

# 2024-25 WOMEN'S INDOOR SEASON BEST PERFORMANCES - UPDATED 1/19/25

## 60 METERS (School Record - 7.24)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Lia Love	7.43	Hawkeye Invite - 1/18/25	7.24 *	at Jarvis Scott Open - 2/9/24
Holly Duax	7.46	Jimmy Grant Alumni Invite - 12/14/24	7.38	at Jarvis Scott Open - 2/9/24
Olicia Lucas	7.66	Hawkeye Invite - 1/18/25	7.66	Hawkeye Invite - 1/18/25
Lillian Harden	7.81	Hawkeye Invite - 1/18/25	7.81	Hawkeye Invite - 1/18/25

## 60-METER HURDLES (School Record - 7.99)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Paige Magee	8.37	Hawkeye Invite - 1/18/25	7.99 *	at B1G Championships - 2/23/24
Pauline Bikembo	8.46	Hawkeye Invite - 1/18/25	8.46	Hawkeye Invite - 1/18/25
Jeanne Le Goff	9.00	Hawkeye Invite - 1/18/25	9.00	Hawkeye Invite - 1/18/25
Annie Wirth	9.05 ^	Jimmy Grant Alumni Invite - 12/14/24	8.63 ^	at B1G Championships - 2/23/24

## 200 METERS (School Record - 22.79)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Paige Magee	24.61	Hawkeye Invite - 1/18/25	23.46	at B1G Championships - 2/25/23
Daniela Wamokpego	25.26	Hawkeye Invite - 1/18/25	25.26	Hawkeye Invite - 1/18/25
Ali Frandsen	25.30	Hawkeye Invite - 1/18/25	25.30	Hawkeye Invite - 1/18/25
Ellie Rickertsen	25.93	Hawkeye Invite - 1/18/25	25.80	at Jarvis Scott Open - 2/10/24

## 300 METERS

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Alivia Williams	38.18	Jimmy Grant Alumni Invite - 12/14/24	38.18	Jimmy Grant Alumni Invite - 12/14/24
Olicia Lucas	38.39	Jimmy Grant Alumni Invite - 12/14/24	38.39	Jimmy Grant Alumni Invite - 12/14/24
Brynley McDermott	39.32	Jimmy Grant Alumni Invite - 12/14/24	39.32	Jimmy Grant Alumni Invite - 12/14/24
Claire Kohler	40.17	Jimmy Grant Alumni Invite - 12/14/24	40.17	Jimmy Grant Alumni Invite - 12/14/24
Ellie Rickertsen	41.60	Jimmy Grant Alumni Invite - 12/14/24	41.60	Jimmy Grant Alumni Invite - 12/14/24

## 400 METERS (School Record - 51.48)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Chioma Nwachukwu	53.32	Hawkeye Invite - 1/18/25	3.32	Hawkeye Invite - 1/18/25
Alivia Williams	54.19	Hawkeye Invite - 1/18/25	54.19	Hawkeye Invite - 1/18/25

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# 2024-25 WOMEN'S INDOOR SEASON BEST PERFORMANCES - UPDATED 1/19/25

## 600 METERS (School Record - 1:27.45)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Damaris Mutunga	1:28.19	Jimmy Grant Alumni Invite - 12/14/24	1:28.19	Jimmy Grant Alumni Invite - 12/14/24
Alli Bookin-Nosbisch	1:28.94	Jimmy Grant Alumni Invite - 12/14/24	1:28.73	Larry Wieczorek Invite - 1/19/24
Chioma Nwachukwu	1:30.43	Jimmy Grant Alumni Invite - 12/14/24	1:30.43	Jimmy Grant Alumni Invite - 12/14/24
Arianna Williams	1:32.96	Jimmy Grant Alumni Invite - 12/14/24	1:32.96	Jimmy Grant Alumni Invite - 12/14/24
Ali Frandsen	1:35.73	Jimmy Grant Alumni Invite - 12/14/24	1:35.73	Jimmy Grant Alumni Invite - 12/14/24
Grace Bookin-Nosbisch	1:36.27	Jimmy Grant Alumni Invite - 12/14/24	1:32.07	at Meyo Invite - 2/3/23
Ava Rush	1:39.39	Jimmy Grant Alumni Invite - 12/14/24	1:37.08	Jimmy Grant Invite - 12/9/23

