IOWA HAWKEYES
SWIMMING & DIVING

Big Ten Women's Championships | Feb. 19-22
Campus Recreation and Wellness Center | Iowa City, Iowa

THIS WEEK
The University of Iowa women's swimming and diving team hosts the 2020 Big Ten Championships from Feb. 19-22 at the Campus Recreation and Wellness Center. This event marks the first time since 2012 that the women's championships have been hosted in Iowa City.

FOLLOW LIVE
• Wednesday through Saturday prelims will be streamed online on BTN+. Saturday's finals will be on the FoxSports app and be televised on Sunday at 10 a.m. (CT).
• Live results will be on Meet Mobile and hawkeyesports.com.
• For an inside look at the Iowa swimming and diving program and access to exclusive coverage, "like" Iowa swimming and diving on Facebook and follow @IowaSwimDive on Twitter and @hawkeyeswimdive on Instagram.

MEET INFORMATION
Tickets for the 2020 Big Ten Championships will be on sale through the University of Iowa Ticket Office. Tickets may be pre-ordered through hawkeyesports.com or by contacting the ticket office at (800) IA-HAWKS. During the championships, tickets can be purchased inside the main entrance of the Campus Recreation and Wellness Center.

Gates open one hour prior to the start of the first event.

Beginning at 5 p.m. (CT) on Feb. 19, the championships begin with the 200-medley and 800-free relays. In the following days, the format follows this timeline:

11 a.m. (CT): Preliminary Events
1 p.m. (CT): Diving Preliminaries
6:30 p.m. (CT): Swimming and Diving Finals

B1G REVIEW
• The Hawkeyes placed 10th at the 2019 Big Ten Championships, finishing with 400.5 points.
• Iowa's top finisher at the championships came from Jayah Mathews, who placed fourth off the 3-meter sprinboard with a score of 353.10. Mathews also

2019-20 SCHEDULE

DATE	MEET	LOCATION	TIME/RESULT
Oct. 3	Michigan State/UNI (M/W)	Iowa City, Iowa	W/W
Oct. 11-12	at SMU Classic (W)	Dallas, Texas	4th
Oct. 26	Minnesota (M/W)	Iowa City, Iowa	W/L
Nov. 1	Michigan (W)	Iowa City, Iowa	L
Nov. 2	at Indiana/vs. Michigan (M)	Bloomington, Ind.	L/L
Nov. 8	Rutgers (W)	Iowa City, Iowa	W
Dec. 4-7	at Minnesota Invitational (M/W)	Minneapolis	5th/7th
Dec. 8	at Minnesota LCM Invite (M/W)	Minneapolis	-
Dec. 13	% at Iowa State (W)	Ames, Iowa	W
Dec. 15-22	USA Diving Senior Nationals	Minneapolis	-
Jan. 11	Illinois (W)/Notre Dame (M/W)	Iowa City, Iowa	W/W/L
Jan. 18	Northwestern (M/W)	Evanston, Ill.	L/L
Jan. 24-25	Shamrock Invitational (M/W)	South Bend, Ind.	2nd/4th
Feb. 7	Western Illinois (M/W)	Iowa City, Iowa	W/W
Feb. 19-22	**B1G Championships (W)**	**Iowa City, Iowa**	**11 a.m./6:30 p.m.**
Feb. 23	LCM Time Trial (W)	Iowa City, Iowa	All Day
Feb. 26-29	B1G Championships (M)	Bloomington, Ind.	9 a.m./5:30 p.m.
March 9-11	NCAA Zone D Diving Champ.	Dallas, Texas	All Day
March 12-14	at CSCAA National Invite Championships	TBA	All Day
March 18-21	at NCAA Championships (W)	Athens, Ga.	All Day
March 25-28	at NCAA Championships (M)	Indianapolis	All Day

(M) - Men's only competition
(W) - Women's only competition
% - Iowa Corn Cy-Hawk Series

All times Central and subject to change

FOLLOW THE HAWKEYES
@IowaHawkeyeSwim /IowaSwimmingandDiving @HawkeyeSwimDive

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HEAD COACH MARC LONG

Marc Long is entering his 16th season as head coach for the University of Iowa swimming and diving team and 15th leading both the men's and women's programs.

