

皮下注射部位

Under the Skin (Subcutaneous) Injection Sites

The medicine you are taking is to be given into the fatty tissue under the skin, also called subcutaneous. You will be taught how to do the injection or shot. Use this sheet to know which sites to use for your injections.

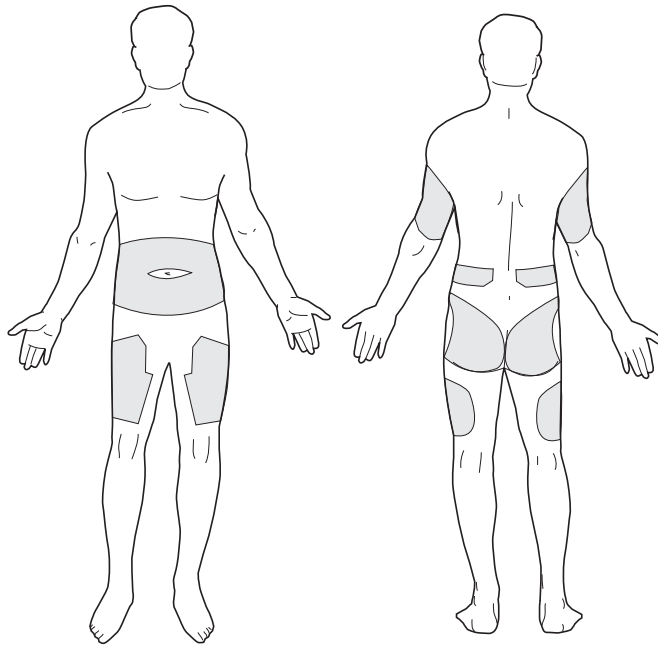
- ▶ The stomach, arms, legs and buttocks can be used for injections as shown in the picture. Injections are absorbed best from the stomach, next from the arms and least well from the legs and buttocks.
- ▶ Rub the site with alcohol. Let the alcohol air dry.
- ▶ Give your shot in a different spot each time.

Talk to your doctor or nurse if you have any questions or concerns about where to give your injection

皮下注射是将药物送到皮下脂肪组织（皮下组织）中。医护人员将教您如何进行注射。使用这个表格了解具体的注射部位。

- ▶ 如图所示，注射部位可以是腹部、手臂、腿部和臀部。注射剂在腹部吸收最好，其次是手臂，腿部和臀部吸收效果最差。
- ▶ 用酒精擦拭拟注射部位。等待酒精阴干。
- ▶ 每次注射要更换注射部位。

如果您对注射部位有任何疑问或疑虑，请咨询医生或护士



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Under the Skin (Subcutaneous) Injection Sites. Simplified Chinese.