



## TOP 10 ALL-TIME PERFORMERS



Hannah Burvill



Kelsey Drake



Alyssa Fluit



Deidre Freeman



Kennedy  
Gilbertson



Calli Head



Mallory Jump

### 50 FREESTYLE

- Hannah Burvill, 2019 .....22.54
- Emma Sougstad, 2015 .....22.63
- Olivia Kabacinski, 2014.....22.70
- Kennedy Gilbertson, 2023.....22.70
- Mekenna Scheitlin, 2018.....22.77
- Rachel Dildine, 2024 ..... 22.90**
- Scarlet Martin, 2023 ..... 22.91**
- Sarah Schemmel, 2021 .....23.00
- Stacey Wertz, 2000 .....23.08
- Meghan Lavelle, 2018 .....23.10

### 100 FREESTYLE

- Hannah Burvill, 2019 .....48.65
- Olivia Kabacinski, 2014.....49.61
- Allyssa Fluit, 2019 .....49.86
- Sabina Kupcova, 2024.....50.14
- Sarah Schemmel, 2018 .....50.15
- Christine Kuczek, 2008.....50.21
- Danielle Carty, 2012.....50.26
- Jenna Kerr, 2023 ..... 50.26**
- Kennedy Gilbertson, 2023.....50.31
- Macy Rink, 2020 .....50.33
- Elise Borja, 2014 .....50.45

### 200 FREESTYLE

- Hannah Burvill, 2018 ..... 1:44.42
- Becky Stoughton, 2015 ..... 1:45.47
- Allyssa Fluit, 2020 ..... 1:45.82
- Olivia Kabacinski, 2014..... 1:46.68
- Jenna Kerr, 2024 ..... 1:46.97**
- Macy Rink, 2020 ..... 1:47.89
- Sabina Kupcova, 2023..... 1:47.93
- Lauren McDougall, 2020..... 1:48.21
- Nora Kemp, 2024 ..... 1:48.46**
- Carly O'Brien, 2018..... 1:48.89

### 500 FREESTYLE

- Becky Stoughton, 2015 ..... 4:39.76
- Allyssa Fluit, 2020 ..... 4:43.52
- Hannah Burvill, 2018 ..... 4:44.24
- Jenna Kerr, 2024 ..... 4:45.15**
- Lindsay Seemann, 2013 ..... 4:45.86
- Melissa Loehndorf, 2000 ..... 4:47.21
- Alyssa Graves, 2021 ..... 4:47.58
- Jennifer Skolaski, 2003..... 4:48.20
- Alix O'Brien ..... 4:48.53**
- Millie Sansome, 2019 ..... 4:49.40

### 1,000 FREESTYLE

- Becky Stoughton, 2011 ..... 9:39.44
- Alyssa Graves, 2021 ..... 9:48.33
- Melissa Loehndorf, 2001 ..... 9:55.59
- Abbey Schneider, 2018..... 9:58.39
- Jennifer Skolaski, 2002..... 9:58.53
- Jane Keating, 1984 ..... 9:58.63
- Alix O'Brien, 2024 ..... 9:59.10**
- Jenna Kerr, 2024 ..... 10:01.53**
- Olivia Frantum, 2024..... 10:01.75**
- Millie Sansome, 2019 ..... 10:03.34

### 1,650 FREESTYLE

- Becky Stoughton, 2015 ..... 15:57.43
- Alyssa Graves, 2021 ..... 16:21.34
- Melissa Loehndorf, 2001 ..... 16:27.91
- Jennifer Skolaski, 2002..... 16:32.30
- Jenna Kerr, 2024 ..... 16:34.23**
- Jane Keating, 1986 ..... 16:35.02
- Angie Todt, 1991 ..... 16:37.96
- Olivia Frantum, 2024..... 16:39.75**
- Millie Sansome, 2019 ..... 16:41.89
- Meredith O'Malley, 2024..... 16:42.33**
- Alix O'Brien, 2024..... 16:42.33**

### 100 BACKSTROKE

- Kennedy Gilbertson, 2023.....53.19
- Millie Sansome, 2020 .....53.21
- Hannah Burvill, 2019 .....53.27
- Meghan Lavelle, 2018 .....53.36
- Daniela Cubelic, 2012.....53.63
- Lindsay Seemann, 2014 .....54.05
- Danielle Carty, 2012.....54.25
- Annie Galvin, 2024 ..... 54.30**
- Jennifer Skolaski, 2003.....54.34
- Jo Jekel, 2017 .....54.41

