

# 2024-25 MEN'S INDOOR SEASON BEST PERFORMANCES - UPDATED 2/9/25

## 60 METERS (School Record - 6.51)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Austin Kresley	6.67	Jimmy Grant Alumni Invite - 12/14/24	6.64 !	Iowa Open - 2/17/23
Joe Stein	6.82	Jimmy Grant Alumni Invite - 12/14/24	6.77	3x, last at B1G Championships - 2/23/24
Kai Graves-Blanks	6.95	Jimmy Grant Alumni Invite - 12/14/24	6.95	Jimmy Grant Alumni Invite - 12/14/24
Sal Capaldo	7.05 ^	at Dr. Rick McGuire Invite - 1/31/25	6.99 ^	Larry Wieczorek Invite - 1/19/24
Abraham Vogelsang	7.13 ^	at Dr. Rick McGuire Invite - 2/1/25	7.13 ^	at Dr. Rick McGuire Invite - 2/1/25
Will Davidson	7.23 ^	at Dr. Rick McGuire Invite - 2/1/25	7.23 ^	at Dr. Rick McGuire Invite - 2/1/25
Tyler Kenaga	7.24	Jimmy Grant Alumni Invite - 12/14/24	7.24	Jimmy Grant Alumni Invite - 12/14/24
Canaan Burnett	7.32 ^	at Dr. Rick McGuire Invite - 2/1/25	7.32 ^	at Dr. Rick McGuire Invite - 2/1/25

## 60-METER HURDLES (School Record - 7.52)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Kai Graves-Blanks	7.78	Larry Wieczorek Invite - 1/25/25	7.78	Larry Wieczorek Invite - 1/25/25
Kalil Johnson	7.90	Hawkeye Invite - 1/18/25	7.83	Iowa Open - 2/16/24
Tyler Kenaga	7.99	Larry Wieczorek Invite - 1/25/25	7.99	Larry Wieczorek Invite - 1/25/25
Abraham Vogelsang	8.16 ^	at Dr. Rick McGuire Invite - 1/31/25	8.16 ^	at Dr. Rick McGuire Invite - 1/31/25
Sal Capaldo	8.21 ^	at Dr. Rick McGuire Invite - 1/31/25	8.21 ^	at Dr. Rick McGuire Invite - 1/31/25
Will Davidson	8.49 ^	Jimmy Grant Alumni Invite - 12/14/24	8.49 ^	Jimmy Grant Alumni Invite - 12/14/24
Canaan Burnett	8.95 ^	at Dr. Rick McGuire Invite - 1/31/25	8.95 ^	at Dr. Rick McGuire Invite - 1/31/25

## 200 METERS (School Record - 20.67)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Austin Kresley	20.73	at New Mexico Collegiate Classic - 2/7/25	20.73	at New Mexico Collegiate Classic - 2/7/25
Jaylin Holmes	21.43	at New Mexico Collegiate Classic - 2/7/25	21.43	at New Mexico Collegiate Classic - 2/7/25
Sal Capaldo	21.90	Hawkeye Invite - 1/18/25	21.90	Hawkeye Invite - 1/18/25
Will Davidson	23.17	Hawkeye Invite - 1/18/25	23.17	Hawkeye Invite - 1/18/25

## 300 METERS

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Tyrese Miller	34.07	Jimmy Grant Alumni Invite - 12/14/24	34.07	Jimmy Grant Alumni Invite - 12/14/24
Jaylin Holmes	34.35	Jimmy Grant Alumni Invite - 12/14/24	34.35	Jimmy Grant Alumni Invite - 12/14/24

