



IOWA HAWKEYES

SWIMMING & DIVING

THIS WEEK

The Hawkeyes head to West Lafayette, Indiana, for a packed meet against conference foes Purdue, Northwestern and Minnesota on Friday, Feb. 2, at 4 p.m. (CT) and Saturday, Feb. 3 at 10 a.m. (CT).

FOLLOW LIVE

- Live results for the meet are available on hawkeyesports.com (via the schedule page) and Meet Mobile.
- Fans can also follow the Hawkeyes on Twitter (@IowaSwimDive) for live meet updates.

HAWKEYES TAKE DOWN THE ILLINI

The Hawkeyes beat Illinois 166.5-133.5 in their meet on Jan. 12 in Champaign. Freshman Olivia Swalley earned three first-place finishes in the 100 (1:03.48) and 200 breaststroke (2:16.86), and in the 400 IM (4:21.54). Sophomore Scarlet Martin added a victory in the 100 butterfly (54.74) with an ARC pool record and in the 200 butterfly (2:01.95).

WHAT YOU NEED TO KNOW

- Freshman Olivia Swalley has four B1G freshman of the week honors, while sophomore Scarlet Martin has three B1G swimmer of the week honors this season.
- On Dec. 13, 2023, junior Makayla Hughbanks received her second B1G diver of the week honor.
- Iowa kicked off the 2023-24 season with a 197-104 victory against UNI.
- Iowa returned 20 student-athletes from last season and added 10 newcomers this season, including eight freshmen and two transfers.
- Amongst the returners are divers senior Sarah Ballard and junior Makayla Hughbanks, who qualified to compete in last season's NCAA Zone D Diving Championships.

ETCHED IN THE BOOKS

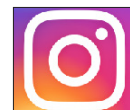
The Hawkeyes combined for 17 top-10 program performances and counting throughout the course of the 2023-24 season.

- 50 Free - Kennedy Gilbertson (22.70) - 3rd all-time
- 50 Free - Scarlet Martin (22.91) - 6th all-time
- 100 Free - Sabina Kupcova (50.26) - T-6th all-time
- 100 Free - Jenn Kerr (50.26) - T-6th all-time
- 200 Free - Sabina Kupcova (1:47.93) - 6th all-time
- 200 Free - Jenna Kerr (1:48.86) - 8th all-time
- 500 Free - Jenna Kerr (4:48.63) - 8th all-time
- 1650 Free - Jenna Kerr (16:46.86) - 10th all-time
- 100 Breast - Olivia Swalley (1:01.53) - 6th all-time
- 200 Breast - Olivia Swalley (2:12.92) - 4th all-time

2023-24 SCHEDULE

DATE	MEET	LOCATION	RESULTS
Oct. 6	Northern Iowa	Iowa City, Iowa	W, 197-104
Oct. 27-28	at Ohio St., Va. Tech	Columbus, Ohio	Complete
Oct. 28	at Vanderbilt	Nashville, Tenn.	L, 138-124
Nov. 10	at Nebraska	Lincoln, Neb.	W, 159-140
Nov. 30- Dec. 2	Hawkeye Invite	Iowa City, Iowa	Complete
Nov. 30- Dec. 2	Camo Invitational	Montreal, Canada	Complete
Dec. 8	at Iowa State	Ames, Iowa	W, 168-115
Jan. 2	at Miami	Coral Gables, Fla.	L, 93-168
Jan. 12	at Illinois	Champaign, Ill.	W, 166.5-133.5
Feb. 2-3	Minn., Northwestern, Pur. West Lafayette, Ind.		
Feb. 21-24	Big Ten Championships	West Lafayette, Ind.	
Mar. 4-6	NCAA Zone Diving	Houston, Tx.	
Mar. 14-16	CSCAA National Invite	Ocala, Fla.	
Mar. 20-23	NCAA Championships	Athens, Ga.	

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HEAD COACH NATHAN MUNDT

Nathan Mundt is in his third season as head coach of the University of Iowa women's swimming and diving program. It is Mundt's second stint with the Hawkeyes as he served as an assistant coach and recruiting coordinator from 2008-16.

Mundt has more than 16 years of coaching experience, including being the head coach at Western Illinois, where he was voted the 2007 Mid-Continent Conference Women's Coach of the Year. Mundt coached 33 NCAA All-Americans during his first Hawkeye stint. He was named the seventh head coach in program history in May, 2021.

Mundt rejoined the program after serving the Iowa Flyers Club (IFLY) head coach from 2016-21. Under its Club Excellence Program, USA Swimming recognized IFLY as a Silver Medal Club in 2017, a Bronze Medal Club in 2019 and 2020, and will be recognized as a Gold Medal Club in 2021 for having two 18 & Under athletes qualify for the USA Swimming Olympic Trials.

Mundt and his coaching staff were also named to the 2021 Iowa Swimming, Inc., Senior Coaching Staff of the Year as voted on their coaching peers.

During his time with IFLY, Mundt had two athletes named to USA Swimming's 18 & Under World Top 100 list. He coached a 2017 U.S. Open champion in the women's 200-meter butterfly and that same athlete was named to the USA Swimming National Junior Team in 2017.