### 200 BACKSTROKE

- Millie Sansome, 2020 ..... 1:54.86
- Lindsay Seemann, 2013 ..... 1:56.49
- Hannah Burvill, 2018 ..... 1:56.56
- Kennedy Gilbertson, 2024..... 1:57.19
- Meghan Lavelle, 2018 ..... 1:57.22
- Julia Koluch, 2020..... 1:57.46
- Jennifer Skolaski, 2004..... 1:57.51
- Anna Brooker, 2021 ..... 1:57.70
- Becky Stoughton, 2012 ..... 1:58.38
- Allie Orvis, 2015..... 1:58.50

### 100 BREASTSTROKE

- Emma Sougstad, 2017 .....58.76
- Olivia Swalley, 2024 ..... 1:01.02**
- Olivia Kabacinski, 2014..... 1:01.36
- Shea Hoyt, 2018 ..... 1:01.37
- Katarina Tour, 2009..... 1:01.45
- Mallory Jump, 2021 ..... 1:01.49
- Karolina Wartalowicz, 2014. 1:02.06
- Aleksandra Olesiak, 2021 ..... 1:02.06
- Sheridan Schreiber, 2023 ..... 1:02.12
- Allison Lyle, 2002 ..... 1:02.43
- Colleen Champa, 2014..... 1:02.48



# IOWA SWIMMING & DIVING

## TOP 10 ALL-TIME PERFORMERS



Olivia Kabacinski



Katy Ketoff



Megan Lavelle



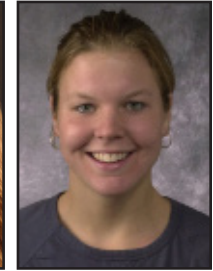
Lydia Lehnert



Laura Maldonado



Aleksandra Olesiak



Lisette Planken

### 200 BREASTSTROKE

1. Emma Sougstad, 2017 ..... 2:10.47
2. Allison Lyle, 2002 ..... 2:11.92
3. Colleen Champa, 2014..... 2:12.71
4. **Olivia Swalley, 2023 ..... 2:12.42**
5. Karolina Wartalowicz, 2014. 2:13.33
6. Shea Hoyt, 2017 ..... 2:13.55
7. Aleksandra Olesiak, 2020..... 2:13.92
8. Devin Jacobs, 2019 ..... 2:17.80
9. Alisha Stitts, 1999 ..... 2:18.19
10. Lexi Horner, 2017 ..... 2:18.23

### 100 BUTTERFLY

1. Mallory Jump, 2021 .....52.30
2. Kelsey Drake, 2018 .....53.12
3. Emma Sougstad, 2016 .....53.30
4. **Scarlet Martin, 2023 ..... 53.45**
5. Kelly McNamara, 2019 .....53.62
6. Mekenna Scheitlin, 2016.....53.95
7. Tereysa Lehnertz, 2016.....54.13
8. Sarah Schemmel, 2018 .....54.27
9. Carly O'Brien, 2015.....54.54
10. Haley Gordon, 2014 .....54.58

### 200 BUTTERFLY

1. Kelsey Drake, 2020 ..... 1:55.89
2. Alyssa Graves, 2021 ..... 1:57.99
3. Becky Stoughton, 2015 ..... 1:58.28
4. Mallory Jump, 2021 ..... 1:58.67
5. **Scarlet Martin, 2023 ..... 1:58.67**
6. Tereysa Lehnertz, 2016 ..... 1:59.04
7. Melissa Loehndorf, 2001 ..... 2:00.14
8. Kelly McNamara, 2018 ..... 2:00.45
9. Abbey Tuchscherer, 2011..... 2:01.17
10. Loredana Zisu, 1998..... 2:01.71
10. Margie Chamberlin, 2007 ..... 2:02.24

### 200 INDIVIDUAL MEDLEY

1. Emma Sougstad, 2016 ..... 1:57.55
2. **Olivia Swalley, 2024 ..... 1:57.89**
3. Mallory Jump, 2021 ..... 1:58.93
4. Kelsey Drake, 2020 ..... 1:59.41
5. Emily Hovren, 2013 ..... 2:00.42
6. Sabina Kupcova, 2024..... 2:01.21
7. Katarina Tour, 2009..... 2:01.33
8. Allie Orvis, 2014..... 2:01.76
9. Colleen Champa, 2014..... 2:02.19
10. Jennifer Skolaski, 2005..... 2:02.93

