



**UNIVERSITY OF IOWA
TRACK AND FIELD**



NCAA OUTDOOR CHAMPIONSHIPS

June 6-9, 2012

Des Moines, Iowa -- Drake Stadium

THE UNIVERSITY OF IOWA



HAWKEYE TRACK & FIELD



TRACK AND FIELD CONTACT: BRANDEE BRITT

June 4, 2012

2012 IOWA TRACK & FIELD OUTDOOR SCHEDULE

Date	Meet
Mar. 30-31	Arkansas Invite (Fayetteville, Ark.)
Apr. 6-7	Stanford Invite (Palo Alto, Calif.)
Apr. 7	LSU Invitational (Baton Rouge, La.)
Apr. 13-14	Tom Botts Invitational (Columbia, Mo.)
Apr. 20-21	Musco Twilight XIII (Iowa City, Iowa)
Apr. 26-28	Drake Relays (Des Moines, Iowa)
May 4	UNI Messersmith Invite (Cedar Falls, Iowa)
May 11-13	Big Ten Outdoor Championships (Madison, Wis.)
May 24-26	NCAA First Round (Austin, Texas)
June 6-9	NCAA Championships (Des Moines, Iowa)

IOWA COACHING STAFF

Larry Wiecezorek.....	Director of Track & Field
Layne Anderson	Head Track & Field Coach
Scott Cappos	Director of Field Events
Clive Roberts	Assistant Coach/ Director of Recruiting Horizontal jumps, women's short sprints, hurdles, relays
Christi Smith	Assistant Coach Combined events, vertical jumps
Joey Woody	Assistant Coach Men's sprints, short hurdles and relays

THIS WEEK

The University of Iowa track and field team travels to Des Moines, Iowa, to compete at the 2012 NCAA Outdoor Track and Field Championships on June 6-9. Eight Hawkeyes have advanced to Drake Stadium to compete in the final field of 24.

UNIVERSITY OF IOWA QUALIFIERS (s - semis; f - finals)

Justin Austin, Jr., 200 meters -- Thursday @ 5:30 p.m.(s); Saturday @ 11:39 a.m. (f)
Matt Banse, Sr., Hammer -- Friday @ 2 p.m. (f)
Matt Byers, Jr., Javelin -- Thursday @ 12:30 p.m. (f)
Troy Doris (Sr., Triple Jump) -- Friday @ 4:30 p.m. (f)
Ethan Holmes (Jr., 110-, 400-meter hurdles) -- 110m Thur. @ 6:50 p.m. (s), Sat. @ 12:07 p.m. (f); 400m Wed. @ 8:15p (s), Fri. @ 5:35 p.m. (f)
Ashley Liverpool (So., 400 meters) -- Wednesday @ 7 p.m. (s); Friday @ 7:02 p.m. (f)
McKenzie Melander (Sr., 5,000 meters) -- Saturday @ 12:19 p.m. (f)
Erik Sowinski (Sr., 800 meters) -- Wednesday @ 6:15 p.m. (s); Friday @ 6:10 p.m. (f)

LIVE RESULTS

Live results are available on the track and field schedule page at hawkeyesports.com.

ON YOUR TELEVISION/COMPUTER

The NCAA Championships will be streamed live at no charge on NCAA.com. ESPN will provide video coverage via ESPN3.com on Thursday and Friday, and on ESPNU on Saturday.

JUSTIN AUSTIN -- 200 METERS

Junior Justin Austin placed 12th (20.82) at the NCAA West Regional to advance to the NCAA Championships' final site for the second time in as many years. In 2011, he placed third in his semifinal heat before officials disqualified him for stepping out of his lane. Austin won the 200 meter Big Ten title in 2011 and placed third in 2012. He owns the school record in the 100 meters (10.21) and 200 meters (20.31).

MATT BANSE -- HAMMER THROW

Senior Matt Banse is a four-time NCAA qualifier in the hammer throw, but this season marks the first time in his career he has advanced to the NCAA Championships' final site. Banse threw the hammer a career best 201-11 (61.55m) to place 12th at the West Regional. His career best ranks sixth in school history.

MATT BYERS -- JAVELIN

A three-time NCAA qualifier, junior Matt Byers placed 11th (223-8, 68.18) in the West Regional to advance to the NCAA Championships' final site for the second time in his career (he placed 21st at the NCAA Championships in 2010). Byers became the fifth Hawkeye in school history to capture three Big Ten titles in the same event when he threw 222-11 (67.94m) to take the 2012 crown in Madison, Wis., on May 13. He holds the school and Big Ten javelin record with a mark of 245-8 (74.89m).

TROY DORIS -- TRIPLE JUMP

Senior Troy Doris placed second (54-4 3/4, 16.58m) at the West Regional to advance to the NCAA Championships' final site for the second time in two years. He placed fifth in 2011 with a mark of 52-11 1/2 (16.14m) to earn first team All-America honors. Doris won his fourth Big Ten triple jump title and broke his own school record with a mark of 54-8 (16.66m) at the 2012 Big Ten Outdoor Championships on May 13.

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THE UNIVERSITY OF IOWA



HAWKEYE TRACK & FIELD



TRACK AND FIELD CONTACT: BRANDEE BRITT

ETHAN HOLMES -- HURDLES (110m, 400m)

Junior Ethan Holmes advanced to the NCAA final site in both the 110 and 400-meter hurdles for the second straight year. He is the only student-athlete in school history to qualify for the NCAA Championships in both events during the same season. Holmes placed 12th in both events at the West Regional. His career best time in the 110-meter hurdles (13.73) ranks fourth in school history. His career best 50.65 in the 400-meter hurdles ranks sixth in school history.

ASHLEY LIVERPOOL -- 400 METERS

Sophomore Ashley Liverpool is making her first career appearance at the NCAA Championships' final site after placing sixth (53.36) in the 400 meters at the West Regional. She qualified for the NCAA Championships as a freshman in 2011 but was unable to make it out of the regional round. She placed second at the 2012 Big Ten Championships with a career best time of 52.47, a mark that ranks third in school history behind 2006 NCAA Champion Kineke Alexander and 2004 All-American Shellene Williams.

MCKENZIE MELANDER -- 5,000 METERS

Senior McKenzie Melander is making her first career appearance at the NCAA Championships' final site. She qualified for the NCAA Championships in the 1,500 meters in 2009 and 2010, and made her first NCAA 5K appearance in 2011, but this year's 10th place finish (16:26.06) at the West Regional marks the first time she's advanced to the final site. Her career best 5K time of 15:57.13 ranks second in school history behind 1985 NCAA 10K Champion Nan Doak. Melander is the defending Big Ten 5K champion. She captured the conference title in 16:14.03 on May 13 in Madison, Wis.

