



April 13-16, 2022

IOWA Track & Field 2021-22 Notes



Track & Field Contact: Brock Busick | Email: brock-busick@uiowa.edu | Phone: 319-335-9411 | hawkeyesports.com

2022 OUTDOOR SCHEDULE

Date	Meet
Mar. 18-19	at Baldy Castillo Invite <i>(Tempe, Ariz.)</i>
Apr. 1-2	at Florida Relays <i>(Gainesville, Fla.)</i>
Apr. 2	at Stanford Invite <i>(Stanford, Calif.)</i>
Apr. 9	at Jim Click Shootout <i>(Tucson, Ariz.)</i>
Apr. 13-16	at Bryan Clay Invite <i>(Azusa, Calif.)</i>
Apr. 14-16	at Mt. SAC Relays <i>(Ontario, Calif.)</i>
Apr. 15-16	at Beach Invite <i>(Long Beach, Calif.)</i>
Apr. 22-23	Musco Twilight <i>(Iowa City, Iowa)</i>
Apr. 27-30	at Drake Relays <i>(Des Moines, Iowa)</i>
May 6	at Wisconsin Twilight <i>(Madison, Wis.)</i>
May 13-15	at B1G Championships <i>(Minneapolis, Minn.)</i>
May 25-28	at NCAA West Prelims <i>(Fayetteville, Ark.)</i>
June 8-11	at NCAA Championships <i>(Eugene, Ore.)</i>
June 19-28	at USA National Championships <i>(Eugene, Ore.)</i>

IOWA COACHING STAFF

Joey Woody	Director of Track & Field/Cross Country (Hurdles/Multis/Men's Short Sprints)
Randy Hasenbank	Associate Head Coach (Distance)
Jason Wakenight	Assistant Coach/Recruiting Coordinator (Long Sprints/Middle Distance/ Men's Long Hurdles)
Cameron Burrows	Interim Assistant Coach (Jumps/Multi-Events)
Ray Robinson	Assistant Coach (Throws)
Kate Wakenight	Director of Operations

THIS WEEK

University of Iowa track and field heads to California for the Mt. Sac Relays in Ontario, the Bryan Clay Invitational in Azusa and the Beach Invitational in Long Beach. The Hawkeyes begin competition at 1:30 p.m. on Wednesday, as second team All-American multi-athlete Austin West will compete in his first decathlon of the season. The decathlon resumes at 1 p.m. on Thursday at Mt. Sac, and the Bryan Clay begins at 9:30 a.m. Friday's action begins at noon at Mt. Sac and the Beach Invitational, and 1 p.m. at the Bryan Clay. On Saturday, the Mt. Sac Relays resume at 11:15 a.m. and the Beach Invitational resumes at 11 a.m. All times in Central Time (CT).

FOLLOW ALONG

Fans can follow the meet on the live results page at hawkeyesports.com/tracklive. Results will also be posted on the team's official twitter account [@iowaxc_tf](https://twitter.com/iowaxc_tf).

NATION'S BEST GETS NATIONAL RECOGNITION

Sophomore sprinter Jenoah McKiver picked up right where he left off this indoor season in his outdoor debut at the Jim Click Shootout on April 9. The two-time All-American and indoor NCAA 400-meter runner-up ran a jaw-dropping 44.74 to make him the fastest quarter-miler in Iowa history undisputedly, as he now owns the indoor and outdoor 400-meter records. His time wasn't just a school record, it was good for the NCAA lead and No. 2 in the world for 2022. He doubled back and split 43.8 as the anchor on Iowa's 4x400-meter relay that is No. 5 in the NCAA and third-fastest ever at Iowa. The national media took notice as he was named USTFCCCA National Athlete of the Week.

LaSPEEDY HARGROVE

Sophomore LaSarah Hargrove broke the Iowa 60-meter record this indoor season (7.25) and put down a blistering time in the 100 meters in her outdoor season debut on March 19 at the Baldy Castillo Invite. Hargrove ran a wind-aided mark of 11.13 to win the 100 meters -- a mark good enough for a school record, but was just outside of the wind-legal threshold. The speedy sophomore continues to challenge to take down the record (11.28). Hargrove added to her hot start of the outdoor season with a win in the 200 meters (22.79) at the Jim Click Shootout (April 9). Her time was No. 2 all-time at Iowa and sixth-fastest in the NCAA this season.

HURDLE U

Senior Erin Dowd (57.47) won the 400-meter hurdles at the Baldy Castillo Invite (March 19) in her outdoor Hawkeye debut -- a mark good for fourth all-time at Iowa. At Western Michigan, Dowd was a two-time MAC champion in the 400-meter hurdles, and placed third at the 2018 Drake Relays. Junior Mariel Bruxvoort, senior Payton Wensel and freshman Paige Magee have run the fifth (57.73), sixth (58.05) and eighth (58.48) fastest 400-meter hurdle times in school history this year. The 400-meter hurdle event squad ranks atop the nation in the USTFCCCA Rankings. In the 100-meter hurdles, Myreanna Bebe's season-best time (13.36) is third in the Big Ten and 31st in the NCAA this year.

Three men's high-hurdlers rank inside the top-34 in the nation this season. At the Baldy Castillo Invite (March 19), Josh Braverman finished runner-up in the 110-meter hurdles (13.74), ranking 19th in the NCAA. Sophomore Grant Conway won the Jim Click Shootout (April 9) in 13.81, clocking in at No. 26 in the nation. Sophomore Gratt Reed's season best time (13.87) is 34th fastest this season. As a unit, the men are ranked second in the USTFCCCA event squad rankings. The 400-meter hurdle group is ranked second in the event squad rankings as well, due to five men with times under 52 seconds -- all ranked inside the NCAA top-48 this year. Drake Woody is currently 25th (51.20), Julien Gillum is 29th (51.33), Phillip Jefferson is 31st (51.36), Nathan Farrell is 39th (51.65) and Raymonte Dow is 48th (51.86).



RECORD BREAKING WALKER RUNNER

Sophomore Kalen Walker tied the 60-meter school record in his indoor debut as a Hawkeye this winter before ultimately claiming the top spot (6.61) and ending his season as a second-team All-American. Walker kept the trend going in his outdoor debut at the Baldy Castillo Invite (March 19), breaking Justin Austin's 2011 100-meter record (10.21). Walker ran 10.20 -- good for 16th in the NCAA and fifth-fastest in the West Region this season. At the Jim Click Shootout on April 9, he came out of blocks for the school-record setting 4x100-meter relay (39.03) – the No. 4 time in the NCAA this season.

THE HAWKEYES ARE RELAY, RELAY GOOD

Iowa's relays put on a show at the Jim Click Shootout (April 9) with the women's 4x100-meter relay (Hargrove, Love, Dowd, Magee) getting things started by running the second-fastest time in program history (44.06) – just two-hundredths of a second off of the school record and ranking 18th in the NCAA this season. The men's 4x100-meter relay (Walker, Kresley, Reed, K. Jefferson) followed by breaking the school record (39.03) – fourth-fastest in the NCAA this year. The 4x400-meter relays had similar results, as the women (Bruxvoort, Roberts, Wensel, Dowd) ran the fourth-fastest time in school history (3:35.40). The men (Steward, Bryson, Gillum, McKiver) capped off the day with the third-fastest time ever at Iowa (3:02.39) – clocking in at No. 5 in the NCAA this season. The 2021 season marked the eighth consecutive postseason that the Hawkeye men qualified a 4x100 relay to the NCAA Championships, and the fourth consecutive postseason that the Hawkeye men qualified a 4x400 relay to the NCAA Championships.