Before becoming head coach of IFLY, Mundt spent eight years as an assistant coach and recruiting coordinator for the Hawkeyes from 2008-16. He helped lead the program to six top 40 finishes (men and women), while coaching 33 All-Americans, 42 NCAA qualifiers and the

- 200 Fly - Scarlet Martin (1:58.67) - T-4th all-time
- 200 IM - Olivia Swalley (1:59.15) - 3rd all-time
- 400 IM - Olivia Swalley (4:14.72) - 2nd all-time
- 200 Medley Relay - Gilbertson, Swalley, Martin, Kerr (1:39.59) - 5th all-time
- 400 Medley Relay - Gilbertson, Swalley, Martin, Kerr (3:38.28) - 7th all-time
- 200 Free Relay - Gilbertson, Kerr, Swalley, Martin (1:31.46) - 6th all-time
- 1 Meter Dive - Makayla Hughbanks (312.60) - 8th all-time
- 3 Meter Dive - Makayla Hughbanks (356.93) - 5th all-time

HIGHLIGHTING HUGHBANKS

Junior Makayla Hughbanks came away with a career-best 312.6 in the 1-meter dive, ranking eighth all-time in program history. The Bettendorf, Iowa, native also leads the team in the 3-meter dive score, posting a zone-qualifying total of 356.93, ranking fifth overall in school history.

DIVING TO NCAAS

Sarah Ballard and Simone Beinlich qualified for NCAA Zone Diving in both the 1-meter and 3-meter dives, following the Hawkeye Invitational. Beinlich finished second in the 1-meter dive (276.30) and fourth in the 3-meter (291.80), while Ballard posted her best 1-meter dive in the prelims (272.45) and a personal best in the 3-meter (319.55).

RISING UP THE RANKS

Over the three-day Hawkeye Invitational, Iowa combined for 15 of Iowa's top-10 all-time ranks. Four of these were in relays, while the rest were individual. Freshman Olivia Swalley contributed to eight between individual and relay events, while sophomore Scarlet Martin added six.

SWALLEY STUNS

In only the third meet of the season, freshman Olivia Swalley has etched her name on Iowa's top-ten list as part of seven rankings. She ranks sixth all-time in the 100 breaststroke (1:01.53), fourth all-time in the 200 breaststroke (2:12.92), third all-time in the 200 IM (1:59.15) and second all time in the 400 IM (4:14.72). Swalley has also contributed to rankings in the 200 Free Relay, the 200 medley relay and the 400 medley relay.

MARTIN MAKING MOVES

Sophomore Scarlet Martin was responsible for two individual Iowa top 10 finishes, including a fourth-place ranking in the 200 butterfly (1:58.67) and a sixth all-time ranking in the 50 freestyle (22.91). She also contributed to four all-time relays.

UP NEXT

The Hawkeyes head back to West Lafayette, Indiana, to compete across a span of four days at the B1G Championships. The team will take to the pool on Wednesday, Feb. 21, at 4 p.m. (CT), and Thursday, Feb. 22 through Friday, Feb. 23, at 9 a.m. (CT). The dual will be live streamed on B1G+ (subscription required).

2023-24 WOMEN'S SEASON-BEST TIMES

50 Free	Kennedy Gilbertson	22.70
100 Free	Jenna Kerr	50.26
200 Free	Jenna Kerr	1:48.86
500 Free	Jenna Kerr	4:48.63
1,000 Free	Alix O'Brien	10:07.58
1,650 Free	Jenna Kerr	16:46.86
100 Back	Kennedy Gilbertson	54.04
200 Back	Annie Galvin	1:59.86
100 Breast	Olivia Swalley	1:01.53 (B)
200 Breast	Olivia Swalley	2:12.92 (B)
100 Fly	Scarlet Martin	53.68 (B)
200 Fly	Scarlet Martin	1:58.67 (B)
200 IM	Olivia Swalley	1:59.15 (B)
400 IM	Olivia Swalley	4:14.72 (B)
200-Free Relay	Gilbertson, Kerr, Swalley, Martin	1:31.46
400-Free Relay	Kerr, Kupcova, Hood, Martin	3:22.56
800-Free Relay	Kerr, Kupcova, Swalley, Martin	7:21.21
200-Medley Relay	Gilbertson, Swalley, Martin, Kerr	1:39.59
400-Medley Relay	Gilbertson, Swalley, Martin, Kerr	3:38.28
1-Meter Diving	Makayla Hughbanks	312.60
3-Meter Diving	Makayla Hughbanks	356.93
Platform Diving	Geneva Pauly	222.40

(A) - NCAA A Cut (B) - NCAA B Cut (SR) -- school record ** Pool Record (ZS) - NCAA Diving Zone Standard

