

2004-05 Iowa Women's Swimming & Diving Top Performers

50-Yard Freestyle (School Record -- 23.08, A Standard - 22.88, B Standard - 23.56)

Jennifer Skolaski	23.69	Iowa Senior Championships	3/4/05
Katie Martin	23.76	Iowa Senior Championships	3/4/05
Abby Van Maaren	23.78	at Minnesota	11/06/04
Karen Kelly	24.07	at Big Ten Championships	2/17/05
Katie Haeger	24.07	at Big Ten Championships	2/17/05
Emmy Haeger	24.26	at Big Ten Championships	2/17/05
Mindy Schulte	24.50	at Big Ten Championships	2/17/05
Emily Bensink	24.50	Wisconsin	10/22/04
Robin Samples	24.60	at Minnesota Invite	11/19/04
Erin Petty	24.69	at Big Tens	2/17/05
Erin Cochran	24.79	Northern Iowa	1/21/05
		at Big Ten Championships	2/17/05
Andrea Hemphill	24.82	Northern Iowa	1/21/05
Jeni Sanderson	24.89	Iowa State	12/4/04
Molly Gable	24.91	at Minnesota Invite	11/20/04
Erica Noah	24.93	Truman State	11/12/04
Caitlin Girdley	25.23	at Big Ten Championships	2/17/05
Jaclyn Sarna	25.91	Iowa Senior Championships	3/4/05

100-Yard Freestyle (School Record -- 50.56, A Standard -- 49.78, B Standard -- 51.27)

Jennifer Skolaski	50.56*# (A)	at Big Ten Championships	2/19/05
Katie Martin	50.86 (B)	Iowa Senior Championships	3/4/05
Karen Kelly	51.37	Iowa Senior Championships	3/4/05
Abby Van Maaren	51.67	Iowa Senior Championships	3/4/05
Kelly Werner	52.63	Iowa Senior Championships	3/4/05
Andrea Hemphill	53.05	Iowa State	12/4/04
Katie Haeger	53.35	Iowa State	12/4/04
Erica Noah	53.45	at Big Ten Championships	2/19/05
Mindy Schulte	53.94	at Big Ten Championships	2/19/05
Emily Bensink	54.08	Wisconsin	10/22/04
Katelyn Eustis	54.15	at Minnesota Invite	11/19/04
Robin Samples	54.19	Iowa State	12/4/04
Molly Gable	54.31	Truman State	11/12/04
Erin Cochran	54.45	at Big Ten Championships	2/19/05
Emmy Haeger	54.51	Wisconsin	10/22/04
Jeni Sanderson	54.70	Iowa State	12/4/04
Erin Petty	55.43	Iowa Senior Championships	3/4/05

200-Yard Freestyle (School Record -- 1:49.07, A Standard -- 1:47.61, B Standard -- 1:50.83)

Abby VanMaaren	1:51.97	at Big Ten Championships	2/18/05
Jennifer Skolaski	1:52.44	Truman State	11/12/04
Karen Kelly	1:52.82	at Big Ten Championships	2/18/05
Katie Martin	1:52.98	at Big Ten Championships	2/18/05
Katelyn Eustis	1:53.97	at Big Ten Championships	2/18/05
Erica Noah	1:54.95	Wisconsin	10/22/04
Erin Cochran	1:56.71	at Big Ten Championships	2/18/05
Robin Samples	1:58.20	at Big Ten Championships	2/18/05
Molly Gable	1:59.60	at Minnesota	11/06/04
Jaclyn Sarna	1:59.64	at Big Ten Championships	2/18/05
Jeni Sanderson	2:01.06	at Minnesota Invite	11/20/04

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* -- relay leg, # -- school record

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500-Yard Freestyle (School Record -- 4:47.21, A Standard -- 4:45.46, B Standard -- 4:54.02)

Jennifer Skolaski	5:01.88	at Minnesota Invite	11/19/04
Erica Noah	5:04.31	Truman State	11/12/04
Katelyn Eustis	5:05.15	at Minnesota Invite	11/19/04
Katie Martin	5:07.13	at Big Ten Championships	2/18/05
Katie Koenig	5:12.58	at Big Ten Championships	2/18/05
Jaclyn Sarna	5:16.74	at Big Ten Championships	2/18/05