## 800 METERS (School Record - 2:03.42)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Pauline Bikembo	2:21.32 ^	Jimmy Grant Alumni Invite - 12/14/24	2:21.32 ^	Jimmy Grant Alumni Invite - 12/14/24
Annie Wirth	2:25.74 ^	Jimmy Grant Alumni Invite - 12/14/24	2:25.67 ^	Larry Wieczorek Invite - 1/19/24
Jeanne Le Goff	2:25.98 ^	Jimmy Grant Alumni Invite - 12/14/24	2:25.98 ^	Jimmy Grant Alumni Invite - 12/14/24

## 1,000 METERS

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Clare Kelly	2:57.64	Jimmy Grant Alumni Invite - 12/14/24	2:57.64	Jimmy Grant Alumni Invite - 12/14/24

## MILE (School Record - 4:39.78)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Elena Torres	4:55.49	Hawkeye Invite - 1/18/25	4:55.49	Hawkeye Invite - 1/18/25
Cameron Kalaway	5:03.54	Jimmy Grant Alumni Invite - 12/14/24	5:03.54	Jimmy Grant Alumni Invite - 12/14/24
Clare Kelly	5:07.55	Hawkeye Invite - 1/18/25	5:07.55	Hawkeye Invite - 1/18/25
Marissa Long	5:20.13	Hawkeye Invite - 1/18/25	5:20.13	Hawkeye Invite - 1/18/25

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## 3,000 METERS (School Record - 9:15.57)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Miriam Sandeen	9:57.08	Hawkeye Invite - 1/18/25	9:57.08	Hawkeye Invite - 1/18/25
Hillary Trainor	10:04.01	Hawkeye Invite - 1/18/25	10:04.01	Hawkeye Invite - 1/18/25
Jalyssa Blazek	10:16.06	Hawkeye Invite - 1/18/25	10:16.06	Hawkeye Invite - 1/18/25
Audra Soderlind	10:21.89	Hawkeye Invite - 1/18/25	10:21.89	Hawkeye Invite - 1/18/25
Abby Ryon	10:34.29	Hawkeye Invite - 1/18/25	9:53.24	at B1G Championships - 2/24/24

## 1,600-METER RELAY (School Record - 3:32.38)

Names	Season Best	Meet - Date
Arianna Williams, Holly Duax, Alli Bookin-Nosbisch, Chioma Nwachukwu	3:39.19	Jimmy Grant Alumni Invite - 12/14/24
Ali Frandsen, Olicia Lucas, Damaris Mutunga, Claire Kohler	3:42.18	Jimmy Grant Alumni Invite - 12/14/24
Olicia Lucas, Lia Love, Chioma Nwachukwu, Alivia Williams	3:47.31	Hawkeye Invite - 1/18/25
Ali Frandsen, Ellie Rickertsen, Claire Kohler, Annie Wirth	3:52.06	Hawkeye Invite - 1/18/25
Pauline Bikembo, Daniela Wamokpego, Maud Zeffou-Poaty, Jeanne Le Goff	3:54.94	Hawkeye Invite - 1/18/25
Ellie Rickertsen, Grace Bookin-Nosbisch, Ava Rush, Clare Kelly	4:00.88	Jimmy Grant Alumni Invite - 12/14/24

## HIGH JUMP (School Record - 1.85 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Pauline Bikembo	5-8 3/4 (1.75m) ^	Jimmy Grant Alumni Invite - 12/14/24	5-8 3/4 (1.75m) ^	Jimmy Grant Alumni Invite - 12/14/24
Annie Wirth	5-8 3/4 (1.75m) ^	Jimmy Grant Alumni Invite - 12/14/24	5-10 1/2 (1.79m) ^	at B1G Championships - 2/23/24
Jeanne Le Goff	5-6 1/2 (1.69m) ^	Jimmy Grant Alumni Invite - 12/14/24	5-6 1/2 (1.69m) ^	Jimmy Grant Alumni Invite - 12/14/24