2023-23 INDIVIDUAL WINS

Athletes	Event	Time	Meet
Megan Hartlieb	100 Free	52.01	UNI
Sabina Kupcova	200 Free	1:52.52	UNI
Olivia Frantum	500 Free	5:05.77	UNI
Olivia Frantum	1000 Free	10:19.69	UNI
Annie Galvin	100 Back	56.06	UNI
Olivia Swalley	100 Breast	1:03.01	UNI
Olivia Swalley	200 Breast	2:18.73	UNI
Scarlet Martin	100 Fly	54.51	UNI
Scarlet Martin	200 Fly	2:02.74	UNI
Olivia Swalley	200 IM	2:02.96	UNI
Makayla Hughbanks	1-Mtr Dive	312.60	UNI
Simone Beinlich	3-Mtr Dive	262.30	UNI
Jenna Kerr	200 Free	1:50.40	Vanderbilt
Jenna Kerr	500 Free	4:57.49	Vanderbilt
Alix O'Brien	1000 Free	10:22.04	Vanderbilt
Olivia Swalley	100 Breast	1:02.16	Vanderbilt
Olivia Swalley	200 Breast	2:17.41	Vanderbilt
Olivia Swalley	200 IM	2:03.26	Vanderbilt
Kennedy Gilbertson	50 Free	23.72	Nebraska
Sabina Kupcova	100 Free	51.75	Nebraska
Jenna Kerr	200 Free	1:50.58	Nebraska
Hope Schimming	100 Back	56.48	Nebraska
Hope Schimming	200 Back	2:02.12	Nebraska
Olivia Swalley	100 Breast	1:59.56	Nebraska
Olivia Swalley	200 Breast	2:17.07	Nebraska
Scarlet Martin	100 Fly	54.18	Nebraska
Scalet Martin	200 Fly	1:59.56	Nebraska
Olivia Swalley	200 IM	2:02.19	Nebraska
Olivia Swalley	200 IM	1:59.15	Hawkeye Invite
Olivia Swalley	400 IM	4:14.72	Hawkeye Invite
Kennedy Gilbertson	50 Free	22.70	Hawkeye Invite
Jenna Kerr	200 Free	1:48.86	Hawkeye Invite
Kennedy Gilbertson	100 Back	54.04	Hawkeye Invite
Olivia Swalley	200 Breast	2:12.92	Hawkeye Invite
Scarlet Martin	200 Fly	1:58.67	Hawkeye Invite
Kennedy Gilbertson	50 Free	23.38	Iowa State
Sabina Kupcova	100 Free	51.55	Iowa State
Jenna Kerr	200 Free	1:49.70	Iowa State
Jenna Kerr	500 Free	4:54.25	Iowa State
Alix O'Brien	1000 Free	10:07.58	Iowa State

Scarlet Martin	100 Fly	53.79	Iowa State
Scarlet Martin	200 Fly	1:59.76	Iowa State
Annie Galvin	100 Back	55.08	Iowa State
Annie Galvin	200 Back	1:59.86	Iowa State
Olivia Swalley	100 Breast	1:01.53	Iowa State
Olivia Swalley	200 Breast	2:15.05	Iowa State
Olivia Swalley	200 IM	2:01.17	Iowa State
Makayla Hughbanks	1-Mtr Dive	311.85	Iowa State
Makayla Hughbanks	3-Mtr Dive	329.40	Iowa State
Olivia Swalley	100 Breast	1:03.55	Miami
Olivia Swalley	200 Breast	2:19.67	Miami
Olivia Swalley	200 IM	2:05.42	Miami
Scarlet Martin	200 Fly	2:02.70	Miami
Kennedy Gilbertson	100 Back	56.23	Illinois
Olivia Swalley	100 Breast	1:03.48	Illinois
Olivia Swalley	200 Breast	2:16.86	Illinois
Scarlet Martin	100 Fly	54.74	Illinois
Scarlet Martin	200 Fly	2:01.95	Illinois
Jenna Kerr	500 Free	4:58.69	Illinois
Olivia Swalley	400 IM	4:21.54	Illinois
Sarah Ballard	1-Mtr Dive	303.38	Illinois
Makayla Hughbanks	3-Mtr Dive	356.93	Illinois

2023-24 RELAY WINS

Athletes	Event	Time	Meet
Gilbertson, Hartlieb, Martin, Swalley	200 Free	2:41.81	UNI
Kerr, Kupcova, Hood, Martin	400 Free	3:23.72	Vanderbilt
Kerr, Kupcova, Hood, Martin	400 Free	3:24.90	Nebraska
Gilbertson, Kerr, Swalley, Martin	200 Free	1:3.46	Hawkeye Invite
Kupcova, Kerr, Swalley, Martin	400 Free	3:20.47	Hawkeye Invite
Gilbertson, Swalley, Martin, Kerr	200 Medley	1:39.59	Hawkeye Invite
Gilbertson, Swalley, Martin, Kerr	400 Medley	3:38.28	Hawkeye Invite
Gilbertson, Swalley, Martin, Kerr	200 Medley	1:41.11	Iowa State
Gilbertson, Kupcova, Kerr, Martin	400 Medley	3:22.56	Iowa State
Gilbertson, Kerr, Kupcova, Martin	400 Free	3:25.84	Illinois
Gilbertson, Swalley, Martin, Kerr	400 Medley	3:45.54	Illinois