IOWA STRONG

Indoor shot put school-record holder Nik Curtiss started the outdoor season with a win in shot put at the Baldy Castillo Invite (March 19). The senior moved to sixth all-time on Iowa's outdoor list (18.84m / 61'9.75") with a mark that ranks 20th nationally this season. Curtiss also cracked the top-10 list in the hammer throw (58.62m / 192'4"), and teammate senior Tyler Lienau finished third (60.52m / 198'6") at Baldy Castillo. Sophomore Jordan Johnson won discus on April 9 at the Jim Click Shootout with a Big Ten-leading mark (56.06m / 183'11"). On the women's side, sophomore Kat Moody won discus at the Jim Click Shootout (52.42m / 172'0") – good for 41st in the nation and sixth in the conference.

200-METER MUSCLE

Freshman Khullen Jefferson finished second in the 200 meters (20.83) to Olympian Fred Kerley at the Baldy Castillo Invite (March 19), recording a lifetime best. Freshman Austin Kresley (20.83) and sophomore Gratt Reed (20.92) each ran lifetime-bests at the Florida Relays (April 9). Jefferson and Kresley are tied for the Big Ten lead and 45th in the country.

JUMP, JUMP, JUMP!

Returning men's outdoor long jump All-American junior James Carter, Jr. won the triple jump at the Jim Click Shootout (April 9) with the 11th-best mark in the country this year (15.84m / 51'11.75). Carter leads the Big Ten and is No. 6 in the NCAA West Region.

JOEY WOODY: B1G COACH OF THE YEAR, REGIONAL COACH OF THE YEAR

University of Iowa Director of Track and Field Joey Woody was named Big Ten Men's Indoor Coach of the Year and USTFCCCA Midwest Region Coach of the Year. Woody and the Hawkeyes defended their indoor conference title at the SPIRE Institute in Geneva, Ohio, behind freshman Jenoah McKiver's 600-meter title and a win in the 4x400-meter relay (Everett Steward, Julien Gillum, Armando Bryson and McKiver). The Big Ten Championship was the fourth overall for Woody and the Hawkeyes since 2019 ('19 and '21 outdoors, '21 and '22 indoors). Iowa opened the season ranked eighth in the country in the USTFCCCA National Rating Index and reached as high as No. 6 this indoor season — the highest ranking in program history.

2022 OUTDOOR SEASON LEADERS

MEN

100 Meters	Kalen Walker	* 10.20
110-Meter Hurdles.....	Josh Braverman.....	13.74
200 Meters	Khullen Jefferson.....	20.83
400 Meters	Jenoah McKiver.....	* 44.74
400-Meter Hurdles.....	Drake Woody	51.20
800 Meters	Armando Bryson	1:49.29
1,500 Meters	Max Murphy	3:46.71
10,000 Meters	Max Murphy	28:57.96
400-Meter Relay.....	Walker, Kresley, Reed, K. Jefferson.....	* 39.03
1,600 Meter Relay.....	Steward, Bryson, Gillum, McKiver.....	3:02.39
High Jump.....	Zack Pluff	6-8 3/4 (2.05m)
Long Jump	James Carter, Jr.	24-2 1/2 (7.38m)
Shot Put.....	Nikolas Curtiss.....	61-9 3/4 (18.84m)
Discus	Jordan Johnson	183-11 (56.06m)
Hammer Throw	Tyler Lienau.....	198-6 (60.52m)
Javelin.....	Drake Woody	192-6 (58.68m)

WOMEN

100 Meters	LaSarah Hargrove.....	11.13
100-Meter Hurdles.....	Myreanna Bebe	13.36
200 Meters	LaSarah Hargrove.....	22.79
400 Meters	Tesa Roberts.....	54.17
400-Meter Hurdles.....	Erin Dowd	57.47
600 Meters	Alli Bookin-Nosbisch	1:30.97
800 Meters	Alli Bookin-Nosbisch	2:08.39
1,500 Meters	Amber Aesoph	4:27.22
3,000 Meters	Kelli Tasic.....	10:08.03
5,000 Meters	Kelli Tasic.....	17:02.03
400-Meter Relay.....	Hargrove, Love, Dowd, Magee.....	44.06
1,600-Meter Relay.....	Bruxvoort, Roberts, Wensel, Dowd.....	3:35.40
High Jump.....	Maria Gorham	5-7 (1.70m)
Long Jump	Tionna Tobias	19-4 1/2 (5.90m)
Triple Jump	Kayla Hutchins	39-8 3/4 (12.11m)
Shot Put.....	Kat Moody	50-10 1/4 (15.50m)
Discus	Kat Moody	171-11 (52.42m)
Hammer Throw	Amanda Howe	203-6 (62.03m)

* -- school record



JENOAH MCKIVER: B1G, REGIONAL TRACK ATHLETE OF THE YEAR

Freshman Jenoah McKiver was named Big Ten Men's Indoor Track Athlete of the Year and USTF-CCCA Midwest Region Track Athlete of the Year at the conclusion of the 2022 indoor season. The High Point, North Carolina, native is the second Hawkeye ever to win the Big Ten honor indoors (Wayne Lawrence, Jr., 2020) and the seventh overall (indoor and outdoor). Former Hawkeye Jaylan McConico was the last Hawkeye to earn a Big Ten Track Athlete of the Year honor (2021, outdoor). McKiver finished runner-up in the 400 meters (45.65) at the NCAA Indoor Championships in Birmingham, Alabama, on March 12, earning first team All-America honors. He also anchored the second team All-America 4x400-meter relay. McKiver finished as a Big Ten Champion in the 600 meters (1:15.67) and as a member of the 4x400-meter relay back on February 26 at the Big Ten Indoor Championships in Geneva, Ohio. The Hawkeye had one of the best indoor seasons in Iowa history – breaking three school records in a two-week span. McKiver ran the seventh-fastest 600 meters ever collegiately (all tracks and surfaces) at the Mayo Invite (1:15.36). The following week at the Tyson Invite, he broke the 400-meter record (45.39) and anchored the school record 4x400-meter relay that bested the previous record by over two seconds (3:02.40) — the second-fastest time in the NCAA this season.

BACK-TO-BACK BIG TEN CHAMPIONS

The University of Iowa men's track and field team captured the 2021 Big Ten Outdoor title with a school record 127.5 points, besting runner-up Michigan by 33 points. The outdoor conference title was the second straight for the Hawkeyes. Iowa previously won the championship in Iowa City in 2019. The Hawkeyes won both the indoor and outdoor championship in the same year for the first time since 1963. The Hawkeyes defended their indoor Big Ten title on the men's side as well on Feb. 12, and aim to complete a title sweep once again this spring.