ERIK SOWINSKI -- 800 METERS

Senior Erik Sowinski could become the first Hawkeye since Bashir Yamini (1996-99) to earn All-America honors three straight years. He placed fourth (1:47.12) at the West Regional and will need to place in the top eight to earn All-America honors in Des Moines. Sowinski earned first team All-America honors as a member of 1,600-meter relay in 2010 and was an All-American in the 800 in 2011. Sowinski's career best time of 1:46.88 is a school record.

PAST CHAMPIONS

Thirteen Hawkeye student-athletes have combined for 14 NCAA titles since Eric Wilson won the 220 meters in 1921 and 1923. Tracy Dahl and Ed Gordon also won multiple NCAA titles -- Dahl in the 5K (1992-93) and Gordon in the long jump (1929-31). The women's last NCAA champion was Kineke Alexander (2006, 400m). The men's most recent title came from Bashir Yamini (1998, long jump).

2012 SEASON LEADERS

WOMEN

100 meters	Raven Moore	11.78
100-meter hurdles	Khanishah Williams	14.59
200 meters	Erin Jones	23.71
400 meters	Ashley Liverpool	52.47
400-meter hurdles	Hannah Simonson	59.54
800 meters	Adrianne Alexia	2:11.04
1,500 meters	Betsy Flood	4:19.62
3,000 meters	McKenzie Melander	9:21.59
3,000-meter Steeple	Danielle Berndt	10:39.17
5,000 meters	McKenzie Melander	15:57.13
10,000 meters	McKenzie Melander	34:29.83
Hammer Throw	Annemie Smith	187-7 (57.19m)
Javelin	Amanda Stahle	141-5 (43.10m)
Discus	Majesty Tutson	172-11 (52.72 m)
Shot Put	Sarah Ryan	34-5 3/4 (10.51m)
Long Jump	Carisa Leacock	19-0 3/4 (5.81m)
Triple Jump	Carisa Leacock	40-10 1/2 (12.46m)
High Jump	Zinnia Miller	5-7 1/4 (1.71m)
Pole Vault	Kirsten Weismantle	11-11 3/4 (3.65m)
400-meter relay	Jones, Moore, Liverpool, Simonson	45.45
1,600-meter relay	Simonson, Liverpool, Erickson, Sack	3:37.57
Heptathlon	Sara Ryan	4,819 points

MEN

100 meters	Justin Austin	10.40
110-meter hurdles	Ethan Holmes	13.74
200 meters	Justin Austin	20.65
400 meters	Erik Sowinski	46.81
400-meter hurdles	Ethan Holmes	51.10
800 meters	Erik Sowinski	1:46.88
1,500 meters	Jeff Thode	3:46.32
3,000 meters	Kevin Lewis	8:35.86
5,000 meters	Nick Holmes	14:29.77
10,000 meters	Kevin Lewis	29:54.02
Shot Put	Matt Banse	56-11 1/2 (17.36m)
Discus	Gabe Hull	192-7 (58.70m)
Hammer	Matt Banse	201-11 (61.55)
Javelin	Matt Byers	223-8 (68.18m)
High Jump	Jeffery Herron	7-4 1/4 (2.24m)
Long Jump	Jeffery Herron	24-7 (7.49m)
Triple Jump	Troy Doris	54-8 (16.66m)
Pole Vault	Kyle Reid	15-9 1/4 (4.81m)
400-meter relay	Richardson, Larney, Mincy, Austin	40.18
1,600-meter relay	Richards, Davey, Holmes, Sowinski	3:05.77
Decathlon	Jack Eckert	6,813 points

OUTDOOR ALL-TIME TOP TEN PERFORMERS



Jeremy Allen



Justin Austin



Matt Byers



A.J. Curtis



Troy Doris



Jeffery Herron



Deacon Jones

100 Meters

1. Justin Austin, 201110.21
2. George Page, 199610.25
3. Anthuan Maybank, 1994.....10.31
- Tim Dwight, 1997.....10.31
5. Bob Lawson, 1976.....10.36
6. Robert Smith, 1984.....10.39
7. Curtis Chang, 1987.....10.40
8. Jeff Patrick, 1983.....10.41
- Tim Dodge, 200210.41
10. Jerry Fisher, 199110.45

110-Meter High Hurdles

1. Pat McGhee, 198913.50
2. Dion Trowers, 199613.62
3. Ronnie McCoy, 198513.66
4. Ethan Holmes, 201113.73
5. Jordan Mullen, 201113.79
6. James Armstrong, 1991.....13.89
7. Dan Davis, 201214.01
8. Doug Jones, 198614.06
9. Chris Williams, 1983.....14.24
10. Rajeev Balkrishnan, 1993.....14.29

200 Meters

1. Justin Austin, 201120.31
2. Jeff Patrick, 1983.....20.47
3. Anthuan Maybank, 1994.....20.55
4. Andre Morris, 1995.....20.64
5. George Page, 199620.67
6. Terrence Duckett, 198220.74
7. Tim Dodge, 200220.78
8. Bashir Yamini, 1999.....20.82
9. Dennis Kohl, 196620.84
10. Tim Dwight, 1997.....20.91

400 Meters

1. Anthuan Maybank, 1993.....44.99
2. Andre Morris, 199545.15
3. Mike Mondane, 196745.20
4. Steven Willey, 201045.78
5. Gary Hollingsworth,46.30
6. Harold Leonard, 198646.45
7. Tony Branch, 199946.60
8. Prince Riley, 2007.....46.61
9. George Page, 199646.66
10. Dick Eisenlauer, 197346.74
- Terrence Duckett, 198346.74
- Patrick Richards, 201046.74

400-Meter Hurdles

1. Pat McGhee, 1988.....48.83
2. Monte Raymond, 199850.09
3. Ray Varner, 201050.24
4. Paul Steele, 198950.45
5. Russell Peterson, 200150.50
6. Ethan Holmes, 2011.....50.65
7. Adam Kunkel, 200150.73
8. Jon Reimer, 196750.94
9. Gary Falls, 199151.08
10. D'Juan Richardson, 201151.12

800 Meters

1. Erik Sowinski, 20121:46.88
2. Bill Frazier, 19621:47.64
3. D'Juan Strozier, 19901:47.82
4. Adam Hairston, 2009.....1:48.53
5. Michael Layne, 19991:49.61
6. Bill Thiesen, 1985.....1:49.74
7. Andy Wiese, 19851:50.22
8. Paul Chepkwony, 1984.....1:50.36
9. Rod Chambers, 19891:50.60
10. Jim Donovan, 1998.....1:50.68

