

IOWA HAWKEYES

University of Iowa Athletic Communications



WOMEN'S ROWING WEEKLY RELEASE

Mar. 30-31, 2019

2019 SCHEDULE

All times are Central and subject to change

2/14	ODU & SMU Scrimmage	All Day
2/15	ODU & SMU Scrimmage	All Day
3/30	PAC 12 Invitational	All Day
3/31	PAC 12 Invitational	All Day
4/13	Minnesota / Wisconsin	All Day
4/19	Harvard / Brown	All Day
4/21	Harvard / Brown	All Day
4/27	Longhorn Invitational	All Day
5/19	Big Ten Championship	All Day
5/31	NCAA Championships	All Day
6/2	NCAA Championships	All Day

All Day
*Bloomington, Indiana
^Sarasota, Florida

THIS WEEK

The No. 11 University of Iowa women's rowing team will compete this weekend in the 2019 PAC-12 Invitational in Redwood Shores, California. The two-day competition takes place March 30-31 and lasts all day. The Hawkeyes will face No. 1 Cal-Berkeley, No. 3 Stanford, and No. 12 USC.

SCHEDULE OF EVENTS

The Hawkeyes will first hit the water against USC at 11:20 AM (CT) on Saturday morning with the 1V8 boat, followed by the 2V8 at 11:50AM and 1V4 at 12:20 PM.

Iowa will return for the day's second session at 5 PM (CT) with the 1V8 boat against Stanford, followed by the 2V8 at 5:30 and 1V4 at 6 PM.

The final session on Sunday will begin at 11:40 AM (CT) with the 1V8 boat against Cal-Berkeley, followed by the 2V8 at noon and 1V4 at 12:20 PM.

ROSTER BREAKDOWN

The 2018-19 roster is composed of athletes from eight different states and five different countries. Iowa leads the roster with 20 athletes from the home state, followed by border neighbors Illinois (6) and Minnesota (3).

Newcomers holding a promising future for the program include 19 freshman on the 2018-19 squad. The team retained nine sophomores, eight juniors, and has 10 seniors returning for their final season. In addition, the roster includes one athlete on their fifth year of eligibility.

The roster also includes several international athletes from Canada, Netherlands, Serbia, and England.

CRCA AWARD WINNERS

The Collegiate Rowing Coaches Association announced June 4, 2018 that University of Iowa head coach Andrew Carter was the CRCA Region 4 Coach of the Year, along with five Hawkeyes that earned CRCA National Scholar Athlete awards.

Carter's recognition marked the second year in a row for this honor, and listed him as a finalist for the CRCA Division I National Coach of the Year.

The five student-athletes recognized with academic honors included Rachel Canon, Kaelynn Heiberg, Logan Jones, Gemma Kerr, and Hunter Koenigsfeld. To qualify, all five Hawkeyes had to maintain a 3.5 cumulative GPA, and row in a minimum of 75-percent of the team's races while competing in an NCAA-eligible boat. This award marked the third straight year that Heiberg and Kerr had been recognized with the academic award, and the second straight year for Canon and Jones.

So far in Carter's tenure at Iowa, 28 Hawkeyes have earned this prestigious award.

TRAINING PREPERATION

The Hawkeyes encountered difficulty training late in the fall with flooding on the Iowa River, so they turned to other means. Aside from practice in the P. Sue Beckwith, M.D., Boathouse, the team ventured to Waco, Texas, to take to the water over spring break. Lake MacBride also saw action from a few boats.

CRCA/US ROWING COACHES RANKINGS

Rank	Team (First Place Votes)	Points
1	University of California, Berkeley (21)	490
2	University of Washington (1)	479
3	Stanford University (3)	427
4	University of Texas	422
T-5	Ohio State University	367
T-5	Yale University	367
7	University of Virginia	361
8	Princeton University	337
9	University of Michigan	318
10	Brown University	268
11	University of Iowa	224
12	University of Southern California	200
13	Syracuse University	170
14	University of Wisconsin	165
15	Washington State University	152
16	University of Minnesota	94
17	Indiana University	92
18	University of Alabama	88
19	Harvard University	71
20	Duke University	45

*Last updated March 20, 2019

Other receiving votes: University of Notre Dame (30), Harvard University (29), Gonzaga University (28), Northeastern University (18), University of Minnesota (13), University of Central Florida (8), University of Oklahoma (6), Michigan State University (5), Rutgers University (3), Dartmouth College (2), Oregon State

S300 Carver-Hawkeye Arena

Iowa City, IA 52242

Phone: 319-335-9411

hawkeyesports.com

E-mail: andrew-breitfelder@uiowa.edu

IOWA HAWKEYES

University of Iowa Athletic Communications



WOMEN'S ROWING WEEKLY RELEASE

Mar. 30-31, 2018

HEAD COACH ANDREW CARTER



Andrew Carter was named the third head coach in program history for the University of Iowa rowing program in July 2013.

