** will call the action.

**Internet** - Press releases, meet results, and audio and video broadcasts are available on the University of Iowa's website, [www.hawkeyesports.com](http://www.hawkeyesports.com).

To access live scoring for both duals, go to the wrestling schedule page, select the event and click on the Live Results link. Results will be updated after each bout during the dual. Current staff and student-athlete head shots can be found at [pics.hawkeyesports.com](http://pics.hawkeyesports.com).

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### LIVE BLOGGING FROM CARVER-HAWKEYE ARENA

A member of the University of Iowa Sports Information staff will offer interactive content live from the Iowa-Penn State and Iowa-Michigan State duals via [www.hawkeyesports.com](http://www.hawkeyesports.com). This feature gives Hawkeye fans the opportunity to voice their opinion by submitting questions and comments, while receiving up-to-the-minute play-by-play, notes and stats. The Iowa-Penn State live blog will begin at approximately 6:45 p.m. (CT) Friday, and the Iowa-Michigan State live blog will start at approximately 5:45 p.m. (CT) Sunday.

### IOWA WINNING STREAKS

The Hawkeyes have won their last 55 dual matches, which is a school record. The current streak started with a win over Cornell (32-3) on Jan. 12, 2008, which was the first match after Iowa lost to Oklahoma State (19-14) on Jan. 5.

That 55-match winning streak ranks fourth in NCAA wrestling history behind three Oklahoma State streaks. The Cowboys won 76 straight duals from 1937-51, and had two 69-match streaks (1921-32 and 1996-99).

Iowa has also won its last 21 duals at Carver-Hawkeye Arena. That streak, which ranks fourth in school history, started with a 27-13 win over Penn State on Jan. 20, 2008, which was also the first home match after the loss to the Cowboys.

The Hawkeyes have won 38 consecutive duals on the road, which is also a school record. That streak started with a 20-13 win at Iowa State on Dec. 9, 2007.

### CONSTRUCTION ZONE

Construction has officially begun on the Carver-Hawkeye Arena Renovation Project, which will result in some changes regarding parking and entrance to the arena for wrestling matches.

The North entrance will no longer be accessible from the outside of the facility. Fans can enter, and purchase tickets, at the West and South entrances. Arena doors will open 90 minutes before the meet. The East entrance will serve as the event pass gate. Fans can still purchase tickets to future events from the North ticket windows, but will only be able to access that location from inside the arena.

Media parking for all meets will be in Lot 40, which is located across Elliott Drive from Carver-Hawkeye Arena, on the building's southeast side. Throughout the season, fans are encouraged to use free parking near the arena at Lot #33 (East Dental Lot), Lot #43 (located west of Kinnick Stadium and the UI Recreation Building), and the Finkbine Commuter lot. Other free parking is available at Hancher Auditorium, the Hawkeye Commuter lot (which is located west of the UI Athletics Hall of Fame, Grant Field, UI Soccer Field and the Hawkeye Tennis and Recreation Complex), and the hard surfaced lots at the UI softball and outdoor track complexes. Parking is also available at the regular hourly parking rate in the Clock Tower (#3) and Field House (#4) ramps.

## TEAM RANKINGS

### NWCA/USA Today Division I Coaches Poll (1/26/10)

Rank	Team	Prev.		
		Rank	Points	Record
1.	Iowa	1	275	16-0
2.	Iowa State	2	264	9-2
3.	Ohio State	3	249	12-1
4.	Oklahoma State	4	246	8-2-1
5.	Minnesota	5	231	7-4
6.	Cornell	6	218	3-3-1
7.	Lehigh	8	207	15-4
8.	Boise State	9	187	11-3-1
	Oklahoma	10	187	12-2
10.	Maryland	7	181	12-2-1
11.	Central Michigan	12	155	12-1
12.	Wisconsin	14	150	10-2
13.	Penn State	13	149	7-4-1
14.	Indiana	11	135	5-6
15.	Missouri	15	110	6-4
16.	Cal Poly	16	108	6-3
17.	Kent State	17	94	12-3
18.	Pittsburgh	18	85	13-1-1
19.	Virginia Tech	20	76	6-4
20.	Illinois	19	62	14-3
21.	Oregon St.	22	54	6-4
22.	Edinboro	21	52	15-1
23.	Virginia	23	43	13-4
24.	Arizona State	24	24	8-4
25.	Purdue	25	15	10-5

## IOWA WRESTLING HISTORY

Iowa's overall dual meet record is 870-215-30 (.793) in 100 seasons. The Hawkeyes have won 22 national titles and 33 Big Ten titles. Iowa's 49 NCAA champions have won a total of 57 NCAA individual titles, crowning six three-time and 14 two-time champions. The Hawkeyes' 101 Big Ten champions have won a total of 184 conference titles. There have been seven four-time, 18 three-time and 26 two-time Iowa winners. Iowa's 138 all-Americans have earned all-America status 278 times, including 17 four-time, 27 three-time and 35 two-time honorees.

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### BIG TEN STANDINGS

Team	Big Ten		Overall	
	W-L-T	Pct.	W-L-T	Pct.
<b>IOWA</b>	<b>2-0-0</b>	<b>1.000</b>	<b>16-0-0</b>	<b>1.000</b>
Minnesota	2-0-0	.000	7-4-0	.636
Ohio State	1-0-0	1.000	12-1-0	.923
Wisconsin	1-0-0	1.000	5-6-0	.455
Indiana	1-1-0	.000	12-1-0	.923
Penn State	1-1-0	.500	9-4-1	.731
Purdue	1-1-0	.500	10-5-0	.667
Illinois	1-1-0	.500	6-4-0	.600
Michigan State	0-2-0	.000	6-3-1	.650
Northwestern	0-2-0	.000	5-7-1	.423
Michigan	0-2-0	.000	4-9-0	.308

### THIS WEEK IN THE BIG TEN

1/29 **Penn State at Iowa - 7 p.m.**  
 Illinois at Indiana - 7 p.m.  
 Michigan State at Michigan - 7 p.m.  
 Wisconsin at Minnesota - 7 p.m.  
 Ohio State at Purdue - 7 p.m.

1/31 Penn State at Wisconsin - 1 p.m.  
 Ohio State at Indiana - 2 p.m.  
 Purdue at Minnesota - 2 p.m.  
 Illinois at Northwestern - 2 p.m.  
**Michigan State at Iowa - 6 p.m.**

*Match times are local to site.*

### BIG TEN WRESTLERS OF THE WEEK

Date	Wrestler (Wt., School)
11/10	Colton Salazar (157, Purdue)
11/17	Cyler Sanderson (157, Penn State)
11/24	Reece Humphrey (141, Ohio State)
	Brad Pataky (125, Penn State)
12/1	Paul Young (165, Indiana)
12/8	Angel Escobedo (125, Indiana)
12/15	Ben Berhow (Hwt., Minnesota)
12/22	Cyler Sanderson (157, Penn State)
1/5	<b>Brent Metcalf (149, Iowa)</b>
1/12	<b>Jay Borschel (174, Iowa)</b>
1/19	<b>Montell Marion (141, Iowa)</b>
1/26	David Cheza (149, Michigan State)
	Lance Palmer (149, Ohio State)

### PENN STATE NITTANY LIONS

Penn State is 9-4-1 (1-1 Big Ten) with wins over Bloomsburg (23-15), Rutgers (18-17), Harvard (36-6), Edinboro (22-9), West Virginia (33-12), Lock Haven (32-6), Virginia Tech (26-9), Kent State (22-13) and Illinois (24-11); losses to Lehigh (14-23), Oklahoma State (13-24), Oklahoma (15-22) and Ohio State (14-21); and a tie with Pittsburgh (19-19).

