

HEAD COACH MARC LONG

Marc Long is entering his 16th season as head coach for the University of Iowa swimming and diving team and 15th leading both the men's and women's programs.

During his tenure as head coach of both teams, 149 school records have fallen and 360 Hawkeyes have automatically or provisionally qualified for the NCAA Championships. Long has coached 44 All-Americans in his Hawkeye tenure and Iowa has posted 13 top 40 NCAA finishes (six men, seven women) since 2004.

Academically, the Hawkeyes have had prolonged academic success under Long's tutelage. Iowa has crowned 24 academic All-Americans, 340 Academic All-Big Ten selections, and the team has consistently earned CSCAA Scholar All-America honors.

The women's team has been recognized with NCAA Public Recognition in 2015 and 2017 for a perfect Academic Progress Report (APR) as a team -- a highly selective award given to the top 10 percent of teams across the country.

On campus, Long was one of the founders of the Hawkeye Health C.A.R.E. program -- a unique shadowing and mentoring program for UI student-athletes. He also started the Hawkeye Business Social, a professional development and networking event for Hawkeye swimming and diving student-athletes.

**GONE IN 50**

The men's 50 free sprint group continues to dominate for the Hawkeyes, contributing key points in the Shamrock Invitational and continuing their streaks from prior competition.

- At the Shamrock Invitational: Tarasenko (20.16), Fiolic (20.39), and Scott (20.48) tallied second, third, and fourth-place finishes among the field in the 50 free.
- Against Notre Dame: Myhre (20.18), Tarasenko (20.28), Fiolic (20.59), and Scott (20.80) dominated and secured the top four spots in the 50 free.
- At Northwestern: Tarasenko (20.39), Myhre (20.40), Fiolic (20.45), and Scott (20.80) secured the top-four spots in the 50 free, keeping the sprint events hot.

FRESHMAN PROVIDE STRONG BACKBONE

• On the men's side, of only three freshmen swimmers, the trio has placed one person in the top-five of every event among the team's roster placings. On the women's side, freshmen dominate the top-five in every event, with a freshman holding the top position in six events.

• New freshmen additions Kennedy Gilbertson and Sergey Kuznetsov quickly ascended with Kuznetsov holding the top spot among the team in the 100 fly (47.97) and 10th all-time in program history and Gilbertson finishing top-10 in program history in the 200 back (1:58.75) at eighth all-time.

Both Gilbertson and Kuznetsov have also become members of the 'A' Hawkeye medley relay teams.

- Macy Rink has also shown capability for the Hawkeyes, placing highly in mid-distance and distance events this season. Rink sits eighth all-time in the 200 free (1:49.06) and 10th in the 500 free (4:52.53).
- Julia Koluch came off the blocks strong at the Shamrock Invitational, breaking into the Iowa record books in the 100 back (54.63) and 200 back (1:57.46).
- Aleksandra Olesiak sits sixth in school history in both the 100 breast (1:02.39) and 200 breast (2:15.62), while holding the top spots among the team.
- Millie Sansome has left the biggest impact on the program so far, tallying top-10 placings in school history in the 200 back (1st), 400 IM (3rd), 500 free (5th), 1,000 free (6th), and 1,650 free (6th).

AMONG THE B1G: MEN

The Iowa men are littered throughout the top-10 across the Big Ten Conference.

- Sophomore Aleksey Tarasenko (6th), seniors Steve Fiolic (7th) and Joe Myhre (9th) all rank in the top 10 of the 50 free, with Tarasenko also holding a top spot in the 100 free (4th) and 200 free (6th).
- Sophomore Mateusz Arndt holds prestige in the 500 free (4:19.89), placing sixth overall.
- Iowa boasts two top-10 times in the 200 back from sophomore Anze Fers Erzen (5th, 1:42.64) and freshman Ryan Purdy (10th, 1:44.64).
- Freshman Will Myhre ranks 10th in the 100 breast (53.32), followed directly by junior Daniel Swanepoel at 53.35 (11th). Swanepoel also sits at seventh in the 200 breast (1:55.46).
- Senior Michael Tenney sits seventh in the B1G field in the 200 fly (1:45.76). Fers Erzen rounds out Iowa's individual placings at fifth in the 400 IM (3:47.51).