During his tenure as head coach of both teams, 149 school records have fallen and 360 Hawkeyes have automatically or provisionally qualified for the NCAA Championships. Long has coached 44 All-Americans in his Hawkeye tenure and Iowa has posted 13 top 40 NCAA finishes (six men, seven women) since 2004.

Academically, the Hawkeyes have had prolonged academic success under Long's tutelage. Iowa has crowned 24 academic All-Americans, 340 Academic All-Big Ten selections, and the team has consistently earned CSCAA Scholar All-America honors.

The women's team has been recognized with NCAA Public Recognition in 2015 and 2017 for a perfect Academic Progress Report (APR) as a team -- a highly selective award given to the top 10 percent of teams across the country.

On campus, Long was one of the founders of the Hawkeye Health C.A.R.E. program -- a unique shadowing and mentoring program for UI student-athletes. He also started the Hawkeye Business Social, a professional development and networking event for Hawkeye swimming and diving student-athletes.

finished ninth off the 1-meter with a 305.75.

• Hannah Burvill was the top Hawkeye in the pool, nothcing a fifth-place finish in the 200 free (1:45.04) and a seventh-place showing in the 50 free (22.62). Burvill also helped the 800-free relay to a seventh-place finish with a 7:10.10.

• The Hawkeyes had 19 top-24 finishes during the championships.

• The Hawkeyes finished 10th overall at the 2019 Big Ten Championships with 400.5 points.

LAST TIME OUT

• The Hawkeyes dominated on Senior Night against Western Illinois, sweeping all events in a resounding victory on Feb. 7.

• Freshman Payton Lange led the charge for the women, notching wins in the 200 free (1:52.93) and 100 free (52.32) and was a member of the winning 200-free relay along with Grace Reeder, Erin Lang, and Ariel Wooden.

HEARING FROM SENIOR HANNAH BURVILL

"I'm feeling confident. Being in-and-out of the pool more this year has given me a different perspective on the season and lets me focus during the time we do spend in the water. I'm looking forward to competing. I would like to improve my 200 free. To have my best time still be from my sophomore year, I should be able to get that down and move it forward. I'd love to do that in a relay and have us get into finals for that one. I would like to improve my times in general to show the improvement we've made throughout the season."

On what she has learned from preparing for Big Tens over the years:

"From competing over four years, I know how to approach it. I'm not as in my head as I was during my freshman year. I used to overthink things and let them get to me, but now I've been more open minded and focused on what's ahead of me instead of what is four months away. I'm facing this meet with my head down and trying not to put too much pressure on it since it is my last one as a senior. What makes it different is that we know the environment, the pool, and the setup. We have that home advantage because we feel comfortable here."

FRESHMAN PROVIDE STRONG BACKBONE

• Freshmen Kennedy Gilbertson, who joined the team at the semester, quickly ascended holding the team's top spot in the 200-yard backstroke. She posted a top-10 in program history, ranking eighth in 1:58.75..

• Macy Rink has also shown capability for the Hawkeyes, placing highly in mid-distance and distance events this season. Rink sits eighth all-time in the 200 free (1:49.06) and 10th in the 500 free (4:52.53).

• Julia Koluch came off the blocks strong at the Shamrock Invitational, breaking into the Iowa record books in the 100 back (54.63) and 200 back (1:57.46).

• Aleksandra Olesiak sits sixth in school history in both the 100 breast (1:02.39) and 200 breast (2:15.62), while holding the top spots among the team.

• Millie Sansome has left the biggest impact on the program so far, tallying top-10 placings in school history in the 200 back (1st), 400 IM (3rd), 500 free (5th), 1,000 free (6th), and 1,650 free (6th).

AMONG THE B1G: WOMEN

• Senior Hannah Burvill currently is the top 200-yard freestyle sprinter in the Big Ten Conference. She is the only Big Ten swimmer to break the 1:45:00 barrier this season, swimming a 1:44.92 at the Minnesota Invitational. Burvill is also fourth in the 100 free, eighth in the 50 free this season, and 15th in the 100 back (53.85).