1,000-Yard Freestyle (School Record -- 9:55.59)

Katelyn Eustis	10:23.04	Truman State	11/12/04
Jennifer Skolaski	10:23.22	at Minnesota	11/6/04
Erica Noah	10:26.81	at Minnesota	11/6/04
Jaclyn Sarna	10:53.95	Northern Iowa	1/21/05

1,650-Yard Freestyle (School Record -- 16:27.91, A Standard -- 16:23.54, B Standard -- 16:53.04)

Jaclyn Sarna	18:25.28	at Big Ten Championships	2/19/05
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100-Yard Backstroke (School Record -- 54.34, A Standard -- 54.47, B Standard -- 56.10)

Jennifer Skolaski	54.59 (B)	at NCAA Championships	3/18/05
Kelly Werner	55.99 (B)	at Big Ten Championships	2/18/05
Caitlin Girdley	58.29	at Big Ten Championships	2/18/05
Katelyn Eustis	59.51	Iowa State	12/4/04
Mindy Schulte	1:01.34	Truman State	11/12/04
Erin Petty	1:02.25	Northern Iowa	1/21/05
Katie Koenig	1:02.63	Iowa Senior Championships	3/4/05
Karen Kelly	1:03.23	Northern Iowa	1/21/05
Jeni Sanderson	1:05.15	Iowa Senior Championships	3/4/05

200-Yard Backstroke (School Record -- 1:57.51, A Standard -- 1:58.24, B Standard -- 2:01.78)

Jennifer Skolaski	1:58.69 (B)	at Big Ten Championships	2/19/05
Kelly Werner	2:00.69 (B)	at Big Ten Championships	2/19/05
Caitlin Girdley	2:05.53	at Big Ten Championships	2/19/05
Katelyn Eustis	2:09.35	at Minnesota	11/06/04

100-Yard Breaststroke (School Record -- 1:02.43, A Standard -- 1:02.00, B Standard -- 1:03.86)

Katie Haeger	1:04.77	at Big Ten Championships	2/18/05
Emmy Haeger	1:06.52	Iowa State	12/4/04
Kristen Eide	1:06.79	at Big Ten Championships	2/18/05
Jennifer Skolaski	1:08.79	Northern Iowa	1/21/05
Andrea Hemphill	1:10.02	Iowa Senior Championships	3/4/05
Erin Petty	1:10.38	Iowa Senior Championships	3/4/05
Katie Koenig	1:10.95	Truman State	11/12/04
Mindy Schulte	1:13.48	Iowa Senior Championships	3/4/05
Katie Martin	1:18.41	Iowa Senior Championships	3/4/05

200-Yard Breaststroke (School Record -- 2:11.92, A Standard -- 2:14.25, B Standard -- 2:18.27)

Katie Haeger	2:21.82	at Big Ten Championships	2/19/05
Kristen Eide	2:21.89	at Big Ten Championships	2/19/05
Katelyn Eustis	2:23.89	Truman State	11/12/04
Emmy Haeger	2:25.75	Iowa State	12/4/04
Katie Koenig	2:36.11	at Minnesota	11/06/04

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100-Yard Butterfly (School Record -- 55.49, A Standard -- 53.75, B Standard -- 55.36)

Kelly Werner	55.49#	at Big Ten Championships	2/18/05
Jennifer Skolaski	57.38	Iowa Senior Championships	3/4/05
Andrea Hemphill	57.44	at Big Ten Championships	2/18/05
Erin Petty	58.07	at Big Ten Championships	2/18/05
Abby Van Maaren	58.70	Iowa Senior Championships	3/4/05
Mindy Schulte	58.92	at Big Ten Championships	2/18/05
Kristen Eide	1:00.09	Northern Iowa	1/21/05
Karen Kelly	1:00.15	Iowa Senior Championships	3/4/05
Erica Noah	1:00.48	Northern Iowa	1/21/05
Emmy Haeger	1:02.66	Iowa Senior Championships	3/4/05
Katie Martin	1:02.65	Iowa Senior Championships	3/4/05
Jeni Sanderson	1:03.34	Iowa Senior Championships	3/4/05
Jaclyn Sarna	1:04.79	Iowa Senior Championships	3/4/05
Katie Koenig	1:05.88	Iowa Senior Championships	3/4/05

