

# IOWA HAWKEYES

Swimming & Diving Contact: Marcus Dittmer

## SWIMMING & DIVING WEEKLY RELEASE

December 5, 2005

### 2005-06 Schedule & Results

10/13	at. Wisconsin	L 78-164
10/13	vs. Wisconsin-Milwaukee	W 172-71
10/21	Minnesota	L 131-169
11/4	at Kansas	L 120.5-175.5
11/4	vs. Missouri State (at Kansas)	W 97-43
11/11	Truman State*	W 142.5-119.5
12/2-4	Ohio State Invitational	6th
12/9	<b>at Iowa State#</b>	
1/2-12	Hawaii Training Trip*	
1/21	Illinois# & Missouri*	
1/27	at Northwestern*	
1/28	at Illinois-Chicago*	
2/3	at Northern Iowa#	
2/15-18	Big Ten Championships (Columbus, OH -- 11 a.m./7 p.m.)	
3/3-5	Iowa Senior Championships*	
3/9-11	NCAA Diving Qualifier* (Columbus, OH -- TBA)	
3/16-18	NCAA Championships (Athens, GA -- All Day)	

All times local to site. \* -- co-ed meet

### 2005-06 Season Best Times

50 free	..... Katie Martin	..... 24.01
100 free	..... Katie Martin	..... 52.23
200 free	..... Erica Noah	..... 1:55.15
500 free	..... Ashley Dell	..... 5:02.05
1,000 free	.. Ashley Dell	..... 10:15.73
1,650 free	.. Ashley Dell	..... 17:25.18
100 back	.... Kelly Werner	..... 56.80
200 back	.... Kelly Werner	..... 2:02.66
100 breast	.. Emmy Haeger	..... 1:05.20
200 breast	.. Emmy Haeger	..... 2:21.24
100 fly	..... Kelly Werner	..... 57.08
200 fly	..... Andrea Hemphill	..... 2:07.18
200 IM	..... Kelly Werner	..... 2:06.35
400 IM	..... Andrea Hemphill	..... 4:34.58
400 free relay	.....	..... 3:31.38
200 med. relay	.....	..... 1:46.27
400 med. relay	.....	..... 3:50.69
One-Meter	. Nancilea Underwood	.307.35
Three-Meter	. Nancilea Underwood	.365.78

**THIS WEEK** -- The Iowa women's swimming team will be traveling to Iowa State on Friday, December 9. The meet is scheduled for 7 p.m. at Beyer Pool in Ames and admission is free.

**ON IOWA STATE** -- The Cyclones opened the year at the Big 12 Relays, where they finished sixth with 30 points. Iowa State also competed against South Dakota State and Northern Iowa, defeating both. At the Minnesota Invitational, the Cyclones finished seventh with 129 points.

**LAST COMPETITION** -- The University of Iowa men and women's swimming teams traveled to the Ohio State Invitational last weekend. The men finished sixth with 164 points while the women finished sixth with 274.5 points.

Senior **Kelly Werner** led the women's team with a third place finish in the 100 backstroke, fourth in 200 backstroke, eighth in 100 butterfly and 11th in the 200 individual medley. Senior diver **Nancilea Underwood** came home with a second in the 3-meter and a fourth in the 1-meter. Freshman **Alison Gschwend** placed 11th in the 200 backstroke (2:05.86)

Freshman **Nick Divan** finished fifth in the 1,650 freestyle (15:52.10) and 11th in the 500 freestyle (4:34.62). Older brother, junior **Paul Divan** placed seventh in the 200 breaststroke and 12th in the 100 breaststroke. Senior **Trevor Haley** finished sixth in the 400 individual medley, 15th in the 200 individual medley and 12th in the 200 butterfly.

**HEAD COACH MARC LONG** -- Marc Long is in his second season as head coach for the University of Iowa women and first for the men. He served two seasons as the Iowa women's assistant coach (2003-04) before taking over. He also served as a Hawkeye men's assistant from 1998-2001.

**DIVING COACH BOB RYDZE** -- Bob Rydze is in his 31st year as diving coach of the men and women's teams at the University of Iowa. He is dean of Big Ten diving coaches. During his tenure with the Hawkeyes, Rydze has coached 29 all-Americans, nine Big Ten and one NCAA Champion.