• Junior Jayah Mathews currently boasts the best score off the 1-meter in the Big Ten with a 321.10, while sophomore Sam Tamborski has the top 3-meter score at 319.75. Mathews is also fifth off the 3-meter (292.90), while Tamborski is ninth off the 1-meter (286.20).
• Junior Claire Park has the seventh-best 1-meter score (288.15) leading into the championships.
• Senior Allyssa Fluit has the seventh-best 200-yard freestyle time with a 1:46.59.
• Junior Kelsey Drake stands at eighth in the 200 fly (1:57.87) and 10th in the 100 fly (53.28).
• Freshman Millie Sansome ranks ninth in the 200 back (1:55.94), 16th in the 400 IM (4:17.58), and 18th in the 1,650 free (16:41.89).
• Freshman Aleksandra Olesiak is 23rd in the 200 breast (2:15.62).

AMONG THE RANKINGS

• The Iowa women are recieving votes just outside the top-25 in the TYR/CSCAA rankings at 26th. In the CollegeSwimming rankings, with 766.25 points, the Hawkeye women sit at 39th.

MEET-BY-MEET

• The Hawkeyes opened the season with three wins over Michigan State and Northern Iowa on Oct. 3. The men defeated the Spartans, 182-112, while the women pulled out the double victory over Michigan State and UNI in identical fashion, 183-113.
• At the season's first invitational, nine Hawkeyes took to the water at the SMU Classic and finished fourth out of six total teams with 242 points.
• The Hawkeye men captured a win against Minnesota, 156-144 , at the CRWC, hoisting the team's second Big Ten win of the season. The Hawkeye women put up strong times against a ranked Minnesota team, narrowly falling 157-143. The Iowa men got its first win against Minnesota since 2017.
• The Iowa women swam well against the third-ranked Michigan, posting seven individual wins. Despite a strong showing, Iowa fell 173-127. The 19th-ranked Iowa men's team dropped its contests against No. 1 Michigan (218-82) and fell to No. 6 Indiana (245-55) in Bloomington, Ind.
• The Iowa women swam well against third-ranked Michigan, posting wins in seven events, but ultimately lost 127-173.
• The 19th-ranked Iowa men's team dropped its Big Ten duals against No. 1 Michigan (218-82) and No. 6 Indiana (245-55) in Bloomington, Ind.
• The Iowa women dominated Big Ten opponent Rutgers, 199-100, in Iowa City on Nov. 8, the team's final dual before its midseason invitational.
• The Hawkeyes went north to compete in the Minnesota Invitational for a midseason showdown and they posted several school records from Hannah Burvill, Millie Sansome, and Kelsey Drake. The Hawkeye men placed fifth among the field, while the women were seventh.
• The Iowa women posted a dominating victory over Iowa State for the 10th year in a row, 179-121, in Ames on Dec. 13. The team's victory clinched the overall win in the 2019 Iowa Corn CyHawk Series between both schools.
• The Hawkeye men captured another ranked win, downing No. 17 Notre Dame, 159.50-140.50, this past weekend. The Hawkeye women tabbed a B1G win over Illinois, 223-86, for its largest margin of victory this season. Iowa fell short of Notre Dame, 209.50-99.50.
• The Hawkeye men fell to Northwestern, 157-143. The Hawkeye women lost to Northwestern, 199-101.
• The Hawkeye men completed the 2020 Shamrock Invitational with a second-place finish, boasting 917 points, followed by a fourth-place finish from the women with 629.5 points.
• The Hawkeyes swept Western Illinois on both the men's and women's sides on Senior Night, posting scores of 130-67 (W) and 122-44 (M).

B1G HONOREES

The Hawkeyes have earned 10 Big Ten Conference weekly honors during the 2019-20 season.
• Big Ten Women's Diver of the Week: Sam Tamborski (Oct. 9, Oct. 16)
• Big Ten Women's Freshman of the Week: Millie Sansome (Oct. 9)
• Big Ten Women's Diver of the Week: Jayah Mathews (Nov. 6)
• Big Ten Women's Diver of the Week: Jayah Mathews (Nov. 13)
• Big Ten Women's Diver of the Week: Jayah Mathews (Dec. 18)
• Big Ten Women's Freshman of the Week: Millie Sansome (Dec. 18)
• Big Ten Women's Swimmer of the Week: Kelsey Drake (Dec. 18)

MAKING THE CUT

• Seniors: Hannah Burvill has four NCAA "B" cuts in the 50 free, 100 free, 200 free, and 100 back, while Allyssa Flluit notched her only cut in the 200 free.
• Juniors: Kelsey Drake has two "B" standards in the 100 and 200 fly.
• Freshmen: Millie Sansome also has a "B" cut in the 200 back.