Head Coach Cael Sanderson is in his first season with the Nittany Lions. He has a 53-14-1 record after coaching the previous three years at his alma mater, Iowa State. Sanderson is assisted by Cody Sanderson (Iowa State, 2000), Casey Cunningham (Central Michigan, 1999) and Troy Letters (Lehigh, 2006).

Penn State is led by returning all-Americans Frank Molinaro (149), Cyler Sanderson (157) and Dan Vallimont (165). Sanderson, who is the younger brother of Head Coach Cael Sanderson, was an all-American at 157 pounds at Iowa State last season. The senior from Heber City, UT, is ranked third in the nation by *AWN*, fourth by *WIN* and fifth by *Intermat* with a 21-2 record. Molinaro, a sophomore from Berneta, NJ, is ranked fifth in the nation with a 22-2 mark. Vallimont, a senior from Lake Hopatcong, NJ, is ranked eighth by *AWN* and *Intermat*, and ninth by *WIN* with a 19-4 record.

Iowa leads the series with Penn State, 23-6-2, and is 11-3 at Iowa City. The Hawkeyes have won the last two meetings, including last season's 31-6 victory at State College. Penn State's last win in the series was a 24-13 victory at State College in 2007.

### MICHIGAN STATE SPARTANS

Michigan State is 6-3-1 (0-2 Big Ten) with wins over Wyoming (20-13), Binghamton (20-12), Eastern Michigan (16-9), West Virginia (24-9), Stanford (25-10) and Northern Illinois (28-6); losses to Northern Iowa (13-18), Minnesota (18-16) and Illinois (23-12); and a tie with Rutgers (16-16). The Spartans will wrestle at Michigan Friday at 6 p.m. (CT).

Head Coach Tom Minkel is 140-165-4 in 20 years at Michigan State and 155-185-4 in 22 seasons as a collegiate head coach. He is assisted by Roger Chandler (Indiana, 1997) and Chris Williams (Michigan State, 2002).

The Spartans are led by defending NCAA and Big Ten champion Franklin Gomez at 133. A senior from Brandon, FL, Gomez is ranked first in the nation with a 14-0 record. He has won his last 28 bouts, with his last loss a 3-2 decision to Iowa senior **Daniel Dennis** at the Feb. 6, 2009, Iowa vs. Michigan State dual.

Iowa leads the series, 32-15-2, and is 17-6-1 at Iowa City. Iowa has won the last two meetings, including a 22-15 decision at East Lansing last season. Michigan State's last win in the series was a 19-17 victory at East Lansing in 2006.

### LAST MEETING - HAWKEYES POUND PENN STATE, 31-6

The top-ranked Hawkeyes picked up their 20th win of the 2008-09 season Feb. 8 when they pounded #22 Penn State, 31-6, at Rec Hall in University Park, PA. Iowa won eight of the 10 matches to score its 34th straight dual win.

Iowa started the dual at 165 pounds, jumping out to a 16-0 lead. Third-ranked junior **Ryan Morningstar** scored a 5-4 win over #20 Dan Vallimont at 165. Iowa sophomore **Colby Covington**, wrestling for injured starter **Jay Borschel**, followed with a 3-2 upset over #16 Quentin Wright at 174. Junior **Phillip Keddy** posted

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a 25-10 technical fall in 6:59 over Jack Decker at 184. Iowa junior **Chad Beatty**, scored his second pin of the season - sticking J.R. Brown in 5:26.

Penn State freshman heavyweight **Cameron Wade** used a significant weight advantage to beat Iowa redshirt freshman **Brodie Ambrose**, 4-0. Ambrose was wrestling up a weight.

Iowa bounced back to take the next four weights and seal the win. Senior **Charlie Falck** controlled his 125-pound match with #13 Brad Pataky, posting a 9-3 win. Junior **Daniel Dennis** posted his second big win of the weekend with a 6-3 decision over #9 Jake Strayer at 133. Second-ranked **Alex Tsirtsis** followed at 141 with a 6-2 win over Frank Molinaro. Top-ranked **Brent Metcalf** posted his fifth straight pin at 149 when he decked Penn State's Colby Pisani in 2:18 at 149. Penn State closed out the dual at 157 with Tim Darling's 5-4 victory over Hawkeye sophomore **Matt Ballweg**.

**Iowa 31**, Penn State 6

165 - **Ryan Morningstar (I)** dec. Dan Vallimont (PSU), 5-4

174 - **Colby Covington (I)** dec. Quentin Wright (PSU), 3-2

184 - **Phillip Keddy (I)** tech. fall Jack Decker (PSU), 25-10, 6:59

197 - **Chad Beatty (I)** pinned J.R. Brown (PSU), 5:26

Hwt - Cameron Wade (PSU) dec. **Brodie Ambrose (I)**, 4-0

125 - **Charlie Falck (I)** dec. Brad Pataky (PSU), 9-3

133 - **Daniel Dennis (I)** dec. Jake Strayer (PSU), 6-3

141 - **Alex Tsirtsis (I)** dec. Frank Molinaro (PSU), 6-2

149 - **Brent Metcalf (I)** pinned Colby Pisani (PSU), 2:18

157 - Tim Darling (PSU) dec. **Matt Ballweg (I)**, 5-4

### LAST MEETING - HAWKEYES POUND MICHIGAN STATE, 33-9

Unranked Michigan State put up a fight, but the top-ranked Hawkeyes held off the Spartans to post a 22-15 victory Feb. 6, 2009, at Jenison Field House in East Lansing, MI. Iowa (19-0, 3-0 Big Ten) went 6-4 on the night.

The Hawkeyes jumped out to a 16-0 lead with wins at the first four weights. Iowa senior **Charlie Falck** posted his 85th career win with a 25-13 major decision over Eric Olanowski at 125 to start the dual. In the night's marquee match between two top-ranked wrestlers, Hawkeye junior **Daniel Dennis** handed Franklin Gomez his second loss of the season with a 3-2 victory at 133. Gomez, who was ranked first in the nation by *WIN* and *AWN*, was the defending Big Ten champion. Dennis, who was ranked first in the nation by *Intermat/NWCA/NWMA*, improved to 20-2 on the season. Hawkeye senior **Alex Tsirtsis** kept the Iowa streak going with a 6-2 win over Collin Dozier at 141. Davison, MI, native **Brent Metcalf** celebrated his homecoming by sticking David Cheza in 4:41 at 149.

Michigan State posted three straight one-point wins at 157, 165 and 174 to make the team score 16-9. Hawkeye juniors **Phillip Keddy** (184) and **Chad Beatty** (197) both posted decisions to seal the team victory. Hawkeye junior heavyweight **Dan Erikson** sustained an injury to his right leg in the first period and defaulted to Alan O'Donnell to end the dual.

