

硝酸甘油

Nitroglycerin

Nitroglycerin is a medicine used to treat chest pain called angina. Take nitroglycerin as directed by your doctor.

- If you are pregnant or breastfeeding, talk to your doctor before using this medicine.
- Always keep your nitroglycerin with you.
- This medicine may make you dizzy or lightheaded when you stand up or get out of bed. Get up slowly from a sitting or lying position.
- Ask your doctor if it is safe for you to drink alcohol while using nitroglycerin medicine.
- Keep nitroglycerin in its original bottle to keep its strength. Store it at room temperature away from moisture and heat.
- Be sure to replace the bottle if it has passed the expiration date.
- Keep the medicine out of the reach of children.

If you use tablets:

1. When you have chest pain, sit down and rest. Place 1 tablet under your tongue and let it dissolve. Do not swallow, chew or crush the tablet.
2. If you still have chest pain after 5 minutes, put a second tablet under your tongue.
3. If the chest pain does not go away after another 5 minutes, use a third tablet. You may take up to 3 tablets in 15 minutes.

硝酸甘油是一种用于治疗胸痛（称为心绞痛）的药物。按照医生的指示服用硝酸甘油。

- 如果您是孕妇或母乳喂养，请在使用此药之前咨询医生。
- 始终随身携带硝酸甘油。
- 服用这种药后，您在站立或起床时可能会感到晕眩或头昏眼花。从坐姿和躺姿起身时，请放慢速度。
- 询问医生使用硝化甘油药物时饮酒是否安全。
- 将硝酸甘油保存在其原装瓶中，维持药效。将其存放在室温下，远离潮湿和过热的环境。
- 如果药物已经过期，请确保予以更换。
- 请将药物放在儿童接触不到的地方。

如果您使用片剂：

1. 胸痛时请坐下休息。将 1 片药片在舌下含服。请勿吞咽、咀嚼或压碎药片。
2. 如果 5 分钟后您仍感到胸痛，请在舌下再含一片药片。
3. 如果再过 5 分钟后胸痛仍未消失，请含服第三片。15 分钟内您只能含服最多 3 片。

4. If you still have pain, call 911. Do not drive yourself or have someone drive you to the hospital in a private car because you may be having a heart attack. Your condition could get worse on the way to the hospital.
5. If you have aspirin, chew 1 adult tablet (325 mg) or 4 baby aspirin tablets.

If you use spray:

1. When you have chest pain, sit down and rest. Hold the can up with the spray button on top as close to your mouth as you can. Press down on the button and spray the medicine into your mouth towards the back of your throat.
2. If your chest pain lasts longer than 5 minutes, spray a second dose into your mouth.
3. If the chest pain does not go away after another 5 minutes, spray a third dose. You may use up to 3 sprays in 15 minutes.
4. If you still have pain, call 911. Do not drive yourself or have someone drive you to the hospital in a private car because you may be having a heart attack. Your condition could get worse on the way to the hospital.
5. If you have aspirin, chew 1 adult tablet (325 mg) or 4 baby aspirin tablets.

4. 如果您仍然感到疼痛，请致电 911。切勿自驾车或乘坐他人私家车前往医院，因为您可能会心脏病发作。您的病情可能会在送往医院的途中恶化。
5. 如果您服用阿司匹林，请咀嚼 1 片成人片剂 (325 毫克) 或 4 片婴儿阿司匹林片剂。

如果您使用喷雾：

1. 胸痛时请坐下休息。握住喷罐，让喷雾按钮位于顶部，尽可能靠近您的口部。按下按钮，然后向着咽喉后方将药物喷入口腔。
2. 如果您的胸痛持续时间超过 5 分钟，请向您的口腔喷洒第二剂。
3. 如果再过 5 分钟胸痛仍未消失，请喷洒第三剂。15 分钟内您只能喷洒最多 3 次。
4. 如果您仍然感到疼痛，请致电 911。切勿自驾车或乘坐他人私家车前往医院，因为您可能会心脏病发作。您的病情可能会在送往医院的途中恶化。
5. 如果您服用阿司匹林，请咀嚼 1 片成人片剂 (325 毫克) 或 4 片儿童阿司匹林片剂。

Call your doctor or 911 right away if you have:

- Trouble breathing
- Increased chest pain
- Dizziness, fainting or severe weakness
- Sweaty, pale skin
- Severe headaches
- Itching or swelling
- Seizures or coma
- Blurred vision
- Dry mouth

Talk to your doctor, nurse or pharmacist if you have any questions or concerns about taking nitroglycerin.

如果出现以下情况，请立即致电医生或 911：

- 呼吸困难
- 胸痛加剧
- 头晕、昏厥或严重虚弱
- 汗湿、皮肤苍白
- 严重头痛
- 瘙痒或肿胀
- 癫痫或昏迷
- 视力模糊
- 口干

如果您对服用硝酸甘油有任何疑问或担心，请咨询医生、护士或药剂师。