

Baaritaanka Sawirka ee Ioo Adeegsado Mawjadaha Codka (Ultrasound)

Ultrasound

An ultrasound is a test using sound waves to look at parts of your body. You will not hear the sounds, but pictures will show up on the screen. An ultrasound is not an x-ray and does not cause pain. Review these instructions before your test so you know what you need to do to prepare for your test. Arrive on time for your test. This test takes 20 to 40 minutes.

During the Test

- You will wear a hospital gown and lie on a table.
- Warm gel is put on your skin. A wand, called a transducer, is moved back and forth across your skin in the gel to take the pictures.
- You may need to hold your breath for some of the pictures.
- The staff checks the pictures before you go home. More pictures may be taken if needed.

Ultrasound waa baaritaan loo adeegsado mawjadaha codka si loogu fiiriyo qaybaha jirka. Ma maqli doontid codka, laakiin waxaa shaashada kasoo muuqan doonaa sawiro. Ultrasound ma ahan raajo mana keento xanuun. Akhri tilmaamahan kahor baaritaankaaga si aad u oggaado waxa laga raabo inaad sameyso si aad iskugu diyaariso baaritaankaaga.

Imoow xiliga baaritaanka. Baaritaankaan wuxuu qaataa 20 illaa 40 daqiiqo.

Inta lagu jiro Baaritaanka

- Waxaad xiran doontaa dharka isbitaalka waxaadna ku seexan doonaa miis.
- Jirkaaga waxaa la marin doonaa jeel qandac ah. Caag, loo yaqaan transducer (qalabka mawjadaha codka), ayaa horey iyo gadaal looga soo dhejinayaa maqaarkaaga meesha la mariyay jeelka si uu u qaado sawiro.
- Marka sawirada qaar lagaa qaadaayo waxaa lagaaga baahan karaa inaad neefta isku dhejiso.
- Shaqaalaha waxay fiirin doonaan sawirada kahor inta aadan aadin guriga. Sawiro dheeraad ah ayaa la qaadi karaa haddii loo baahdo.

Follow These Extra Instructions if Marked

If your test is to check a certain part of your body, follow the extra instructions marked:

Abdominal

- Do not eat or drink for 6 to 8 hours before the test.

Thyroid

- Remove any jewelry around your neck.
- A rolled up towel is placed behind your neck during the test.

Breast

- If you or your doctor felt a lump in your breast, you will be asked to point to it.
- The test can show if the lump is solid or filled with fluid, called a cyst.

Scrotum or Testicle

- You may need to stand up for some of the pictures.
- You may be asked to push as if you are having a bowel movement.

Pelvis

- You must drink 32 ounces or 1 liter of water for this test, so your bladder will be full.
- Finish drinking the water 1 hour before your test.

Raac Tilmaamahaan Dheeraadka ah Haddii la Calaamadeeyay

Haddii baaritaankaaga lagu baaraayo qaybo kamid ah jirkaaga, raac tilmaamaha dheeraadka ah ee la calaamadeeyay:

Uur kujirta

- Waxna ha cabin waxna ha cunin 6 illaa 8 saacadood kahor baaritaanka.

Qanjirka

- Iska saar dahab kasta oo kuugu xiran dhuunta.
- Shukumaan la duubay ayaa la saarayaa qaybta danbe ee qoortaada inta baaritaanku socdo.

Naasaha

- Haddii dhaqtarkaaga ama adiga aad wax kuusan ka dareentaan naaskaaga, waxaa lagu waydiin doonaa inaad farta ku mudo.
- Baaritaanku waxa uu sheegi karaa in wax kuusan yahay wax adag ama uu yahay dheecaan meel ku aruray, oo loo yaqaan cyst (dheecaanka aruursan).

Gumaarka ama Xaniinyaha

- Marka sawirada qaar lagaa qaadaayo waxaa lagaaga baahan karaa inaad istaago.
- Waxaa lagaaga baahan karaa inaad riixdid sidii qof saxaroonayaa.

Miskaha

- Waa qasab inaad cabto 32 wiiqiyood ama 1 liitar oo biyo ah si loo sameeyo baaritaankaan, ayna kaadi haystaadu u buuxsanto.
- Dhamee cabida biyaha 1 saac kahor baaritaankaaga.

- During the test, pictures will be taken.
- You will be asked to go to the bathroom to empty your bladder. More pictures are taken.
- Female: A second part of the test may be done with your feet up in stirrups. A probe will be put into your vagina to take more pictures. The probe will then be removed.
- Inta baaritaanku socdo, waxaa la qaadi doonaa sawiro.
- Waa lagaa codsan doonaa inaad musqusha aado si aad usoo faarujiso kaadi haystaada. Sawiro dheeraad ah ayaa la qaadayaa.
- Dumarka: Qaybta labaad ee baaritaanka waxaa la sameyn karaa ayadoo cagahaaga la gelinaayo qalabka lugaha lageliyo. Aalad baaritaan ayaa la gelin doonaa cambarkaaga si loo soo qaado sawiro badan. Markaas kadib aalada baaritaanka ayaa la soo saarayaa.

After the Test

- Return to your normal activities.
- Test results are sent to your doctor. Your doctor will share the results with you.

Talk to your doctor or nurse if you have any question or concerns.

Baaritaanka Kadib

- Ku noqo hawlahaagii caadiga ahaa.
- Natijada baaritaanka waxaa loo dirayaa dhakhtarkaaga. Dhakhtarkaaga ayaa kuu sheegaaya natijada.

La hadal dhakhtarkaaga ama kalkaalisada haddii aad qabto wax su'aal ah ama walaacyo ah.