## LONG JUMP (School Record - 6.42 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Maud Zeffou-Poaty	20-3 3/4 (6.19m)	Hawkeye Invite - 1/18/25	20-3 3/4 (6.19m)	Hawkeye Invite - 1/18/25
Pauline Bikembo	19-9 3/4 (6.04m) ^	Jimmy Grant Alumni Invite - 12/14/24	19-9 3/4 (6.04m) ^	Jimmy Grant Alumni Invite - 12/14/24
Jeanne Le Goff	19-0 (5.79m) ^	Jimmy Grant Alumni Invite - 12/14/24	19-0 (5.79m) ^	Jimmy Grant Alumni Invite - 12/14/24
Annie Wirth	18-1 3/4 (5.53m) ^	Jimmy Grant Alumni Invite - 12/14/24	18-1 3/4 (5.53m) ^	Jimmy Grant Alumni Invite - 12/14/24
Carlee Rochford	17-7 1/2 (5.37m)	Hawkeye Invite - 1/18/25	17-8 1/4 (5.39m) ^	Jimmy Grant Invite - 12/9/23

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## TRIPLE JUMP (School Record - 13.32 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Daniela Wamokpego	43-8 1/2 (13.32m) *	Jimmy Grant Alumni Invite - 12/14/24	43-8 1/2 (13.32m) *	Jimmy Grant Alumni Invite - 12/14/24
Jeanne Le Goff	42-2 3/4 (12.87m)	Hawkeye Invite - 1/18/25	42-2 3/4 (12.87m)	Hawkeye Invite - 1/18/25

## SHOT PUT (School Record - 17.96 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Wisdom Williams	50-6 3/4 (15.41m)	Hawkeye Invite - 1/17/25	52-1 1/4 (15.88m)	at B1G Championships - 2/25/23
Sydney Smith	47-2 1/2 (14.39m)	Jimmy Grant Alumni Invite - 12/13/24	47-2 1/2 (14.39m)	Jimmy Grant Alumni Invite - 12/13/24
Peyton Wilson	41-1 1/2 (12.79m)	Jimmy Grant Alumni Invite - 12/13/24	41-1 1/2 (12.79m)	Jimmy Grant Alumni Invite - 12/13/24
Pauline Bikembo	39-8 1/2 (12.10m)	Hawkeye Invite - 1/17/25	39-8 1/2 (12.10m)	Hawkeye Invite - 1/17/25
Carlee Rochford	36-5 3/4 (11.12m)	Hawkeye Invite - 1/17/25	37-11 1/4 (11.56m) ^	Larry Wiczorek Invite - 1/19/24
Annie Wirth	36-4 (11.07m) ^	Jimmy Grant Alumni Invite - 12/14/24	37-2 1/2 (11.34m) ^	Jimmy Grant Invite - 12/9/23
Jeanne Le Goff	24-1 3/4 (7.36m)	Hawkeye Invite - 1/17/25	24-1 3/4 (7.36m)	Hawkeye Invite - 1/17/25

## WEIGHT THROW (School Record - 23.26 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Alivia Bauer	64-3 (19.58m)	Hawkeye Invite - 1/17/25	67-0 1/2 (20.43m)	Hawkeye Invite - 1/12/24
Wisdom Williams	60-4 3/4 (18.41m)	Hawkeye Invite - 1/17/25	60-4 3/4 (18.41m)	Hawkeye Invite - 1/17/25
Sydney Smith	59-7 1/2 (18.18m)	Jimmy Grant Alumni Invite - 12/13/24	59-7 1/2 (18.18m)	Jimmy Grant Alumni Invite - 12/13/24
Peyton Wilson	57-6 1/2 (17.54m)	Hawkeye Invite - 1/17/25	57-6 1/2 (17.54m)	Hawkeye Invite - 1/17/25

## PENTATHLON (School Record - 4,269 points)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Pauline Bikembo	4,229 points	Jimmy Grant Alumni Invite - 12/14/24	4,229 points	Jimmy Grant Alumni Invite - 12/14/24
Annie Wirth	3,872 points	Jimmy Grant Alumni Invite - 12/14/24	3,872 points	Jimmy Grant Alumni Invite - 12/14/24
Jeanne Le Goff	3,554 points	Jimmy Grant Alumni Invite - 12/14/24	3,554 points	Jimmy Grant Alumni Invite - 12/14/24

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