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### 400 METERS (School Record - 44.74)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Isaac Lewis	46.67	at New Mexico Collegiate Classic - 2/8/25	46.67	at New Mexico Collegiate Classic - 2/8/25
Zidane Brown	46.88	at Meyo Invite - 2/1/25	46.88	at Meyo Invite - 2/1/25
Terrick Johnson	47.22	at New Mexico Collegiate Classic - 2/8/25	47.22	at New Mexico Collegiate Classic - 2/8/25
Tyrese Miller	47.40	at New Mexico Collegiate Classic - 2/8/25	46.98	at B1G Championships - 2/24/24
Josh Pugh	47.54	2x, last at New Mexico Coll. Classic - 2/8/25	46.92	at Tyson Invite - 2/9/24
Braedin Zondervan	47.99	at Meyo Invite - 2/1/25	47.99	at Meyo Invite - 2/1/25
Jaylin Holmes	48.11	at New Mexico Collegiate Classic - 2/8/25	48.11	at New Mexico Collegiate Classic - 2/8/25
James Fingalsen	48.92	Larry Wiecezorek Invite - 1/25/25	47.64	at New Mexico Collegiate Classic - 2/3/24
Nicholas Gorsich	51.45	Larry Wiecezorek Invite - 1/25/25	51.45	Larry Wiecezorek Invite - 1/25/25

### 600 METERS (School Record - 1:15.36)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Terrick Johnson	1:17.23	Jimmy Grant Alumni Invite - 12/14/24	1:17.23	Jimmy Grant Alumni Invite - 12/14/24
James Fingalsen	1:17.29	Jimmy Grant Alumni Invite - 12/14/24	1:17.29	Jimmy Grant Alumni Invite - 12/14/24
Landon Fontenot	1:19.93	at New Mexico Collegiate Classic - 2/7/25	1:19.93	at New Mexico Collegiate Classic - 2/7/25
Derek Leicht	1:20.23	Larry Wiecezorek Invite - 1/24/25	1:20.23	Larry Wiecezorek Invite - 1/24/25
Isaac Lewis	1:20.54	Jimmy Grant Alumni Invite - 12/14/24	1:20.54	Jimmy Grant Alumni Invite - 12/14/24
Nicholas Gorsich	1:21.12	at Meyo Invite - 1/31/25	1:21.12	at Meyo Invite - 1/31/25
Josh Pugh	1:20.56	at New Mexico Collegiate Classic - 2/7/25	1:18.85	at New Mexico Collegiate Classic - 2/2/24
Braedin Zondervan	1:21.73	Jimmy Grant Alumni Invite - 12/14/24	1:21.73	Jimmy Grant Alumni Invite - 12/14/24
Canaan Burnett	1:24.33	Hawkeye Invite - 1/18/25	1:24.33	Hawkeye Invite - 1/18/25

### 800 METERS (School Record - 1:46.86)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Terrick Johnson	1:49.03	at Meyo Invite - 2/1/25	1:49.03	at Meyo Invite - 2/1/25
Ryan Schreiner	1:49.43	at Meyo Invite - 2/1/25	1:48.42	at Tyson Invite - 2/10/24
Caleb Levy	1:51.73	at Meyo Invite - 2/1/25	1:51.73	at Meyo Invite - 2/1/25
Derek Leicht	1:53.17	Larry Wiecezorek Invite - 1/25/25	1:53.17	Larry Wiecezorek Invite - 1/25/25
Canaan Burnett	2:08.51 ^	Jimmy Grant Alumni Invite - 12/14/24	2:08.51 ^	Jimmy Grant Invite - 12/9/23
Sal Capaldo	2:09.64 ^	Jimmy Grant Alumni Invite - 12/14/24	2:09.64 ^	Jimmy Grant Alumni Invite - 12/14/24
Will Davidson	2:17.62 ^	Jimmy Grant Alumni Invite - 12/14/24	2:17.62 ^	Jimmy Grant Alumni Invite - 12/14/24