### THE LAST TIME IOWA...

#### Won a dual meet at home:

Jan. 16, 2010 - 19-16 vs. Oklahoma State

#### Lost a dual meet at home:

Jan. 5, 2008 - 19-14 vs. Oklahoma State

#### Won a dual meet on the road:

Jan. 24, 2010 - 41-6 vs. Purdue

#### Lost a dual meet on the road:

Feb. 4, 2007 - 24-13 at Penn State

#### Tied a dual meet:

Dec. 4, 1992 - 18-18 at Penn State

#### Shut-out an opponent in a dual meet:

Jan. 22, 2010 - 36-0 at Michigan

#### Was shut-out in a dual meet:

1965-66 - 39-0 vs. Oklahoma

#### Lost two consecutive dual meets:

Feb. 5, 2006 - 19-17 at Michigan St.

Feb. 10, 2006 - 24-13 vs. Illinois

#### Scored 50 or more team points:

Nov. 20, 2009 - 51-0 vs. SIUE

#### Went undefeated for a season:

2008-09 - 24-0

#### Went undefeated in Big Ten duals:

2008-09 - 8-0

#### Had a losing season:

1966-67 - 7-8

### HIGH/LOW FACTS

#### Placing at NCAA Meet

**High:** 1st - 22 times, last in 2009

**Low:** T32nd - 1971

#### Team Score at NCAA Meet

**High:** 170 points - 1997

**Low (since 1962):** 8 points - 1968

#### Placing at Big Ten Meet

**High:** 1st - 33 times, last in 2009

**Low:** 10th - 1929

#### Individual NCAA Champs

**High:** 5 - 1986 and 1997

**Low:** 0 - 40 times, last in 2009

#### All-Americans

**High:** 9 - 6 times, last in 1995

**Low:** 0 - 19 times, last in 1968

#### Individual Big Ten Champs

**High:** 9 - 1983

**Low:** 0 - 29 times, last in 2006

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# IOWA HAWKEYES

University of Iowa Sports Information -- Traci Wagner, Wrestling Contact



## WRESTLING WEEKLY RELEASE

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Iowa 22, Michigan State 15

125 - **Charlie Falck (I)** maj. dec. Eric Olanowski (MSU), 25-13  
133 - **Daniel Dennis (I)** dec. Franklin Gomez (MSU), 3-2  
141 - **Alex Tsirtsis (I)** dec. Collin Dozier (MSU), 6-2  
149 - **Brent Metcalf (I)** pinned David Cheza (MSU), 4:41  
157 - Anthony Jones (MSU) dec. **Matt Ballweg (I)**, 1-0  
165 - Rex Kendle (MSU) dec. **Ryan Morningstar (I)**, 5-4  
174 - Ian Hinton (MSU) dec. **Colby Covington (I)**, 3-2 TB  
184 - **Phillip Keddy (I)** dec. Nick Palmieri (MSU), 8-2  
197 - **Chad Beatty (I)** dec. Tyler Dickenson (MSU), 12-5  
Hwt - Alan O'Donnell (MSU) won by inj. def. over **Dan Erikson (I)**

### HAVEN'T WE MET?

Following are the past series results for potential Iowa-Penn State matchups:

165 - **Ryan Morningstar (I)** is 2-2 vs. Dan Vallimont (PSU)  
*Vallimont dec. Morningstar, 6-2, at 2008 dual*  
*Vallimont dec. Morningstar, 2-1, at 2008 Big Ten Champ's*  
*Morningstar dec. Vallimont, 5-4, at 2009 dual*  
*Morningstar dec. Vallimont, 3-2, at 2009 Big Ten Champ's*

Following are the past series results for potential Iowa-Michigan State matchups:

133 - **Daniel Dennis (I)** is 1-0 vs. Franklin Gomez (MSU)  
*Dennis dec. Gomez, 3-2, at 2009 dual*

149 - **Brent Metcalf (I)** is 3-0 vs. David Cheza (MSU)  
*Metcalf pinned Cheza in 4:41 at 2009 dual*  
*Metcalf pinned Cheza in 2:46 at 2009 Big Ten Champ's*  
*Metcalf maj. dec. Cheza, 12-3, at 2009 Midlands*

174 - **Jay Borschel (I)** is 1-0 vs. Ian Hinton (MSU)  
*Borschel dec. Hinton, 5-3, at 2008 Midlands*

184 - **Phillip Keddy (I)** is 2-0 vs. Nick Palmieri (MSU)  
*Keddy dec. Palmieri, 8-2, at 2009 dual*  
*Keddy dec. Palmieri, 8-3, at 2009 Midlands*

Hwt. - **Dan Erikson (I)** is 1-1 vs. Alan O'Donnell (MSU)  
*O'Donnell won by injury default over Erikson at 2009 dual*  
*Erikson pinned O'Donnell in 2:40 at 2009 Big Ten Champ's*

### WRESTLING SUMMER CAMPS

For dates and more information about 2010 Iowa Wrestling Summer camps visit [www.iowawrestlingcamps.com](http://www.iowawrestlingcamps.com).

### HAWKEYES GO 2-0 ON SEASON'S FIRST BIG TEN ROAD TRIP

The top-ranked Hawkeye wrestlers opened the 2009-10 Big Ten dual season with wins at Michigan (36-0) and Purdue (41-6) last weekend. Iowa kept its school-record 54-match winning streak alive with the wins and Hawkeye Head Coach Tom Brands collected his 75th win at Iowa against the Boilermakers.

The shut out against Michigan was Iowa's fifth of the season. The Hawkeyes went 18-2 on the weekend, scoring team bonus points in 12 matches and allowing only eight takedowns the entire weekend. Iowa's two losses were in sudden victory.

Going 2-0 for the Hawkeyes were seniors **Daniel Dennis** (133), **Brent Metcalf** (149), **Ryan Morningstar** (165), **Jay Borschel** (174) and **Phillip Keddy** (184), sophomore **Montell Marion** (141) and redshirt freshman **Matt McDonough** (125). Senior **Dan Erikson** (Hwt.), who made his return to the Hawkeye lineup against Purdue, pinned freshman Adam Walls in 1:08. Junior **Aaron Janssen** (157) and sophomore **Blake Rasing** (Hwt.) each won the one match they wrestled.

McDonough (22-0), Metcalf (22-0) and Borschel (21-0) all remain undefeated. McDonough recorded his 17th team bonus point win of the season, while Metcalf recorded his 19th.

Iowa recorded one upset on the weekend, when junior **Luke Lofthouse**, who is wrestling for injured Hawkeye starter **Chad Beatty**, defeated ninth-ranked Michigan junior Anthony Biondo. With the scored tied at 3-3 going into the third period, Lofthouse grabbed three takedowns for a 9-6 upset. Lofthouse couldn't pull off the weekend upset sweep, losing 3-1 in sudden victory to #11 Logan Brown of Purdue.

### FOUR HAWKEYES WIN TITLES AT YORK COLLEGE OPEN

Hawkeye sophomore **Brodie Ambrose** and true freshmen **Tony Ramos** (133), **Ethen Lofthouse** (174) and **Tomas Lira** (184) each won individual titles at the York College Open last weekend in York, NE. All four wrestlers were competing unattached. Lofthouse pinned his four opponents, while Ramos stuck his three. Lira recorded two pins and received a forfeit, while Ambrose scored a pin, major decision and decision.

### CARVER-HAWKEYE ARENA

Carver-Hawkeye Arena has been the home of Iowa wrestling since 1983. The Hawkeyes are 176-18 (.907) in the arena, which includes a record 10 victories during the 1986 season. Iowa has recorded 17 undefeated seasons in the arena, with the most recent (7-0) occurring in 2008-09. The dual wrestling attendance record for Carver-Hawkeye Arena is 15,955, set when Iowa defeated Iowa State (20-15) on December 6, 2008. The arena seats 15,500 for a dual wrestling meet.