Carter has led Iowa to the NCAA Championships in each of the last two seasons, securing just the second and third championship appearances in school history.

The Hawkeyes have improved one spot in the conference standings in each of Carter's five years at the Big Ten Championships.

The 2018 crews finished fourth with a school-record 111 points. This finish matches the best finish in program history.

In 2018, then sophomore Contessa Harold was named Big Ten Conference Co-Athlete of the Year. Harold is the first Hawkeye in program history to earn the conference honor. Harold was named to the All-Big Ten first team, and senior Kaelynn Heiberg and sophomore Hunter Koenigsfeld were named to the second team.

In 2017, Carter ended Iowa's 16-year postseason drought by leading the Hawkeyes to the NCAA Championships for the first time since 2001. The Hawkeyes tied for fourth at the Big Ten Championship and scored 106 points at the conference meet, a then-program record. Cristy Hartman earned first team All-Big Ten honors and Ashley Duda earned second team All-Big Ten honors. Morgan Grastorf and Cristy Hartman were named All-Region athletes and Victoria Bricker, Kaelynn Heiberg, Gemma Kerr, and Rachel Canon were selected as CRCA Scholar Athletes. Carter led the Hawkeyes to their highest national ranking in program history, coming in at No. 7 in the April 18, 2018, CRCA/USRowing poll.

During his coaching career, Carter has earned more than 50 championship medals, and over the last 15 years, he has coached nine All-Americans and 41 National Scholar-Athletes. Before becoming a Hawkeye, he turned Miami into a nationally-ranked program, and led Clemson to its first-ever Atlantic Coast Conference title and NCAA Championship appearance.

RETURNING ALL-AMERICANS

Iowa returns two Collegiate Rowers Coaches Association All-American - Contessa Harold (first team) and Hunter Koenigsfeld (second team). The two rowers competed in all 11 races in 2018, guiding Iowa to a fourth place finish and school record 111 points at the Big Ten Championships. At the NCAA Championships, Iowa placed 11th overall, its highest finish in modern history.

FALL PREPERATION

The Hawkeyes have prepared all winter for this debut, their last event being the Head of the Charles on Oct. 20. Iowa also competed in the JayHawk Jamboree, hosted by Kansas, and faced Indiana and Wisconsin in scrimmage during the fall.

HAWKEYE HISTORY

The Hawkeyes have made three NCAA appearances in school history, two of which came in the past two seasons. Iowa first advanced to nationals in 2001, placing ninth overall.

In 2017, the Hawkeyes ended a 16-year postseason drought, earning an at-large berth to the NCAA Championships and placing 15th overall (54 points). They one-upped that performance with a school record 69 points in the 2018 NCAA Championships after advancing all three of its boats to the NCAA Petite Finals. This effort combined with finishes from the II Varsity Eight, I Varsity Four, 2V8 and 1V4 earned the team 11th place, its highest in program history.

RETURNING LINEUP

The team returns several starters from last year's crew, including Hannah Greenlee, Hunter Koenigsfeld, Contessa Harold, Katie Pearson, Eve Stewart, and Logan Jones. This crew saw action in the I Varsity Eight boat.

The Hawkeyes also return four athletes from the II Varsity Eight boat, including Claire Rutherford, Paige Schlapkohl, Rachel Canon, and Faith Wieland. The team also returns Kayla Jensen, the sole returner from the I Varsity Four boat.

UPCOMING MATCHUPS

The University of Iowa women's rowing team is currently ranked No. 11 in the May 30 USRowing/CRCA Coaches' Poll. Their upcoming scrimmage will not play a factor into the rankings, but the PAC-12 Invitational will start off the rankings on March 30. The invitational is a two day meet, and will feature teams from all across the country at the Sacramento State Aquatic Center in Gold River, California.

The Hawkeyes will also travel to face Harvard and Brown in Providence, RI., and attend the Longhorn Invitational in Austin, Texas, before attending the B11g Ten Championships on May 19.

Iowa will host Minnesota and Wisconsin on April 13 for their sole home event of the season.

B1G HISTORY

Iowa set a school record with 111 points and matched its best finish in program history with a fourth-place finish at the 2018 Big Ten Championships on May 13.

The Hawkeyes have improved one spot in the conference standings the past five seasons under Andrew Carter. In his first season as Iowa's head coach, Carter and the Hawkeyes placed seventh with 39 points. In 2015, Iowa moved up one spot to sixth with 79 points, continuing the trend to 2016 after placing fifth with 95 points. In 2017, the team set a then-school record with 106 points, tying for fourth place. The Hawkeyes' 2017 Big Ten Conference Championships performance led to the second NCAA Championships berth in school history. The team would qualify again in 2018.

S300 Carver-Hawkeye Arena

Iowa City, IA 52242

Phone: 319-335-9411

hawkeyesports.com

E-mail: andrew-breitfelder@uiowa.edu