



SORE EYE DROPS

Hamamelis Virginiana

Package leaflet: Information for the patient

Please read all of this leaflet carefully before you start using your eye drops. Keep this leaflet. You may need to read it again. Remember – this medicine is for *you*. Never give it to other people – it may harm them, even if their symptoms appear to be the same.

1. What is your medicine for?

Modern living can take its toll on our eyes. Dusty, smoky atmospheres, air conditioning, driving, glare and close work can make your eyes feel sore and irritated. Optrex Sore Eye Drops are cooling and mildly astringent bringing effective relief for sore, irritated eyes.

2. Before using your medicine

Optrex Sore Eye Drops are recommended for **adults and children**

Do **not** use this product

- if you are **allergic to any of the ingredients** shown under section 6 'What is in the pack?'

- whilst or just before wearing **contact lenses**

Speak to your doctor or pharmacist before using this product if you are using any other eye medications

Important information about some of the ingredients in Optrex Sore Eye Drops

Contains Benzalkonium Chloride. May cause eye irritation. Avoid contact with soft contact lenses. Remove contact lenses prior to application and wait at least 15 minutes before re-insertion. Known to discolour soft contact lenses.

Please turn over



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3. How to use

Applying the drops

To be used in the eye(s) only.

1. Check the seal is not broken before first use.
2. Wash and dry your hands.
3. Remove the plastic cap from the eye drop tip.
4. Tilt your head back while seated or lie down on your back.
5. Gently pull the lower eyelid downwards and look up.
6. Place the tip of the bottle close to your eye. Squeeze the bottle and let one drop fall into the space between the lower eyelid and the eye. Take care that the tip of the bottle does not touch your eye, the skin around your eye or your fingers.
7. Close your eye for a moment.
8. When both eyes are to be treated, repeat for the other eye.
9. Replace the cap straight away.



Whilst applying the drops, **do not**

- breathe on or touch the dropper nozzle
- touch the eyes or eyelids with the dropper nozzle
- share your eye drops with anyone else.

For external use only.

Dose

Gently squeeze **one or two drops** into each eye. Use as often as required.

4. Possible side effects

Some people may have an **allergic reaction** to the ingredients, such as

itching or rashes. If you experience any of these side effects, stop using these drops. If you are concerned about the effects of these drops talk to your pharmacist or doctor.

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard. By reporting side effects, you can help provide more information on the safety of this medicine.

5. Storing your medicine

Keep all medicines out of the sight and reach of children. **Store below 25°C.**

Do not use the drops after the expiry date (printed on the dropper bottle and carton). Once opened, the drops should be discarded within 28 days. The preservative can only keep them sterile for a limited time.

6. What is in the pack?

Optrex Sore Eye Drops contain the active ingredient Hamamelis Virginiana (Distilled Witch Hazel BPC 13% v/v). Also contains Purified Water, Boric Acid, Glycerin, Borax, Benzalkonium Chloride. The pack contains 10ml or 18ml of the drops.

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