HAWKEYES MAKE HISTORY AT 2021 NCAA CHAMPIONSHIPS

The University of Iowa track and field program completed the NCAA outdoor season with a 12th place finish for the men and a 26th place finish for the women at the 2021 NCAA Outdoor Championships in Eugene, Ore. The women had four athletes earn All-America honors in five events, scoring 11 team points. The men had 11 athletes earn All-America honors in nine events, scoring 19 team points, the most since 1967.

15 ENTRIES TO 2021 NCAA FINAL SITE MATCHES PROGRAM BEST

The University of Iowa track and field team had 15 entries at the NCAA final site, tying the program record for the most entries since 2010, the year the NCAA altered the format for athletes to qualify and advance to the NCAA Championships. Iowa last had 15 entries in 2018. The Hawkeye men had 10 entries (eight individual events and two relays), matching their 2019 total and tying a program high. The Iowa women had five entries (five individual events), their most since having a program-best seven entries in 2018.

NCAA HISTORY

The Hawkeye men have eight top 10 NCAA Outdoor Championship finishes in program history, the last coming in 1932 (sixth). The Hawkeyes finished third on three occasions (1921, 1923 and 1930). In modern history, the Hawkeyes best NCAA finish was in 2021 when they placed 12th. Other top 25 finishes include 17th in 2017, 19th in 1995, 21st in 1993 and 21st in 1989. The Hawkeye women's best finish at the NCAA Outdoor Championships came in 2018, when they placed 13th with 19 points. Laulauga Tausaga scored 10 points that year, placing fourth in both shot put and discus. The women also placed in the top 25 in 2019 (25th), 2006 (20th), 1992 (19th) and 1985 (20th).

RECORD-BREAKING 2021

The Hawkeyes set five school records in 2021, three on the men's side and two on the women's side. Jaylan McConico ran 13.23 to win the Big Ten title in the 110-meter hurdles. Will Daniels scored a school-record 7,864 points while placing second in decathlon at the Big Ten Championships. Nathan Mylenek ran 8:35.21 to break the 3,000-meter steeplechase record and earn a silver medal at the Big Ten Championships. The women's 100-meter hurdles school record was broken by Paige Magee with a mark of 13.17 at the Big Ten Championships. Amanda Howe set a school record in the hammer throw, landing at 62.65 meters (205-6) to win the Billy Hayes Invite.

PRONUNCIATION GUIDE

Amber Aesoph.....	A-soph
Elijah Barnes	ill-LIE-juh
Alivia Bauer	ah-LIV-ee-uh
Alli/Grace Bookin-Nosbisch	nos-BISH
Mariel Bruxvoort	BROOKS-vort
Dimia Burrell.....	Dih-ME-uh
Ian Geisler	GUY-slur
Spencer Gudgel	GUD-gell
Maggie Gutwein	GUT-win
Peyton Haack.....	HOCK
Khullen Jefferson	CULLEN
Keith Keahna	kee-AH-nuh
Daniel Klysh	KLISH
Tyler Lienau	LEE-now
Jenoah McKiver	jeh-NOAH muh-KEE-ver
Tesa Roberts	TAY-suh
Nolan Roethler	RAWTH-ler
Kelli Tasic	tah-SICK
Ellie Twedt	TWEET

FRANCIS X. RETZMEYER TRACK

The University of Iowa track and field team practices and competes at the Francis X. Cretzmeyer Track during the outdoor season. Located within walking distance of Carver-Hawkeye Arena and Pearl Field, the track was completed in 1986. The facility was named after the late Francis X. Cretzmeyer, who coached the men's cross country and track teams from 1948-78 and led the Hawkeyes to five Big Ten team titles. Iowa hosted the 1987, 2000, 2011 and 2019 Big Ten Championships at Cretzmeyer.





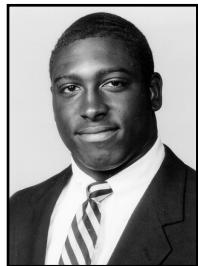
MEN'S TOP-50 NCAA RANKS

ATHLETE	EVENT	MARK.....	B1G RANK	REGION RANK.....	NCAA RANK
Jenoah McKiver	400m.....	44.74.....	1	1	1
Walker/Kresley/Reed/K. Jefferson	4x100m Relay.....	39.03.....	1	3	4
Steward/Bryson/Gillum/McKiver.....	4x400m Relay.....	3:02.39.....	1	3	5
James Carter, Jr.	Triple Jump	15.84m / 51'11.75.....	1	6	11
Kalen Walker	100m.....	10.20.....	2	5	16
Josh Braverman	110mH	13.74.....	5	9	19
Nik Curtiss	Shot Put	18.84m / 61'9.75"	4	12	20
Drake Woody	400mH	51.20.....	2	14	25
Grant Conway	110mH	13.81.....	6	14	26
Julien Gillum.....	400mH	51.33.....	4	18	29
Armando Bryson.....	800m.....	1:49.24.....	5	12	30
Phillip Jefferson.....	400mH	51.36.....	5	19	31
Gratt Reed	110mH	13.87.....	7	19	34
Everett Steward	400m.....	46.40.....	5	26	37
Nathan Farrell	400mH	51.65.....	7	25	39
Jordan Johnson	Discus56.06m / 183'11"	1	20	43
Max Murphy	10K	28:57.96	3	26	44
Khullen Jefferson	200m.....	20.83.....	1	20	45
Austin Kresley	200m.....	20.83.....	1	20	45
Raymonte Dow	400mH	51.86.....	9	31	48

WOMEN'S TOP-50 NCAA RANKS

ATHLETE	EVENT	MARK.....	B1G RANK	REGION RANK.....	NCAA RANK
LaSarah Hargrove	200m.....	22.79.....	1	4	6
LaSarah Hargrove	100m.....	11.13.....	1	5	7
Erin Dowd.....	400mH	57.47.....	2	5	11
Mariel Bruxvoort	400mH	57.73.....	3	6	13
Lia Love.....	100m.....	11.33.....	2	9	15
Payton Wensel.....	400mH	58.05.....	4	9	16
Hargrove/Love/Dowd/Magee	4x100m Relay.....	44.06.....	2	10	18
Paige Magee	400mH	58.48.....	7	12	22
Bruxvoort/Roberts/Wensel/Dowd.....	4x400m Relay.....	3:35.40.....	3	14	24
Amanda Howe	Hammer Throw.....	62.03m / 203'6"	1	16	30
Myreanna Bebe	100mH	13.36.....	3	18	31
Kat Moody.....	Discus	52.42m / 172'0"	6	24	41

OUTDOOR ALL-TIME TOP 10 PERFORMERS



Jeremy Allen



Justin Austin



Matt Byers



Will Daniels



Troy Doris



Jeffery Herron



Gabe Hull

100 Meters

1.	Kalen Walker, 2022	10.20
2.	Justin Austin, 2011	10.21
3.	O'Shea Wilson, 2017	10.22
4.	George Page, 1996	10.25
5.	James Harrington, 2015	10.26
6.	Anthuan Maybank, 1994	10.31
	Tim Dwight, 1997	10.31
	Josh Larney, 2013	10.31
	Vinnie Saucer, Jr., 2015	10.31
10.	Antonio Woodard, 2018	10.34