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## 1,000 METERS

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Ryan Schreiner	2:25.83	Jimmy Grant Alumni Invite - 12/14/24	2:25.83	Jimmy Grant Alumni Invite - 12/14/24
Carson Lane	2:27.22	Jimmy Grant Alumni Invite - 12/14/24	2:27.22	Jimmy Grant Alumni Invite - 12/14/24
Derek Leicht	2:30.53	Jimmy Grant Alumni Invite - 12/14/24	2:30.53	Jimmy Grant Alumni Invite - 12/14/24
Eli Naumann	2:35.07	Jimmy Grant Alumni Invite - 12/14/24	2:35.07	Jimmy Grant Alumni Invite - 12/14/24
Canaan Burnett	2:45.71 ^	at Dr. Rick McGuire Invite - 2/1/25	2:45.71 ^	at Dr. Rick McGuire Invite - 2/1/25
Abraham Vogelsang	2:51.17 ^	at Dr. Rick McGuire Invite - 2/1/25	2:51.17 ^	at Dr. Rick McGuire Invite - 2/1/25
Sal Capaldo	2:51.23 ^	at Dr. Rick McGuire Invite - 2/1/25	2:48.75 ^	at B1G Championships - 2/24/24

## MILE (School Record - 3:58.72)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Carson Lane	4:10.08	at Meyo Invite - 2/1/25	4:10.08	at Meyo Invite - 2/1/25
Luke Knepp	4:10.14	at Meyo Invite - 2/1/25	4:10.14	at Meyo Invite - 2/1/25
Hayden Kuhn	4:10.91	Larry Wieczorek Invite - 1/25/25	4:10.91	Larry Wieczorek Invite - 1/25/25
Carson Houg	4:11.48	at Meyo Invite - 2/1/25	4:11.48	at Meyo Invite - 2/1/25
Yohana Yual	4:11.64	at Meyo Invite - 2/1/25	4:11.64	at Meyo Invite - 2/1/25
Miles Wilson	4:12.37	Larry Wieczorek Invite - 1/25/25	4:12.37	Larry Wieczorek Invite - 1/25/25
Will Ryan	4:13.08	Larry Wieczorek Invite - 1/25/25	4:12.73	Hawkeye Invite - 1/13/24
Brayden Burnett	4:13.27	Larry Wieczorek Invite - 1/25/25	4:13.27	Larry Wieczorek Invite - 1/25/25
Armaan Chopra	4:25.59	Jimmy Grant Alumni Invite - 12/14/24	4:25.59	Jimmy Grant Alumni Invite - 12/14/24

## 3,000 METERS (School Record - 7:57.06)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Luke Knepp	8:05.72	Jimmy Grant Alumni Invite - 12/14/24	8:05.72	Jimmy Grant Alumni Invite - 12/14/24
Hayden Kuhn	8:10.12	at Meyo Invite - 2/1/25	8:10.12	at Meyo Invite - 2/1/25
Will Ryan	8:13.73	Hawkeye Invite - 1/18/25	8:13.73	Hawkeye Invite - 1/18/25
Brayden Burnett	8:13.93	at Meyo Invite - 2/1/25	8:13.93	at Meyo Invite - 2/1/25
Miles Wilson	8:17.08	Hawkeye Invite - 1/18/25	8:17.08	Hawkeye Invite - 1/18/25
Yohana Yual	8:27.13	Hawkeye Invite - 1/18/25	8:21.88	2x, last at Meyo Invite - 2/3/24
Kyle Montgomery	8:28.12	Hawkeye Invite - 1/18/25	8:28.12	Hawkeye Invite - 1/18/25
Ethan Eichhorn	8:42.36	Hawkeye Invite - 1/18/25	8:42.36	Hawkeye Invite - 1/18/25

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## 5,000 METERS (School Record - 13:43.70)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Kyle Montgomery	14:37.91	at Meyo Invite - 1/31/25	14:37.91	at Meyo Invite - 1/31/25