AMONG THE B1G: WOMEN

- Senior Hannah Burvill currently is the top 200-yard freestyle sprinter in the Big Ten Conference. She is the only Big Ten swimmer to break the 1:45:00 barrier this season, swimming a 1:44.92 at the Minnesota Invitational. Burvill is also fourth in the 100 free and eighth in the 50 free this season.
- Junior Kelsey Drake stands at fifth in the 200 fly (1:57.87) and 10th in the 100 fly (53.28).
- Freshman Millie Sansome ranks ninth in the 200 back (1:55.94).

COLIN EARNS OLYMPIC TRIALS QUALIFYING STANDARD

Senior backstroker John Colin notched an Olympic Trials time standard of 56.47 in the 100 back on Dec. 8 in Minneapolis. Iowa's leading backstroker in the 100, Colin got the cut the second time around after narrowly missing it in the morning session.

AMONG THE RANKINGS

- The Iowa men remained steady at their position in the CollegiateSwimming.com rankings at No. 19, with 792.40 points. The Hawkeyes are 3-3 in dual meets on the season. The Iowa women rank just outside the top-25, sitting 26th, with 766.25 points.
- The Iowa men are also 18th in the TYR/CSCAA Top 25 with 87 points as of Jan. 22.

MEET-BY-MEET

- The Hawkeyes opened the season with three wins over Michigan State and Northern Iowa on Oct. 3. The men defeated the Spartans, 182-112, while the women pulled out the double victory over Michigan State and UNI in identical fashion, 183-113.
- At the season's first invitational, nine Hawkeyes took to the water at the SMU Classic and finished fourth out of six total teams with 242 points.
- The Hawkeye men captured a win against Minnesota, 156-144, at the CRWC, hoisting the team's second Big Ten win of the season. The Hawkeye women put up strong times against a ranked Minnesota team, narrowly falling 157-143. The Iowa men got its first win against Minnesota since 2017.
- The Iowa women swam well against the third-ranked Michigan, posting seven individual wins. Despite a strong showing, Iowa fell 173-127. The 19th-ranked Iowa men's team dropped its contests against No. 1 Michigan (218-82) and fell to No. 6 Indiana (245-55) in Bloomington, Ind.
- The Iowa women swam well against third-ranked Michigan, posting wins in seven events, but ultimately lost 127-173.
- The 19th-ranked Iowa men's team dropped its Big Ten duals against No. 1 Michigan (218-82) and No. 6 Indiana (245-55) in Bloomington, Ind.
- The Iowa women dominated Big Ten opponent Rutgers, 199-100, in Iowa City on Nov. 8, the team's final dual before its midseason invitational.
- The Hawkeyes went north to compete in the Minnesota Invitational for a midseason showdown and they posted several school records from Hannah Burvill, Millie Sansome, and Kelsey Drake. The Hawkeye men placed fifth among the field, while the women were seventh.
- The Iowa women posted a dominating victory over Iowa State for the 10th year in a row, 179-121, in Ames on Dec. 13. The team's victory clinched the overall win in the 2019 Iowa Corn CyHawk Series between both schools.
- The Hawkeye men captured another ranked win, downing No. 17 Notre Dame, 159.50-140.50, this past weekend. The Hawkeye women tabbed a B1G win over Illinois, 223-86, for its largest margin of victory this season. Iowa fell short of Notre Dame, 209.50-99.50.
- The Hawkeye men fell to Northwestern, 157-143. The Hawkeye women lost to Northwestern, 199-101.
- The Hawkeye men completed the 2020 Shamrock Invitational with a second-place finish, boasting 917 points, followed by a fourth-place finish from the women with 629.5 points.

B1G HONOREES

The Hawkeyes have earned 10 Big Ten Conference weekly honors during the 2019-20 season.

- Big Ten Men's Swimmer of the Week: Anze Fers Erzen (Oct. 9)
- Big Ten Men's Diver of the Week: Anton Hoherz (Oct. 9)
- Big Ten Men's Freshman of the Week: Michael Huebner (Oct. 9)
- Big Ten Women's Diver of the Week: Sam Tamborski (Oct. 9, Oct. 16)
- Big Ten Women's Freshman of the Week: Millie Sansome (Oct. 9)
- Big Ten Women's Diver of the Week: Jayah Mathews (Nov. 6)
- Big Ten Women's Diver of the Week: Jayah Mathews (Nov. 13)
- Big Ten Women's Diver of the Week: Jayah Mathews (Dec. 18)
- Big Ten Women's Freshman of the Week: Millie Sansome (Dec. 18)
- Big Ten Women's Swimmer of the Week: Kelsey Drake (Dec. 18)

MAKING THE CUT

The men's team has nine swimmers that have posted NCAA "B" qualifying standards in nine events during the 2019-20 season, while the women's team has three swimmers notch "B" times in seven events.

