

Sitios de inyección bajo la piel (subcutáneas)

Under the Skin (Subcutaneous) Injection Sites

The medicine you are taking is to be given into the fatty tissue under the skin, also called subcutaneous. You will be taught how to do the injection or shot. Use this sheet to know which sites to use for your injections.

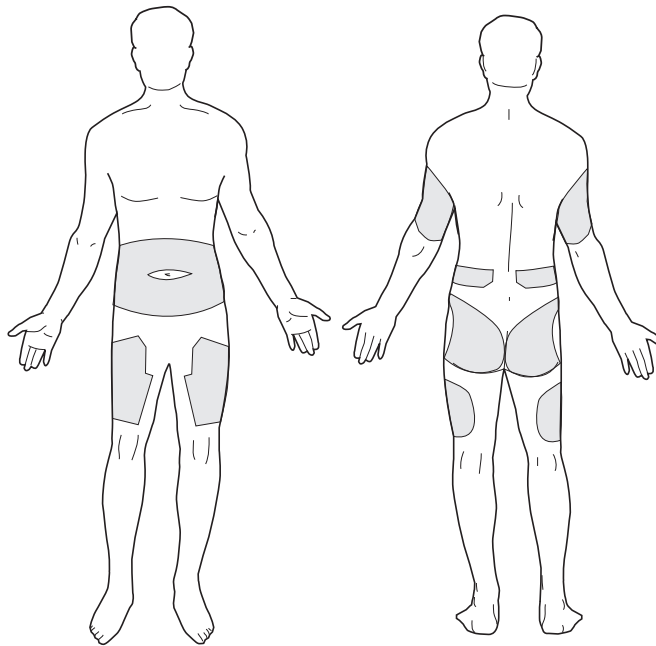
- ▶ The stomach, arms, legs and buttocks can be used for injections as shown in the picture. Injections are absorbed best from the stomach, next from the arms and least well from the legs and buttocks.
- ▶ Rub the site with alcohol. Let the alcohol air dry.
- ▶ Give your shot in a different spot each time.

Talk to your doctor or nurse if you have any questions or concerns about where to give your injection

El medicamento que está tomando se debe administrar en el tejido graso que está debajo de la piel, también llamado subcutáneo. Se le enseñará cómo inyectarse. Use esta hoja para saber qué lugares usar para sus inyecciones.

- ▶ El estómago, los brazos, las piernas y las nalgas se pueden usar para las inyecciones como se muestra en la imagen. Las inyecciones se absorben mejor en el estómago, cerca de los brazos y menos en las piernas y las nalgas.
- ▶ Frote el lugar con alcohol. Deje que el alcohol se seque al aire.
- ▶ Inyéctese en un lugar diferente cada vez.

Hable con su médico o enfermera si tiene alguna pregunta o inquietud sobre dónde inyectarse.



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