Iskaanka Qanjirka

Thyroid Scan

A thyroid scan checks your thyroid gland for problems. The thyroid gland is located in your neck. It speeds up or slows down most body functions.

You will be asked to swallow a pill that contains a small amount of radioactive iodine for this test. There are no side effects from taking this pill.

It helps your doctor find problems of the thyroid gland. This information will help your doctor find the right medical treatment.

This test has 3 parts. You will be given 3 appointment times. Arrive on time for each part of the test.

If you have any allergies to medicines, foods or other things, tell the staff before the test.

If you are breastfeeding, pregnant or think you might be, tell the staff before the scan. For women of childbearing years, a pregnancy test is done before the scan.

Iskaanka qanjirka waa baaritaan lagu oggaado dhibaatooyinka qanjirkaaga. Qanjirka dhuunta wuxuu ku yaalaa qoortaada. Wuxuu kor u qaadaa ama hoos u dhigaa inta badan shaqada jirka.

Waxaa laguu sheegi doonaa inaad laqdo kaniino ka kooban cadad yaryar oo ah aayadhiinka shoocaaca si baaritaankaan laguugu sameeyo. Wax waxyeelo ah kama dhaxli doontid cunida kaniinigaan.

Wuxuu dakhtarkaaga ka caawin doonaa inuu oggaado dhibaatooyinka qanjirka cunaha. Macluumaadkaan wuxuu dakhtarkaaga ka caawin doonaa inuu ogaado daaweynta saxda ah ee xaaladaada.

Baaritaan waxa uu ka kooban yahay 3 qaybood. Waxaa lagu siin doonaa 3 waqti oo balamo ah. Waqtiga loogu talagalay imoow qayb kasta oo baaritaanka ah.

Haddii aad wax xasaasiyad ah ku qabto daawooyinka, cuntooyinka, ama waxyaabaha kale, u sheeg shaqaalaha kahor baaritaanka.

Haddii aad tahay hooyo naasnuujisa, uur leh ama aad isleedahay waad noqon doontaa, u sheeg shaqaalaha kahor iskaanka. Dumarka kujira da'aha ay ilmo ku dhali karaan, baaritaanka uurka ayaa laga qaadaa kahor intaan laga qaadin iskaanka.

To Prepare

- Do not take multi-vitamins that contain iodine for 4 weeks before the test.
- If you are taking thyroid medicine, ask your doctor when you need to stop taking it before the test.

Sida Loogu Diyaargaroobo

- Ha cunin feetamiino badan oo ka kooban aayodhiin muddo 4 asbuuc kahor ah marka baaritaanka lagugu sameynaayo.
- Haddii aad qaadanayso daawada qanjirka cunaha, waydii dhakhtarkaaga marka ay tahay inaad iska joojiso kahor intaan baaritaanka lagugu sameyn.

- Do not eat or drink anything, including water, after midnight before the test and for 2 hours after you take the pill.
- Ask your doctor if you should take your medicines the day of the test. If so, take with sips of water only.
- Bring a list of all of your medicines. Be sure to include any prescription or over the counter medicines and any vitamin or herbal supplements you take.

- Waxba ha cunin ama ha cabin, oo ay ku jiraan biyo, kahor saqda dhexe ee habbeenkii kahor baaritaanka iyo 2 saac kadib markaad cunto kaniiniga.
- Waydii dhakhtarkaaga haddii aad cuni karto daawooyinkaaga maalinta baaritaanka. Haddii ay saas tahay, ku cun kabooyin biyo ah.
- Keen liisaska dhammaan daawooyinkaaga. Hubi inay kujiraan liiska qoraalada dhaqtarka iyo daawooyinka kasta oo laga gaday dukaanka iyo fitamiin walba ama waxyaabaha dabiiciga ah ee la cuno.

During the test

You will have 3 appointments for this test.

Part 1

- You will get more instructions and have a chance to ask questions.
- You will be given a pill to swallow.
- You may be allowed to go home to wait.

Part 2

- About 6 hours later, you will return to have a small blood sample take from your arm. This measures the amount of radioactivity in your thyroid gland.
- This part of the test takes about 15 minutes.

Inta lagu jiro baaritaanka

Waxaa heli doontaa 3 balamo oo ku saabsan baaritaankaan.

Qaybta 1 aad

- Waxaad heli doontaa tilmaamo waxaadna heli doontaa fursad aad ku waydiin doontid su'aalo.
- Waxaa lagu siin doonaa kaniini aad laqdo.
- Waxaa laguu oggolaan doonaa inaad guriga aado si aad u sugto.

Qaybta 2 aad

- Muddo dhan 6 saacadood kadib, waxaad usoo laaban doontaa muunad yar oo laga qaadaayo gacantaada hoosteeda. Baaritaankaan waxaa lagu cabiraa cadadka shoocaaca qanjirka cunaha.
- Qaybtaan baaritaanka waxay qaadataa 15 daqiiqo.

3rd Appointment

- The next day, you will return to have blood taken to check the radioactivity in your thyroid gland.
- You will lie down for the scan to be done.
- During the scan, pictures of your thyroid will be taken with a camera-like machine. This will take about a hour.

Balanta 3aad

- Maalinta xigta, waxaad usoo laaban doontaa dhiig lagaa qaadaayo si loo baaro shocaaca qanjirka cunahaaga.
- Gees-gees ayaad u seexan doontaa si laguugu sameeyo iskaanka.
- Inta iskaanku socdo, sawirada qanjirkaaga waxaa lagu qaadi doonaa kaamiro qaabka mashiinka ah. Arrintaan waxay qaadan doontaa ilaa saacad.

Test results are sent to your doctor. Your doctor will share the results with you.

Natiijada baaritaanka waxaa loo dirayaa dhakhtarkaaga. Dhakhtarkaaga ayaa kuu sheegaaya natiijada.

Talk to your doctor or nurse if you have any questions or concerns.

La hadal dhakhtarkaaga ama kalkaalisada haddii aad qabto wax su'aalo ah ama walaacyo.

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