Three men's swimmers have standards in multiple events; they include sophomore Aleksey Tarasenko (50 free, 100 free, 200 free), senior Steve Fiolic (50 free, 100 free), and sophomore Anze Fers Erzen (200 back, 400 IM). Senior Joe Myhre (50 free), sophomore Mateusz Arndt (500 free), freshman Ryan Purdy (200 back), freshman Will Myhre (100 breast), junior Daniel Swanepoel (200 breast), and senior Michael Tenney (200 fly) have standards in a single event.

On the women's side, senior Hannah Burvill has four NCAA "B" cuts in the 50 free, 100 free, 200 free, and 100 back, while junior Kelsey Drake has two standards in the 100 and 200 fly. Freshman Millie Sansome also has a "B" cut in the 200 back.

NCAA ZONE DIVING QUALIFIERS

Five Hawkeyes have posted NCAA Zone Diving standards this season.

1-Meter Women: Jayah Mathews (324.85), Sam Tamborski (294.30), Thelma Strandberg (272.25)

3-Meter Women: Jayah Mathews (362.25), Sam Tamborski (341.55)

1-Meter Men: Mohamed Neuman (334.00), Anton Hoherz (320.10)

3-Meter Men: Anton Hoherz (347.10), Mohamed Neuman (347.05)

ON DECK

After hosting the Big Ten Men's Swimming & Diving Championships in 2019, the women are coming to Iowa City in 2020. The Hawkeyes will host the 2020 Big Ten Championships at the Campus Recreation and Wellness Center from Feb. 19-22. It is the first time the women's championship has been in Iowa City since 2012.

2019-20 MEN'S SEASON-BEST TIMES

50 Free	Aleksey Tarasenko	19.68 (B)
100 Free	Aleksey Tarasenko	42.85 (B)
200 Free	Aleksey Tarasenko	1:35.09 (B)
500 Free	Mateusz Arndt	4:19.89 (B)
1,000 Free	Mateusz Arndt	9:25.52
1,650 Free	Evan Holt	15:27.23
100 Back	John Colin	48.47
200 Back	Anze Fers Erzen	1:42.64 (B)
100 Breast	Will Myhre	53.32 (B)
200 Breast	Daniel Swanepoel	1:55.46 (B)
100 Fly	Sergey Kuznetsov	47.97
200 Fly	Michael Tenney	1:45.76 (B)
200 IM	Anze Fers Erzen	1:46.91
400 IM	Anze Fers Erzen	3:47.51 (B)
200-Free Relay	Tarasenko, Fiolic, J. Myhre, Scott	1:18.31
400-Free Relay	Tarasenko, J. Myhre, Fiolic, Scott	2:53.74
800-Free Relay	Tarasenko, Tenney, Arndt, Allmon	6:27.21
200-Medley Relay	Colin, W. Myhre, Tenney, J. Myhre	1:28.44
400-Medley Relay	Colin, W. Myhre, Tenney, Tarasenko	3:12.17
1-Meter Diving	Mohamed Neuman	334.00 (ZS)
3-Meter Diving	Anton Hoherz	356.33 (ZS)
Platform Diving	--	--

(A) - NCAA A Cut (B) - NCAA B Cut (SR) -- school record *** Pool Record (ZS) - NCAA Diving Zone Standard