## 1,600-METER RELAY (School Record - 3:02.40)

Names	Season Best	Meet - Date
Josh Pugh, Isaac Lewis, Terrick Johnson, Zidane Brown	3:05.31	at New Mexico Collegiate Classic - 2/8/25
Terrick Johnson, Zidane Brown, James Fingalsen, Josh Pugh	3:09.38	at Meyo Invite - 2/1/25
James Fingalsen, Nicholas Gorsich, Tyrese Miller, Isaac Lewis	3:11.59	Larry Wieczorek Invite - 1/25/25
Sal Capaldo, Braedin Zondervan, Isaac Lewis, Zidane Brown	3:12.64	Hawkeye Invite - 1/18/25
Isaac Lewis, Braedin Zondervan, Terrick Johnson, Nicholas Gorsich	3:12.94	Jimmy Grant Alumni Invite - 12/14/24
Tyrese Miller, James Fingalsen, Ryan Schreiner, Jaylin Holmes	3:16.51	Jimmy Grant Alumni Invite - 12/14/24
Braedin Zondervan, Jaylin Holmes, Nicholas Gorsich, Carson Lane	3:19.76	at Meyo Invite - 2/1/25
Canaan Burnett, Carson Lane, Derek Leicht, Eli Naumann	3:27.12	Jimmy Grant Alumni Invite - 12/14/24

## DISTANCE MEDLEY RELAY (School Record - 9:33.90)

Names	Season Best	Meet - Date
Derek Leicht, Braedin Zondervan, Caleb Levy, Carson Houg	9:58.77	at Meyo Invite - 1/31/25

## HIGH JUMP (School Record - 2.21 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Ethan Glyde	6-10 3/4 (2.10m)	Jimmy Grant Alumni Invite - 12/14/24	6-10 3/4 (2.10m)	Jimmy Grant Alumni Invite - 12/14/24
Abraham Vogelsang	6-8 3/4 (2.05m) ^	at Dr. Rick McGuire Invite - 1/31/25	6-8 3/4 (2.05m) ^	at Dr. Rick McGuire Invite - 1/31/25
Sal Capaldo	6-1 1/2 (1.87m) ^	at Dr. Rick McGuire Invite - 1/31/25	6-5 1/2 (1.97m) ^	Jimmy Grant Invite - 12/9/23
Canaan Burnett	6-1 1/2 (1.87m) ^	at Dr. Rick McGuire Invite - 1/31/25	6-1 1/2 (1.87m) ^	at Dr. Rick McGuire Invite - 1/31/25

## POLE VAULT (School Record - 5.26 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Abraham Vogelsang	16-4 3/4 (5.00m)	Hawkeye Invite - 1/18/25	16-4 3/4 (5.00m)	Hawkeye Invite - 1/18/25
Sal Capaldo	14-3 1/4 (4.35m) ^	at Dr. Rick McGuire Invite - 2/1/25	14-3 1/4 (4.35m) ^	at Dr. Rick McGuire Invite - 2/1/25
Canaan Burnett	12-7 1/2 (3.85m) ^	at Dr. Rick McGuire Invite - 2/1/25	12-7 1/2 (3.85m) ^	at Dr. Rick McGuire Invite - 2/1/25
Will Davidson	11-9 3/4 (3.60m)	Hawkeye Invite - 1/18/25	11-9 3/4 (3.60m)	Hawkeye Invite - 1/18/25

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## LONG JUMP (School Record - 8.06 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Emmanuel Njoku	25-1 3/4 (7.66m)	at Dr. Rick McGuire Invite - 1/31/25	25-1 3/4 (7.66m)	at Dr. Rick McGuire Invite - 1/31/25
Abraham Vogelsang	24-5 1/2 (7.45m) ^	at Dr. Rick McGuire Invite - 1/31/25	24-5 1/2 (7.45m) ^	at Dr. Rick McGuire Invite - 1/31/25
Sal Capaldo	23-3 1/2 (7.10m) ^	at Dr. Rick McGuire Invite - 1/31/25	23-3 1/2 (7.10m) ^	at Dr. Rick McGuire Invite - 1/31/25
Will Davidson	21-6 3/4 (6.57m) ^	Jimmy Grant Alumni Invite - 12/14/24	21-6 3/4 (6.57m) ^	Jimmy Grant Alumni Invite - 12/14/24
Canaan Burnett	21-2 1/2 (6.46m) ^	Jimmy Grant Alumni Invite - 12/14/24	21-2 1/2 (6.46m) ^	Jimmy Grant Alumni Invite - 12/14/24