NCAA ZONE DIVING QUALIFIERS

Five Hawkeyes have posted NCAA Zone Diving standards this season.

1-Meter Women: Jayah Mathews (324.85), Sam Tamborski (294.30), Thelma Strandberg (272.25)
3-Meter Women: Jayah Mathews (362.25), Sam Tamborski (341.55)

ON DECK

Following the women's championships, the Hawkeye men travel to Bloomington, Indiana, for the 2020 Men's Big Ten Conference Championships from Feb. 26-29.

2019-20 MEN'S SEASON-BEST TIMES

50 Free	Aleksey Tarasenko	19.68 (B)
100 Free	Aleksey Tarasenko	42.85 (B)
200 Free	Aleksey Tarasenko	1:35.09 (B)
500 Free	Mateusz Arndt	4:19.89 (B)
1,000 Free	Mateusz Arndt	9:25.52
1,650 Free	Evan Holt	15:27.23
100 Back	John Colin	48.47
200 Back	Anze Fers Erzen	1:42.64 (B)
100 Breast	Will Myhre	53.32 (B)
200 Breast	Daniel Swanepoel	1:55.46 (B)
100 Fly	Sergey Kuznetsov	47.97
200 Fly	Michael Tenney	1:45.76 (B)
200 IM	Anze Fers Erzen	1:46.91
400 IM	Azne Fers Erzen	3:47.51 (B)
200-Free Relay	Tarasenko, Fiolic, J. Myhre, Scott	1:18.31
400-Free Relay	Tarasenko, J. Myhre, Fiolic, Scott	2:53.74
800-Free Relay	Tarasenko, Tenney, Arndt, Allmon	6:27.21
200-Medley Relay	Colin, W. Myhre, Tenney, J. Myhre	1:28.44
400-Medley Relay	Colin, W. Myhre, Tenney, Tarasenko	3:12.17
1-Meter Diving	Mohamed Neuman	334.00 (ZS)
3-Meter Diving	Anton Hoherz	356.33 (ZS)
Platform Diving	--	--

*(A) - NCAA A Cut (B) - NCAA B Cut (SR) -- school record ** Pool Record (ZS) - NCAA Diving Zone Standard*

2019-20 WOMEN'S SEASON-BEST TIMES

50 Free	Hannah Burvill	22.54 (SR) (B)
100 Free	Hannah Burvill	48.65 (SR) (B)
200 Free	Hannah Burvill	1:44.92 (B)
500 Free	Allyssa Fluit	4:48.02
1,000 Free	Millie Sansome	10:03.34
1,650 Free	Millie Sansome	16:41.89
100 Back	Hannah Burvill	53.85 (B)
200 Back	Millie Sansome	1:55.94 (SR) (B)
100 Breast	Aleksandra Olesiak	1:02.39
200 Breast	Aleksandra Olesiak	2:15.62
100 Fly	Kelsey Drake	53.28 (B)
200 Fly	Kelsey Drake	1:57.87 (SR) (B)
200 IM	Kelsey Drake	2:01.22
400 IM	Millie Sansome	4:17.53
200-Free Relay	Burvill, Schemmel, Ziegert, Fluit	1:32.46
400-Free Relay	Fluit, Burvill, Schemmel, Rink	3:19.41
800-Free Relay	Burvill, Sansome, Fluit, McDougall	7:11.57
200-Medley Relay	Sansome, Ohlensehlen, Drake, Burvill	1:40.81
400-Medley Relay	Sansome, Olesiak, Drake, Burvill	3:38.92
1-Meter Diving	Jayah Mathews	324.85 (ZS)
3-Meter Diving	Jayah Mathews	362.25 (ZS)
Platform Diving	--	--

*(A) - NCAA A Cut (B) - NCAA B Cut (SR) -- school record ** Pool Record (ZS) - NCAA Diving Zone Standard*

2019-20 INDIVIDUAL WINS (MEN)