### 400 INDIVIDUAL MEDLEY

1. **Olivia Swalley, 2024 ..... 4:10.54**
2. Becky Stoughton, 2012 ..... 4:12.34
3. Lindsay Seemann, 2013 ..... 4:15.00
4. Millie Sansome, 2019 ..... 4:17.68
5. Devin Jacobs, 2019 ..... 4:20.09
6. Jennifer Skolaski, 2003..... 4:20.14
7. Grace Reeder, 2020 ..... 4:20.35
8. Melissa Loehndorf, 1999 ..... 4:20.65
9. Colleen Champa, 2014..... 4:21.20
10. Pamela Breitrick, 2014..... 4:21.51

### 1-METER DIVING (6)

1. Deidre Freeman, 2011 ..... 338.55
2. Jayah Mathews, 2019 ..... 330.05
3. Lisette Planken, 2005 ..... 326.55
4. Veronica Rydze, 2012 ..... 325.28
5. Nancilea Underwood, 2006 . 322.75
6. Joelle Christy, 2013 ..... 319.45
7. **Makayla Hughbanks, 2024 317.65**
8. Terri Millmier, 1988..... 315.60
9. **Geneva Pauly, 2024 ..... 312.95**
10. Jacintha Thomas, 2017 ..... 307.60

### 1-METER DIVING (10)

1. Katy Ketoff, 1992 ..... 407.20
2. Kim Yager, 1991 ..... 433.55

### 1-METER DIVING (11)

1. Lisette Planken, 2003 ..... 583.55
2. Nancilea Underwood, 2003 . 541.55
3. Teresa Millmier, 1989 ..... 476.90
4. Kelly Johnson, 1986 ..... 466.62
5. Diane Goldsworthy, 1984 ..... 439.55
6. Kelly Johnson, 1983 ..... 431.10
7. Kelly McCready, 1996 ..... 413.75
8. Jessica Riccobono, 1994..... 413.45
9. Anne Bowers, 1982 ..... 399.10
10. Kelly McCready, 1994 ..... 394.70

### 1-METER DIVING (12)

1. Nancilea Underwood, 2006 . 626.95
2. Kim Yager, 1991 ..... 433.55

### 3-METER DIVING (6)

1. Deidre Freeman, 2011 ..... 407.40
2. Nancilea Underwood, 2006 400.05
3. Jayah Mathews, 2019 ..... 380.20
4. Veronica Rydze, 2011 ..... 358.45
5. **Makayla Hughbanks, 2024 358.10**
6. Sam Tamborski, 2019 ..... 355.05
7. Abby Grilli, 2013 ..... 354.10
8. Lauren Kelba, 2015..... 332.17
9. Lisette Planken, 2005 ..... 332.03
10. Joelle Christy, 2013 ..... 327.08

### 3-METER DIVING (11)

1. Nancilea Underwood, 2003 . 564.60
2. Lisette Planken, 2003 ..... 561.25
3. Kelly Johnson, 1986 ..... 494.65
4. Katy Ketoff, 1992 ..... 489.90
5. Sara Wolchko, 2001 ..... 480.50
6. Diane Goldworthy, 1985 ..... 478.44
7. Kelly McCready, 1994 ..... 477.35
8. Terri Millmier, 1988..... 476.90
9. Jessica Riccobono, 1995..... 472.69
10. Ann Bowers, 1982 ..... 463.80

### 3-METER DIVING (12)

1. Nancilea Underwood, 2006 . 658.30



## TOP 10 ALL-TIME PERFORMERS



Macy Rink



Millie Sansome



Mekenna  
Scheitlin



Emma Sougstad



Olivia Swalley



Nancilea  
Underwood



Serena Wanasek

### PLATFORM DIVING (5)

1. Lydia Lehnert, 2015.....312.20  
Calli Head, 2016.....312.20
2. **Geneva Pauly, 2024 .....278.65**
3. Thelma Strandberg, 2018 .....254.70
4. Joelle Christy, 2013 .....234.75
5. Lauren Kelba, 2015.....230.20
6. Claire Hartley, 2023 .....246.00
7. **Stephanie Avram, 2024 .....237.85**
8. Sam Tamborksi, 2019.....215.80