## TRIPLE JUMP (School Record - 16.46 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Precious Irivi	50-1 1/4 (15.27m)	Hawkeye Invite - 1/18/25	50-1 1/4 (15.27m)	Hawkeye Invite - 1/18/25

## SHOT PUT (School Record - 19.57 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Bryce Ruland	57-2 (17.42m)	at Iowa State Classic - 2/8/25	57-2 (17.42m)	at Iowa State Classic - 2/8/25
Duke Faley	54-8 1/4 (16.67m)	Jimmy Grant Alumni Invite - 12/13/24	54-8 1/4 (16.67m)	Jimmy Grant Alumni Invite - 12/13/24
Abraham Vogelsang	45-10 1/2 (13.98m)	Hawkeye Invite - 1/17/25	45-10 1/2 (13.98m)	Hawkeye Invite - 1/17/25
Sal Capaldo	41-3 3/4 (12.59m)	Hawkeye Invite - 1/17/25	41-3 3/4 (12.59m)	Hawkeye Invite - 1/17/25
Will Davidson	40-9 (12.42m)	Hawkeye Invite - 1/17/25	40-9 (12.42m)	Hawkeye Invite - 1/17/25
Canaan Burnett	33-1 (10.08m) ^	at Dr. Rick McGuire Invite - 1/31/25	33-1 (10.08m) ^	at Dr. Rick McGuire Invite - 1/31/25

## WEIGHT THROW (School Record - 24.00 meters)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Ryan Johnson	79-2 3/4 (24.15m) *	at Iowa State Classic - 2/8/25	79-2 3/4 (24.15m) *	at Iowa State Classic - 2/8/25
Sean Smith	73-9 1/2 (22.49m)	Jimmy Grant Alumni Invite - 12/13/24	73-9 1/2 (22.49m) *	Jimmy Grant Alumni Invite - 12/13/24
Austin Busch	69-11 1/2 (21.32m)	Jimmy Grant Alumni Invite - 12/13/24	69-11 1/2 (21.32m)	Jimmy Grant Alumni Invite - 12/13/24
Bryce Ruland	67-0 (20.42m)	at Dr. Rick McGuire Invite - 1/31/25	67-0 (20.42m)	at Dr. Rick McGuire Invite - 1/31/25
Walker Whalen	63-9 3/4 (19.42m)	Jimmy Grant Alumni Invite - 12/13/24	63-9 3/4 (19.42m)	Jimmy Grant Alumni Invite - 12/13/24

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## PENTATHLON

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Sal Capaldo	3,660 points	Jimmy Grant Alumni Invite - 12/14/24	3,676 points	Jimmy Grant Invite - 12/9/23
Canaan Burnett	3,048 points	Jimmy Grant Alumni Invite - 12/14/24	3,048 points	Jimmy Grant Alumni Invite - 12/14/24
Will Davidson	2,789 points	Jimmy Grant Alumni Invite - 12/14/24	2,789 points	Jimmy Grant Alumni Invite - 12/14/24

## HEPTATHLON (School Record - 6,048 points)

Name	Season Best	Meet - Date	Collegiate Best	Meet - Date
Abraham Vogelsang	5,882 points	at Dr. Rick McGuire Invite - 1/31-2/1/25	5,882 points	at Dr. Rick McGuire Invite - 1/31-2/1/25
Sal Capaldo	5,408 points	at Dr. Rick McGuire Invite - 1/31-2/1/25	5,408 points	at Dr. Rick McGuire Invite - 1/31-2/1/25
Canann Burnett	4,768 points	at Dr. Rick McGuire Invite - 1/31-2/1/25	4,768 points	at Dr. Rick McGuire Invite - 1/31-2/1/25

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