

HEAD COACH MARC LONG

Marc Long is entering his 16th season as head coach for the University of Iowa swimming and diving team and 15th leading both the men's and women's programs.

During his tenure as head coach of both teams, 149 school records have fallen and 360 Hawkeyes have automatically or provisionally qualified for the NCAA Championships. Long has coached 44 All-Americans in his Hawkeye tenure and Iowa has posted 13 top 40 NCAA finishes (six men, seven women) since 2004.

Academically, the Hawkeyes have had prolonged academic success under Long's tutelage. Iowa has crowned 24 academic All-Americans, 340 Academic All-Big Ten selections, and the team has consistently earned CSCAA Scholar All-America honors.

The women's team has been recognized with NCAA Public Recognition in 2015 and 2017 for a perfect Academic Progress Report (APR) as a team -- a highly selective award given to the top 10 percent of teams across the country.

On campus, Long was one of the founders of the Hawkeye Health C.A.R.E. program -- a unique shadowing and mentoring program for UI student-athletes. He also started the Hawkeye Business Social, a professional development and networking event for Hawkeye swimming and diving student-athletes.



against Minnesota and Michigan and showcase that against Rutgers on Friday."

HEARING FROM SENIOR HANNAH BURVILL

"We're excited knowing how well we've performed over the past few weeks. We're all looking forward to stepping up again for a third week in a row. It's going to be tiring, but we're more than prepared for that."

HEARING FROM HEAD COACH MARC LONG

"We have another strong Big Ten team coming in. We were happy to lay out these talented teams on our schedule and now we have a great meet for the third week in a row. It's high level competition and Rutgers is a great team. We have to be ready to step up and swim and dive well."

HEARING FROM FRESHMAN ALEXANDRA OLESIAK

"Just like we did against Michigan and Minnesota, staying consistent will be good for us. The team atmosphere is energetic, fun, and everyone is cheering for each other. It's different from what I've experienced before and I think those things have helped us compete so far."

AMONG THE RANKINGS

- The Iowa men are ranked 19th in the latest CollegeSwimming.com rankings. The Hawkeyes have 724.90 points and are one of five Big Ten Conference teams in the rankings.
- The Hawkeye women land just out of the CollegeSwimming.com top 25, sitting at No. 31 with 724.90 points.
- The Iowa men are 23rd in the TYR/CSCAA Top 25 with 25 points.

FRESHMEN IMPACT

The Hawkeyes' freshmen class has proved to be impact performers for the team early in the 2019-20 season.

- Millie Sansome has posted top 10 times in program history in the 400 IM (4:18.77; 3rd), 500 free (4:49.40; 6th), and 1,000 free (10:03.70; 6th).
- Aleksandra Olesiak has joined the program's top-10 in the breaststroke events. She is sixth in the 200 breast in 2:17.69 and ninth in the 100 breast in 1:03.37.
- Mohammed Neuman is leading the team off the 1-meter with a score of 334.00 -- a score that ranks 10th all-time in program history. Neuman has NCAA Zone standards off both the 1-meter and 3-meter.
- Will Myhre is leading the team in the 100 breast (55.03) and is second in the 200 breast (2:04.99).

MEET-BY-MEET

- The Hawkeyes opened the season with three wins over Michigan State and Northern Iowa on Oct. 3. The men defeated the Spartans, 182-112, while the women pulled out the double victory over Michigan State and UNI in identical fashion, 183-113.
- At the season's first invitational, nine Hawkeyes took to the water at the SMU Classic and finished fourth out of six total teams with 242 points.
- The Hawkeye men captured a win against Minnesota, 156-144, at the CRWC, hoisting the team's second Big Ten win of the season. The Hawkeye women put up strong times against a ranked Minnesota team, narrowly falling 157-143. The Iowa men got its first win against Minnesota since 2017.
- The Iowa women swam well against the third-ranked Michigan, posting seven individual wins. Despite a strong showing, Iowa fell 173-127. The 19th-ranked Iowa men's team dropped its contests against No. 1 Michigan (218-82) and fell to No. 6 Indiana (245-55) in Bloomington, Ind.

BIG HONOREES

The Hawkeyes have earned six Big Ten Conference weekly honors during the 2019-20 season.

- Big Ten Men's Swimmer of Week: Anze Fers Erzen (Oct. 9)
- Big Ten Men's Diver of the Week: Anton Hoherz (Oct. 9)
- Big Ten Men's Freshman of the Week: Michael Huebner (Oct. 9)
- Big Ten Women's Diver of the Week: Sam Tamborski (Oct. 9, Oct. 16)
- Big Ten Women's Freshman of the Week: Millie Sansome (Oct. 9)
- Big Ten Women's Diver of the Week: Jayah Mathews (Nov. 6)

NCAA ZONE DIVING QUALIFIERS

Four Hawkeyes have posted NCAA Zone Diving standards this season.