200-Yard Butterfly (School Record -- 2:00.14, A Standard -- 1:58.11, B Standard -- 2:01.65)

Andrea Hemphill	2:06.17	at Minnesota Invite	11/21/04
Kristen Eide	2:07.44	at Minnesota	11/06/04
Erin Petty	2:10.30	Iowa State	12/4/04
Katie Koenig	2:16.30	Northwestern/Ohio State	1/29/05
Erica Noah	2:16.63	Iowa Senior Championships	3/4/05

200-Yard Ind. Medley (School Record -- 2:02.93, A Standard -- 2:00.67, B Standard -- 2:04.69)

Jennifer Skolaski	2:02.93# (B)	at NCAA Championships	3/17/05
Katelyn Eustis	2:07.22	at Big Ten Championships	2/17/05
Andrea Hemphill	2:07.92	at Big Ten Championships	2/17/05
Kelly Werner	2:08.09	Truman State	11/12/04
Kristen Eide	2:11.39	Illinois	1/22/05
Katie Koenig	2:12.74	Iowa Senior Championships	3/4/05
Karen Kelly	2:15.01	Iowa Senior Championships	3/4/05
Mindy Schulte	2:15.78	Iowa State	12/4/04
Emmy Haeger	2:17.17	Iowa Senior Championships	3/4/05
Jaclyn Sarna	2:17.42	Iowa Senior Championships	3/4/05
Robin Samples	2:20.57	Iowa Senior Championships	3/4/05

400-Yard Ind. Medley (School Record -- 4:20.14, A Standard -- 4:15.93, B Standard -- 4:23.60)

Kristen Eide	4:29.39	at Big Ten Championships	2/18/05
Katelyn Eustis	4:30.68	at Big Ten Championships	2/18/05
Jennifer Skolaski	4:38.92	Wisconsin	10/22/04
Katie Koenig	4:41.38	at Big Ten Championships	2/18/05

One-Meter Diving (6 dives) (School Record -- 326.55)

Lisette Planken	#326.55	Wisconsin	10/22/04
Nancilea Underwood	317.35	Truman State	11/12/04
Katie Bures	239.70	Truman State	11/12/04
Nicole Nemmers	174.90	Truman State	11/12/04

Three-Meter Diving (6 dives) (School Record -- 348.25)

Nancilea Underwood	#348.25	Truman State	11/12/04
Lisette Planken	332.03	Illinois	1/22/05
Katie Bures	251.85	Truman State	11/12/04

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Three-Meter Diving (11 dives) (School Record – 564.50)

Nancilea Underwood	540.10	at Big Ten Championships	2/18/05
Lisette Planken	533.10	at Big Ten Championships	2/18/05
Katie Bures	201.90	at Minnesota Invite	11/20/04

200-Yard Freestyle Relay (School Record -- 1:33.30, A Standard – 1:31.01, B Standard – 1:33.74)

VanMaaren, Martin, Kelly, K.Haeger	1:34.08	at Big Ten Championships	2/17/05
VanMaaren, Kelly, Schulte, K. Haeger	1:36.47	Truman State	11/12/04
Van Maaren, K. Haeger, Martin, E. Haeger	1:36.69	Wisconsin	10/22/04
VanMaaren, Martin, K. Haeger, Kelly	1:36.91	Minnesota Invite	11/19/04
Samples, E.Haeger, Schulte, Hemphill	1:37.31	Minnesota Invite	11/19/04
Kelly, VanMaaren, Sanderson, Cochran	1:37.74	Northern Iowa	1/21/05
Petty, Samples, Martin, K. Haeger	1:38.32	Northern Iowa	1/21/05
Samples, Cochran, Hemphill, Gable	1:38.46	Northwestern/Ohio State	1/29/05
Hemphill, Kelly, Bensink, Schulte	1:38.55	Wisconsin	10/22/04
Noah, Sanderson, Cochran, Samples	1:38.63	Truman State	11/12/04
Samples, Sanderson, Cochran, Gable	1:39.95	Wisconsin	10/22/04
Gable, Sanderson, Petty, Cochran	1:40.16	Minnesota Invite	11/19/04
Gable, Schulte, Eustis, Sarna	1:41.83	Northern Iowa	1/21/05
Gable, Eide, Koenig, Sarna	1:43.06	Truman State	11/12/04