Athletes	Event	Time	Meet
Mateusz Arndt	1000 Free	9:25.52	MSU
Mateusz Arndt	500 Free	4:29.99	MSU
Mateusz Arndt	500 Free	4:27.82	NW
Weston Credit	200 Free	1:42.78	Western III
Anze Fers Erzen	100 Back	50.36	MSU
Anze Fers Erzen	200 Back	1:47.57	MSU
Anze Fers Erzen	200 IM	1:51.61	MSU
Anze Fers Erzen	200 Back	1:42.97	Shamrock
Anze Fers Erzen	500 Free	4:31.93	Western III
Andrew Fierke	100 Free	46.25	Western III
Steve Fiolic	50 Free	20.41	Western III
Michael Huebner	1-meter	293.70	MSU
Michael Huebner	1-meter	245.85	Western III
Michael Huebner	3-meter	293.55	Western III
Anton Hoherz	3-meter	341.60	MSU
Anton Hoherz	1-meter	320.10	NOTRE D
Sergey Kuznetsov	100 Fly	47.97	NOTRE D
Sergey Kuznetsov	100 Fly	48.06	Shamrock
Sergey Kuznetsov	50 Free	20.41	Western III
Joe Myhre	50 Free	20.16	MINN
Joe Myhre	50 Free	20.18	NOTRE D
Will Myhre	100 Breast	55.25	MSU
Will Myhre	100 Breast	54.96	NOTRE D
Mohamed Neuman	1-meter	334.00	MINN
Will Scott	50 Free	20.46	MSU
Aleksey Tarasenko	100 Free	44.85	MSU
Aleksey Tarasenko	200 Free	1:37.35	MINN
Aleksey Tarasenko	100 Free	44.21	MINN
Aleksey Tarasenko	100 Free	44.84	NOTRE D
Aleksey Tarasenko	200 Free	1:37.35	NOTRE D
Aleksey Tarasenko	50 Free	20.39	NW
Aleksey Tarasenko	200 Free	1:36.98	NW
Aleksey Tarasenko	100 Free	43.95	Shamrock
Michael Tenney	200 Fly	1:50.72	MSU
Michael Tenney	200 Fly	1:48.45	MINN
Michael Tenney	200 IM	1:50.42	MINN
Michael Tenney	200 Fly	1:47.57	NOTRE D
Michael Tenney	200 IM	1:49:58	NW
Michael Tenney	200 Fly	1:46.95	Shamrock

2019-20 RELAY WINS (MEN)

Athletes	Event	Time	Meet
Colin, W. Myhre, Tenney, J. Myhre	200 Medley	1:30.52	MSU
Tarasenko, Fiolic, Scott, J. Myhre	400 Free	3:01.45	MSU
J. Myhre, Scott, Tarasenko, Fiolic	200 Free	1:21.24	MSU
J. Myhre, Scott, Tarasenko, Fiolic	400 Free	2:58.11	MINN
J. Myhre, Kuznetsov, Scott, Tarasenko	400 Free	2:57.84	NOTRE D
Colin, W. Myhre, Kuznetsov, J. Myhre	200 Medley	1:28.86	NOTRE D
Tarasenko, Fiolic, Kuznetsov, J. Myhre	400 Free	2:57.92	NW
Fiolic, Tarasenko, Scott, J. Myhre	200 Free	1:20.10	Shamrock
Colin, W. Myhre, Kuznetsov, Tarasenko	400 Medley	3:15.44	Western III
Dumford, Scott, Credit, Tenney	200 Free	1:21.82	Western III

2019-20 INDIVIDUAL WINS (WOMEN)