# IOWA HAWKEYES



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### HAWKEYE WRESTLING TICKET INFORMATION

Tickets for Iowa's four remaining home meets are on sale at the University of Iowa Athletic Ticket Office at 1-800-464-2957, 319-335-9327 or [www.hawkeyesports.com](http://www.hawkeyesports.com). Following are this season's prices.

#### Single Meet vs. Penn State and Ohio State

**Advance Purchase:** \$13 - Adult, \$7 - Youth, \$2 - Age 5 and under

**Door Purchase:** \$15 - Adult, \$8 - Youth, \$2 - Age 5 and under

**Free Admission:** UI students

#### Single Meet vs. Michigan State, Northwestern

**Advance Purchase:** \$10 - Adult, \$5 - Youth

**Door Purchase:** \$12 - Adult, \$6 - Youth

**Free Admission:** UI students, Children ages 5 and under

### MICHIGAN TO HOST 2010 BIG TEN CHAMPIONSHIPS

The 2010 Big Ten Wrestling Championships are set for Saturday and Sunday, March 6-7 at the University of Michigan's Crisler Arena at Ann Arbor, MI.

Session One (first round and quarterfinals) is set to start Saturday at 10 a.m. (CT). Session Two (championship semifinals and consolation matches) will begin Saturday at 5 p.m. Sunday's Session Three (consolation semifinals and seventh-place matches) will start at 11 a.m. with the championships round (first, third and fifth-place matches) starting at 1:05 p.m.

All-session tickets (\$30) will go on sale Feb. 1 from the UM Athletic Ticket Office (734-764-0247). Single-session tickets will

be on sale at Crisler Arena on days of competition. Single-session tickets for Sessions One and Two are \$15 for reserved seats, \$10 for general admission seats and \$8 for general admission seats for groups of 10 or more. Tickets for Session Three are \$20 for reserved seats, \$15 for general admission seats and \$8 for general admission seats for groups of 10 or more.

### 2010 NCAA CHAMPIONSHIPS SET FOR OMAHA

The 2010 NCAA Wrestling Championships are scheduled for March 18-20 at the Qwest Center in Omaha, NE. The NCAA, University of Nebraska and the Omaha Sports Commission will co-host the event. Tickets to the event are available at (402) 422-1212 or [www.ticketmaster.com](http://www.ticketmaster.com).

Sessions one (11 a.m.) and two (6:30 p.m.) will be held Mar. 18, sessions three (10 a.m.) and four (6 p.m.) will be Mar. 19, and session five (10 a.m.) and the championship finals (6:30 p.m.) are set for Mar. 20. All times are Central.

### SENIOR LEADERSHIP

Iowa's 11 seniors - **Chad Beatty, Jay Borschel, Daniel Dennis, Dan Erikson, Michael Fahrer, Phillip Keddy, Dan LeClere, Rick Loera, Brent Metcalf, Ryan Morningstar, Joe Slaton** - bring a wealth of talent and experience to the mat.

The group has a combined career record of 613-212, going 375-113 in duals, 105-48 in Big Ten duals and 134-38 in Carver-Hawkeye Arena. The group has scored 1,526 team points in dual competition and has started a combined 491 dual matches. Iowa's seniors have won one NCAA individual title, three

## 2009-10 IOWA DUAL STARTING LINEUPS

Opponent	125	133	141	149	157	165	174	184	197	Hwt.
*Coe	McDonough	Dennis	LeClere	Metcalf	Kerr	Morningstar	Borschel	Keddy	Beatty	Johnson
*Cornell College	McDonough	Dennis	LeClere	Metcalf	Kerr	Morningstar	Borschel	Keddy	Beatty	Johnson
*Iowa Lakes	McDonough	Dennis	LeClere	Metcalf	Kerr	Morningstar	Borschel	Keddy	Beatty	Johnson
*UNC Pembroke	McDonough	Dennis	LeClere	Metcalf	Kerr	Morningstar	Borschel	Keddy	Beatty	Johnson
*S. Illinois Edwardsville	McDonough	Dennis	LeClere	Metcalf	Kerr	Morningstar	Borschel	Keddy	Beatty	Johnson
at Bucknell	McDonough	Dennis	LeClere	Metcalf	Ballweg	Janssen	Borschel	Keddy	Beatty	Johnson
vs. Rutgers	McDonough	Dennis	LeClere	Metcalf	Janssen	Kerr	Borschel	Gambrall	Beatty	Johnson
at Iowa State	McDonough	Dennis	LeClere	Metcalf	Janssen	Morningstar	Borschel	Keddy	Beatty	Rasing
Northern Iowa	McDonough	Moore	Marion	Metcalf	Janssen	Morningstar	Borschel	Keddy	Beatty	Rasing
#vs. Nebraska	McDonough	Moore	Marion	Metcalf	Janssen	Morningstar	Borschel	Keddy	Lofthouse	Johnson
#vs. Boise State	McDonough	Moore	Marion	Metcalf	Kerr	Morningstar	Borschel	Keddy	Lofthouse	Rasing
#vs. Minnesota	McDonough	Moore	Marion	Metcalf	Janssen	Morningstar	Borschel	Keddy	Lofthouse	Rasing
#vs. Iowa State	McDonough	Moore	LeClere	Metcalf	Janssen	Morningstar	Borschel	Keddy	Lofthouse	Johnson
Oklahoma State	McDonough	Dennis	Marion	Metcalf	Janssen	Morningstar	Borschel	Keddy	Lofthouse	Rasing
at Michigan	McDonough	Dennis	Marion	Metcalf	Janssen	Morningstar	Borschel	Keddy	Lofthouse	Rasing
&vs. Purdue	McDonough	Dennis	Marion	Metcalf	Kerr	Morningstar	Borschel	Keddy	Lofthouse	Erikson

*Bolded names = match winners, \*Iowa City Duals, \$at Bucknell, #NWCA/Cliff Keen National Duals, &at Lowell, IN*

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## WRESTLING WEEKLY RELEASE

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Big Ten individual titles, nine all-America honors and qualified for the NCAA Championships 16 times.

### ALL IN THE FAMILY

On the 2009-10 Hawkeye wrestling team, there is one set of brothers, three wrestlers whose fathers wrestled at Iowa and two uncle-nephew combinations.

Junior **Matt Ballweg** (157) and redshirt freshman **Mark Ballweg** (133/141) are brothers who hail from Waverly, IA.

Senior **Rick Loera** (197), redshirt freshman **Matt McDonough** (125/133) and true freshman **Nick Trizzino** all had fathers who wrestled for the Hawkeyes. **George Loera** (1975-76) and **Mike McDonough** (1974-76) wrestled on the same team, while **Mark Trizzino** was an all-American (1984) and four-year letterwinner (1981-84) for the Hawkeyes.

Junior **Luke Lofthouse** (197) is the uncle of Hawkeye true freshman **Ethen Lofthouse** (174). **Nick Trizzino's** uncle, **Scott Trizzino**, was also a three-time all-American (1978-79-81) and four-time letterwinner (1977-79, 1981) for the Hawkeyes.

