

甲状腺扫描

Thyroid Scan

A thyroid scan checks your thyroid gland for problems. The thyroid gland is located in your neck. It speeds up or slows down most body functions.

You will be asked to swallow a pill that contains a small amount of radioactive iodine for this test. There are no side effects from taking this pill.

It helps your doctor find problems of the thyroid gland. This information will help your doctor find the right medical treatment.

This test has 3 parts. You will be given 3 appointment times. Arrive on time for each part of the test.

If you have any allergies to medicines, foods or other things, tell the staff before the test.

If you are breastfeeding, pregnant or think you might be, tell the staff before the scan. For women of childbearing years, a pregnancy test is done before the scan.

To Prepare

- Do not take multi-vitamins that contain iodine for 4 weeks before the test.
- If you are taking thyroid medicine, ask your doctor when you need to stop taking it before the test.
- Do not eat or drink anything, including water, after midnight before the test and for 2 hours after you take the pill.
- Ask your doctor if you should take your medicines the day of the test. If so, take with sips of water only.
- Bring a list of all of your medicines. Be sure to include any prescription or over the counter medicines and any vitamin or herbal supplements you take.

甲状腺扫描检查您的甲状腺是否有问题。甲状腺位于颈部，它可以加快或减缓大多数身体机能。

在进行检查之前，您需要吞服一颗含有少量放射性碘的药丸。这个药丸不会产生任何副作用。

它能帮助医生发现甲状腺的问题。甲状腺扫描结果将帮助医生找到正确的治疗方法。

这项检查分为 3 部分。医生将为您安排 3 次预约。每一部分的检查都请准时到达。

如果您对药物、食物或其他物质过敏，请在检查前告知工作人员。

如果您正在哺乳、已怀孕或认为自己可能怀孕，请在扫描前告知工作人员。育龄妇女需在扫描前进行妊娠检查。

准备事项

- 检查前 4 周内请勿服用含碘复合维生素。
- 如果您正在服用甲状腺药物，请在检查前咨询医生何时应该停用该药物。
- 检查前的午夜后和服用药丸后的 2 小时内，请勿进食和饮水。
- 咨询医生您是否应在检查当天服药。若需服药，请仅用少量水送服。
- 请带上您服用的所有药物清单。包括您服用的任何处方药或非处方药、维生素或草药补充剂。

During the test

You will have 3 appointments for this test.

Part 1

- You will get more instructions and have a chance to ask questions.
- You will be given a pill to swallow.
- You may be allowed to go home to wait.

Part 2

- About 6 hours later, you will return to have a small blood sample take from your arm. This measures the amount of radioactivity in your thyroid gland.
- This part of the test takes about 15 minutes.

3rd Appointment

- The next day, you will return to have blood taken to check the radioactivity in your thyroid gland.
- You will lie down for the scan to be done.
- During the scan, pictures of your thyroid will be taken with a camera-like machine. This will take about a hour.

Test results are sent to your doctor. Your doctor will share the results with you.

Talk to your doctor or nurse if you have any questions or concerns.

检查期间

您需要 3 次预约完成这项检查。

第 1 次预约

- 医护人员将进行详细说明，您可以向其提问。
- 您需要吞服一颗药丸。
- 您可能需要回家等待一段时间。

第 2 次预约

- 您需要在大约 6 小时后返回医院，医护人员将从您的手臂抽取少量血样。血样用于测量您甲状腺中的放射性物质含量。
- 这部分检查约需 15 分钟。

第 3 次预约

- 您需要在第二天返回医院抽血，检查您甲状腺中的放射性物质含量。
- 您需要躺下进行扫描。
- 在扫描过程中，一台类似照相机的机器将拍摄您的甲状腺照片。这个过程需要大约一小时。

检查结果会发送至医生。医生会告知您检查结果。

如果您有任何疑问或担心，请咨询医生或护士。