1-Meter Women: Jayah Mathews (322.20), Sam Tamborski (279.55)

3-Meter Women: Sam Tamborski (341.55)

1-Meter Men: Mohamed Neuman (334.00)

3-Meter Men: Anton Hoherz (341.60), Mohamed Neuman (329.75)

WHAT YOU NEED TO KNOW

- Marc Long is entering his 16th season as the Hawkeyes' head coach. Long has coached 44 All-Americans during his tenure as Iowa's head coach.
- Long was inducted into the National Varsity Club Athletics Hall of Fame in 2019.
- The Hawkeyes return four NCAA qualifiers from the 2018-19 season in senior Hannah Burvill, juniors Anton Hoherz and Jayah Mathews, and sophomore Sam Tamborski.
- Iowa also returns Will Scott and Joe Myhre, who both earned honorable mention All-America honors as sophomores in 2018.
- Iowa has 21 letterwinners returning on the men's team and 17 returning letterwinners on the women's team.

RETURNING NCAA QUALIFIERS

- **Hannah Burvill** - Burvill is a two-time NCAA qualifier, including qualifying in the 50 free, 100 free, and 200 free last season. The England native's highest finish came in the 200 free, where she finished 28th. Burvill has been named Iowa's team MVP the past two seasons.
- **Jayah Mathews** - Mathews has qualified for the NCAA Championships in each of her first two seasons as a Hawkeye. Last season, Mathews qualified off the 1-meter and 3-meter. She placed 26th off the 1-meter at the NAAs. The Australia native posted two top-10 finishes at the Big Ten Championships in 2019, placing fourth off the 3-meter and ninth off the 1-meter.
- **Sam Tamborski** - Tamborski qualified for the NCAA Championships off the 3-meter as a true freshman, where she placed 19th. The Colorado native also placed 10th at the Big Ten Championships in 2019.
- **Anton Hoherz** - Iowa's 2019 team diving MVP qualified for his first NCAA Championships off the platform as a sophomore. He placed 40th overall.

BURVILL BACK FOR FINAL YEAR

Hannah Burvill returns for her senior season with her name littering the Iowa record books. The England native holds four individual school records (50 free, 100 free, 200 free, 100 back) and she ranks second in the 500 free.

Burvill also is a record holder in four relays -- 400-free relay, 800-free relay, 200-medley relay, and 400-medley relay.

RECORD HOLDERS RETURNING

The Hawkeyes have seven men's student-athletes that enter the 2019-20 season as school record holders: Jackson Allmon (800-free relay), Mateusz Arndt (800-free relay), Anton Hoherz (platform), Joe Myhre (200-free relay, 400-free relay), Will Scott (200-free relay, 400-free relay), Aleksey Tarasenko (400-free relay, 800-free relay), and Michael Tenney (800-free relay).

• Along with Burvill's eight school records, the Hawkeyes have two additional school record holders on the women's team. Kelsey Drake holds the record in the 100 fly, while Allyssa Fluit is a record holder as part of the 400-free relay and 800-free relay.

HAWKEYE NEWCOMERS

Iowa has 23 newcomers on the roster -- 17 on the women's team and six on the men's team. The Hawkeye women have as many newcomers as returning letterwinners on the squad.

- Freshman Will Myhre joins the men's team as a 19-time high school All-American. He is the younger brother of senior Joe Myhre.
- Iowa welcomes international student-athletes from Poland (Julia Koluch), England (Millie Sansome), and Egypt (Mohamed Neuman) in 2019-20.

HOSTING B1Gs

After hosting the Big Ten Men's Swimming & Diving Championships in 2019, the women are coming to Iowa City in 2020. The Hawkeyes will host the 2020 Big Ten Championships at the Campus Recreation and Wellness Center from Feb. 19-22. It is the first time the women's championship has been in Iowa City since 2012.

COACHING STAFF ADDITIONS

The Iowa coaching staff has two new faces in 2019-20. Brian Schrader and Emma Sougstad join the program as first-year assistant coaches. Schrader joins the program following a 13-year stint as head coach for the University of Denver, where he was a 14-time Conference Coach of the Year. Sougstad, a Hawkeye All-American, joins the program after a two-year stint at the CSCAA.

ON DECK

The Hawkeyes take a training break before their midseason competition, where Iowa will travel to Minneapolis for the Minnesota invitational on Dec. 4-7 at the Jean Freeman Aquatic Center.

2019-20 MEN'S SEASON-BEST TIMES

| | | |
|------------------|------------------------------------|--------------|
| 50 Free | Joe Myhre | 20.16 |
| 100 Free | Aleksey Tarasenko | 44.21 |
| 200 Free | Aleksey Tarasenko | 1:37.35 |
| 500 Free | Mateusz Arndt | 4:28.95 |
| 1,000 Free | Mateusz Arndt | 9:25.52 |
| 1,650 Free | -- | -- |
| 100 Back | John Colin | 49.84 |
| 200 Back | Anze Fers Erzen | 1:46.90 |
| 100 Breast | Will Myhre | 55.03 |
| 200 Breast | Daniel Swanepoel | 2:00.37 |
| 100 Fly | Michael Tenney | 48.79 |
| 200 Fly | Michael Tenney | 1:47.57 |
| 200 IM | Michael Tenney | 1:50.42 |
| 400 IM | -- | -- |
| 200-Free Relay | Tarasenko, Fiolic, Tenney, Scott | 1:22.72 |
| 400-Free Relay | Tarasenko, Fiolic, Scott, J. Myhre | 2:58.11 |
| 800-Free Relay | -- | -- |
| 200-Medley Relay | Colin, W. Myhre, Tenney, J. Myhre | 1:29.09 |
| 400-Medley Relay | -- | -- |
| 1-Meter Diving | Mohamed Neuman | 334.00 (ZS) |
| 3-Meter Diving | Anton Hoherz | 3:47.10 (ZS) |
| Platform Diving | -- | -- |