400 Meters

1.	Jenoah McKiver, 2022	44.74
2.	Mar'yea Harris, 2018	44.94
3.	Anthuan Maybank, 1993	44.99
4.	Andre Morris, 1995	45.15
5.	Mike Mondane, 1967	45.20
6.	Wayne Lawrence, Jr., 2019	45.33
7.	Steven Willey, 2010	45.78
8.	Karayme Bartley, 2019	45.80
9.	DeJuan Frye, 2018	46.17
	Gary Hollingsworth, 1963	46.30

1,500 Meters

1.	Jeff Thode, 2010	3:43.02
2.	Kal Lewis, 2021	3:43.32
3.	Joel Moeller, 1978	3:44.01
4.	Jim Docherty, 1978	3:44.30
5.	Nathan Mylenek, 2019	3:44.49
6.	Sam Fourman, 2015	3:44.50
7.	Michael Melchert, 2018	3:44.59
8.	Adam Jones, 2017	3:45.48
9.	Dan Waters, 1986	3:46.35
10.	Kevin Herd, 1994	3:46.64

110-Meter High Hurdles

1.	Jaylan McConico, 2021	13.23
2.	Aaron Mallett, 2017	13.24
3.	Jamal Britt, 2021	13.45
4.	Pat McGhee, 1989	13.50
5.	Dion Trowers, 1996	13.62
6.	Ronnie McCoy, 1985	13.66
7.	Josh Braverman, 2021	13.69
8.	Ethan Holmes, 2011	13.73
9.	Jordan Mullen, 2013	13.76
	Chris Douglas, 2018	13.76

400-Meter Hurdles

1.	Pat McGhee, 1988	48.83
2.	Jamal Britt, 2021	49.69
3.	Monte Raymond, 1998	50.09
4.	Ray Varner, 2010	50.24
5.	Chris Douglas, 2019	50.32
6.	Paul Steele, 1989	50.45
7.	Russell Peterson, 2001	50.50
8.	Ethan Holmes, 2013	50.51
9.	Adam Kunkel, 2001	50.73
	Austin Lietz, 2021	50.92

3,000-Meter Steeplechase

1.	Nathan Mylenek, 2021	8:35.41
2.	Deacon Jones, 1956	8:47.40
3.	Steve Pershing, 1978	8:54.59
4.	Andy Morris, 2000	8:56.21
5.	Matt Gerard, 1994	8:57.01
6.	Andy Napier, 2008	8:57.54
7.	Rollie Kitt, 1967	9:02.90
8.	Al Greene, 1985	9:02.96
9.	Tony Rakaric, 2005	9:03.29
10.	Mark Battista, 2010	9:04.60

200 Meters

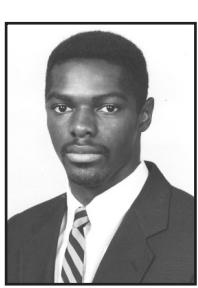
1.	Justin Austin, 2011	20.31
2.	Jeff Patrick, 1983	20.47
3.	James Harrington, 2015	20.50
4.	Karayme Bartley, 2019	20.51
5.	Anthuan Maybank, 1994	20.55
6.	Victor Green, 1984	20.60
7.	Antonio Woodard, 2018	20.61
8.	Andre Morris, 1995	20.64
9.	George Page, 1996	20.67
10.	Collin Hofacker, 2017	20.71
	Wayne Lawrence, Jr., 2021	20.71

800 Meters

1.	Erik Sowinski, 2012	1:45.90
2.	Matt Manternach, 2019	1:46.93
3.	Carter Lilly, 2016	1:46.95
4.	Bill Frazier, 1962	1:47.64
5.	D'Juan Strozier, 1990	1:47.82
6.	Adam Hairston, 2011	1:48.10
7.	Tysen VanDraska, 2021	1:48.13
8.	Alec Still, 2021	1:48.47
9.	Will Teubel, 2015	1:48.60
	Nolan Teubel, 2019	1:48.75

5,000 Meters

1.	Micah VanDenend, 2007	13:49.31
2.	Nathan Mylenek, 2021	13:54.15
3.	Daniel Soto, 2021	13:55.71
4.	Larry Wieczorek, 1968	13:56.00
5.	Kevin Herd, 1993	13:59.00
6.	Stetson Steele, 2000	14:02.76
7.	Kevin Lewis, 2014	14:02.78
8.	Eric MacTaggart, 2005	14:04.79
9.	Dan Haut, 2006	14:07.30
10.	Jesse Luciano, 2010	14:08.71



Anthuan Maybank



Jaylan McConico



Pat McGhee



Jenoah McKiver



Nathan Mylenek

OUTDOOR ALL-TIME TOP 10 PERFORMERS



Erik Sowinski



Stetson Steele



Jeff Thode



Micah VanDenend



Kalen Walker



Todd Wigginton



Arno
van der Westhuizen

10,000 Meters

1. Stetson Steele, 2000 28:44.47
2. Daniel Soto, 2021 28:48.18
3. Eric MacTaggart, 2006 28:50.23
- 4. Max Murphy, 2022 28:57.96**
5. Kevin Lewis, 2015 28:59.62
- 6. Nick Trattner, 2022 29:39.83**
7. Nick Nordheim, 2002 29:44.71
8. Trent Corey, 2002 29:45.25
9. Ian Eklin, 2017 29:47.06
10. Chad Schwitters, 1999 29:56.00

Pole Vault

1. Todd Wigginton, 1984 17-0 (5.18)
2. Chad Ohly, 1994 16-8 3/4 (5.10)
- Kyle Reid, 2013 16-8 3/4 (5.10)
4. Curt Broek, 1978 16-8 (5.08)
5. Andy Jatis, 2018 16-7 1/2 (5.07)
6. Phil Wertman, 1971 16-7 (5.05)
- Kelly Scott, 1988 16-7 (5.05)
- 8. Peyton Haack, 2021 16-4 3/4 (5.00)**
9. John Teffer, 1972 16-2 (4.93)
10. Alex Zona, 2009 16-0 3/4 (4.90)

Discus

1. Gabe Hull, 2014 207-1 (63.11)
2. Reno Tuufuli, 2019 205-2 (62.54)
3. A.J. Curtis, 2007 202-11 (61.84)
4. Gary Kostrubala, 1986 202-4 (61.68)
5. Jeremy Allen, 2001 195-4 (59.54)
6. Tim Brodersen, 2005 193-6 (58.98)
- 7. Jordan Johnson, 2021 189-6 (57.77)**
8. Avery Meyers, 2017 185-8 (56.61m)
9. Brad Daufeldt, 2004 185-0 (56.40)
10. Nick Brayton, 2009 180-11 (55.15)

Decathlon

1. Will Daniels, 2021 7,864 pts
- 2. Austin West, 2021 7,805 pts**
3. William Dougherty, 2018 7,673 pts
- 4. Peyton Haack, 2021 7,458 pts**
5. Kyle Reid, 2013 7,203 pts
6. Jack Eckert, 2015 7,087 pts
7. Dan Rolling, 2010 6,957 pts
8. Scott Faber, 2000 6,839 pts
9. Ryan Niver, 2008 6,837 pts
10. Chad Ohly, 1994 6,641 pts