2019-20 WOMEN'S SEASON-BEST TIMES

50 Free	Hannah Burvill	22.54 (SR) (B)
100 Free	Hannah Burvill	48.65 (SR) (B)
200 Free	Hannah Burvill	1:44.92 (B)
500 Free	Allyssa Fluit	4:48.02
1,000 Free	Millie Sansome	10:03.34
1,650 Free	Millie Sansome	16:41.89
100 Back	Hannah Burvill	53.85 (B)
200 Back	Millie Sansome	1:55.94 (SR) (B)
100 Breast	Aleksandra Olesiak	1:02.39
200 Breast	Aleksandra Olesiak	2:15.62
100 Fly	Kelsey Drake	53.28 (B)
200 Fly	Kelsey Drake	1:57.87 (SR) (B)
200 IM	Kelsey Drake	2:01.22
400 IM	Millie Sansome	4:17.53
200-Free Relay	Burvill, Schemmel, Ziegert, Fluit	1:32.46
400-Free Relay	Fluit, Burvill, Schemmel, Rink	3:19.41
800-Free Relay	Burvill, Sansome, Fluit, McDougall	7:11.57
200-Medley Relay	Sansome, Ohlensehlen, Drake, Burvill	1:40.81
400-Medley Relay	Sansome, Olesiak, Drake, Burvill	3:38.92
1-Meter Diving	Jayah Mathews	324.85 (ZS)
3-Meter Diving	Jayah Mathews	362.25 (ZS)
Platform Diving	--	--

(A) - NCAA A Cut (B) - NCAA B Cut (SR) -- school record *** Pool Record (ZS) - NCAA Diving Zone Standard

2019-20 INDIVIDUAL WINS (MEN)

Athletes	Event	Time	Meet
Mateusz Arndt	1000 Free	9:25.52	MSU
Mateusz Arndt	500 Free	4:29.99	MSU
Mateusz Arndt	500 Free	4:27.82	NW
Anze Fers Erzen	100 Back	50.36	MSU
Anze Fers Erzen	200 Back	1:47.57	MSU
Anze Fers Erzen	200 IM	1:51.61	MSU
Anze Fers Erzen	200 Back	1:42.97	Shamrock
Michael Huebner	1-meter	293.70	MSU
Anton Hoherz	3-meter	341.60	MSU
Anton Hoherz	1-meter	320.10	NOTRE D
Sergey Kuznetsov	100 Fly	47.97	NOTRE D
Sergey Kuznetsov	100 Fly	48.06	Shamrock
Joe Myhre	50 Free	20.16	MINN
Joe Myhre	50 Free	20.18	NOTRE D
Will Myhre	100 Breast	55.25	MSU
Will Myhre	100 Breast	54.96	NOTRE D
Mohamed Neuman	1-meter	334.00	MINN
Will Scott	50 Free	20.46	MSU
Aleksey Tarasenko	100 Free	44.85	MSU
Aleksey Tarasenko	200 Free	1:37.35	MINN
Aleksey Tarasenko	100 Free	44.21	MINN
Aleksey Tarasenko	100 Free	44.84	NOTRE D
Aleksey Tarasenko	200 Free	1:37.35	NOTRE D
Aleksey Tarasenko	50 Free	20.39	NW
Aleksey Tarasenko	200 Free	1:36.98	NW
Aleksey Tarasenko	100 Free	43.95	Shamrock
Michael Tenney	200 Fly	1:50.72	MSU
Michael Tenney	200 Fly	1:48.45	MINN
Michael Tenney	200 IM	1:50.42	MINN
Michael Tenney	200 Fly	1:47.57	NOTRE D
Michael Tenney	200 IM	1:49:58	NW
Michael Tenney	200 Fly	1:46.95	Shamrock

2019-20 RELAY WINS (MEN)

Athletes	Event	Time	Meet
Colin, W. Myhre, Tenney, J. Myhre	200 Medley	1:30.52	MSU
Tarasenko, Fiolic, Scott, J. Myhre	400 Free	3:01.45	MSU
J. Myhre, Scott, Tarasenko, Fiolic	200 Free	1:21.24	MSU
J. Myhre, Scott, Tarasenko, Fiolic	400 Free	2:58.11	MINN
J. Myhre, Kuznetsov, Scott, Tarasenko	400 Free	2:57.84	NOTRE D
Colin, W. Myhre, Kuznetsov, J. Myhre	200 Medley	1:28.86	NOTRE D
Tarasenko, Fiolic, Kuznetsov, J. Myhre	400 Free	2:57.92	NW
Fiolic, Tarasenko, Scott, J. Myhre	200 Free	1:20.10	Shamrock

2019-20 INDIVIDUAL WINS (WOMEN)