(A) - NCAA A Cut (B) - NCAA B Cut (SR) -- school record *** Pool Record (ZS) - NCAA Diving Zone Standard

2019-20 WOMEN'S SEASON-BEST TIMES

| | | |
|------------------|--|-------------|
| 50 Free | Maddie Ziegert | 23.39 |
| 100 Free | Hannah Burvill | 49.83 |
| 200 Free | Hannah Burvill | 1:46.84 |
| 500 Free | Millie Sansome | 4:49.40 |
| 1,000 Free | Millie Sansome | 10:03.70 |
| 1,650 Free | -- | -- |
| 100 Back | Hannah Burvill | 54.72 |
| 200 Back | Hannah Burvill | 1:58.16 |
| 100 Breast | Aleksandra Olesiak | 1:03.37 |
| 200 Breast | Aleksandra Olesiak | 2:17.69 |
| 100 Fly | Kelsey Drake | 53.93 |
| 200 Fly | Kelsey Drake | 1:59.45 |
| 200 IM | Kelsey Drake | 2:02.01 |
| 400 IM | Millie Sansome | 4:18.77 |
| 200-Free Relay | Burvill, Schemmel, Fluit, McDougall | 1:34.71 |
| 400-Free Relay | Schemmel, Burvill, McDougall, Ziegert | 3:24.84 |
| 800-Free Relay | McDougall, Burvill, Fluit, Drake | 7:18.54 |
| 200-Medley Relay | Pawlowski, Ohlensehlen, Drake, Ziegert | 1:42.88 |
| 400-Medley Relay | Sansome, Olesiak, Drake, McDougall | 3:42.12 |
| 1-Meter Diving | Jayah Mathews | 322.20 (ZS) |
| 3-Meter Diving | Sam Tamborski | 341.55 (ZS) |
| Platform Diving | -- | -- |

(A) - NCAA A Cut (B) - NCAA B Cut (SR) -- school record *** Pool Record (ZS) - NCAA Diving Zone Standard

2019-20 TOP TIMES BY ATHLETE (MEN)

| Athlete | 50 Free | 100 Free | 200 Free | 500 Free | 1,000 Free | 1,650 Free | 100 Back |
|--------------------|-----------------|-------------------|-------------------|-----------------|-------------------|-------------------|-----------------|
| Jackson Allmon | -- | 46.72 | 1:42.69 | 4:53.40 | -- | -- | -- |
| Mateusz Arndt | 21.49 | -- | 1:42.03 | 4:28.95 | 9:25.52 | -- | -- |
| Caleb Babb | 22.16 | -- | -- | -- | -- | -- | -- |
| John Colin | -- | -- | -- | -- | -- | -- | 49.84 |
| Dolan Craine | 21.92 | -- | -- | -- | -- | -- | -- |
| Weston Credit | 21.98 | -- | -- | -- | -- | -- | -- |
| Sam Dumford | 21.25 | 48.78 | -- | -- | -- | -- | -- |
| Anze Fers Erzen | -- | -- | -- | -- | -- | -- | 49.89 |
| Andrew Fierke | -- | 48.14 | 1:43.57 | 4:34.57 | 9:35.50 | -- | -- |
| Steve Fiolic | 20.60 | 45.95 | -- | -- | -- | -- | -- |
| Evan Holt | -- | -- | -- | 4:35.30 | 9:28.15 | -- | -- |
| Will Myhre | 20.93 | -- | -- | -- | -- | -- | -- |
| Joe Myhre | 20.16 | 45.03 | -- | -- | -- | -- | -- |
| Thomas Pederson | -- | 48.51 | 1:43.00 | 4:47.42 | -- | -- | -- |
| Preston Planells | -- | -- | -- | -- | -- | -- | 50.85 |
| Ryan Purdy | 21.96 | -- | -- | -- | -- | -- | 50.21 |
| Jacob Rosenkoetter | -- | -- | -- | -- | -- | -- | 51.46 |
| Tom Schab | -- | -- | 1:49.97 | 4:40.92 | 9:36.40 | -- | -- |
| Will Scott | 20.38 | 45.49 | -- | -- | -- | -- | -- |
| Daniel Swanepoel | -- | -- | -- | -- | -- | -- | -- |
| Aleksey Tarasenko | 20.67 | 44.21 | 1:37.35 | -- | -- | -- | -- |
| Michael Tenney | -- | -- | 1:39.15 | 4:35.00 | -- | -- | -- |
| Forrest White | -- | -- | -- | -- | -- | -- | -- |
| Athlete | 200 Back | 100 Breast | 200 Breast | 100 Fly | 200 Fly | 200 IM | 400 IM |
| Jackson Allmon | -- | -- | -- | 50.50 | 1:55.78 | -- | -- |
| Mateusz Arndt | -- | -- | -- | -- | -- | -- | -- |
| Caleb Babb | -- | 58.35 | 2:12.89 | -- | -- | 1:59.20 | -- |
| John Colin | 1:52.27 | -- | -- | 53.23 | -- | -- | -- |
| Dolan Craine | -- | -- | -- | 54.90 | 1:53.20 | 1:52.72 | -- |
| Weston Credit | -- | 57.41 | 2:06.28 | -- | -- | -- | -- |
| Sam Dumford | -- | -- | -- | 51.56 | -- | -- | -- |
| Anze Fers Erzen | 1:46.90 | -- | -- | -- | -- | 1:50.56 | -- |
| Andrew Fierke | -- | -- | -- | -- | -- | -- | -- |
| Steve Fiolic | -- | -- | -- | -- | -- | -- | -- |
| Evan Holt | -- | -- | -- | -- | 1:53.92 | -- | -- |
| Will Myhre | -- | 55.03 | 2:04.99 | 50.78 | -- | -- | -- |
| Joe Myhre | -- | -- | -- | -- | -- | -- | -- |
| Thomas Pederson | -- | -- | -- | -- | -- | -- | -- |
| Preston Planells | 1:50.76 | -- | -- | 52.96 | -- | 1:56.45 | -- |
| Ryan Purdy | 1:47.16 | -- | -- | -- | -- | 1:53.87 | -- |
| Jacob Rosenkoetter | 1:53.57 | -- | -- | -- | -- | 2:00.67 | -- |
| Tom Schab | -- | -- | -- | -- | -- | -- | -- |
| Will Scott | -- | -- | -- | -- | -- | -- | -- |
| Daniel Swanepoel | -- | 55.86 | 2:00.37 | -- | 1:54.83 | 1:51.18 | -- |
| Aleksey Tarasenko | -- | -- | -- | -- | -- | -- | -- |
| Michael Tenney | -- | -- | -- | 48.79 | 1:47.57 | 1:50.42 | -- |
| Forrest White | -- | -- | -- | -- | -- | -- | -- |