### PLATFORM DIVING (11)

1. Laura Maldonado, 1999.....497.89
2. Katy Ketoff, 1991 .....445.67
3. Kelly McCready, 1996 .....437.95

### 200 FREESTYLE RELAY

1. Kabacinski, Sougstad, Lavelle, Scheitlin, 2015 .....1:30.96
2. Burvill, Gilbertson, Schemmel, Fluit, 2020.....1:31.09
3. Schemmel, Drake, Gilbertson, Rink, 2021 .....1:31.10
4. Burvill, Scheitlin, Lavelle, Schemmel, 2018.....1:31.18
5. Burvill, Schemmel, Sauer, McNamara, 2018.....1:31.36
6. Gilbertson, **Kerr, Swalley, Martin, 2023..... 1:31.46**
7. Gilbertson, **Martin, Kupcova, Pedersen, 2023.....1:31.49**
8. Sougstad, Kabacinski, Scheitlin, McNamara, 20151:31.52
9. Carty, Arseth, Cubelic, Hovren, 2012 .....1:31.68
10. Sougstad, Burvill, Scheitlin, Fluit, 2016.....1:31.73  
Kabacinski, Arseth, Tuchscherer, Orvis, 2013.....1:31.73

### 400 FREESTYLE RELAY

1. Burvill, Sougstad, Fluit, Wanasek, 2017.....3:18.83
2. Kupcova, **Kerr, Swalley, Martin, 2024.....3:19.26**
3. Fluit, Burvill, Schemmel, Rink, 2019 .....3:19.41
4. Fluit, Burvill, Gilbertson, Rink, 2020 ..... 3:19.42
5. Burvill, Fluit, McNamara, McDougall, 2019.....3:19.72
6. Gilbertson, Kupcova, **Pedersen, Martin, 2023 .....3:20.08**
7. Burvill, Fluit, McNamara, Schemmel, 2018 .....3:20.16
8. Fluit, O'Brien, Burvill, Scheitlin, 2017 .....3:20.31
9. Rink, Burvill, Fluit, Gilbertson, 2020 .....3:20.35
10. Kupcova, **Kerr, Swalley, Martin, 2024.....3:20.53**

### 800 FREESTYLE RELAY

1. Burvill, Fluit, Sansome, Rink, 2020 .....7:04.70
2. Burvill, Fluit, Lavelle, O'Brien, 2018.....7:08.06
3. Burvill, Fluit, McDougall, Drake, 2019.....7:10.10
4. Burvill, Sansome, Fluit, McDougall, 2019 .....7:11.57
5. Kabacinski, Hovren, Stoughton, Seemann, 2014..7:12.49
6. **Kerr, Kupcova, Swalley, Martin, 2024..... 7:12.57**
7. Stoughton, Kabacinski, Wanasek, Lagodzinska, 2015 .....7:12.86
8. Burvill, Fluit, Wanasek, O'Brien, 2017 .....7:14.79
9. Hovren, Stoughton, Seemann, Kabacinski, 2013..7:14.99
10. Rink, McDougall, Gilbertson, Graves, 2021 .....7:15.89

### 200 MEDLEY RELAY

1. Lavelle, Sougstad, Scheitlin, Burvill, 2017 .....1:38.99
2. Orvis, Sougstad, O'Brien, Kabacinski, 2015 .....1:39.18
3. Jekel, Hoyt, Hackett, Scheitlin, 2018 .....1:39.26
4. Orvis, Sougstad, McNamara, Kabacinski, 2016 .....1:39.27
5. Gilbertson, **Swalley, Martin, Kerr, 2023..... 1:39.59**
6. Sansome, Ohlensehlen, Drake, Gilbertson, 2020..1:39.94
7. Gilbertson, **Swalley, Kupcova, Kerr, 2024 ..... 1:39.95**
8. Seemann, Sougstad, Tuchscherer, Borja, 2014.....1:40.12
9. Koluch, Olesiak, Jump, Black, 2021.....1:40.22
10. Gilbertson, Schreiber, **Martin, Pedersen, 2023 ....1:40.27**

### 400 MEDLEY RELAY

1. Sansome, Olesiak, Drake, Burvill, 2020 .....3:36.18
2. Lavelle, Sougstad, Scheitlin, Burvill, 2017 .....3:36.71
3. Lavelle, Sougstad, McNamara, Kabacinski, 2016...3:36.72
4. Lavelle, Hoyt, McNamara, Burvill, 2018.....3:37.71
5. Lavelle, Sougstad, Lehnertz, Burvill, 2016 .....3:37.91
6. Koluch, Olesiak, Jump, Drake, 2021 .....3:37.98
7. Gilbertson, **Swalley, Martin, Kerr, 2023.....3:38.28**
8. Lavelle, Sougstad, Lehnertz, Stoughton, 2015.....3:38.68
9. Gilbertson, Schreiber, **Martin, Kupcova, 2023.....3:39.13**
10. Burvill, Ohlensehlen, Drake, Schemmel, 2019.....3:39.21