Athletes	Event	Time	Meet
Hannah Burvill	200 Free	1:48.36	MINN
Hannah Burvill	200 Free	1:49.53	MICH
Hannah Burvill	200 Free	1:49.31	RUTGERS
Hannah Burvill	100 Free	50.62	RUTGERS
Hannah Burvill	100 Back	54.26	IOWA ST
Hannah Burvill	50 Free	23.50	IOWA ST
Hannah Burvill	100 Free	50.47	IOWA ST
Hannah Burvill	200 Free	1:45.99	Shamrock
Anna Brooker	500 Free	5:03.90	Western III
Kelsey Drake	200 Fly	2:02.76	MSU/UNI
Kelsey Drake	100 Fly	55.45	MSU/UNI
Kelsey Drake	200 Fly	2:00.41	MINN
Kelsey Drake	100 Fly	54.35	MINN
Kelsey Drake	200 Fly	1:59.45	MICH
Kelsey Drake	200 IM	2:03.59	MICH
Kelsey Drake	200 Fly	2:00.59	RUTGERS
Kelsey Drake	100 Fly	54.75	RUTGERS
Kelsey Drake	200 IM	2:05.17	RUTGERS
Kelsey Drake	200 Fly	1:57.87	IOWA ST
Kelsey Drake	100 Fly	54.06	IOWA ST
Kelsey Drake	200 IM	2:02.78	IOWA ST
Allyssa Fluit	500 Free	4:53.91	RUTGERS
Allyssa Fluit	200 Free	1:48.90	IOWA ST
Allyssa Fluit	500 Free	4:51.66	IOWA ST
Allyssa Fluit	200 Free	1:49.66	NW
Allyssa Fluit	500 Free	4:53.81	NW
Payton Lange	200 Free	1:52.93	Western III
Payton Lange	100 Free	52.32	Western III
Jayah Mathews	1-meter	296.25	MSU/UNI
Jayah Mathews	1-meter	309.65	MINN
Jayah Mathews	1-meter	322.20	MICH
Jayah Mathews	1-meter	324.85	RUTGERS
Jayah Mathews	3-meter	362.25	RUTGERS
Jayah Mathews	3-meter	348.40	IOWA ST
Jayah Mathews	1-meter	318.40	IOWA ST
Jayah Mathews	1-meter	321.10	NOTRE D/ILL
Lauren McDougall	200 Free	1:50.37	MSU/UNI
Lauren McDougall	100 Free	51.50	MSU/UNI
Alexandra Olesiak	100 Breast	1:03.69	RUTGERS
Alexandra Olesiak	200 Breast	2:18.85	RUTGERS
Claire Park	1-meter	288.15	Western III
Millie Sansome	1000 Free	10:10.41	MSU/UNI
Millie Sansome	500 Free	4:59.67	MSU/UNI
Millie Sansome	1000 Free	10:03.70	MINN
Millie Sansome	200 Back	2:01.17	MINN
Millie Sansome	100 Back	55.57	MICH
Millie Sansome	200 Back	2:00.03	MICH
Millie Sansome	1000 Free	10:07.55	RUTGERS
Millie Sansome	200 Back	1:59.78	RUTGERS
Millie Sansome	1000 Free	10:03.34	IOWA ST
Millie Sansome	200 Back	1:58.08	IOWA ST
Millie Sansome	200 Back	1:55.94	Shamrock
Sam Tamborski	3-meter	316.45	MSU/UNI
Sam Tamborski	3-meter	302.00	SMU CLASSIC
Sam Tamborski	3-meter	341.55	MICH
Sam Tamborski	3-meter	319.75	Western III
Ariel Wooden	50 Free	23.77	Western III
Maddie Ziegert	50 Free	23.95	MSU/UNI
Maddie Ziegert	50 Free	23.39	MINN

2019-20 RELAY WINS (WOMEN)

Athletes	Event	Time	Meet
Sansome, Ohlensehlen, Drake, Burvill	200 Medley	1:42.94	MSU/UNI
Sansome, Burvill, Ziegert, McDougall	400 Free	3:28.81	MSU/UNI
McDougall, Sansome, Schemmel, Ziegert	200 Free	1:35.15	MSU/UNI
Schemmel, Burvill, McDougall, Ziegert	400 Free	3:24.84	MINN
McDougall, Sauer, Wooden, Burvill	400 Free	3:25.37	RUTGERS
Schemmel, Rink, Fluit, Burvill	400 Free	3:22.66	IOWA ST
Fluit, Burvill, Ziegert, McDougall	400 Free	3:27.27	NOTRE D/ILL
Burvill, Rink, Sansome, Fluit	800 Free	7:12.79	Shamrock
Sansome, Olesiak, Drake, Burvill	400 Medley	3:44.39	Western III
Lange, Reeder, Lang, Wooden	200 Free	1:38.76	Western III