2019-20 TOP TIMES BY ATHLETE (WOMEN)

| Athlete | 50 Free | 100 Free | 200 Free | 500 Free | 1,000 Free | 1,650 Free | 100 Back |
|--------------------|----------------|-----------------|-----------------|-----------------|-------------------|-------------------|-----------------|
| Helena Blumenau | -- | 54.96 | -- | 5:19.02 | 10:50.31 | -- | 59.86 |
| Anna Brooker | -- | -- | -- | -- | 10:20.58 | -- | -- |
| Hannah Burvill | 23.41 | 49.83 | 1:46.84 | -- | -- | -- | 54.72 |
| Georgia Clark | 25.72 | 55.39 | -- | -- | -- | -- | 58.92 |
| Christina Crane | 25.20 | -- | -- | -- | -- | -- | -- |
| Kelsey Drake | -- | -- | -- | -- | -- | -- | -- |
| Allyssa Fluit | 25.19 | 52.73 | 1:50.92 | 4:57.01 | -- | -- | -- |
| Morgan Grout | -- | -- | -- | -- | -- | -- | -- |
| Meghan Hackett | 25.68 | -- | -- | -- | -- | -- | -- |
| Paige Hanley | -- | -- | -- | -- | -- | -- | -- |
| Taylor Hartley | 26.43 | -- | 2:00.01 | 5:13.32 | 10:41.85 | -- | -- |
| Lexi Horner | -- | -- | -- | -- | -- | -- | -- |
| Christina Kaufman | -- | -- | -- | -- | -- | -- | -- |
| Julia Koluch | 25.78 | -- | -- | -- | -- | -- | 56.39 |
| Erin Lang | -- | -- | 1:54.58 | 5:21.82 | -- | -- | 57.76 |
| Payton Lange | 24.79 | 53.01 | 1:55.93 | -- | -- | -- | -- |
| Amy Lenderink | -- | -- | -- | -- | -- | -- | -- |
| Lauren McDougall | 23.83 | 51.50 | 1:49.93 | -- | -- | -- | -- |
| Zoe Mekus | -- | -- | -- | -- | -- | -- | -- |
| Sage Ohlensehlen | -- | -- | -- | -- | -- | -- | -- |
| Aleksandra Olesiak | -- | -- | -- | -- | -- | -- | -- |
| Zoe Pawloski | 25.02 | -- | -- | -- | -- | -- | 57.78 |
| Grace Reeder | 24.78 | 54.54 | -- | -- | -- | -- | -- |
| Macy Rink | 24.54 | 52.24 | 1:51.94 | 5:13.25 | -- | -- | -- |
| Millie Sansome | -- | 53.47 | 1:52.88 | 4:49.40 | 10:03.72 | -- | 55.25 |
| Samantha Sauer | 24.40 | 52.64 | -- | -- | -- | -- | -- |
| Sarah Schemmel | 23.57 | 51.69 | -- | -- | -- | -- | -- |
| Alleyna Thomas | 25.94 | -- | 2:04.44 | 5:27.35 | 10:55.73 | -- | -- |
| Ariel Wooden | 24.33 | 53.22 | 1:55.19 | -- | -- | -- | -- |
| Maddie Ziegert | 23.39 | 51.71 | -- | -- | -- | -- | -- |

