

# IOWA HAWKEYES



University of Iowa Athletic Communications – Jordan Bucher, Cross Country

## CROSS COUNTRY WEEKLY RELEASE

OCT. 1, 2014

### 2014 SCHEDULE

Date	Opponent (Location)	Time
8/29	at Bulldog 4K Classic (Des Moines, Iowa).....	5 p.m.
9/12	at Illinois State Invitational (Normal, Ill.).....	5 p.m.
<b>9/20</b>	<b>Big Ten Preview (Iowa City, Iowa).....</b>	<b>8 a.m.</b>
10/03	at Notre Dame Invitational (South Bend, Ind.)...	1 p.m.
10/18	at Pre-National Invitational (Terre Haute, Ind.)...	10 a.m.
<b>11/02</b>	<b>Big Ten Championships (Iowa City, Iowa)10:45 a.m.</b>	
11/14	NCAA Midwest Regional (Peoria, Ill.).....	1 p.m.
11/22	NCAA Championships (Terre Haute, Ind.).....	11 a.m.

All times are Central and subject to change.

Home events in **BOLD**.

### 2014 QUICK FACTS

#### General Information

Location: Iowa City, Iowa

Enrollment: 31,498

Conference: Big Ten

Facility: Ashton Cross Country Course

#### Coaching Information

Head Coach: Layne Anderson

Year at Iowa: 12th

Alma Mater, Year: The Citadel, 1989

Volunteer Assistant Coach: John Michael Brandt

Year at Iowa: 1st

Alma Mater, Year: Iowa, 2014

#### Media Information

Cross Country SID: Jordan Bucher

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### FOLLOW THE HAWKEYES

**Facebook:** U of I Cross Country and Track & Field

**Twitter:** @IowaXC\_TF

**Instagram:** iowaxctf

\*Follow the Hawkeyes for updates on the team throughout the 2014 season.

### THIS WEEK

The University of Iowa cross country team heads to South Bend, Indiana for the 59th annual Notre Dame Invitational on Friday. The women's Gold division 5K race is set for 2 p.m., while the men's 5-mile Blue division race is at 5 p.m. The event will take place at the Notre Dame Golf Course.

### IN THE RANKINGS

Following the Big Ten Preview, the men's team moved up two spots to the No. 10 spot in the most recent USTFCCA Regional Rankings released Monday. The women's team came in at No. 15 in the Midwest Region.

### SCOUTING THE FIELD

The Iowa women will compete in the Gold division, which features 26 teams and six Division 1 schools. Among the teams competing are Pittsburgh (7th/Mid-Atlantic Region), Richmond (14th/Southeast Region), Southern Utah (12th/Mountain Region), and Xavier (13th/Great Lakes Region).

The Iowa men will compete in a 24-team field, which includes three other Big Ten schools. The Hawkeyes meet Penn State (5th/Mid-Atlantic Region) and Purdue (12th/Great Lakes Region) for the first time this season. Michigan will also make an appearance (3rd/Great Lakes Region).

### HAWKEYES ON A ROLL

The Hawkeye men have recorded two first-place team finishes and one second place team finish this season. Iowa opened its season with a top finish at the Bulldog 4K Classic on Aug. 29th, and followed up with another first-place finish at the Illinois State Invitational on Sept. 12.

In their last outing on Sept. 20, the Hawkeyes collected a second place finish at the Big Ten Preview, which featured four Big Ten teams — Michigan (1st), Wisconsin (3rd), and Kansas State (4th). Iowa was led by seniors Kevin Lewis and Ben Witt, and sophomore Ben Anderson. Lewis has led the Hawkeyes in his last six races.

### 2014 BIG TEN CHAMPIONSHIPS

Iowa will host the 2014 Big Ten Championships at the Ashton Cross Country Course on Nov. 2. This year's meet marks the 100th running of the Big Ten Men's Cross Country Championships. For more information the BIG Championships page at hawkeyesports.com.

### THOUGHTS FROM ANDERSON

"This will be the best meet to date. This is certainly the chance to run in a large field, on a fast course, against not only nationally ranked teams, but some of our Big Ten competitors. Based on the training and racing so far, the expectation for the men should be to do very, very well. On the women's side, we are finally getting everybody healthy and will hopefully see a performance more in line with Illinois State."

### UP NEXT

The Hawkeyes travel to Terre Haute, Indiana, on Oct. 18 for the Pre-National Invitational.

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## CROSS COUNTRY WEEKLY RELEASE

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### Men's Top 10 All-Time Best Performers

#### 6,000 Meters

1. Eric MacTaggart .....18:18 .....2005 Hawkeye Invite
2. Jeff Thode.....18:21 .....2009 Hawkeye Invite
3. Dan Haut .....18:24 .....2005 Hawkeye Invite
4. Jeff Kent .....18:27 .....2005 Hawkeye Invite
5. Nick Holmes .....18:30 .....2009 Hawkeye Invite
6. Adam Roche .....18:33 .....2005 Hawkeye Invite  
Sam Bailin .....18:33 .....2009 Hawkeye Invite  
Kevin Lewis.....18:33 .....2013 Iowa Invite
9. Jesse Luciano .....18:40 .....2008 Hawkeye Invite
10. Tommy Tate .....18:41 .....at 2006 Early Bird Invite