Athletes	Event	Time	Meet
Hannah Burvill	200 Free	1:48.36	MINN
Hannah Burvill	200 Free	1:49.53	MICH
Hannah Burvill	200 Free	1:49.31	RUTGERS
Hannah Burvill	100 Free	50.62	RUTGERS
Hannah Burvill	100 Back	54.26	IOWA ST
Hannah Burvill	50 Free	23.50	IOWA ST
Hannah Burvill	100 Free	50.47	IOWA ST
Hannah Burvill	200 Free	1:45.99	Shamrock
Kelsey Drake	200 Fly	2:02.76	MSU/UNI
Kelsey Drake	100 Fly	55.45	MSU/UNI
Kelsey Drake	200 Fly	2:00.41	MINN
Kelsey Drake	100 Fly	54.35	MINN
Kelsey Drake	200 Fly	1:59.45	MICH
Kelsey Drake	200 IM	2:03.59	MICH
Kelsey Drake	200 Fly	2:00.59	RUTGERS
Kelsey Drake	100 Fly	54.75	RUTGERS
Kelsey Drake	200 IM	2:05.17	RUTGERS
Kelsey Drake	200 Fly	1:57.87	IOWA ST
Kelsey Drake	100 Fly	54.06	IOWA ST
Kelsey Drake	200 IM	2:02.78	IOWA ST
Allyssa Fluit	500 Free	4:53.91	RUTGERS
Allyssa Fluit	200 Free	1:48.90	IOWA ST
Allyssa Fluit	500 Free	4:51.66	IOWA ST
Allyssa Fluit	200 Free	1:49.66	NW
Allyssa Fluit	500 Free	4:53.81	NW
Jayah Mathews	1-meter	296.25	MSU/UNI
Jayah Mathews	1-meter	309.65	MINN
Jayah Mathews	1-meter	322.20	MICH
Jayah Mathews	1-meter	324.85	RUTGERS
Jayah Mathews	3-meter	362.25	RUTGERS
Jayah Mathews	3-meter	348.40	IOWA ST
Jayah Mathews	1-meter	318.40	IOWA ST
Jayah Mathews	1-meter	321.10	NOTRE D/ILL
Lauren McDougall	200 Free	1:50.37	MSU/UNI
Lauren McDougall	100 Free	51.50	MSU/UNI
Alexandra Olesiak	100 Breast	1:03.69	RUTGERS
Alexandra Olesiak	200 Breast	2:18.85	RUTGERS
Millie Sansome	1000 Free	10:10.41	MSU/UNI
Millie Sansome	500 Free	4:59.67	MSU/UNI
Millie Sansome	1000 Free	10:03.70	MINN
Millie Sansome	200 Back	2:01.17	MINN
Millie Sansome	100 Back	55.57	MICH
Millie Sansome	200 Back	2:00.03	MICH
Millie Sansome	1000 Free	10:07.55	RUTGERS
Millie Sansome	200 Back	1:59.78	RUTGERS
Millie Sansome	1000 Free	10:03.34	IOWA ST
Millie Sansome	200 Back	1:58.08	IOWA ST
Millie Sansome	200 Back	1:55.94	Shamrock
Sam Tamborski	3-meter	316.45	MSU/UNI
Sam Tamborski	3-meter	302.00	SMU CLASSIC
Sam Tamborski	3-meter	341.55	MICH
Maddie Ziegert	50 Free	23.95	MSU/UNI
Maddie Ziegert	50 Free	23.39	MINN

2019-20 RELAY WINS (WOMEN)

Athletes	Event	Time	Meet
Sansome, Ohlensehnen, Drake, Burvill	200 Medley	1:42.94	MSU/UNI
Sansome, Burvill, Ziegert, McDougall	400 Free	3:28.81	MSU/UNI
McDougall, Sansome, Schemmel, Ziegert	200 Free	1:35.15	MSU/UNI
Schemmel, Burvill, McDougall, Ziegert	400 Free	3:24.84	MINN
McDougall, Sauer, Wooden, Burvill	400 Free	3:25.37	RUTGERS
Schemmel, Rink, Fluit, Burvill	400 Free	3:22.66	IOWA ST
Fluit, Burvill, Ziegert, McDougall	400 Free	3:27.27	NOTRE D/ILL
Burvill, Rink, Sansome, Fluit	800 Free	7:12.79	Shamrock