| Athlete | 200 Back | 100 Breast | 200 Breast | 100 Fly | 200 Fly | 200 IM | 400 IM |
|--------------------|-----------------|-------------------|-------------------|----------------|----------------|---------------|---------------|
| Helena Blumenau | -- | -- | -- | -- | -- | -- | -- |
| Anna Brooker | 2:02.83 | 1:14.43 | -- | 1:01.43 | -- | 2:07.47 | 4:28.82 |
| Hannah Burvill | 1:58.16 | -- | -- | -- | -- | -- | -- |
| Georgia Clark | 2:04.97 | -- | -- | -- | -- | 2:15.77 | -- |
| Christina Crane | -- | 1:06.56 | 2:24.87 | -- | -- | 2:11.22 | -- |
| Kelsey Drake | -- | -- | 2:21.14 | 53.93 | 1:59.45 | 2:02.01 | -- |
| Allyssa Fluit | -- | -- | -- | -- | -- | -- | -- |
| Morgan Grout | -- | -- | -- | -- | -- | -- | -- |
| Meghan Hackett | -- | -- | -- | 58.78 | -- | -- | -- |
| Paige Hanley | -- | 1:06.49 | 2:30.00 | -- | -- | -- | -- |
| Taylor Hartley | -- | -- | -- | -- | -- | -- | -- |
| Lexi Horner | -- | 1:06.11 | 2:24.38 | -- | -- | 2:10.46 | -- |
| Christina Kaufman | -- | -- | -- | 1:00.88 | 2:12.21 | -- | -- |
| Julia Koluch | 2:02.91 | -- | -- | -- | -- | -- | -- |
| Erin Lang | 2:04.51 | -- | -- | -- | -- | -- | -- |
| Payton Lange | -- | -- | -- | -- | -- | -- | -- |
| Amy Lenderink | -- | -- | -- | 1:00.09 | 2:13.66 | -- | -- |
| Lauren McDougall | -- | -- | -- | -- | 2:09.54 | -- | -- |
| Zoe Mekus | -- | 1:05.87 | 2:25.22 | -- | -- | 2:23.88 | -- |
| Sage Ohlensehlen | -- | 1:05.41 | 2:25.80 | -- | -- | -- | -- |
| Aleksandra Olesiak | -- | 1:03.37 | 2:17.69 | -- | -- | 2:09.99 | -- |
| Zoe Pawloski | 2:08.13 | -- | -- | -- | -- | -- | -- |
| Grace Reeder | -- | -- | -- | -- | 2:07.66 | 2:08.10 | -- |
| Macy Rink | -- | -- | -- | -- | -- | -- | -- |
| Millie Sansome | 2:00.03 | -- | -- | -- | -- | 2:04.02 | 4:18.77 |
| Samantha Sauer | -- | -- | -- | -- | -- | -- | -- |
| Sarah Schemmel | -- | -- | -- | 55.23 | -- | -- | -- |
| Alleyna Thomas | -- | -- | -- | 1:03.48 | -- | -- | -- |
| Ariel Wooden | -- | -- | -- | 58.28 | -- | -- | -- |
| Maddie Ziegert | -- | -- | -- | -- | -- | -- | -- |



2019-20 TOP DIVES BY ATHLETE (MEN)

| Athlete | 1-Meter | 3-Meter | Platform |
|------------------|---------|---------|----------|
| Anton Hoherz | 293.45 | 347.10 | -- |
| Michael Huebner | 293.70 | 256.60 | -- |
| Mohamed Neuman | 334.00 | 329.75 | -- |
| Jonatan Posligua | 273.55 | 274.45 | -- |

2019-20 TOP DIVES BY ATHLETE (WOMEN)

| Athlete | 1-Meter | 3-Meter | Platform |
|-------------------|---------|---------|----------|
| Jayah Mathews | 322.20 | 264.70 | -- |
| Claire Park | -- | -- | -- |
| Thelma Strandberg | 264.00 | 269.45 | -- |
| Sam Tamborski | 279.55 | 341.55 | --- |

2019-20 INDIVIDUAL WINS (MEN)

| Athletes | Event | Time | Meet |
|-------------------|------------|---------|------|
| Mateusz Arndt | 1000 Free | 9:25.52 | MSU |
| Mateusz Arndt | 500 Free | 4:29.99 | MSU |
| Anze Fers Erzen | 100 Back | 50.36 | MSU |
| Anze Fers Erzen | 200 Back | 1:47.57 | MSU |
| Anze Fers Erzen | 200 IM | 1:51.61 | MSU |
| Michael Huebner | 1-meter | 293.70 | MSU |
| Anton Hoherz | 3-meter | 341.60 | MSU |
| Joe Myhre | 50 Free | 20.16 | MINN |
| Will Myhre | 100 Breast | 55.25 | MSU |
| Mohamed Neuman | 1-meter | 334.00 | MINN |
| Will Scott | 50 Free | 20.46 | MSU |
| Aleksey Tarasenko | 100 Free | 44.85 | MSU |
| Aleksey Tarasenko | 200 Free | 1:37.35 | MINN |
| Aleksey Tarasenko | 100 Free | 44.21 | MINN |
| Michael Tenney | 200 Fly | 1:50.72 | MSU |
| Michael Tenney | 200 Fly | 1:48.45 | MINN |
| Michael Tenney | 200 IM | 1:50.42 | MINN |