Long Jump

1. Anthuan Maybank, 1993 27-1 (8.25)
2. Bashir Yamini, 1997 26-8 1/4 (8.13)
3. Paul Jones, 1989 25-10 1/4 (7.88)
4. Darren Smith, 1991 25-9 3/4 (7.86)
5. Quinn Early, 1986 25-7 1/4 (7.80)
6. O'Shea Wilson, 2017 25-5 1/4 (7.75)
- James Carter, Jr., 2021.... 25-5 1/4 (7.75)**
8. Ed Gordon, 1931 25-4 3/8 (7.68)
9. Matty Gorman, 2006 25-1 1/4 (7.65)
10. Ronnie McCoy, 1985 25-0 (7.62)

Hammer

1. A. van der Westhuizen, 2001222-11 (67.94)
2. Adam Hamilton, 2007 222-2 (67.73)
3. Jim Costello, 2002 217-7 (66.32)
4. Brad Daufeldt, 2004 207-10 (63.34)
5. Chris Voller, 2005 206-0 (62.80)
6. Matt Banse, 2012 201-11 (61.55)
- 7. Tyler Lienau, 2021 199-6 (60.81)**
8. Jeremy Allen, 2001 199-0 (60.66)
9. Ben Stancombe, 2011 197-6 (60.20)
- 10. Nikolas Curtiss, 2022 192-4 (58.62)**

High Jump

1. Jeffery Herron, 2012 7-4 1/4 (2.24)
2. Bill Hansen, 1978 7-4 (2.23)
- Bill Knoedel, 1975 7-4 (2.23)
4. Kevin Spejcher, 2014 7-2 1/2 (2.20)
5. M. Cunningham, 1986 7-1 (2.16)
- Kenneth Lansing, 1988 7-1 (2.16)
- Jay Hunt, 2019 7-1 (2.16)
8. Pat Meade, 1987 7-0 1/4 (2.14)
9. Graham Valdes, 2012 6-11 3/4 (2.12)
10. Will Daniels, 2021 6-11 1/2 (2.12)

Triple Jump

1. Troy Doris, 2012 54-8 (16.66)
- 2. James Carter, Jr., 2021 .. 54-2 3/4 (16.53)**
3. Babatunde Amosu, 2015.... 53-10 (16.15)
4. Paul Jones, 1990 53-9 (16.38)
5. Antwon James, 2017 52-4 1/2 (15.96)
6. Klyvens Delaunay, 2013.. 52-2 1/2 (15.91)
7. Gordon Finch, 1988..... 50-9 1/4 (15.47)
8. Mike Lacy, 1984 50-5 (15.36)
9. Pat Miller, 1985 49-8 1/2 (15.25)
10. Matty Gorman, 2008..... 49-2 1/2 (15.00)

Javelin

1. Matt Byers, 2011 245-8 (74.89)
2. Bill Neumann, 2002 244-8 (74.58)
3. Dan Ralph, 2000 227-10 (69.44)
4. Sam Joens, 2015 211-5 3/4 (64.45)
5. Zach Schimp, 2010 211-0 (64.32)
6. Alex Balke, 2016 205-11 (62.77)
7. Kale Katt, 2007 204-0 (62.17)
8. Joel Storm, 2004 203-5 (62.01)
9. Matt Stank, 2001 199-0 (60.66)
- 10. Austin West, 2021 193-0 (58.82m)**

Shot Put

1. Jeremy Allen, 2001 63-2 3/4 (19.27)
2. Reno Tuufuli, 2018 62-10 3/4 (19.17)
3. Ken Kemeny, 2005 62-3 (18.97)
4. Shane Maier, 2006 62-2 1/4 (18.95)
5. Andy Banse, 2005 61-11 1/2 (18.88)
- 6. Nikolas Curtiss, 2022 61-9 3/4 (18.84)**
7. John Hickey, 2008 61-9 1/2 (18.83)
- 8. Elijah Barnes, 2021 60-4 1/2 (18.40)**
9. Avery Meyers, 2017 60-4 (18.39)
10. Chris Gambol, 1987 60-0 1/2 (18.30)

MEN'S ALL-TIME TOP 10 RELAYS

400-Meter Relay

1.	Kalen Walker, Austin Kresley, Gratt Reed, Khullen Jefferson, 2022	39.03
2.	Brissett, Wilson, Thompson, Mallett, 2017	39.12
3.	Hofacker, Woodard, Lawrence Jr., Bartley, 2019	39.17
4.	Mincy, Wilson, Harrington, Brown, 2014	39.19
5.	Mincy, Austin, E. Holmes, Larney, 2013	39.31
6.	Saucer, Jr., Brissett, Harrington, Mallett, 2016	39.44
7.	Brissett, Wilson, Woodard, Mallett, 2017	39.46
8.	Beecham, Duckett, Greer, R. Smith, 1984	39.48
	McConico, Woodard, Reed, Kresley, 2021	39.48
10.	Mallett, Wilson, Ogwo, Harris, 2017	39.49

Shuttle Hurdle Relay

1.	McGhee, Armstrong, Falls, Stelle, 1989	57.80
2.	Wigginton, Jones, Lacey, McCoy, 1985	59.77
3.	Williams, Haack, Braverman, McConico, 2019	1:01.14
4.	1975	1:05.20

800-Meter Relay

1.	James, Mallett, Harris, B. Thompson, 2017	1:23.02
2.	B. Thompson, Brissett, Harrington, Ganschow, 2016	1:23.36
3.	B. Thompson, Ganschow, Frye, Hofacker, 2017	1:23.73
4.	Richardson, Sayon, Richards, Chaney, Jr., 2009	1:24.85
5.	Harrington, VanCleave, Wilson, Mallett, 2014	1:24.86
6.	Austin, Brown, Larney, VanCleave, 2013	1:25.60
7.	Wilson, Sorrells, Douglas, Williams, 2018	1:25.87
8.	Barclay, McCalister, Jensen, Elliott, 1979	1:26.39
9.	Sorrells, Braverman, Douglas, Haack, 2019	1:28.29
10.	Thomas, Balkrishnan, Patterson, Freidrich 1991	1:28.38

1,600-Meter Relay

1.	Lawrence Jr., Woodard, Bartley, Harris, 2019	3:00.14
2.	Frye, Harris, Hofacker, Ogwo, 2017	3:01.91
3.	Steward, Bryson, Gillum, McKiver, 2022	3:02.39
4.	Lietz, Woodard, Gillum, Lawrence, Jr., 2021	3:02.54
5.	Frye, Ogwo, Hofacker, Harris, 2017	3:02.57
6.	Lawrence Jr., Woodard, Hofacker, Harris, 2019	3:03.10
7.	Morris, Davis, Page, Rozell, 1995	3:03.11
8.	Branch, Dwight, Dodge, Yamini, 1999	3:03.29
9.	Frye, Woodard, Hofacker, Harris, 2018	3:03.69
10.	Ogwo, Harris, Hofacker, Lilly, 2017	3:03.78