1,500 Meters

1. Jeff Thode, 20103:43.02
2. Joel Moeller, 19783:44.01
3. Jim Docherty, 19783:44.30
4. Dan Waters, 1986.....3:46.35
5. Kevin Herd, 1994.....3:46.64
6. John Clark, 19773:46.84
7. Ted Wheeler, 1956.....3:48.24
8. Nick Holmes, 20123:49.53
9. Jesse Luciano, 2007.....3:49.99
10. Micah VanDenend, 20073:50.20

3,000-Meter Steeplechase

1. Deacon Jones, 1956.....8:47.40
2. Steve Pershing, 19788:54.59
3. Andy Morris, 20008:56.21
4. Matt Gerard, 19948:57.01
5. Andy Napier, 20088:57.54
6. Rollie Kitt, 19679:02.90
7. Al Greene, 19859:02.96
8. Tony Rakaric, 2005.....9:03.29
9. Mark Battista, 2010.....9:04.60
10. Sean Gale, 1993.....9:08.00

5,000 Meters

1. Micah VanDenend, 200713:49.31
2. Larry Wiecezorek, 1968.....13:56.00
3. Kevin Herd, 1993.....13:59.00
4. Stetson Steele, 200014:02.76
5. Eric MacTaggart, 2005.....14:04.79
6. Dan Haut, 200614:07.30
7. Jesse Luciano, 2010.....14:08.71
8. Matt Esche, 2006.....14:12.07
9. Jeff Thode, 2011.....14:12.40
10. Chase Kadlec, 201014:14.45

OUTDOOR ALL-TIME TOP TEN PERFORMERS



Anthuan Maybank



Pat McGhee



Dan Rolling



Erik Sowinski



Stetson Steele



Jeff Thode



Micah VanDenend

10,000 Meters

1. Stetson Steele, 200028:44.47
2. Eric MacTaggart, 2006.....28:50.23
3. Nick Nordheim, 200229:44.71
4. Trent Corey, 200229:45.25
5. Chad Schwitters, 199929:56.00
6. Nick Holmes, 201030:02.31
7. Dan Haut, 200630:03.08
8. Kevin Herd, 1994.....30:05.21
9. Paul Sarris, 200130:08.40
10. Matt Esche, 2004.....30:08.82

Decathlon

1. Dan Rolling, 2010 6,957 pts
2. Scott Faber, 2000 6,839 pts
3. Ryan Niver, 2008 6,837 pts
4. Jack Eckert, 2012 6,813 pts
5. Chad Ohly, 1994..... 6,641 pts
6. Gary Kostrubala, 1984..... 6,498 pts
7. Frank Prill, 2008 6,381 pts
8. Jacob Drewry, 1994..... 5,820 pts

High Jump

1. Jeffery Herron, 2012 7-4 1/4 (2.24)
2. Bill Hansen, 1978 7-4 (2.23)
3. Bill Knoedel, 1975..... 7-4 (2.23)
4. M. Cunningham, 1986 7-1 (2.16)
5. Kenneth Lansing, 1988..... 7-1 (2.16)
6. Pat Meade, 1987 7-0 1/4 (2.14)
7. Graham Valdes, 2012..... 6-11 3/4 (2.12)
8. Peter Hlavin, 1979..... 6-11 (2.11)
9. Scott Hudek, 1993..... 6-11 (2.11)
10. Jeremy Petsche, 2008..... 6-11 (2.11)

Long Jump

1. Anthuan Maybank, 1993..... 27-1 (8.25)
2. Bashir Yamini, 1997..... 26-8 1/4 (8.13)
3. Paul Jones, 1989..... 25-10 1/4 (7.88)
4. Darren Smith, 1991 25-9 3/4 (7.86)
5. Quinn Early, 1986 25-7 1/4 (7.80)
6. Ed Gordon, 1931 25-4 3/8 (7.68)
7. Matty Gorman, 2006..... 25-1 1/4 (7.65)
8. Ronnie McCoy, 1985 25-0 (7.62)
9. Jeffery Herron, 2010 24-9 (7.54)
10. Joe Robinson, 1976..... 24-2 3/4 (7.38)

Triple Jump

1. Troy Doris, 201154-8 (16.66)
2. Paul Jones, 1990 52-0 1/2 (15.86)
3. Gordon Finch, 1988 50-9 1/4 (15.47)
4. Mike Lacy, 1984..... 50-5 (15.36)
5. Pat Miller, 1985 49-8 1/2 (15.25)
6. Matty Gorman, 2008..... 49-2 1/2 (15.00)
7. Owen Gill, 1982 49-1 (14.96)
8. Josh Bean, 2010..... 48-10 3/4 (14.90)
9. Ed Gordon, 1931 48-0 1/8 (14.63)
10. Mike Means, 1981 47-0 1/2 (14.34)

Pole Vault

1. Todd Wigginton, 1984 17-0 (5.18)
2. Chad Ohly, 1994 16-8 3/4 (5.10)
3. Curt Broek, 1978 16-8 (5.08)
4. Phil Wertman, 1971 16-7 (5.05)
5. Kelly Scott, 1988..... 16-7 (5.05)
6. John Teffer, 1972 16-2 (4.93)
7. Kyle Reid, 2010 16-1 1/4 (4.91m)
8. Alex Zona, 2009 16-0 3/4 (4.90)
9. Steve Brewer, 1983 16-0 (4.88)
10. Doug Pennino, 1985..... 16-0 (4.88)

Shot Put

1. Jeremy Allen, 2001 63-2 3/4 (19.27)
2. Ken Kemeny, 2005 62-3 (18.97)
3. Shane Maier, 2006 62-2 1/4 (18.95)
4. Andy Banse, 2005 61-11 1/2 (18.88)
5. John Hickey, 2008 61-9 1/2 (18.83)
6. Chris Gambol, 1987..... 60-0 1/2 (18.30)
7. A.J. Curtis, 2008 59-8 1/4 (18.19)
8. A. van der Westhuizen, 2000 58-8 3/4 (17.90)
9. Ryan Lamparek, 2010..... 58-4 (17.78)
10. Gary Kostrubala, 1985..... 58-1 (17.70)

Discus

1. A.J. Curtis, 2007 202-11 (61.84)
2. Gary Kostrubala, 1986..... 202-4 (61.68)
3. Jeremy Allen, 2001 195-4 (59.54)
4. Tim Brodersen, 2005 193-6 (58.98)
5. Gabe Hull, 2012 192-7 (58.70)
6. Brad Daufeldt, 2004..... 185-0 (56.40)
7. Nick Brayton, 2009 180-11 (55.15)
8. Andy Banse, 2005 180-0 (54.86)
9. Eric Rothwell, 2004..... 179-7 (54.73)
10. Shane Maier, 2008 178-7 (54.43)