2019-20 INDIVIDUAL WINS (WOMEN)

| Athletes | Event | Time | Meet |
|------------------|-----------|----------|-------------|
| Hannah Burvill | 200 Free | 1:48.36 | MINN |
| Hannah Burvill | 200 Free | 1:49.53 | MICH |
| Kelsey Drake | 200 Fly | 2:02.76 | MSU/UNI |
| Kelsey Drake | 100 Fly | 55.45 | MSU/UNI |
| Kelsey Drake | 200 Fly | 2:00.41 | MINN |
| Kelsey Drake | 100 Fly | 54.35 | MINN |
| Kelsey Drake | 200 Fly | 1:59.45 | MICH |
| Kelsey Drake | 200 IM | 2:03.59 | MICH |
| Jayah Mathews | 1-meter | 296.25 | MSU/UNI |
| Jayah Mathews | 1-meter | 309.65 | MINN |
| Jayah Mathews | 1-meter | 322.20 | MICH |
| Lauren McDougall | 200 Free | 1:50.37 | MSU/UNI |
| Lauren McDougall | 100 Free | 51.50 | MSU/UNI |
| Millie Sansome | 1000 Free | 10:10.41 | MSU/UNI |
| Millie Sansome | 500 Free | 4:59.67 | MSU/UNI |
| Millie Sansome | 1000 Free | 10:03.70 | MINN |
| Millie Sansome | 200 Back | 2:01.17 | MINN |
| Millie Sansome | 100 Back | 55.57 | MICH |
| Millie Sansome | 200 Back | 2:00.03 | MICH |
| Sam Tamborski | 3-meter | 316.45 | MSU/UNI |
| Sam Tamborski | 3-meter | 302.00 | SMU CLASSIC |
| Sam Tamborski | 3-meter | 341.55 | MICH |
| Maddie Ziegler | 50 Free | 23.95 | MSU/UNI |
| Maddie Ziegler | 50 Free | 23.39 | MINN |

2018-19 RELAY WINS (MEN)

| Athletes | Event | Time | Meet |
|------------------------------------|------------|---------|------|
| Colin, W. Myhre, Tenney, J. Myhre | 200 Medley | 1:30.52 | MSU |
| Tarasenko, Fiolic, Scott, J. Myhre | 400 Free | 3:01.45 | MSU |
| J. Myhre, Scott, Tarasenko, Fiolic | 200 Free | 1:21.24 | MSU |
| J. Myhre, Scott, Tarasenko, Fiolic | 400 Free | 2:58.11 | MINN |

2018-19 RELAY WINS (WOMEN)

| Athletes | Event | Time | Meet |
|---------------------------------------|------------|---------|---------|
| Sansome, Ohlensehnen, Drake, Burvill | 200 Medley | 1:42.94 | MSU/UNI |
| Sansome, Burvill, Ziegert, McDougall | 400 Free | 3:28.81 | MSU/UNI |
| McDougall, Sansome, Schemmel, Ziegert | 200 Free | 1:35.15 | MSU/UNI |
| Schemmel, Burvill, McDougall, Ziegert | 400 Free | 3:24.84 | MINN |

2019-20 CAREER BESTS BY ATHLETE (WOMEN)