There have been 11 sets of brothers to wrestle together in the Hawkeye lineup since the 1950s. They are **Don** and **Tom Huff** (1961), **Mark** and **Scott Trizzino** (1981), **Lenny**, **Larry** and **Jim Zalesky** (1981-82), **Ed** and **Lou Banach** (1981-83), **Marty** and **Lindley Kistler** (1984-85), **Jim** and **John Heffernan** (1987), **Tom** and **Terry Brands** (1989-92), **Troy** and **Terry Steiner** (1991-93), **Ryan** and **Randy Fulsaa**s (2001) and **Luke** and **Ty Eustice** (2003-04).

There have also been five sets of twins to wrestle at Iowa. They are **Ed** and **Lou Banach**, **Tom** and **Terry Brands**, **Ben** and **Brett Stedman**, **Troy** and **Terry Steiner**, and **Randy** and **Ryan Fulsaa**s.

## 2009-10 HAWKEYE TOP FIVE STATISTICAL LEADERS

### Collegiate Wins

1. Matt McDonough (125)	22
Brent Metcalf (149)	22
3. Jay Borschel (174)	21
4. Ryan Morningstar (165)	17
5. Phillip Keddy (184)	16

### Collegiate Winning Percentage

1. Matt McDonough (125)	1.000 (22-0)
Brent Metcalf (149)	1.000 (22-0)
Jay Borschel (174)	1.000 (21-0)
4. Daniel Dennis (133)	.909 (10-1)
5. Montell Marion (141)	.875 (14-2)

### Dual Wins

1. Matt McDonough (125)	16
Brent Metcalf (149)	16
Jay Borschel (174)	16
4. Ryan Morningstar (165)	12
Phillip Keddy (184)	12

### Dual Winning Percentage

1. M. McDonough (125)	1.000 (16-0)
Brent Metcalf (149)	1.000 (16-0)
Jay Borschel (174)	1.000 (16-0)
4. Daniel Dennis (133)	.909 (10-1)
5. Dan LeClere (141)	.889 (8-1)
Chad Beatty (197)	.889 (8-1)

### Dual Meet Team Points Scored

1. Brent Metcalf (149)	85
2. Matt McDonough (125)	74
Jay Borschel (174)	74
4. Ryan Morningstar (165)	51
Phillip Keddy (184)	51

### Falls

1. Brent Metcalf (149)	11
2. Jay Borschel (174)	7
3. Matt McDonough (125)	6
4. J.J. Krutsinger (125)	5
Jordan Johnson (Hwt.)	5

### Fastest Fall

1. Jay Borschel (174)	0:13
2. Nate Moore (133)	0:20
3. Vinnie Wagner (184)	0:36
4. Jordan Johnson (Hwt.)	0:47
5. Matt Ballweg (157)	0:53

### Technical Falls

1. Brent Metcalf (149)	4
2. J.J. Krutsinger (125)	3
Matt McDonough (125)	3
Daniel Dennis (133)	3
5. Ryan Morningstar (165)	2
Philip Keddy (184)	2

### Major Decisions

1. Matt McDonough (125)	8
2. Jay Borschel (174)	6
Phillip Keddy (184)	6
4. Ryan Morningstar (165)	5
5. Daniel Dennis (133)	4
Chad Beatty (197)	4

### Career Dual Starts

1. Ryan Morningstar (165)	79
2. Phillip Keddy (184)	78
3. Brent Metcalf (149)	62
4. Jay Borschel (174)	58
5. Daniel Dennis (133)	54

Statistics are compiled from matches wrestled by attached competitors.

### CHAMPIONSHIP EXPERIENCE

The Hawkeye wrestling staff of **Tom Brands**, **Terry Brands**, **Doug Schwab**, **Mike Zadick** and **Danny Song** earned a total of one Olympic gold medal, one Olympic bronze medal, six NCAA titles, 10 conference titles and 13 all-America honors.

### UP NEXT

The top-ranked Hawkeyes (16-0, 2-0 Big Ten) will head West to face Utah Valley (5-1) Feb. 6 in Hawkeye senior **Phillip Keddy's** hometown of Vernal, UT. Iowa will wrestle the Wolverines at 8 p.m. (CT) at Uintah High School.

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## 2009-10 INDIVIDUAL SEASON STATISTICS

Career Wrestler, Wt.	Career Record	Overall Record	Coll. Record	Dual Record	Big 10 Record	Career CHA Record	Career Dual Starts	Career Points Scored	SV W-L	TB W-L	MD W-L	TF W-L	Pins W-L	Fastest Fall
J.J. Krutsinger, 125	19-9	14-4	11-4	0-0	0-0	0-0	5	0	0-0	0-0	2-2	3-0	5-0	1:55
Matt McDonough, 125	22-0	22-0	22-0	16-0	2-0	7-0	16	74	1-0	0-0	8-0	3-0	6-0	1:06
Mark Ballweg, 133*	0-2	8-4	0-2	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-1	-----
Tyler Clark, 133*	0-0	8-1	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	-----
Daniel Dennis, 133	57-25	11-1	10-1	10-1	2-0	13-7	54	43	1-0	0-0	4-0	3-0	1-0	2:46
Nate Moore, 133	9-6	13-7	9-6	3-2	0-0	1-0	5	13	0-1	0-0	2-0	0-0	4-0	0:20
Tony Ramos, 133*	0-0	3-0	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	-----
Nick Trizzino, 133*	0-0	9-6	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	-----
Dan LeClere, 141	38-15	10-3	9-3	8-1	0-0	10-2	33	33	0-1	0-0	2-0	1-0	2-0	2:57
Montell Marion, 141*	24-5	19-4	14-2	6-1	2-0	2-0	7	25	0-0	0-0	2-0	1-0	4-2	2:37
Joe Slaton, 141*	37-6	10-1	0-0	0-0	0-0	6-2	23	0	0-0	0-0	0-0	0-0	0-0	-----
Dylan Carew, 149	0-0	3-1	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	-----
Jeret Chiri, 149	0-2	1-2	0-2	0-0	0-0	0-0	0	0	0-0	0-0	1-0	0-0	0-0	-----
Brent Metcalf, 149	94-2	22-0	22-0	16-0	2-0	21-0	62	85	0-0	0-0	2-0	4-0	11-0	1:36
Ethan Sebert, 149*	0-0	1-2	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	-----
Matt Ballweg, 157	25-24	5-3	4-3	0-1	0-0	3-4	25	0	0-0	0-0	2-0	0-0	1-0	0:53
Stew Gillmor, 157*	3-2	0-2	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	-----
Aaron Janssen, 157/165	21-11	9-4	9-4	7-2	1-0	1-3	12	20	1-0	0-0	3-2	0-0	0-0	-----
Jake Kerr, 157/165	16-20	7-6	6-6	4-4	0-1	4-3	16	21	0-2	0-0	0-0	0-0	2-1	5:35
Derek St. John, 157*	0-0	21-4	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	-----
Joe DuCharme, 165*	0-0	4-2	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	-----
Ryan Morningstar, 165	97-35	17-3	17-3	12-2	2-0	20-8	79	51	3-0	0-0	5-0	2-0	3-0	1:43
Jay Borschel, 174	82-10	21-0	21-0	16-0	2-0	18-2	58	74	0-0	0-0	6-0	0-0	7-0	0:13
Ethen Lofthouse, 174*	0-0	23-6	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	-----
Grant Gambrall, 184	14-5	16-5	14-5	1-0	0-0	0-0	1	4	0-0	0-0	1-1	1-1	3-0	1:46
Phillip Keddy, 184	92-37	16-5	16-5	12-3	2-0	22-6	78	51	0-1	0-1	6-0	2-0	2-0	1:24
Tomas Lira, 184*	0-0	9-8	0-0	0-0	0-0	0-0	0	0	0-0	0-0	0-0	0-0	0-0	-----
Vinnie Wagner, 184	5-4	9-6	5-4	0-0	0-0	0-0	0	0	0-0	0-0	1-0	0-1	1-1	0:36
Brodie Ambrose, 197*	4-2	3-0	0-0	0-0	0-0	0-0	2	0	0-0	0-0	0-0	0-0	0-0	-----
Chad Beatty, 197	46-22	13-2	13-2	8-1	0-0	13-3	45	31	0-0	0-0	4-1	1-0	1-0	2:31
Luke Lofthouse, 197	24-30	15-11	14-11	2-5	1-1	2-5	24	6	0-1	1-0	3-1	1-0	0-0	----
Dan Erekson, Hwt.	54-35	1-0	1-0	1-0	1-0	8-5	46	6	0-0	0-0	0-0	0-0	1-0	1:08
Jordan Johnson, Hwt.	11-5	11-2	10-2	7-2	0-0	6-1	11	30	0-0	0-0	1-0	0-0	5-1	0:47
Blake Rasing, Hwt.	9-9	10-9	9-9	1-5	1-0	0-2	6	3	1-1	1-0	3-0	0-0	1-1	1:21
<b>Totals</b>	<b>716-279</b>	<b>364-116</b>	<b>236-67</b>	<b>130-30</b>	<b>18-2</b>	<b>139-46</b>	<b>586</b>	<b>570</b>	<b>7-7</b>	<b>2-1</b>	<b>58-7</b>	<b>22-2</b>	<b>60-7</b>	<b>0:13</b>