Hammer

1. A. van der Westhuizen, 2001 222-11 (67.94)
2. Adam Hamilton, 2007 222-2 (67.73)
3. Jim Costello, 2002 217-7 (66.32)
4. Brad Daufeldt, 2004..... 207-10 (63.34)
5. Chris Voller, 2005 206-0 (62.80)
6. Matt Banse, 2011..... 201-11 (61.55)
7. Jeremy Allen, 2001 199-0 (60.66)
8. Ben Stancombe, 2011..... 197-6 (60.20)
9. Ryan Jordan, 2007 184-6 (56.23)
10. Ryan Lamparek, 2010..... 181-7 (55.35)

Javelin

1. Matt Byers, 2011 245-8 (74.89)
2. Bill Neumann, 2002 244-8 (74.58)
3. Dan Ralph, 2000..... 227-10 (69.44)
4. Zach Schimp, 2010..... 211-0 (64.32)
5. Kale Katt, 2007 204-0 (62.17)
6. Joel Storm, 2004 203-5 (62.01)
7. Matt Stank, 2001 199-0 (60.66)
8. Jack Eckert, 2012..... 187-0 (57.01)
9. A. van der Westhuizen, 1999 173-11 (53.00)
10. Craig Jennings, 2006..... 173-4 (52.83)



Todd Wigginton



Arno van der Westhuizen

OUTDOOR ALL-TIME TOP TEN PERFORMERS

400-Meter Relay

1.	Beecham, Duckett, Greer, R. Smith, 1984	39.48
2.	Page, Davis, Rozell, Morris, 1996	39.73
3.	Mincy, Sayon, Chaney, Jr., Austin, 2011	39.86
4.	Richardson, Sayon, Chaney, Jr., Bee, 2009	39.94
5.	Felix, Branch, Dodge, Yamini, 1999	39.96
6.	Beecham, Duckett, Greer, Patrick, 1983	39.99
7.	Dwight, Branch, Davis, Yamini, 1998	40.00
	Goode, Fisher, Morris, Maybank, 1994	40.00
	1998	40.00
	Dwight, Branch, Dodge, Yamini, 1999	40.00

Shuttle Hurdle Relay

1.	McGhee, Armstrong, Falls, Stelle, 1989	57.80
2.	Wigginton, Jones, Lacey, McCoy, 1985	59.77
3.	1975	1:05.20

800-Meter Relay

1.	Richardson, Sayon, Richards, Chaney, Jr., 2009	1:24.85
2.	Barclay, McCalister, Jensen, Elliott, 1979	1:26.39
3.	Thomas, Balkrishnan, Patterson, Freidrich 1991	1:28.38
4.	Balkrishnan, Patterson, Thomas, Freidrich, 1991	1:29.04

1,600-Meter Relay

1.	Morris, Davis, Page, Rozell, 1995	3:03.11
2.	Branch, Dwight, Dodge, Yamini, 1999	3:03.29
3.	Ferree, Frazier, Mondane, Reimer, 1967	3:04.10
4.	Rozell, Morris, Davis, Yamini, 1996	3:04.71
5.	Willey, Barton, Richards, Sowinski, 2010	3:05.61
6.	Willey, Richards, Sowinski, Barton, 2011	3:05.64
7.	Richards, Davey, Holmes, Sowinski, 2012	3:05.77
8.	Cameron, Williams, McGhee, McCoy, 1985	3:06.00
9.	Rozell, Davis, Dwight, Raymond, 1997	3:06.06
	Dodge, Kunkel, Coleman, Peterson, 2001	3:06.06

Sprint Medley Relay

1.	Sayon, Austin, Willey, Sowinski, 2011	3:16.18
2.	Richards, Larney, Davey, Sowinski, 2012	3:17.25
3.	Richardson, Richards, Willey, Sowinski, 2010	3:17.74
4.	Armstrong, Thomas, Maybank, Strozier, 1991	3:18.93
5.	Yamini, Davis, Dodge, Donovan, 1999	3:19.87
6.	Richards, Chaney, Jr., Barton, Hairston, 2009	3:20.05
7.	McCorkle, Armstrong, Chung, Strozier, 1990	3:20.43
8.	Dodge, Yamini, Branch, Donovan, 1999	3:20.83
9.	Goode, Fisher, Thomas, Falls, 1992	3:21.02
10.	Dwight, Davis, Raymond, Donovan, 1997	3:21.05

3,200 Meter Relay

1.	Hairston, Prom, Thode, Sowinski, 2011	7:23.77
2.	Corrigan, Blackman, Strozier, Chambers, 1989	7:29.00
3.	Willey, Braff, Sowinski, Hairston, 2009	7:33.08
4.	Tweedy, Gajewski, Linden, O'Hollearn, 2005	7:33.12
5.	Cunningham, Tweedy, S. Allen, Thomas, 2001	7:34.12
6.	Long, Tweedy, Dziubski, O'Hollearn, 2004	7:35.10
7.	1999	7:36.43
8.	Prom, Slaymaker, Wheeler, Weir, 2012	7:38.15
9.	1986	7:40.18
10.	Novotny, Holtkamp, Rerko, Feeldy, 1995	7:44.68

Distance Medley Relay

1.	Pershing, Moeller, Slack, Docherty, 1978	9:39.94
2.	Kuczwarra, Barton, Hairston, Thode, 2011	9:41.37
3.	N. Holmes, Van Cleave, Sowinski, Thode, 2012	9:41.59
4.	Young, Barton, Kuczwarra, Luciano, 2010	9:42.97
5.	Theisen, Williams, Wiesa, Waters, 1985	9:54.04
6.	Luciano, Pierre, Hairston, VanDenend, 2007	9:54.07
7.	VanDenend, Riley, O'Hollearn, Rakaric, 2006	9:54.97
8.	Feeldy, Eischeid, Novotny, Peters, 1996	9:55.71
9.	Thomas, Wise, Cunningham, S.Allen, 2001	10:01.57
10.	Thomas, Wakenight, Dziubski, Rakaric, 2003	10:01.72

6,400 Meter Relay

1.	Rakaric, Webster, MacTaggart, VanDenend, 2006	16:55.43
2.	Paul, Kadlec, Thode, Luciano, 2010	17:01.46
3.	N. Holmes, Witt, Thode, Lewis, 2012	17:02.26
4.	Thomas, Allen, Rakaric, Lloyd, 2003	17:06.27
5.	Pittman, Novotny, Feeldy, Marquardt, 1995	17:12.49
6.	Bakker, Feeldy, Peters, Pittman, 1996	17:13.10
7.	Allen, Trainor, McDermott, Esche, 2002	17:14.53
8.	Kadlec, E. MacTaggart, Paul, Marchese, 2009	17:17.63
9.	Schwitters, Nordheim, Moeller, Thomas, 1999	17:18.04
10.	White, Roehl, Wood, Roseman, 1992	17:28.90