Sprint Medley Relay

1.	McCorkle, Jones, Chung, Strozier, 1990	3:15.64
2.	Sayon, Austin, Willey, Sowinski, 2011	3:16.18
3.	Richards, Larney, Davey, Sowinski, 2012	3:17.25
4.	Richardson, Richards, Willey, Sowinski, 2010	3:17.74
5.	Hofacker, Woodard, Harris, VanDraska, 2018	3:18.11
6.	Saucer, Jr., Brissett, Harris, Lilly, 2016	3:18.53
7.	Hofacker, Woodard, Harris, Lilly, 2017	3:18.73
8.	Armstrong, Thomas, Maybank, Strozier, 1991	3:18.93
9.	Yamini, Davis, Dodge, Donovan, 1999	3:19.87
10.	Richards, Chaney, Jr., Barton, Hairston, 2009	3:20.05

3,200-Meter Relay

1.	Schum, Christensen, Steffen, Criswell, 1971	7:18.60
2.	VanDraska, Still, Teubel, Lilly, 2019	7:22.50
3.	Hairston, Prom, Thode, Sowinski, 2011	7:23.77
4.	Manternach, VanDraska, W. Teubel, Lilly, 2017	7:24.77
5.	Melchert, Manternach, N. Teubel, Lilly, 2018	7:28.37
6.	Corrigan, Blackman, Strozier, Chambers, 1989	7:29.00
7.	Hoffman, Olson, Still, VanDraska, 2021	7:29.81
8.	Melchert, Dorman, Lilly, Larrison, 2016	7:30.32
9.	N. Teubel, Manternach, Chaidez, W. Teubel, 2017	7:30.74
10.	Lilly, Dorman, W. Teubel, Davey, 2015	7:31.48

Distance Medley Relay

1.	Pershing, Moeller, Slack, Docherty, 1978	9:39.94
2.	Kuczwara, Barton, Hairston, Thode, 2011	9:41.37
3.	N. Holmes, VanCleave, Sowinski, Thode, 2012	9:41.59
4.	Young, Barton, Kuczwara, Luciano, 2010	9:42.97
5.	Mylenek, Thompson, Manternach, Melchert, 2018	9:50.70
6.	VanDraska, Lawrence Jr., Teubel, Mylenek, 2019	9:53.14
7.	Prom, Davey, Weir, Witt, 2013	9:53.83
8.	Theisen, Williams, Wiesa, Waters, 1985	9:54.04
9.	Wilfong, Slaymaker, W. Teubel, Witt, 2013	9:54.05
10.	Luciano, Pierre, Hairston, VanDenend, 2007	9:54.07

6,400-Meter Relay

1.	Pershing, Fuller, Moeller, Docherty, 1978	16:27.70
2.	Rakaric, Webster, MacTaggart, VanDenend, 2006	16:55.43
3.	Lewis, Witt, Hart, Fourman, 2015	16:58.44
4.	Price, Eklin, Gardarsson, Docherty, 2016	17:00.30
5.	Paul, Kadlec, Thode, Luciano, 2010	17:01.46
6.	Witt, Lewis, Hart, Butler, 2014	17:01.65
7.	N. Holmes, Witt, Thode, Lewis, 2012	17:02.26
8.	Thomas, Allen, Rakaric, Lloyd, 2003	17:06.27
9.	Pittman, Novotny, Feeldy, Marquardt, 1995	17:12.49
10.	Bakker, Feeldy, Peters, Pittman, 1996	17:13.10

OUTDOOR ALL-TIME TOP 10 PERFORMERS



Meghan Armstrong

Marta Bote
Gonzalez

Brittany Brown

Nan Doak

Briana Guillory

Amanda Howe

Aisha James

100 Meters

1.	Brittany Brown, 2018	11.28
2.	Lia Love, 2022.....	11.33
3.	Briana Guillory, 2016.....	11.35
4.	Lake Kwaza, 2015	11.40
5.	Vivien McKenzie, 1985.....	11.45
6.	Davera Taylor, 1984	11.51
7.	Erica Broomfield, 1998.....	11.53
8.	Jiselle Providence, 2001	11.57
9.	Tanja Reid, 1994.....	11.60
	Peaches Roach, 2005	11.60

400 Meters

1.	Briana Guillory, 2018.....	51.30
2.	Kineke Alexander, 2006	51.35
3.	Elexis Guster, 2016	51.85
4.	Shellene Williams, 2004	51.94
5.	Ashley Liverpool, 2012	52.47
6.	Ellen Grant, 1996	52.65
7.	Alexis Hernandez, 2017.....	53.27
8.	Cortney Strohman, 2021.....	53.68
9.	Senta Hawkins, 1988.....	54.01
	Bethany Praska, 2011.....	54.01

1,500 Meters

1.	Meghan Armstrong, 2006	4:17.41
2.	Betsy Flood, 2010.....	4:17.75
3.	Jeanne Kruckeberg 1989	4:19.71
4.	McKenzie Melander, 2012	4:20.22
5.	Lauren Hardesty, 2009	4:20.40
6.	Diane Nukuri, 2007	4:20.95
7.	Penny O'Brien, 1985	4:21.43
8.	Kay Stormo, 1982	4:22.24
9.	Michelle Lahann, 2004	4:24.00
10.	Shannon Stanley, 2006	4:25.08

100-Meter Hurdles

1.	Paige Magee, 2021	13.17
2.	Tiffany Johnson, 2007	13.20
3.	Jenny Kimbro, 2018.....	13.22
4.	Myreanna Bebe, 2022	13.36
5.	Jahisha Thomas, 2017	13.46
6.	Tria Simmons, 2019.....	13.49
7.	Karessa Farley, 2009	13.53
8.	Tionna Tobias, 2021.....	13.58
9.	C. Prendergast, 1999.....	13.60
	Paula Ruen, 2000	13.60

400-Meter Hurdles

1.	Mary Knoblauch, 1981	56.16
2.	Wynsome Cole, 1998	56.67
3.	Mon Tayla Holder, 2014.....	56.70
4.	Erin Dowd, 2022	57.47
5.	Mariel Bruxvoort, 2022.....	57.73
6.	Payton Wensel, 2022	58.05
7.	Jenny Kimbro, 2019.....	58.27
8.	Paige Magee, 2022	58.48
9.	Chris Davenport, 1981	59.18
	Sommer Sharpe, 2018.....	59.20

3,000 Meters

1.	Diane Nukuri, 2008	9:18.82
2.	Penny O'Brien, 1985	9:20.61
3.	McKenzie Melander, 2012	9:21.59
4.	Betsy Flood, 2010.....	9:22.63
5.	Nan Doak, 1985.....	9:23.04
6.	Tracy Dahl, 1992	9:23.53
7.	Meghan Armstrong, 2006	9:28.03
8.	Brooke Eilers, 2011	9:30.08
9.	Jeanne Kruckeberg, 1989	9:30.69
10.	Jennifer Brower, 1992	9:34.59

200 Meters

1.	Brittany Brown, 2017	22.30
2.	LaSarah Hargrove, 2022	22.79
3.	Briana Guillory, 2016.....	22.89
4.	Elexis Guster, 2016	23.03
5.	Lake Kwaza, 2016	23.17
6.	Shellene Williams, 2004	23.50
7.	Kineke Alexander, 2006	23.58
8.	Davera Taylor, 1984	23.59
9.	Vivien McKenzie, 1985.....	23.61
10.	Lia Love, 2022.....	23.64