| Athlete | 50 Free | 100 Free | 200 Free | 500 Free | 1,000 Free | 1,650 Free | 100 Back |
|--------------------|----------------|-----------------|-----------------|-----------------|-------------------|-------------------|-----------------|
| Helena Blumenau | -- | 54.96 | -- | 5:24.01 | 10:50.31 | -- | 59.86 |
| Anna Brooker | -- | -- | -- | -- | 10:20.58 | -- | -- |
| Hannah Burvill | 22.55 | 48.94 | 1:44.42 | 4:44.24 | 10:12.01 | --- | 53.93 |
| Georgia Clark | -- | 55.39 | -- | -- | -- | -- | 58.92 |
| Christina Crane | -- | -- | -- | -- | -- | -- | -- |
| Kelsey Drake | 24.55 | --- | 2:04.27 | --- | --- | --- | --- |
| Allyssa Fluit | 23.28 | 50.31 | 1:45.97 | 4:50.13 | 10:22.46 | --- | --- |
| Morgan Grout | 24.06 | 52.62 | 1:52.63 | 5:06.64 | --- | --- | 59.92 |
| Meghan Hackett | 24.02 | 52.54 | --- | --- | --- | --- | 1:03.37 |
| Paige Hanley | -- | -- | -- | -- | -- | -- | -- |
| Taylor Hartley | 26.43 | --- | 1:53.62 | 5:12.12 | 10:41.85 | 17:43.25 | --- |
| Lexi Horner | 24.96 | --- | --- | --- | --- | --- | --- |
| Christina Kaufman | -- | -- | -- | -- | -- | -- | -- |
| Julia Koluch | 25.78 | -- | -- | -- | -- | -- | 56.39 |
| Erin Lang | -- | -- | 1:54.58 | 5:21.82 | -- | -- | 57.76 |
| Payton Lange | 24.79 | 53.01 | 1:55.93 | -- | -- | -- | -- |
| Amy Lenderink | 24.04 | --- | --- | --- | --- | --- | 59.35 |
| Lauren McDougall | 23.83 | 51.49 | 1:49.93 | --- | --- | --- | --- |
| Zoe Mekus | -- | -- | -- | -- | -- | -- | -- |
| Sage Ohlensehlen | 24.92 | 56.54 | --- | --- | --- | --- | --- |
| Aleksandra Olesiak | -- | -- | -- | -- | -- | -- | -- |
| Zoe Pawloski | -- | -- | -- | -- | -- | -- | 57.78 |
| Grace Reeder | 24.78 | 54.54 | -- | -- | -- | -- | -- |
| Macy Rink | -- | 52.24 | 1:51.94 | 5:13.25 | -- | -- | -- |
| Millie Sansome | -- | 53.47 | 1:52.88 | 4:49.40 | 10:03.70 | -- | 55.25 |
| Samantha Sauer | 23.37 | 51.70 | 1:41.61 | --- | --- | --- | 56.84 |
| Sarah Schemmel | 23.06 | 50.15 | 1:54.35 | --- | --- | --- | --- |
| Alleyna Thomas | --- | --- | 1:58.50 | 5:13.92 | 10:50.48 | 17:35.11 | --- |
| Ariel Wooden | 24.33 | 53.22 | 1:55.19 | -- | -- | -- | -- |
| Maddie Ziegert | 23.39 | 51.71 | -- | -- | -- | -- | -- |

| Athlete | 200 Back | 100 Breast | 200 Breast | 100 Fly | 200 Fly | 200 IM | 400 IM |
|--------------------|-----------------|-------------------|-------------------|----------------|----------------|---------------|---------------|
| Helena Blumenau | -- | -- | -- | -- | -- | -- | -- |
| Anna Brooker | 2:02.03 | -- | -- | 1:01.43 | -- | 2:07.47 | 4:28.82 |
| Hannah Burvill | 1:56.56 | --- | --- | --- | --- | 2:01.57 | --- |
| Georgia Clark | 2:04.97 | -- | -- | -- | -- | -- | -- |
| Christina Crane | -- | 1:06.56 | 2:24.87 | -- | -- | 2:11.22 | -- |
| Kelsey Drake | --- | 1:03.70 | 2:21.14 | 53.12 | 1:59.45 | 2:01.12 | 4:35.74 |
| Allyssa Fluit | --- | --- | --- | --- | --- | --- | --- |
| Morgan Grout | --- | --- | --- | 56.95 | 2:02.96 | --- | --- |
| Meghan Hackett | --- | 1:06.37 | --- | 55.51 | 2:12.42 | --- | --- |
| Paige Hanley | -- | 1:06.49 | 2:30.00 | -- | -- | -- | -- |
| Taylor Hartley | 2:07.21 | --- | --- | --- | --- | --- | --- |
| Lexi Horner | --- | 1:03.68 | 2:18.23 | --- | --- | 2:05.17 | 4:29.52 |
| Christina Kaufman | -- | -- | -- | 1:00.88 | 2:12.21 | -- | -- |
| Julia Koluch | 2:02.91 | -- | -- | -- | -- | -- | -- |
| Erin Lang | 2:04.51 | -- | -- | -- | -- | -- | -- |
| Payton Lange | -- | -- | -- | -- | -- | -- | -- |
| Amy Lenderink | --- | --- | --- | 54.98 | 2:02.91 | --- | 2:11.38 |
| Lauren McDougall | --- | --- | --- | --- | 2:09.54 | --- | --- |
| Zoe Mekus | -- | 1:05.87 | 2:25.22 | -- | -- | -- | -- |
| Sage Ohlensehlen | --- | 1:04.78 | 2:22.94 | --- | --- | 2:21.70 | --- |
| Aleksandra Olesiak | -- | 1:03.37 | 2:17.69 | -- | -- | 2:09.99 | -- |
| Zoe Pawloski | 2:08.13 | -- | -- | -- | -- | -- | -- |
| Grace Reeder | -- | -- | -- | -- | 2:07.66 | 2:08.10 | -- |
| Macy Rink | -- | -- | -- | -- | -- | -- | -- |
| Millie Sansome | 2:00.03 | -- | -- | -- | -- | 2:04.02 | 4:18.77 |
| Samantha Sauer | 2:07.26 | --- | --- | --- | --- | --- | --- |
| Sarah Schemmel | --- | --- | --- | 54.27 | --- | --- | --- |
| Alleyna Thomas | --- | --- | --- | 1:03.48 | --- | --- | --- |
| Ariel Wooden | -- | -- | -- | 58.28 | -- | -- | -- |
| Maddie Ziegert | -- | -- | -- | -- | -- | -- | -- |