OUTDOOR ALL-TIME TOP TEN PERFORMERS



Kineke Alexander



Meghan Armstrong



Danielle Berndt



Nan Doak



Becca Franklin



Aisha James



Tiffany Johnson

100 Meters

1.	Vivien McKenzie, 1985	11.45
2.	Davera Taylor, 1984	11.51
3.	Erica Broomfield, 1998	11.53
4.	Jiselle Providence, 2001	11.57
5.	Tanja Reid, 1994	11.60
	Peaches Roach, 2005	11.60
7.	Yolanda Hobbs, 1995	11.62
8.	Elanie Jones, 1985	11.69
9.	Rhonda Kaye Trusty, 2010	11.74
10.	Lakeya Boatright, 2000	11.77

100-Meter Hurdles

1.	Tiffany Johnson, 2007	13.20
2.	Karessa Farley, 2009	13.53
3.	C. Prendergast, 1999	13.60
	Paula Ruen, 2000	13.60
5.	Sarah Steffen, 2002	13.65
6.	Ruqayya Raheem, 1998	13.90
7.	Brenda Calhoun, 1984	13.94
8.	Wynsome Cole, 1997	14.10
9.	Kimberly Stanford, 2008	14.11
10.	Renee White, 2008	14.20

200 Meters

1.	Shellene Williams, 2004	23.50
2.	Kineke Alexander, 2006	23.58
3.	Davera Taylor, 1984	23.59
4.	Vivien McKenzie, 1985	23.61
5.	Yolanda Hobbs, 1995	23.65
6.	Erin Jones, 2012	23.71
7.	Rhonda Kaye Trusty, 2010	23.74
8.	Tanja Reid, 1995	23.75
9.	Elaine Jones, 1983	23.84
10.	Ashley Liverpool, 2012	23.98

400 Meters

1.	Kineke Alexander, 2006	51.35
2.	Shellene Williams, 2004	51.94
3.	Ashley Liverpool, 2012	52.47
4.	Ellen Grant, 1996	52.65
5.	Senta Hawkins, 1988	54.01
	Bethany Praska, 2011	54.01
7.	Marlene Poole, 1994	54.03
8.	Elaine Jones, 1983	54.40
9.	Nicole Charles, 2001	54.48
10.	Stacey-Leigh Bynoe, 2000	54.73

400-Meter Hurdles

1.	Mary Knoblauch, 1981	56.16
2.	Wynsome Cole, 1998	56.67
3.	Chris Davenport, 1981	59.18
4.	Hannah Simonson, 2012	59.54
5.	Sarah Steffen, 2002	59.59
6.	Tiffany Hendricks, 2011	59.63
7.	Beverly Powell, 1991	59.96
8.	Nicole Erickson, 2012	59.98
9.	Kelsey Quinn, 2012	1:00.28
10.	Diane Steinhart, 1980	1:00.56

800 Meters

1.	Bethany Praska, 2011	2:03.78
2.	Kay Stormo, 1982	2:05.67
3.	Michelle Lahann, 2004	2:06.79
4.	Aisha Hume, 2005	2:08.50
5.	Jeanne Kruckeberg, 1987	2:08.75
6.	Ann Pare, 1997	2:09.25
7.	Meghan Armstrong, 2006	2:10.15
8.	Sophia Poncé, 2007	2:10.35
9.	Briana Benning, 1996	2:10.47
10.	Lauren Hardesty, 2010	2:10.90

1,500 Meters

1.	Meghan Armstrong, 2006	4:17.41
2.	Betsy Flood, 2010	4:17.75
3.	Jeanne Kruckeberg, 1989	4:19.71
4.	McKenzie Melander, 2012	4:20.22
5.	Lauren Hardesty, 2009	4:20.40
6.	Diane Nukuri, 2007	4:20.95
7.	Penny O'Brien, 1985	4:21.43
8.	Kay Stormo, 1982	4:22.24
9.	Michelle Lahann, 2004	4:24.00
10.	Shannon Stanley, 2006	4:25.08

3,000 Meters

1.	Diane Nukuri, 2008	9:18.82
2.	Penny O'Brien, 1985	9:20.61
3.	McKenzie Melander, 2012	9:21.59
4.	Betsy Flood, 2010	9:22.63
5.	Nan Doak, 1985	9:23.04
6.	Tracy Dahl, 1992	9:23.53
7.	Meghan Armstrong, 2006	9:28.03
8.	Brooke Eilers, 2011	9:30.08
9.	Jeanne Kruckeberg, 1989	9:30.69
10.	Jennifer Brower, 1992	9:34.59

3,000-Meter Steeplechase

1.	Danielle Berndt, 2011	10:26.54
2.	Jessica Schmidt, 2008	10:27.18
3.	Sarah Arens, 2004	10:34.50
4.	Hannah Roeder, 2011	10:35.22
5.	Kelsey Hart, 2011	10:47.56
6.	Katie Ellis, 2010	11:02.62
7.	Michelle Lahann, 2003	11:16.21
8.	Becca Thompson, 2003	11:19.50

5,000 Meters

1.	Nan Doak, 1985	15:45.84
2.	McKenzie Melander, 2012	15:57.13
3.	Diane Nukuri, 2008	15:59.39
4.	Betsy Flood, 2011	16:04.46
5.	Meghan Armstrong, 2008	16:08.83
6.	Brooke Eilers, 2011	16:11.86
7.	Mareike Schrulle, 2012	16:13.73
8.	Jenny Spangler, 1983	16:17.21
9.	Tracy Dahl, 1992	16:18.77
10.	Racheal Marchand, 2008	16:27.02

OUTDOOR ALL-TIME TOP TEN PERFORMERS



Diane Nukuri



Tammilee Kerr



Vivien McKenzie



Bethany Praska



Alana Redfern



Peaches Roach



Jessie Strand

10,000 Meters

1. Diane Nukuri, 2008 33:17.01
2. Jennifer Brower, 1991 33:23.38
3. Meghan Armstrong, 2008 33:28.00
4. Nan Doak, 1985 33:33.03
5. Jenny Spangler, 1983 33:39.24
6. Racheal Marchand, 2008 34:05.87
7. McKenzie Melander, 2012 34:29.83
8. Tracy Dahl, 1992 34:30.09
9. Betsy Flood, 2011 35:05.10
10. Nikki Chapple, 2004 35:06.35

Heptathlon

1. Tammilee Kerr, 2008 5,532
2. Kathy Gillespie, 1983 5,262
3. Tiff Pedersen, 2004 4,976
4. Janet Adams, 1981 4,855
5. Sara Ryan, 2012 4,819
6. Ruqayya Raheem, 1997 4,665
7. Angela Chadwick, 1993 4,493
8. Missy Miller, 2010 4,227
9. Angie Hensel, 2004 4,073
10. Janelle Jaspers, 1987 4,000

