

Care +



# Simple Linctus

*Citric Acid Monohydrate*

**Relieves the symptoms of coughs**

Read all the label before use.

**For symptomatic relief of coughs.**

**Directions: SHAKE THE BOTTLE. For oral use.**

**Adults, the elderly and children over 12 years:**

Take 1 x 5ml spoonful. Repeat up to 4 times a day if required. Not suitable for children under 12 years.

**Caution:** Do not use if you are sensitive to any ingredient.

**Active Ingredient per 5ml:** Citric Acid Monohydrate 125mg (E330). **Also contains:** Chloroform, anise oil, ethanol, glycerol (E422), syrup (includes sucrose) and purified water.

**KEEP OUT OF THE REACH AND SIGHT OF CHILDREN.**

**Do not store above 25°C. Discard any unused linctus 2 months after first opening.**

**Action:** Simple Linctus is a demulcent. It coats the throat and relieves the symptoms of coughs.

**Further Precautions:** Contains 4g of Sucrose per 5ml. This should be taken into account in patients with diabetes mellitus. If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicine. This product contains 6 vol% ethanol

(alcohol) i.e. up to 237mg per dose, equivalent to 6ml of beer or 2.5ml of wine per dose. Harmful for those suffering from alcoholism. To be taken into account in pregnant or breast feeding women, children and high risk groups such as patients with liver disease or epilepsy. **IF YOU ACCIDENTALLY TAKE TOO MUCH** see a doctor straight away. Do not use after the expiry date.

**Side Effects:** When taken as recommended at the normal dose, there are no known side effects with this product. If taken excessively above the stated dose, glycerol in the product may cause headache, stomach upset and diarrhoea. If you notice these or any other side effects stop using the product and tell your doctor or pharmacist.

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Manufactured by the licence holder: L.C.M. Ltd., Huddersfield, HD7 5QH, UK for Thornton & Ross Ltd., Huddersfield, HD7 5QH, UK.

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**200ml e**