

皮下注射部位

Under the Skin (Subcutaneous) Injection Sites

The medicine you are taking is to be given into the fatty tissue under the skin, also called subcutaneous. You will be taught how to do the injection or shot. Use this sheet to know which sites to use for your injections.

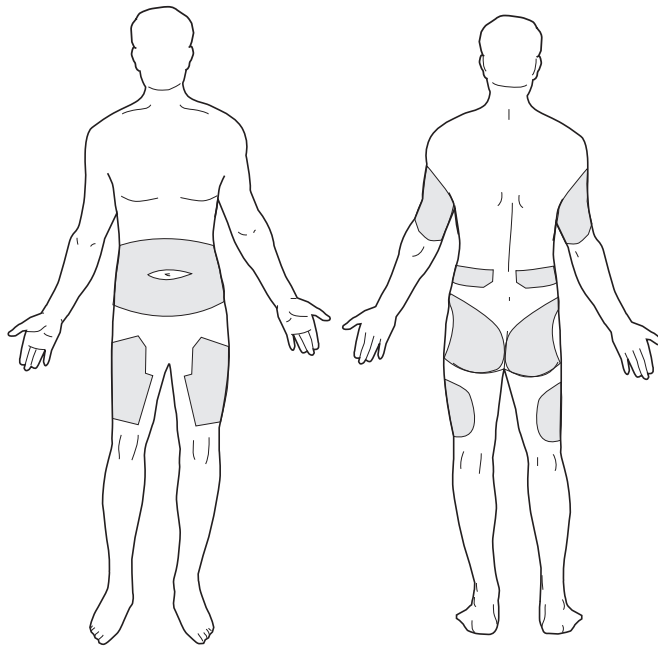
- ▶ The stomach, arms, legs and buttocks can be used for injections as shown in the picture. Injections are absorbed best from the stomach, next from the arms and least well from the legs and buttocks.
- ▶ Rub the site with alcohol. Let the alcohol air dry.
- ▶ Give your shot in a different spot each time.

Talk to your doctor or nurse if you have any questions or concerns about where to give your injection

您現在的用藥需要注入皮下脂肪組織，也稱為皮下組織。您要學會如何注射或打針。用本單頁了解用哪些部位進行注射。

- ▶ 如圖所示，腹部、手臂、腿部和臀部都可用於注射。腹部注射的吸收效果最好，手臂次之，腿部和臀部吸收效果最差。
- ▶ 用酒精擦拭注射部位。讓酒精在空氣中乾燥。
- ▶ 每次在不同部位注射。

若您對在何處注射有任何疑問或擔憂，請諮詢您的醫生或護士



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Under the Skin (Subcutaneous) Injection Sites. Traditional Chinese.