Coll. - Collegiate, CHA - Carver-Hawkeye Arena, SV - sudden victory, TB - tiebreak, MD - major decision, TF - technical fall, \* - wrestling unattached, SV - sudden victory, TB - tiebreak, MD - major decision, TF - technical fall. \* - wrestling unattached

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### 2009-10 DUAL TEAM POINTS SCORED BY WEIGHT

Opponent	125	133	141	149	157	165	174	184	197	Hwt.	Total
*Coe	5	6	4	6	0	3	6	3	3	3	39
*Cornell College	5	5	6	6	6	6	6	5	6	6	57
*Iowa Lakes	6	4	4	6	6	4	6	6	4	6	52
*UNC Pembroke	4	5	4	6	3	5	6	5	3	6	47
*S. Illinois Edwardsville	6	4	6	6	3	6	6	6	5	3	51
at Bucknell	5	4	3	3	0	0	4	4	3	3	29
§vs. Rutgers	6	5	3	5	3	0	4	4	3	0	33
at Iowa State	3	3	0	6	3	0	3	0	0	0	18
Northern Iowa	6	6	6	6	4	6	6	4	4	0	48
#Nebraska	4	4	3	6	3	4	3	3	0	3	33
#Boise State	4	0	3	4	0	3	3	0	3	0	20
#Minnesota	3	3	0	6	3	5	4	4	0	0	28
#Iowa State	3	0	3	3	3	3	4	0	0	0	19
Oklahoma State	4	0	3	5	0	0	4	3	0	0	19
at Michigan	4	3	4	5	4	3	3	4	3	3	36
&vs. Purdue	6	4	6	6	0	3	6	4	0	6	41
<b>Totals</b>	<b>74</b>	<b>56</b>	<b>58</b>	<b>85</b>	<b>41</b>	<b>51</b>	<b>74</b>	<b>55</b>	<b>37</b>	<b>39</b>	<b>570</b>

\* - at Iowa City Duals, # - at NWCA/Cliff Keen National Duals, § - at Bucknell, & - at Lowell, IN

### INDIVIDUAL DUAL RECORD BY WEIGHT

125	133	141	149	157	165	174	184	197	Hwt.	Total
16-0	13-3	14-2	16-0	11-5	12-4	16-0	13-3	10-6	9-7	130-30

### DUAL PINS BY WEIGHT

125	133	141	149	157	165	174	184	197	Hwt.	Total
5/0	2/0	4/1	8/0	2/0	3/0	6/0	2/0	1/0	4/1	37/2

### DUAL TECHNICAL FALLS BY WEIGHT

125	133	141	149	157	165	174	184	197	Hwt.	Total
3/0	3/0	1/0	3/0	0/0	2/0	0/0	2/0	1/0	0/0	15/0

### DUAL MAJOR DECISIONS BY WEIGHT

125	133	141	149	157	165	174	184	197	Hwt.	Total
5/0	5/0	3/0	1/0	2/1	2/1	5/0	6/0	2/2	0/0	31/4

### DUAL DECISIONS BY WEIGHT

125	133	141	149	157	165	174	184	197	Hwt.	Total
3/0	3/3	5/1	2/0	7/4	5/3	4/0	3/3	6/4	5/6	44/24

### DUAL DISQUALIFICATIONS/FORFEITS/INJURY DEFAULTS BY WEIGHT

125	133	141	149	157	165	174	184	197	Hwt.	Total
0/0	0/0	0/0	2/0	0/0	0/0	1/0	0/0	0/0	0/0	3/0

### TEAM RECORD AT DUAL STARTING WEIGHT

125	133	141	149	157	165	174	184	197	Hwt.	Total
16-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	0-0	16-0

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## 2009-10 DUAL MEET RESULTS

### Iowa 39, Coe College 3 - Iowa City Duals - Nov. 20, 2009

125 - **Matt McDonough (I)** tech. fall Clayton Rush (C), 18-3 in 5:29  
133 - **Daniel Dennis (I)** pinned Bryan Telgenhoff (C), 2:46  
141 - **Dan LeClere (I)** maj. dec. Jordan Westfall (C), 14-4  
149 - **Brent Metcalf (I)** pinned Mark Carey (C), 1:45  
157 - Dale Handley (C) dec. **Jake Kerr (I)**, 4-3  
165 - **Ryan Morningstar (I)** dec. Nick LeClere (C), 6-5  
174 - **Jay Borschel (I)** pinned Seth Rehn (C), 1:25  
184 - **Phillip Keddy (I)** dec. Tyler Burkle (C), 8-6  
197 - **Chad Beatty (I)** dec. Rob Kramer (C), 11-5  
Hwt. - **Jordan Johnson (I)** dec. Mitch Sander (C), 6-1

### Iowa 57, Cornell College 0 - Iowa City Duals - Nov. 20, 2009

125 - **Matt McDonough (I)** tech. fall Timothy Hood (C), 18-1 in 4:18  
133 - **Daniel Dennis (I)** tech. fall Alex Hughes (C), 24-7 in 6:40  
141 - **Dan LeClere (I)** pinned Kevin Donahue (C), 5:15  
149 - **Brent Metcalf (I)** pinned Jacob Schwebke (C), 4:35  
157 - **Jake Kerr (I)** pinned Nicholas Loughlin (C), 5:54  
165 - **Ryan Morningstar (I)** pinned Alex Riniker (C), 6:25  
174 - **Jay Borschel (I)** pinned Cliff Robertson (C), 1:35  
184 - **Phillip Keddy (I)** tech. fall Andrew Roberts (C), 20-5 in 5:37  
197 - **Chad Beatty (I)** pinned Andrew Anderson (C), 2:31  
Hwt. - **Jordan Johnson (I)** pinned Wyatt Bauman (C), 2:24