800 Meters

1.	Bethany Praska, 2011.....	2:03.78
2.	Mallory King, 2021	2:05.23
3.	Kay Stormo, 1982	2:05.67
4.	Taylor Arco, 2019	2:06.06
5.	Michelle Lahann, 2004	2:06.79
6.	Katharina Trost, 2015	2:07.09
7.	Mahnee Watts, 2016	2:07.41
8.	Aisha Hume, 2005	2:08.50
9.	Adrianne Alexia, 2013	2:08.61
	Alli Bookin-Nosbisch, 2022	2:08.39

3,000-Meter Steeplechase

1.	Marta Bote Gonzalez, 2015.....	10:23.15
2.	Danielle Berndt, 2011	10:26.54
3.	Jessica Schmidt, 2008.....	10:27.18
4.	Sarah Arens, 2004	10:34.50
5.	Hannah Roeder, 2011	10:35.22
6.	Madison Waymire, 2017	10:41.91
7.	Kelsey Hart, 2011	10:47.56
8.	Anna Hostetler, 2019	10:57.25
9.	Kelly Breen, 2017	10:59.99
10.	Katie Ellis, 2010	11:02.62

5,000 Meters

1.	Nan Doak, 1985	15:45.84
2.	McKenzie Melander, 2012	15:57.13
3.	Diane Nukuri, 2008	15:59.39
4.	Betsy Flood, 2011	16:04.46
5.	Meghan Armstrong, 2008	16:08.83
6.	Brooke Eilers, 2011	16:11.86
7.	Mareike Schrulle, 2013	16:12.66
8.	Jenny Spangler, 1983	16:17.21
9.	Tracy Dahl, 1992	16:18.77
10.	Racheal Marchand, 2008	16:27.02



Jenny Kimbro

Paige Magee

OUTDOOR ALL-TIME TOP10 PERFORMERS



Diane Nukuri



Bethany Praska



Alana Redfern



Peaches Roach



Jessie Strand



Laulauga Tausaga



Jahisha Thomas

10,000 Meters

1. Diane Nukuri, 2008 33:17.01
2. Jennifer Brower, 1991..... 33:23.38
3. Meghan Armstrong, 2008..... 33:28.00
4. Nan Doak, 1985..... 33:33.03
5. Jenny Spangler, 1983 33:39.24
6. Andrea Shine, 2018..... 33:50.25
7. Racheal Marchand, 2008 34:05.87
8. McKenzie Melander, 2012 34:29.83
9. Tracy Dahl, 1992 34:30.09
10. Betsy Flood, 2011..... 35:05.10

Heptathlon

1. Jenny Kimbro, 2021..... 5,679 pts
2. Tammilee Kerr, 2008..... 5,633 pts
3. Tria Simmons, 2019..... 5,557 pts
4. Dallyssa Huggins, 2021..... 5,437 pts
5. Kathy Gillespie, 1983..... 5,262 pts
6. **Tionna Tobias, 2021..... 5,083 pts**
7. Tiff Pedersen, 2004 4,976 pts
8. Janet Adams, 1981..... 4,855 pts
9. Sarah Ryan, 2012 4,819 pts
10. Ruqayya Raheem, 1997 4,665 pts

High Jump

1. Peaches Roach, 2006 6-1 1/4 (1.86)
2. Jenny Kimbro, 2019..... 6-0 3/4 (1.85)
3. Mary Mol, 1983..... 6-0 (1.83)
4. Khanishah Williams, 2013 5-11 1/4 (1.81)
5. Dallyssa Huggins, 2021..5-10 1/2 (1.79m)
6. Caleigh Bacchus, 2010..... 5-10 (1.78)
7. Lynn McMillan, 1988..... 5-9 1/4 (1.76)
- Aubrianna Lantrip, 20185-9 1/4 (1.76)
- Tria Simmons, 2019..... 5-9 1/4 (1.76)
10. Madison Rouw, 2016..... 5-8 3/4 (1.75)
- Tria Simmons, 2018..... 5-8 3/4 (1.75)

Pole Vault

1. Jessie Strand, 2003..... 12-10 1/4 (3.92)
2. Sarah Burgett, 2006 12-1 3/4 (3.70)
3. Kirsten Weismantle, 2011..... 12-0 (3.66)
4. Amy Smith, 2018..... 11-11 3/4 (3.65)
5. Katie Truedson, 2010 11-5 1/4 (3.49)
6. Gina Shannon, 2001..... 11-2 1/4 (3.41)
7. Brittany Holst, 2013 11-1 (3.38)
- Elyssa Tracy, 2015..... 10-6 (3.20)
- Kacey Childs, 2000 8-0 1/2 (2.45)

Long Jump

1. Aisha James, 2003..... 22-3 (6.78)
2. Jahisha Thomas, 2018 21-6 (6.55)
3. Zinnia Miller, 2014 20-6 1/2 (6.26)
4. Renee White, 2008 20-3 3/4 (6.19)
5. Carisa Leacock, 2014 19-11 3/4 (6.09)
6. Amanda Carty, 2019..... 19-11 1/2 (6.08)
7. **Tionna Tobias, 2021..... 19-11 (6.07)**
8. Becki Borg, 1988 19-7 1/4 (5.97)
9. Jenny Kimbro, 2018..... 19-7 (5.97)
10. Kassidy Ellis, 2015 19-6 1/4 (5.95)

Triple Jump

1. Jahisha Thomas, 2018 44-2 (13.46)
2. Renee White, 2008 43-10 3/4 (13.36)
3. Zinnia Miller, 2014 42-0 1/2(12.81)
4. **Kayla Hutchins, 2021 41-10 (12.75)**
5. Tiffany Johnson, 2007 41-8 3/4 (12.72)
6. Eavion Richardson, 2021..... 41-1 (12.52)
7. Carisa Leacock, 2012....40-10 1/2 (12.46)
8. Amanda Carty, 2019 40-11 (12.47)
9. Becki Borg, 1988 40-7 1/2 (12.38)
10. Tria Simmons,2016 40-7 1/2(12.38)

Shot Put

1. Laulauga Tausaga, 2019 .59-1 1/2 (18.02)
2. Nia Britt, 2019 55-7 3/4 (16.96)
3. **Kat Moody, 2021 54-7 1/2 (16.65)**
4. Lisa Van Steenwyk, 1992..... 50-8 (15.44)
5. **Nicole Berry, 2022 50-5 1/4 (15.37)**
6. Gail Smith, 1984..... 50-3 1/4 (15.32)
7. Denise Taylor, 1992 50-1 3/4 (15.28)
8. Erika Hammond, 2019....49-9 1/4 (15.17)
9. **Jamie Kofron, 2022..... 49-5 (15.06)**
10. Kamesha Marshall, 2005 48-6 3/4 (14.80)

Discus

1. Laulauga Tausaga, 2019 209-9 (63.94)
2. Serena Brown, 2021..... 196-2 (59.81)
3. K. Spanoudakis, 2019 190-1 (57.95)
4. Majesty Tutson, 2013 181-1 (55.19)
5. **Kat Moody, 2022 171-11 (52.42)**
6. Dakotah Goodell, 2014 169-4 (51.62)
7. **Jamie Kofron, 2022..... 166-1 (50.62)**
8. Kara Misel, 2021..... 162-1 (49.40)
- Tiffany Medenwaldt, 2010. 161-3 (49.16)
- Denise Taylor, 1992 160-5 (48.90)