High Jump

1. Peaches Roach, 2006 6-1 1/4 (1.86)
2. Mary Mol, 1983 6-0 (1.83)
3. Caleigh Bacchus, 2010 5-10 (1.78)
4. Lynn McMillan, 1988 5-9 1/4 (1.76)
5. Kacey Childs, 2001 5-8 1/2 (1.74)
6. Kristi Dinkla, 1985 5-8 (1.73)
7. Becky Kaza, 1995 5-8 (1.73)
8. Eve Cullinan, 2003 5-8 (1.73)
9. Zinnia Miller, 2012 5-7 1/4 (1.71)
10. Jenni Elbert, 2005 5-7 (1.70)
- Khanishah Williams, 2012 5-7 (1.70)

Long Jump

1. Aisha James, 2003 22-3 (6.78)
2. Renee White, 2008 20-3 3/4 (6.19)
3. Carisa Leacock, 2011 19-11 1/2 (6.08)
4. Becki Borg, 1988 19-7 1/4 (5.97)
5. Lisa Moats, 1986 19-6 (5.95)
6. Tammilee Kerr, 2008 19-4 1/4 (5.90)
7. Yolanda Hobbs, 1993 19-2 1/2 (5.85)
8. Jane Dunlevy, 1977 18-6 (5.64)
9. Ruqayya Raheem, 1997 18-5 1/4 (5.62)
10. Tiff Pedersen, 2004 18-5 1/4 (5.62)

Triple Jump

1. Renee White, 2008 43-10 (13.36)
2. Tiffany Johnson, 2007 41-8 3/4 (12.72)
3. Carisa Leacock, 2012 40-10 1/2 (12.46)
4. Becki Borg, 1988 40-7 1/2 (12.38)
5. Lynn McMillan, 1988 39-6 1/2 (12.05)
6. Lynn, 1998 39-0 (11.88)
7. Kacey Childs, 2001 37-8 (11.48)
8. Becca Franklin, 2004 36-10 1/2 (11.24)
9. Janna Houtz, 1984 33-10 1/2 (10.32)
10. Latoya Stiffend, 2002 32-6 (9.90)

Pole Vault

1. Jessie Strand, 2003 12-10 1/4 (3.92)
2. Sarah Burgett, 2006 12-1 3/4 (3.70)
3. Kirsten Weistmantle, 2011 12-0 (3.66)
4. Katie Truedson, 2010 11-5 1/4 (3.49)
5. Gina Shannon, 2001 11-2 1/4 (3.41)
6. Brittany Holst, 2012 11-0 1/4 (3.36)
7. Kacey Childs, 2000 8-0 1/2 (2.45)

Shot Put

1. Lisa Van Steenwyk, 1992 50-8 (15.44)
2. Gail Smith, 1984 50-3 1/4 (15.32)
3. Denise Taylor, 1992 50-1 3/4 (15.28)
4. Kamesha Marshall, 2005 48-6 3/4 (14.80)
5. Laura Kriener, 1990 48-2 1/2 (14.69)
6. Jennifer Gilson, 2002 47-10 (14.58)
7. Jennifer Moon, 2000 47-5 1/4 (14.46)
8. Rachel Curry, 2011 46-5 (14.03)
9. Mandy Chandler, 2006 46-0 (14.02)
10. Tiffany Medenwaldt, 2010 45-11 3/4 (14.01)

Discus

1. Majesty Tutson, 2012 172-11 (52.72)
2. Tiffany Medenwaldt, 2010 161-3 (49.16)
3. Denise Taylor, 1992 160-5 (48.90)
4. Lisa Van Steenwyk, 1991 159-1 (48.50)
5. Gail Smith, 1983 158-2 (48.22)
6. Ashlyn Gulvas, 2011 154-11 (47.23)
7. Courtney Fritz, 2012 154-1 (46.96)
8. Kamesha Marshall, 2005 152-11 (46.62)
9. Jennifer Moon, 2000 150-8 (45.92)
10. Laura Kriener, 1989 150-3 (45.80)

Hammer Throw

1. Becca Franklin, 2007 195-0 (59.45)
2. Annemie Smith, 2012 187-7 (57.19)
3. Ashlyn Gulvas, 2011 182-3 (55.55)
4. Jasmine Simpson, 2012 181-10 (55.42)
5. Kelsey Taylor, 2011 177-0 (53.95)
6. Tiffany Medenwaldt, 2010 171-11 (52.40)
7. Erin O'Hern, 2008 168-9 (51.45)
8. Kerri Blackstone, 1999 161-10 (49.32)
9. Majesty Tutson, 2010 156-9 (47.77)
10. Mandy Chandler, 2009 154-6 (47.09)

Javelin

1. Alana Redfern, 2003 181-5 (55.30)
2. Tammilee Kerr, 2008 163-5 (49.81)
3. Mandy Beck, 1999 153-4 (46.74)
4. Terri Soldan, 1983 152-6 1/4 (46.48)
5. Shani Renning, 1990 152-3 (46.40)
6. Clara Simon, 1981 149-9 (45.64)
7. Janet Adams, 1984 148-7 (45.28)
8. Amanda Stahle, 2012 141-5 (43.10)
9. Mickey Schoborg, 1985 137-5 1/4 (41.88)
10. Sara Joens, 1987 127-1 (38.74)



Majesty Tutson



Lisa Van Steenwyk



Renee White



Shellene Williams

OUTDOOR ALL-TIME TOP TEN PERFORMERS

400-Meter Relay

1.	Poole, Reid, Floyd, Hobbs, 1994	44.63
2.	Charles, Williams, Providence, James, 2003	44.71
3.	Floyd, Hobbs, Poole, Reid, 1994	44.80
4.	Fouchè, Williams, Providence, James, 2003.....	45.02
5.	Alexander, Granger, Johnson, Roach, 2006.....	45.11
6.	Johnson, Roach, Clarke, Trusty, 2007	45.21
7.	Johnson, Alexander, Granger, Roach, 2005.....	45.30
8.	Granger, Johnson, Alexander, Roach, 2005.....	45.39
9.	Jones, Moore, Liverpool, Simonson	45.45
10.	Underwood, Reid, Philip, Hobbs, 1995.....	45.50
	Boatright, Bynoe, Providence, Prendergast, 2000	45.50

Shuttle Hurdle Relay

1.	Prendergast, Cole, Raheem, Ruen, 1998	56.44
2.	Cole, Prendergast, Raheem, Ruen, 1998	56.54
3.	Raheem, Prendergast, Cole, Ruen, 1998	57.53

