Baaritaanka Waxqabadka Sambabada

Pulmonary Function Tests

Pulmonary function tests, also called lung function tests, measure how much air and how well air moves in and out of your lungs. The tests check how your lungs work. They may be done to check for lung disease, how you respond to your treatment, or how well your lungs work before surgery.

Arrive on time for your tests. The tests take about 1 hour.

Baaritaanka Waxqabadka Sambabada, waxaa sidoo kale loo yaqaan baaritaanadav hawlaha sambabada, waxaana lagu ogaadaa cadadka hawada iyo qaabka hawada ugeleyso ogana soo baxayso sambabada. Baaritaanadu waxay cabiraan sida sambabadu u shaqeeyaan. Waxaa lagu ogaadaa xanuunada sambabada, sida aad oga falceliso daaweyntaada, ama sida wanaagsan ee sambabadaadu u shaqeeyaan kahor qaliinka.

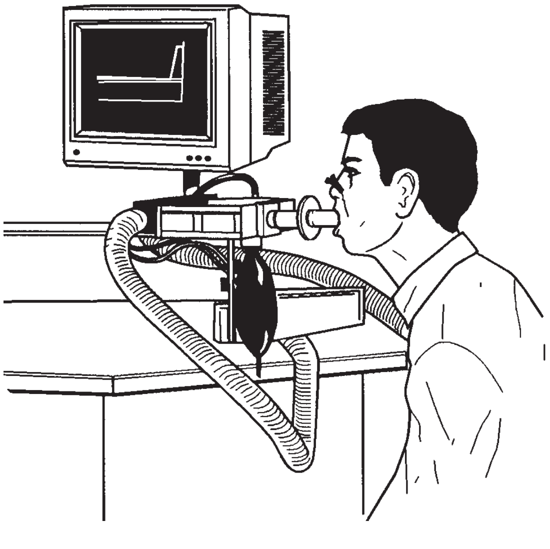
Imoow xiliga saxda ah ee baaritaankaaga. Baaritaanadu waxay qaadanayaan 1 saac.

To Prepare

- Do not smoke for 4 to 6 hours before the tests.
- Only eat a small meal before the tests, so you can take deep breaths during the tests.
- Do not do any hard exercise for at least 30 minutes before the tests.
- If you take lung medicine, your doctor will tell you which medicines you need to stop taking and how long before the tests.

Si aad U diyaargarowdid

- Sigaar ha cabin 4 illaa 6 saacadood kahor baaritaanka.
- Kaliya cun cunto yar kahor baaritaanada, si aad u qaadato neefsasho hoose inta baaritaanku socdo.
- Ha sameyn jimicsi adag ugu yaraan 30 daqiiqadood kahor baaritaanka.
- Haddii aad qaadato daawada sambabada, dhakhtarkaagu waxa uu kuusheegi doonaa daawada ay tahay inaad joojiso iyo mudada ay kuuu danbeysa ee aad qaadan karto kahor baaritaanka.



During the Tests

- You sit in a chair and a soft clip is put on your nose so that you breathe through your mouth.

Inta lagu jiro Baaritaanka

- Waxaad ku fariisanaysaa kursi kadibna bahal yar oo jilicsan ayaa la gelinayaa sankaaga si aad oga neefsato afka.

- You breathe in and out through a mouthpiece that goes into a tube to a machine. Be sure to have a tight seal around the mouthpiece.
- You may be asked to:
  - Breathe in as deeply as you can and then blow air out as fast as you can.
  - Breathe normally and then take in as big a breath as you can.

- Waxaad neefta ka qaadan doontaa aadna kasoo bixin doontaa qalbka afka kujira ee gaaraya illaa tuubada mashiinka. Hubi inaad shaabad adag kala qabato birta afka.
- Waxaa lagu waydiin doonaa inaad:
  - Inaad u neefsato sida ugu macquulsan oo aad awoodo kadibna neefta banaanka usoo saarto sida ugu dhaqsiyaha badan oo aad awoodo.
  - U neefso sida caadiga ah kadibna aad qaadato neef badan sida inta macquulka ah.

Other Tests

- You may be given medicine to inhale and have more testing to see the effect of the medicine.
- A blood sample may be taken to measure the oxygen in your blood.

Tell the staff if you need to rest during the tests, or if you feel dizzy or have any trouble breathing.

Baaritaanada Kale

- Waxaa lagu siin karaa daawo si aad u laqdo laguguna sameeyo baaritaan dheeraad ah si loo fiiriyo in daawadu saameyn leedahay iyo in kale.
- Waxaa lagaa qaadi karaa muunad dhiig ah si loo cabiro ogsijiinta dhiigaaga.

U sheeg shaqaalaha haddii aad u baahan tahay inaad nasato inta baaritaanku socdo, ama haddii aad dareento dawakhsanaan ama hadaad isku aragto dhibaato dhanka neefsashada ah.

After the Tests

- You may feel tired and need to rest.
- The results of your tests are sent to your doctor. Your doctor will share the results with you.

Baaritaanka Kadib

- Waxaad dareemi kartaa daal ama inaad nasatid.
- Natiijooyinka baaritaanka waxaa loo dirayaa dhakhtarkaaga. Dhakhtarkaaga ayaa kuu sheegaaya natiijada.

Talk to your doctor or nurse if you have any questions or concerns.

La hadal dhakhtarkaaga ama kalkaalisadaada haddii aad qabtid wax su'aalo ah ama walaacyo.

© 2009 - February 1, 2021, Health Information Translations.

Unless otherwise stated, user may print or download information from www.healthinfotranslations.org for personal, non-commercial use only. The medical information found on this website should not be used in place of a consultation with your doctor or other health care provider. You should always seek the advice of your doctor or other qualified health care provider before you start or stop any treatment or with any questions you may have about a medical condition. The Ohio State University Wexner Medical Center, Mount Carmel Health System, OhioHealth and Nationwide Children's Hospital are not responsible for injuries or damages you may incur as a result of your stopping medical treatment or your failure to obtain treatment.