Javelin

1. Alana Redfern, 2003 181-5 (55.30)
2. Tammilee Kerr, 2008..... 163-5 (49.81)
3. Marissa Mueller, 2019..... 154-3 (47.02)
4. Mandy Beck, 1999..... 153-4 (46.74)
5. Dakotah Goodell, 2015 153-3 1/4 (46.71)
6. Terri Soldan, 1983 152-6 1/4 (46.48)
7. Shani Renning, 1990 152-3 (46.40)
8. Kayla Hochhalter, 2015 152-6 (46.48)
9. Clara Simon, 1981 149-9 (45.64)
10. Janet Adams, 1984..... 148-7 (45.28)

Hammer Throw

1. **Amanda Howe, 2021205-6 (62.65)**
2. Laulauga Tausaga, 2019 201-3 (61.34)
3. Annemie Smith, 2015... 200-1 1/2 (60.99)
- Nia Britt, 2019 200-1 (60.99)
- Allison Wahrman, 2021..... 198-7 (60.53)
- Jasmine Simpson, 2013..... 197-7 (60.23)
- Becca Franklin, 2007 195-0 (59.45)
- Ashlyn Gulvas, 2014..... 192-9 (58.75)
- Leah Colbert, 2018..... 189-3 (57.69)
- Kelsey Taylor, 2011 177-0 (53.95)

WOMEN'S ALL-TIME TOP 10 RELAYS

400-Meter Relay

1. Kwaza, Guster, Guillory, Hernandez, 2016.....44.04
2. **Hargrove, Love, Dowd, Magee, 2022**.....**44.06**
3. Chapman, Guillory, Hernandez, Brown, 201744.34
4. Kwaza, Guster, Chapman, Guillory, 2016.....44.41
5. Thomas, Avant, Guillory, Brown, 201844.44
6. Kwaza, Guster, Hernandez, Brown, 2014.....44.51
7. Thomas, Guillory, Hernandez, Brown, 2017.....44.53
8. Kwaza, Guster, Holder, Brown, 201444.62
9. Poole, Reid, Floyd, Hobbs, 1994.....44.63
10. **Hargrove, Love, Tobias, Magee, 2022****44.66**

Shuttle Hurdle Relay

1. Prendergast, Cole, Raheem, Ruen, 1998.....56.44
2. Cole, Prendergast, Raheem, Ruen, 1998.....56.54
3. Raheem, Prendergast, Cole, Ruen, 199857.53

800-Meter Relay

1. Chapman, Guillory, Hernandez, Brown, 20171:35.36
2. Hobbs, Reid, Floyd, Poole, 1994.....1:35.69
3. Roach, McCalla, Alexander, Johnson, 20061:36.19
4. Chapman, Roberts-Lewis, Champe, Brown, 20161:36.98
5. Williams, Charles, Fouchè, Providence, 2003.....1:37.49
6. Herrmann, McCalla, Raymond, Roach, 2004.....1:37.66
7. Charles, Dixon, Knight, Prendergast, 20021:38.15
8. Christian, Buss, Swanson, Morken, 20191:38.52
9. Prendergast, Dixon, Knight, Providence, 20011:38.73
10. Trusty, Hendricks, Graham, Erickson, 20091:38.79

1,600-Meter Relay

1. Hernandez, Guillory, Holder, Guster, 20163:30.97
2. Guillory, Brown, Hernandez, Champe, 20173:32.37
3. Guster, Hernandez, Holder, Kwaza, 20143:34.83
4. **Bruxvoort, Roberts, Wensel, Dowd, 2022**.....**3:35.40**
5. Praska, Hendricks, Liverpool, Erickson, 20113:35.93
6. Champe, Guillory, Plock, Sharpe, 20183:35.94
7. Guster, Watts, Hernandez, Kwaza, 2014.....3:36.09
8. Hume, Charles, Steffen, Williams, 20033:36.26
9. Kimbro, Weum, Simmons, **Wensel, 2019**.....3:36.32
10. King, Saunders, **Bruxvoort, Strohman, 2021**3:36.50

Sprint Medley Relay

1. Jones, Hendricks, Liverpool, Praska, 2011.....3:48.63
2. Brown, Kwaza, Guster, Watts, 2014.....3:51.18
3. Kwaza, Guster, Holder, Watts, 2016.....3:52.62
4. Swanson, Morken, **King, Arco, 2019**3:52.85
5. Kwaza, Brown, Guster, Trost, 20153:53.29
6. **Christian, Buss, Guillory, Arco, 2019**3:54.18
7. Kwaza, R. Moore, Holder, Alexia, 2013.....3:54.51
8. Trusty, R. Moore, Hendricks, Praska, 2010.....3:56.53
9. Reid, Philip, Hobbs, Benning, 1995.....3:56.54
10. Roach, Alexander, McCalla, Stanley, 2005.....3:56.99

3,200-Meter Relay

1. McCabe, Arco, Saunders, King, 2019.....8:31.84
2. Suppelsa, Wodek, Kruckeberg, Schneckloth, 1987.....8:46.45
3. Lahann, Stanley, Hume, Barber, 20048:48.87
4. Schneckloth, Roberts, Hawkins, Kruckeberg, 19898:49.38
5. Trost, Maser, Alexia, Nelson, 20148:49.95
6. Nelson, Watts, Wilberding, Sindt, 2016.....8:51.90
7. Flood, Dlhy, L. Hardesty, Docherty, 20098:53.91
8. Armstrong, Stanley, Laney, Hume, 2005.....8:54.27
9. O'Brien, Camarigg, Williams, Stormo, 19818:54.36
10. Flood, Melander, Praska, Hardesty, 20108:54.45

Distance Medley Relay

1. Hoskins, Powell, Schneckloth, Kruckeberg, 198911:22.18
2. Armstrong, Alexander, Poncé, Stanley, 200711:25.05
3. Stanley, McCalla, Hume, Armstrong, 200511:34.04
4. Barber, Williams, Hume, Arens, 200411:34.56
5. Thompson, Williams, Hume, Arens, 200311:39.02
6. 200011:39.83
7. Schrulle, Erickson, Placzek, Eilers, 201211:40.57
8. Davenport, xx, xx, xx, 198111:41.44
9. Pare, Grant, Benning, Gilchrist, 199711:41.92
10. Dlhy, Erickson, Docherty, Anderson, 201011:43.06

6,400-Meter Relay

1. Flood, Melander, A. Hardesty, L. Hardesty, 201019:05.63
2. Nukuri, Marchand, Henize, Armstrong, 200819:15.42
3. Flood, Laesch, Ranegar, Melander, 201219:16.73
4. Flood, Eilers, Melander, L. Hardesty, 201119:17.52
5. Flood, Melander, A. Hardesty, Eilers, 200919:36.43
6. Scott, Gordon, Schrulle, Gambrall, 201319:41.15
7. Jones, Bote Gonzalez, Wilberding, Reischmann, 201519:59.72
8. Maser, Price, Wilberding, Montuclard, 201420:23.27
9. Chapple, Laney, Donlon, Sokol, 200520:39.12
10. Arens, Barber, Butler, Roberts, 200120:40.89