#### 8,000 Meters

1. Jesse Luciano .....23:01 .....at 2008 Auburn Invite
2. Micah VanDenend.....23:39 .....at 2006 Pre-Nationals
3. Eric MacTaggart .....23:24 .....at 2008 Auburn Invite
4. Jeff Thode.....23:27 .....at 2010 Bradley Classic
5. Sam Bailin .....23:36 .....at 2008 Auburn Invite
6. Tommy Tate .....23:46 .....at 2008 Auburn Invite
7. Mark Battista.....23:48 .....at 2008 Auburn Invite
8. Andy Napier .....23:56 .....at 2008 Auburn Invite
9. Brendan Camplin.....24:01 .....at 2008 Auburn Invite
10. Bruce MacTaggart .....24:04 .....at 2008 Auburn Invite

#### 10,000 Meters

1. Jeff Thode.....29:55 .....at 2010 NCAA Regional
2. Matt Esche .....30:10 .....at 2002 NCAA Regional
3. Jesse Luciano .....30:17 .....at 2008 NCAA Champ's
4. Micah VanDenend.....30:26 .....at 2002 NCAA Regional
5. Kevin Herd.....30:28 .....1993
6. Joe Welter .....30:28 .....at 2002 NCAA Regional
7. Tony Rakaric.....30:31 .....at 2002 NCAA Regional
8. Dan Haut .....30:39 .....at 2002 NCAA Regional
9. Alex Webster .....30:40 .....at 2006 NCAA Regional
10. Nick Holmes .....30:43 .....at 2011 Chili Pepper Festival

#### Ashton Cross Country Course Records

##### Women's 3,000 Meters

Diane Nukuri, Iowa - Hawkeye Open - 9/9/06.....9:47

##### Women's 4,000 Meters

Diane Nukuri, Iowa - Hawkeye Open - 9/15/07.....13:14

##### Women's 6,000 Meters

Danette Doetzel, Michigan State - B1G Champ's - 10/31/04.....20:33

##### Men's 6,000 Meters

Eric MacTaggart, Iowa - Hawkeye Invitational - 9/2/05.....18:18

##### Men's 8,000 Meters

Simon Bairu, Wisconsin - Big Ten Champ's - 10/31/04.....23:45

##### Men's 10,000 Meters

Antonio Vega, Minnesota - NCAA Regional - 11/12/05.....30:52

### Women's Top 10 All-Time Best Performers

#### 3,000 Meters

1. Diane Nukuri .....9:47 .....2006 Hawkeye Open
2. Meghan Armstrong .....10:01 .....2006 Hawkeye Open
3. Brooke Eilers.....10:15 .....2010 Iowa Invite
4. Besty Flood .....10:18 .....2010 Iowa Invite
5. Amanda Hardesty .....10:21 .....2009 Hawkeye Invite  
Lauren Hardesty .....10:21 .....2010 Hawkeye Invite
7. Kelsey Hart .....10:22 .....2011 Iowa Invite
8. Shannon Stanley.....10:25 .....2006 Hawkeye Open  
Krista Anderson .....10:25 .....2006 Hawkeye Open  
Racheal Marchand.....10:25 .....2008 Hawkeye Invite

#### 4,000 Meters

1. Diane Nukuri .....13:14 .....2007 Hawkeye Open
2. Kayla Beattie.....13:41 .....2012 Toledo Bubble Buster
3. Megan Ranegar .....13:45 .....2012 Toledo Bubble Buster
4. Meghan Armstrong .....13:47 .....2007 Hawkeye Open  
Mareike Schrulle.....13:47 .....2012 Toledo Bubble Buster
6. Nicole Benson.....13:52 .....2012 Toledo Bubble Buster
7. Jolly Burke .....14:03 .....2007 Hawkeye Open
8. Nikki Chapple .....14:09 .....2004 Hawkeye Triangular
9. Krista Anderson .....14:14 .....2007 Hawkeye Open
10. Lisa Gordon .....14:17 .....2012 Toledo Bubble Buster

#### 5,000 Meters

1. Diane Nukuri .....15:55 .....at 2007 Auburn Invite
2. Racheal Marchand.....16:15 .....at 2008 Auburn Invite
3. Meghan Armstrong .....16:25 .....at 2007 Auburn Invite
4. Nan Doak.....16:31 .....at 1983 Big Ten Champ's
5. Jolly Burke .....16:33 .....at 2007 Auburn Invite
6. Jenny Spangler .....16:34 .....at 1983 Big Ten Champ's
7. Renee Doyle .....16:41 .....at 1986 Purdue Invite
8. Tracy Dahl.....16:42 .....at 1991 Illinois St. Invite
9. Sarah Spencer Perry ....16:50 .....at 2008 Auburn Invite
10. Brooke Eilers.....16:53 .....at 2008 Auburn Invite

#### 6,000 Meters

1. Diane Nukuri .....19:37 .....at 2007 NCAA Regional  
.....at 2007 Big Ten Champ's\*
2. Mareike Schrulle.....19:43 .....at 2012 NCAA Champ's
3. Racheal Marchand.....19:54 .....at 2008 NCAA Champ's
4. Meghan Armstrong .....20:07 .....at 2007 NCAA Regional
5. Jolly Burke .....20:20 .....at 2007 Big Ten Champ's
6. Betsy Flood .....20:22 .....at 2010 NCAA Regional
7. McKenzie Melander ....20:41 .....at 2011 Big Ten Champ's
8. Megan Ranegar .....20:43 .....at 2012 NCAA Champ's
9. Kayla Beattie.....20:54 .....at 2011 Wisconsin Invite
10. Nikki Chapple .....21:04 .....at 2004 NCAA Regional

\* - This time is also the Big Ten Championships Record.