### Iowa 52, Iowa Lakes 0 - Iowa City Duals - Nov. 20, 2009

125 - **Matt McDonough (I)** pinned Tim Francisco (IL), 1:06  
133 - **Daniel Dennis (I)** maj. dec. Tim Thurston (IL), 12-2  
141 - **Dan LeClere (I)** tech. fall Matt Catalano (IL), 25-10 in 6:21  
149 - **Brent Metcalf (I)** pinned Victor DeJesus (IL), 1:46  
157 - **Jake Kerr (I)** pinned Austin Lindsay (IL), 5:35  
165 - **Ryan Morningstar (I)** maj. dec. Dan McGillivray (IL), 11-3  
174 - **Jay Borschel (I)** pinned Rowan Stander (IL), 2:21  
184 - **Phillip Keddy (I)** pinned Kaylen Hamlett (IL), 3:22  
197 - **Chad Beatty (I)** maj. dec. Josh Marsh (IL), 22-8  
Hwt. - **Jordan Johnson (I)** pinned Tyler Thoeny (IL), 0:47

### Iowa 47, UNC Pembroke 0 - Iowa City Duals - Nov. 20, 2009

125 - **Matt McDonough (I)** maj. dec. Russell Weakley (NCP), 13-3  
133 - **Daniel Dennis (I)** tech. fall T.D. Thurston (NCP), 21-6 in 6:26  
141 - **Dan LeClere (I)** maj. dec. Donovan Sweet (NCP), 12-0  
149 - **Brent Metcalf (I)** pinned Brandon Bradley (NCP), 3:46  
157 - **Jake Kerr (I)** dec. Rashaad Saunders (NCP), 2-0  
165 - **Ryan Morningstar (I)** tech. fall Derving Rios (NCP), 18-3 in 6:10  
174 - **Jay Borschel (I)** pinned J.J. Davis (NCP), 2:44  
184 - **Phillip Keddy (I)** tech. fall John Sturrock (NCP), 17-2 in 6:35  
197 - **Chad Beatty (I)** dec. Shane Nolan (NCP), 11-4  
Hwt. - **Jordan Johnson (I)** pinned Erik Stancil (UNCP), 2:47

### Iowa 51, S. Illinois Edwardsville 0 - Iowa City Duals - Nov. 20, 2009

125 - **Matt McDonough (I)** pinned Dustin Young (SIUE), 1:35  
133 - **Daniel Dennis (I)** maj. dec. Brendan Murphy (SIUE), 19-8  
141 - **Dan LeClere (I)** pinned Eric Biehl (SIUE), 2:57  
149 - **Brent Metcalf (I)** pinned Kyle Lowman (SIUE), 4:40  
157 - **Jake Kerr (I)** dec. Steve Ross (SIUE), 8-2  
165 - **Ryan Morningstar (I)** pinned Eric Pretto (SIUE), 1:43  
174 - **Jay Borschel (I)** pinned Tim Mahoney (SIUE), 0:13  
184 - **Phillip Keddy (I)** pinned Sawyer Smith (SIUE), 1:24  
197 - **Chad Beatty (I)** tech. fall Robert Cooney (SIUE), 18-3 in 4:47  
Hwt. - **Jordan Johnson (I)** dec. David Devine (SIUE), 4-2

### #1 Iowa 29, Bucknell 7 - Lewisburg, PA - Nov. 27, 2009

125 - **Matt McDonough (I)** tech. fall Derrik Russell (B), 19-4, 7:00  
133 - **Daniel Dennis (I)** maj. dec. David Marble (B), 14-5  
141 - **Dan LeClere (I)** dec. Zac Hancock (B), 9-5  
149 - **Brent Metcalf (I)** dec. Kevin LeValley (B), 3-2  
157 - Brantley Hooks (B) dec. **Matt Ballweg (I)**, 6-1  
165 - Andy Rendos (B) maj. dec. **Aaron Janssen (I)**, 10-2  
174 - **Jay Borschel (I)** maj. dec. Shane Riccio (B), 10-1  
184 - **Phillip Keddy (I)** maj. dec. Rob Waltko (B), 12-4  
197 - **Chad Beatty (I)** dec. Jay Hahn (B), 11-5  
Hwt. - **Jordan Johnson (I)** dec. Joe McMullan (B), 7-3

### #1 Iowa 33, Rutgers 9 - Lewisburg, PA - Nov. 27, 2009

125 - **Matt McDonough (I)** pinned Vinny Dellafave (R), 3:39  
133 - **Daniel Dennis (I)** tech. fall Billy Ashnault (R), 20-5 in 7:00  
141 - **Dan LeClere (I)** dec. Trevor Melde (R), 7-3  
149 - **Brent Metcalf (I)** tech. fall Kellen Bradley (R), 20-5 in 6:27  
157 - **Aaron Janssen (I)** dec. Braden Turner (R), 2-0  
165 - Gregory Zanetti (R) dec. **Jake Kerr (I)**, 8-6 SV  
174 - **Jay Borschel (I)** maj. dec. Daniel Rinaldi (R), 16-3  
184 - **Grant Gambrall (I)** maj. dec. Jesse Boyden (R), 11-3  
197 - **Chad Beatty (I)** dec. Lamar Brown (R), 9-3  
Hwt. - Dominick Russo (R) pinned **Jordan Johnson (I)**, 1:24

### Iowa 18, Iowa State 16 - Ames, IA - Dec. 6, 2009

125 - **Matt McDonough (I)** dec. Andrew Long (ISU), 13-7  
133 - **Daniel Dennis (I)** dec. Nick Fanthorpe (ISU), 10-8 SV  
141 - Nick Gallick (ISU) dec. **Dan LeClere (I)**, 8-6 SV  
149 - **Brent Metcalf (I)** pinned Mitch Mueller (ISU), 5:50  
157 - **Aaron Janssen (I)** dec. Andrew Sorenson (ISU), 8-6  
165 - Jon Reader (ISU) dec. **Ryan Morningstar (I)**, 4-3  
174 - **Jay Borschel (I)** dec. Duke Burk (ISU), 10-4  
184 - Jerome Ward (ISU) dec. **Phillip Keddy (I)**, 5-3  
197 - Jake Varner (ISU) maj. dec. **Chad Beatty (I)**, 12-4  
Hwt. - David Zabriskie (ISU) dec. **Blake Rasing (I)**, 3-1 SV

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## 2009-10 DUAL MEET RESULTS

### Iowa 48, Northern Iowa 3 - Iowa City, IA - Dec. 10, 2009

125 - **Matt McDonough (I)** pinned Caleb Flores (UNI), 4:38  
133 - **Nate Moore (I)** pinned Ryan Jauch (UNI), 2:42  
141 - **Montell Marion (I)** pinned Trent Washington (UNI), 3:28  
149 - **Brent Metcalf (I)** pinned Trevor Kittleson (UNI), 3:49  
157 - **Aaron Janssen (I)** maj. dec. Tyson Reiner (UNI), 11-1  
165 - **Ryan Morningstar (I)** pinned David Bonin (UNI), 5:32  
174 - **Jay Borschel (I)** pinned Jarion Beets (UNI), 4:44  
184 - **Phillip Keddy (I)** maj. dec. Andy O'Loughlin (UNI), 14-5  
197 - **Chad Beatty (I)** maj. dec. Dustin Bauman (UNI), 15-5  
Hwt. - Christian Brantley (UNI) dec. **Blake Rasing (I)**, 3-2