400-Yard Freestyle Relay (School Record -- 3:23.16, A Standard – 3:18.95, B Standard – 3:24.91)

Skolaski, Martin, Kelly, K.Haeger	3:24.03 (B)	at Big Ten Championships	2/19/05
Martin, VanMaaren, Kelly, Skolaski	3:27.37	at Minnesota	11/06/04
Martin, VanMaaren, Kelly, K. Haeger	3:28.88	Illinois	1/22/05
Skolaski, Martin, Kelly, VanMaaren	3:28.89	at Minnesota Invite	11/21/04
Skolaski, VanMaaren, Martin, Haeger	3:29.80	Wisconsin	10/22/04
Martin, K.Haeger, Kelly, Werner	3:30.12	Iowa State	12/4/04
Hemphill, Noah, Samples, Cochran	3:33.35	Illinois	1/22/05
Hemphill, Samples, Gable, E. Haeger	3:33.66	Iowa State	12/4/04
K. Haeger, Hemphill, Samples, Gable	3:34.49	at Minnesota	11/06/04
Werner, Samples, Gable, Girdley	3:35.84	at Minnesota Invite	11/21/04
Eustis, K.Haeger, Noah, Schulte	3:35.91	at Minnesota Invite	11/21/04
Kelly, Noah, Petty, Cochran	3:35.96	Wisconsin	10/22/04
Noah, Cochran, Sanderson, Petty	3:38.02	Iowa State	12/4/04
Petty, Sanderson, Gable, Schulte	3:38.48	Illinois	1/22/05
E. Haeger, Samples, Sanderson, Gable	3:38.63	Wisconsin	10/22/04

800-Yard Freestyle Relay (School Record -- 7:18.90, A Standard – 7:11.65, B Standard – 7:24.59)

Martin, Skolaski, VanMaaren, Eustis	7:31.65	at Big Ten Championships	2/16/05
Eustis, Skolaski, VanMaaren, Martin	7:40.71	at Minnesota Invite	11/20/04
Noah, Kelly, Samples, Gable	7:56.36	at Minnesota Invite	11/20/04

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200-Yard Medley Relay (School Record -- 1:42.94, A Standard -- 1:39.90, B Standard -- 1:42.89))

Skolaski, K. Haeger, Werner, VanMaaren	1:43.13	at Big Ten Championships	2/16/05
Skolaski, E. Haeger, Werner, K. Haeger	1:46.14	Wisconsin	10/22/04
Eustis, Eide, Hemphill, Kelly	1:49.25	Iowa State	12/4/04
Girdley, Eide, Hemphill, Martin	1:49.52	at Minnesota Invite	11/20/04
Girdley, E. Haeger, Petty, Samples	1:49.57	Iowa State	12/4/04
Girdley, Eide, Schulte, Kelly	1:49.67	Wisconsin	10/22/04
Girdley, E. Haeger, Hemphill, Kelly	1:50.10	at Minnesota	11/06/04
Girdley, Eide, Hemphill, Samples	1:50.28	Northwestern/Ohio State	1/29/05
Girdley, Eustis, Hemphill, K. Haeger	1:51.58	Northern Iowa	1/21/05
Eide, Werner, Schulte, VanMaaren	1:54.54	Northern Iowa	1/21/05

400-Yard Medley Relay (School Record -- 3:43.42, A Standard -- 3:38.32, B Standard -- 3:44.86)

Skolaski, K. Haeger, Werner, VanMaaren	3:44.45	at Big Ten Championships	2/18/05
Skolaski, K. Haeger, Werner, Martin	3:51.22	Truman State	11/12/04
Werner, Eide, Hemphill, Martin	3:54.49	Wisconsin	10/22/04
Werner, E. Haeger, Skolaski, Martin	3:56.58	Iowa Senior Championships	3/4/05
Girdley, Eide, Hemphill, Kelly	3:57.17	Truman State	11/12/04
Girdley, Eide, Hemphill, VanMaaren	3:59.46	at Minnesota Invite	11/19/04
Koenig, Hemphill, Van Maaren, Kelly	4:02.66	Iowa Senior Championships	3/4/05
Girdley, K. Haeger, Petty, VanMaaren	4:02.77	Wisconsin	10/22/04

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