800-Meter Relay

1.	Hobbs, Reid, Floyd, Poole, 1994	1:35.69
2.	Roach, McCalla, Alexander, Johnson, 2006.....	1:36.19
3.	Williams, Charles, Fouchè, Providence, 2003.....	1:37.49
4.	Herrmann, McCalla, Raymond, Roach, 2004.....	1:37.66
5.	Charles, Dixon, Knight, Prendergast, 2002	1:38.15
6.	Trusty, Hendricks, Graham, Erickson, 2009	1:38.79
7.	Prendergast, Dixon, Knight, Providence, 2001.....	1:38.73
8.	Dixon, Knight, Prendergast, Providence, 2001.....	1:38.93
9.	Dixon, Providence, Knight, Charles, 2001.....	1:39.68
10.	Underwood, Bynoe, Raheem, Wynter, 1997	1:39.72

1,600-Meter Relay

1.	Praska, Hendricks, Liverpool, Erickson, 2011	3:35.93
2.	Hume, Charles, Steffen, Williams, 2003.....	3:36.26
3.	Praska, Hendricks, Erickson, Liverpool, 2011	3:36.51
4.	Simsonson, Liverpool, Erickson, Sack, 2012	3:37.57
5.	McCalla, Granger, Alexander, Johnson, 2006	3:38.36
6.	Liverpool, Jones, Erickson, Quinn, 2012	3:38.68
7.	Alexander, Graham, Jones, M. Mims, 2007	3:39.36
8.	Jones, Alexander, Johnson, M. Mims, 2007	3:39.64
9.	McCalla, Alexander, Sheeley, Hume, 2005.....	3:39.67
10.	Hendricks, Trusty, Erickson, Praska, 2010.....	3:39.88

Sprint Medley Relay

1.	Jones, Hendricks, Liverpool, Praska, 2011	3:48.63
2.	Trusty, R. Moore, Hendricks, Praska, 2010	3:56.53
3.	Reid, Philip, Hobbs, Benning, 1995.....	3:56.54
4.	Roach, Alexander, McCalla, Stanley, 2005.....	3:56.99
5.	Clarke, Graham, Jones, Poncé, 2007	3:59.34
6.	Underwood, Clarke, Philip, Benning, 1995.....	3:59.75
7.	Jones, R. Moore, Erickson, Alexia, 2012	4:00.19
8.	2005.....	4:00.26
9.	Dixon, Providence, Hume, Butler, 2001.....	4:01.11
10.	Providence, Dixon, Charles, Hume, 2001	4:03.39

3,200-Meter Relay

1.	Suppelsa, Wodek, Kruckeberg, Schneckloth, 1987.....	8:46.45
2.	Lahann, Stanley, Hume, Barber, 2004.....	8:48.87
3.	Schneckloth, Roberts, Hawkins, Kruckeberg, 1989	8:49.38
4.	Flood, Dlhy, L. Hardesty, Docherty, 2009.....	8:53.91
5.	Armstrong, Stanley, Laney, Hume, 2005	8:54.27
6.	O'Brien, Camarigg, Williams, Stormo, 1981	8:54.36
7.	Flood, Melander, Praska, Hardesty, 2010.....	8:54.45
8.	Drapcho, Schlader, Williams, Stormo, 1980	8:56.14
9.	Drapcho, Mitchell, Schlader, Stormo, 1979	8:57.24
10.	Lahann, Hume, Thompson, Barber, 2003.....	9:02.58

Distance Medley Relay

1.	Hoskins, Powell, Schneckloth, Kruckeberg, 1989	11:22.18
2.	Armstrong, Alexander, Poncé, Stanley, 2007	11:25.05
3.	Stanley, McCalla, Hume, Armstrong, 2005.....	11:34.04
4.	Barber, Williams, Hume, Arens, 2004.....	11:34.56
5.	Thompson, Williams, Hume, Arens, 2003	11:39.02
6.	2000.....	11:39.83
7.	Schrulle, Erickson, Placzek, Eilers, 2012	11:40.57
8.	Davenport, xx, xx, xx, 1981	11:41.44
9.	Pare, Grant, Benning, Gilchrist, 1997	11:41.92
10.	Dlhy, Erickson, Docherty, Anderson, 2010.....	11:43.06

6,400-Meter Relay

1.	Flood, Melander, A. Hardesty, L. Hardesty, 2010.....	19:05.63
2.	Nukuri, Marchand, Henize, Armstrong, 2008.....	19:15.42
3.	Flood, Laesch, Ranegar, Melander, 2012	19:16.73
4.	Flood, Eilers, Melander, L. Hardesty, 2011	19:17.52
5.	Flood, Melander, A. Hardesty, Eilers, 2009	19:36.43
6.	Chapple, Laney, Donlon, Sokol, 2005	20:39.12
7.	Arens, Barber, Butler, Roberts, 2001.....	20:40.89
8.	Benning, Boland, Fleck, Coleman, 1995	20:43.07
9.	Arens, Sokol, Barber, Donlon, 2003	20:48.08

University of Iowa Track and Field

2012 NCAA Outdoor Championships

HAWKEYE QUALIFIERS



Troy Doris

Senior - Triple Jump
Bolingbrook, Ill.
College of DuPage

Hawk Item -- 2012 Big Ten Outdoor triple jump champion (54-8, 16.66m)... school record holder in triple jump (54-8, 16.66m)... four-time Big Ten triple jump champion (Indoor 2011-12, Outdoor 2011-12)... 2011 All-American... placed fifth in triple jump (53-3, 16.23m) at 2011 NCAA Outdoor Championships.



Erik Sowinski

Senior - 800m/4x400
Waukesha, Wis.
West High School

Hawk Item -- 2011 second team All-American... placed 15th in 800 meters with a time of 1:47.83 at 2011 NCAA Outdoor Championships... currently holds the school record in the 800 meters (1:46.88)... placed third in 800 meters at 2012 Outdoor Big Tens... placed fourth in 800 meters at 2011 NCAA Indoor Championships.



Matt Banse

Senior - Hammer
Strawberry Point, Iowa
Starmont

Hawk Item -- four-time NCAA Outdoor qualifier in hammer... posted a career best 201-11 (61.55m) at Austin Regional to advance to first career NCAA final site... career best ranks No. 6 in program history.



Ethan Holmes

Junior - 110m, 400m Hurdles/4x400
Clinton, Iowa
Clinton

Hawk Item -- 2011 second-team All-American... placed 14th in 400-meter hurdles (51.06) and 22nd in 110-meter hurdles (14.06) at 2011 NCAA Championships... placed second in 110-meter hurdles and fifth in 400m hurdles at 2012 Outdoor Big Tens... only student-athlete in the country to advance to NCAA final site in three events in 2011.