### Iowa 33, Nebraska 3 - Cedar Falls, IA - Jan. 9, 2010

125 - **Matt McDonough (I)** maj. dec. David Klingsheim (N), 13-5  
133 - **Nate Moore (I)** maj. dec. C.J. Napier (N), 9-1  
141 - **Montell Marion (I)** dec. Mike Koehnlein (N), 10-5  
149 - **Brent Metcalf (I)** won by forfeit  
157 - **Aaron Janssen (I)** dec. Tyler Koehn (N), 4-0  
165 - **Ryan Morningstar (I)** maj. dec. Alex Ward (N), 11-2  
174 - **Jay Borschel (I)** dec. Stephen Dwyer (N), 10-7  
184 - **Phillip Keddy (I)** dec. Josh Ihnen (N), 4-1  
197 - Craig Brester (N) maj. dec. **Luke Lofthouse (I)**, 11-1  
Hwt. - **Jordan Johnson (I)** dec. Tucker Lane (N), 3-2

### Iowa 20, Boise State 12 - Cedar Falls, IA - Jan. 9, 2010

125 - **Matt McDonough (I)** maj. dec. Alan Bartelli (BSU), 15-6  
133 - Andrew Hochstrasser (BSU) dec. **Nate Moore (I)**, 8-6 SV  
141 - **Montell Marion (I)** dec. Levi Jones (BSU), 9-5  
149 - **Brent Metcalf (I)** maj. dec. Jason Chamberlain (BSU), 13-3  
157 - Adam Hall (BSU) dec. **Jake Kerr (I)**, 8-2  
165 - **Ryan Morningstar (I)** dec. Michael Cuthbertson (BSU), 7-1  
174 - **Jay Borschel (I)** dec. Nate Lee (BSU), 8-2  
184 - Kirk Smith (BSU) dec. **Phillip Keddy (I)**, 3-1 TB  
197 - Luke Lofthouse (I) dec. **Matt Casperson (BSU)**, 3-2 TB  
Hwt. - **Sam Zylstra (BSU)** dec. Blake Rasing (Iowa), 4-3

### Iowa 28, Minnesota 12 - Cedar Falls, IA - Jan. 10, 2010

125 - **Matt McDonough (I)** dec. Zach Sanders (M), 6-4  
133 - **Nate Moore (I)** dec. Thane Antczak (M), 6-4  
141 - Mike Thorn (M) pinned **Montell Marion (I)**, 0:42  
149 - **Brent Metcalf (I)** pinned David Zilverberg (M), 2:18  
157 - **Aaron Janssen (I)** dec. Mario Mason (M), 11-5  
165 - **Ryan Morningstar (I)** tech. fall Joe Grygelko (M), 17-2  
174 - **Jay Borschel (I)** maj. dec. Scott Glasser (M), 11-3  
184 - **Phillip Keddy (I)** maj. dec. Kaleb Young (M), 11-0  
197 - Sonny Yohn (M) dec. **Luke Lofthouse (I)**, 6-1  
Hwt. - Ben Berhow (M) dec. **Blake Rasing (I)**, 6-3

### Iowa 19, Iowa State 12 - Cedar Falls, IA - Jan. 10, 2010

125 - **Matt McDonough (I)** dec. Andrew Long (ISU), 9-8  
133 - Nick Fanthorpe (ISU) dec. **Nate Moore (I)**, 8-3  
141 - **Dan LeClere (I)** dec. Dalton Jensen (ISU), 7-2  
149 - **Brent Metcalf (I)** dec. Mitch Mueller (ISU), 7-3  
157 - **Aaron Janssen (I)** dec. Andrew Sorenson (ISU), 3-1 SV  
165 - **Ryan Morningstar (I)** dec. Jon Reader (ISU), 5-4  
174 - **Jay Borschel (I)** maj. dec. Duke Burk (ISU), 10-2  
184 - Jerome Ward (ISU) dec. **Phillip Keddy (I)**, 7-5 SV  
197 - Jake Varner (ISU) dec. **Luke Lofthouse (I)**, 7-1  
Hwt. - David Zabriskie (ISU) dec. **Jordan Johnson (I)**, 4-1

### Iowa 19, Oklahoma State 16 - Iowa City, IA - Jan. 16, 2010

125 - **Matt McDonough (I)** maj. dec. Chris Notte (OSU), 13-4  
133 - Jordan Oliver (OSU) dec. **Daniel Dennis (I)**, 3-2  
141 - **Montell Marion (I)** dec. Jamal Parks (OSU), 4-0  
149 - **Brent Metcalf (I)** tech. fall Quinten Fuentes (OSU), 21-5 in 5:15  
157 - Neil Erisman (OSU) maj. dec. **Aaron Janssen (I)**, 16-7  
165 - Alex Meade (OSU) dec. **Ryan Morningstar (I)**, 5-3  
174 - **Jay Borschel (I)** maj. dec. Mike Benefiel (OSU), 9-1  
184 - **Phillip Keddy (I)** dec. Clayton Foster (OSU), 3-2  
197 - Alan Gelogaev (OSU) dec. **Luke Lofthouse (I)**, 3-2  
Hwt. - Jared Rosholt (OSU) dec. **Blake Rasing (I)**, 7-5

### Iowa 36, Michigan 0 - Ann Arbor, MI - Jan. 22, 2010

125 - **Matt McDonough (I)** maj. dec. Sean Boyle (M), 14-3  
133 - **Daniel Dennis (I)** dec. Zac Stevens (M), 2-0  
141 - **Montell Marion (I)** maj. dec. Mark Weber (M), 19-6  
149 - **Brent Metcalf (I)** tech. fall Mark Boyer (M), 22-7 in 6:47  
157 - **Aaron Janssen (I)** maj. dec. Dave Johnson (M), 12-4  
165 - **Ryan Morningstar (I)** dec. Aaron Hynes (M), 6-4 SV  
174 - **Jay Borschel (I)** dec. Justin Zeerip (M), 6-0  
184 - **Phillip Keddy (I)** maj. dec. Erich Smith (M), 10-2  
197 - **Luke Lofthouse (I)** dec. Anthony Biondo (M), 9-6  
Hwt. - **Blake Rasing (I)** dec. Ben Apland (M), 6-1

### Iowa 41, Purdue 6 - Lowell, IN - Jan. 24, 2010

125 - **Matt McDonough (I)** pinned Cashé Quiroga (P), 2:13  
133 - **Daniel Dennis (I)** maj. dec. Akif Eren (P), 16-5  
141 - **Montell Marion (I)** pinned Juan Archuleta (P), 3:53  
149 - **Brent Metcalf (I)** won by disqualification by flagrant misconduct over Nick Bertucci (P), 4:10  
157 - Colton Salazar (P) dec. **Jake Kerr (I)**, 6-4 SV  
165 - **Ryan Morningstar (I)** dec. Jason Martin (P), 10-4  
174 - **Jay Borschel (I)** won by forfeit  
184 - **Phillip Keddy (I)** maj. dec. Nick Corpe (P), 11-1  
197 - Logan Brown (P) dec. **Luke Lofthouse (I)**, 3-1 SV  
Hwt. - **Dan Erekson (I)** pinned Adam Walls (P), 1:08