2019-20 CAREER BESTS BY ATHLETE (MEN)

| Athlete | 50 Free | 100 Free | 200 Free | 500 Free | 1,000 Free | 1,650 Free | 100 Back |
|--------------------|----------|------------|------------|----------|------------|------------|----------|
| Jackson Allmon | --- | 45.34 | 1:38.25 | 4:32.75 | --- | --- | --- |
| Mateusz Arndt | 21.49 | --- | 1:37.73 | 4:25.17 | 9:24.75 | 15:26.79 | --- |
| Caleb Babb | 21.66 | --- | --- | --- | --- | --- | --- |
| John Colin | 21.07 | 47.54 | --- | --- | --- | --- | 49.40 |
| Dolan Craine | 21.92 | --- | --- | --- | --- | --- | --- |
| Weston Credit | 21.52 | 48.48 | 1:44.25 | 4:52.64 | --- | --- | --- |
| Sam Dumford | 20.69 | 45.71 | 1:47.23 | --- | --- | --- | --- |
| Anze Ferz Erzen | --- | --- | --- | --- | --- | --- | 49.42 |
| Andrew Fierke | --- | --- | 1:40.41 | 4:28.83 | 9:24.28 | 15:45.61 | --- |
| Steve Fiolic | 20.30 | 44.56 | 1:39.47 | --- | --- | --- | 49.18 |
| Evan Holt | -- | -- | -- | 4:35.30 | 9:35.50 | -- | 50.21 |
| Will Myhre | 20.93 | -- | -- | -- | -- | -- | -- |
| Joe Myhre | 19.84 | 43.63 | 1:36.62 | 4:48.07 | --- | --- | --- |
| Thomas Pederson | 21.70 | 45.77 | 1:38.00 | 4:32.50 | --- | --- | --- |
| Preston Planells | -- | -- | -- | -- | -- | -- | 51.12 |
| Ryan Purdy | 21.96 | -- | -- | -- | -- | -- | 50.65 |
| Jacob Rosenkoetter | 21.19 | 45.92 | --- | --- | --- | --- | 49.66 |
| Tom Schab | 23.36 | --- | 1:45.36 | 4:31.78 | 9:14.44 | 15:33.30 | --- |
| Will Scott | 19.77 | 43.72 | 1:40.50 | --- | --- | --- | --- |
| Daniel Swanepoel | 21.19 | --- | --- | --- | --- | --- | --- |
| Aleksey Tarasenko | 20.21 | 43.89 | 1:37.90 | --- | --- | --- | --- |
| Michael Tenney | 20.91 | 46.05 | 1:37.48 | 4:25.69 | 9:24.26 | --- | --- |
| Forrest White | 21.16 | 46.09 | 1:39.95 | 4:26.64 | --- | --- | 48.96 |
| Athlete | 200 Back | 100 Breast | 200 Breast | 100 Fly | 200 Fly | 200 IM | 400 IM |
| Jackson Allmon | --- | --- | --- | 50.50 | 1:49.21 | --- | --- |
| Mateusz Arndt | --- | --- | --- | --- | --- | --- | --- |
| Caleb Babb | --- | 55.34 | 2:00.21 | 49.92 | --- | 1:51.68 | --- |
| John Colin | 1:49.99 | --- | --- | 51.00 | --- | --- | --- |
| Dolan Craine | --- | 58.06 | --- | 54.90 | 1:52.30 | 1:49.77 | 3:57.33 |
| Weston Credit | --- | 55.09 | 1:58.72 | --- | --- | 1:49.82 | 4:14.63 |
| Sam Dumford | --- | --- | --- | 49.58 | --- | --- | --- |
| Anze Ferz Erzen | 1:46.56 | --- | --- | --- | --- | 1:49.33 | 3:54.30 |
| Andrew Fierke | --- | 57.47 | 2:05.40 | --- | --- | --- | --- |
| Steve Fiolic | --- | --- | --- | --- | --- | 1:57.47 | --- |
| Evan Holt | -- | -- | -- | -- | -- | -- | -- |
| Will Myhre | -- | 55.03 | 2:04.99 | 50.78 | -- | -- | -- |
| Joe Myhre | --- | --- | --- | 50.28 | --- | --- | --- |
| Thomas Pederson | --- | --- | --- | --- | --- | 1:58.21 | --- |
| Preston Planells | 1:50.76 | -- | -- | 52.96 | -- | 1:56.45 | -- |
| Ryan Purdy | 1:47.16 | -- | -- | -- | -- | 1:53.87 | -- |
| Jacob Rosenkoetter | 1:47.15 | --- | --- | 51.10 | --- | 1:51.57 | --- |
| Tom Schab | --- | 1:00.91 | --- | --- | --- | --- | --- |
| Will Scott | --- | --- | --- | --- | --- | --- | --- |
| Daniel Swanepoel | --- | 53.74 | 1:56.86 | --- | --- | 1:48.66 | --- |
| Aleksey Tarasenko | --- | --- | --- | 50.05 | --- | --- | --- |
| Michael Tenney | --- | --- | --- | 48.41 | 1:46.35 | 1:50.42 | 3:51.60 |
| Forrest White | 1:45.77 | --- | --- | --- | --- | --- | --- |