McKenzie Melander

Senior - 5,000 meters
Apple Valley, Minn.
Eastview

Hawk Item -- 2012 Big Ten Outdoor Champion in 5,000 meters (16:14.03)... leads team in 1,500 meters (4:20.22) and 5,000 meters (15:57.13)... placed 30th at 2011 NCAA West Regional in 5,000 meters (16:49.47)... ran a career best 5K in 15:57.13 at 2012 Stanford Invite.



Justin Austin

Junior - 200 meters
Milwaukee, Wis.
University of Kentucky

Hawk Item -- 2011 second team All-American... placed 15th in 5,000 meters (16:08.63) at 2011 NCAA Championships... placed fifth at 2011 NCAA West Regional in 5,000 meters with a career best 16:04.46... placed second in 5,000 meters at 2012 Big Ten Outdoor Championships (16:21.21).



Ashley Liverpool

Sophomore - 400m/4x400
Cincinnati, Ohio
Walnut Hills

Hawk Item -- 2012 Big Ten runner-up in 400 meters with a career best time of 52.47, which ranks No. 3 in school history... ran 55.10 at 2011 NCAA West Regional... ran second leg on 4x4 qualifying team (3:37.57)



Matt Byers

Junior - Javelin
Wichita, Kan.
Wichita East

Hawk Item -- three-time Big Ten Champion in the javelin (2010-12)... owns the school and Big Ten javelin record 245-8 (74.89m)... threw a season best 223-8 (68.18m) at the 2012 NCAA West Regional.



DI OUTDOOR TRACK & FIELD CHAMPIONSHIPS

2012 NCAA Division I Men's and Women's Final Championships Competition

Des Moines, Iowa –Drake University

Schedule of Events

Day 1 - Wednesday, June 6

Discus	2:30 PM	Men	Trials/Final
Javelin	2:40 PM	Women	Trials/Final
Long Jump	5:30 PM	Men	Trials/Final
Pole Vault	5:30 PM	Women	Final
Discus	5:30 PM	Women	Trials/Final
4x100 Relay	5:30 PM	Men	Semifinal
4x100 Relay	5:45 PM	Women	Semifinal
400 Meters	6:00 PM	Men	Decathlon
800 Meters	6:15 PM	Men	Semifinal
800 Meters	6:30 PM	Women	Semifinal
400 Meters	6:45 PM	Men	Semifinal
400 Meters	7:00 PM	Women	Semifinal
100 Meters	7:15 PM	Men	Semifinal
100 Meters	7:30 PM	Women	Semifinal
3000 Steeplechase	7:45 PM	Women	Semifinal
400 Hurdles	8:15 PM	Men	Semifinal
400 Hurdles	8:30 PM	Women	Semifinal
10,000 Meters	8:45 PM	Men	Final

Combined Event

100 Meters	12:00 PM	Decathlon
Long Jump	12:45 PM	Decathlon
Shot Put	2:00 PM	Decathlon
High Jump	3:15 PM	Decathlon
400 Meters	6:00 PM	Decathlon

**Schedule is subject to change
Local times listed (Central time)*

2012 NCAA Division I Men's and Women's Final Championships Competition

Des Moines, Iowa –Drake University

Schedule of Events

Day 2 - Thursday, June 7

Javelin	2:30 PM	Men	Trials/Final
Hammer	3:00 PM	Women	Trials/Final
High Jump	5:30 PM	Men	Final
Long Jump	5:30 PM	Women	Trials/Final
200 Meters	5:30 PM	Men	Semifinal
200 Meters	5:45 PM	Women	Semifinal
200 Meters	6:00 PM	Women	Heptathlon
1500 Meters	6:15 PM	Men	Semifinal
1500 Meters	6:30 PM	Women	Semifinal
110 Hurdles	6:50 PM	Men	Semifinal
100 Hurdles	7:10 PM	Women	Semifinal
3000 Steeplechase	7:25 PM	Men	Semifinal
1500 Meters	7:50 PM	Men	Decathlon
4x400 Relay	8:05 PM	Men	Semifinal
4x400 Relay	8:25 PM	Women	Semifinal
10,000 Meters	8:45 PM	Women	Final

Combined Event

110 Hurdles	11:30 AM	Decathlon
Discus	12:30 PM	Decathlon
Pole Vault	2:30 PM	Decathlon
Javelin	5:30 PM	Decathlon
1500 Meters	7:50 PM	Decathlon
100 Hurdles	1:00 PM	Heptathlon
High Jump	2:00 PM	Heptathlon
Shot Put	4:30 PM	Heptathlon
200 Meters	6:00 PM	Heptathlon

**Schedule is subject to change
Local times listed (Central time)*



2012 NCAA Division I Men's and Women's Final Championships Competition

Des Moines, Iowa –Drake University

Schedule of Events

Day 3 - Friday, June 8

Hammer	2:00 PM	Men	Trials/Final
High Jump	4:30 PM	Women	Final
Pole Vault	4:30 PM	Men	Final
Triple Jump	4:30 PM	Men	Trials/Final
Shot Put	5:00 PM	Women	Trials/Final
400 Hurdles	5:35 PM	Men	Final
400 Hurdles	5:45 PM	Women	Final
100 Meters	5:55 PM	Men	Final
100 Meters	6:02 PM	Women	Final
800 Meters	6:10 PM	Men	Final
800 Meters	6:20 PM	Women	Final
3000 Steeplechase	6:30 PM	Women	Final
800 Meters	6:45 PM	Women	Heptathlon
400 Meters	6:55 PM	Men	Final
400 Meters	7:02 PM	Women	Final
5000 Meters	7:10 PM	Men	Final

Combined Event

Long Jump	3:00 PM	Heptathlon
Javelin	4:15 PM	Heptathlon
800 Meters	6:45 PM	Heptathlon

**Schedule is subject to change
Local times listed (Central time)*



2012 NCAA Division I Men's and Women's Final Championships Competition

Des Moines, Iowa –Drake University

Schedule of Events

Day 4 - Saturday, June 9

Shot Put	10:00 AM	Men	Trials/Final
Triple Jump	10:00 AM	Women	Trials/Final
4x100 Relay	11:03 AM	Men	Final
4x100 Relay	11:10 AM	Women	Final
1500 Meters	11:17 AM	Men	Final
1500 Meters	11:28 AM	Women	Final
200 Meters	11:39 AM	Men	Final
200 Meters	11:47 AM	Women	Final
3000 Steeplechase	11:52 AM	Men	Final
110 Hurdles	12:07 PM	Men	Final
100 Hurdles	12:14 PM	Women	Final
5000 Meters	12:19 PM	Women	Final
4x400 Relay	12:40 PM	Men	Final
4x400 Relay	12:50 PM	Women	Final

**Schedule is subject to change
Local times listed (Central time)*