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Project Name / D	esign UK_IE	UK_IE_Calpol_FromBirth_SalineDrops_10ml_Leaflet (HW Address/Dosing Update)							
Date 02.04.2	0		Country / Market(s) - Languages UK_IE						
Job / Version Nur	nber 4017964	13_r5	Technical Spec. / Drawing # NOTP002			02			
Component Type Broch		e/Leaflet/Insert	Dimensions 148 X 210 mm						
New Component / Item Code LN509203			Manufacturing	/ Packaging Fi	ll Site	DELPHARM ORLEANS			
Old Component /	Item Code L	N509202	Printer Name	N/A					
Pharma Code / La	aetus Code 5	8	Print Method	int Method N/A					
Product / Eurocode / Mat. ID Code 2887000			Substrate	N/A					
ArtWorks ID: EMEA_2020_00018025_000			PC spec	N/A					

ARTWORK SPECIFICS



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- CALPOL[®] Saline Nasal Drops are used for treating blocked, dry or irritated nasal passages caused by cold and flu, sinusitis, allergy including hay fever and post-nasal surgery. It works by rinsing and restoring moisture to the nasal passages.
- CALPOL[®] Saline Nasal Drops are suitable for infants, babies, pregnant women and adults and for long-term use.
- Follow the usage guide carefully. This is shown in the table overleaf. See section 2 >

Now read this whole leaflet carefully before you use this product. Keep the leaflet: you might need it again.

1 What CALPOL[®] Saline Nasal Drops are for

CALPOL[®] Saline Nasal Drops are an isotonic nasal saline solution designed to provide natural relief from nasal congestion by gently cleaning and moistening the mucous membranes of the nose. Nasal congestion can be due to cold and flu, sinusitis, allergy including hay fever and postnasal surgery.

COLD AND FLU

When suffering from cold and flu your nasal lining becomes irritated which leads to production of more mucus than normal resulting in a runny and blocked nose. CALPOL[®] Saline Nasal Drops help reduce nasal congestion by thinning the mucus and rinsing it away.

CALPOL[®] Saline Nasal Drops can aid with feeding and sleeping for infants and babies suffering from cold and flu as it acts to gently wash away the mucus that causes the blocked nose allowing your child to breathe more easily.

SINUSITIS

CALPOL[®] Saline Nasal Drops provide temporary relief of nasal congestion associated with sinusitis by effectively thinning and flushing away the mucus that causes the blocked nose.

ALLERGY including HAY FEVER

CALPOL[®] Saline Nasal Drops when regularly used will assist in washing away irritants that trigger allergies e.g. hay fever. By cleaning the nasal tissue, it washes away the irritants and so helps to minimise the symptoms associated with allergy, such as a runny or blocked nose and restore the normal cleaning function of the mucus membranes of the nose.

POST-NASAL SURGERY

CALPOL[®] Saline Nasal Drops will help remove dry blood and mucus crusts following nasal surgery.

2 How to use CALPOL® Saline Nasal Drops

Follow the instructions below to ensure that you use CALPOL[®] Saline Nasal Drops correctly:

- Do not use if the packaging is damaged before opening.
- Use only as much as needed to help relieve symptoms, or as directed by your doctor or pharmacist. Check with your doctor or pharmacist if you are not sure on how to use CALPOL[®] Saline Nasal Drops.

Babies, infants and children

- Squeeze rubber bulb to expel air.
- Insert the tip of the pipette into the solution and release the bulb.
- Please note the pipette does not fill completely.
- Lay your child down and tilt the head back slightly to apply.
- Insert pipette into nostril and gently squeeze the bulb to release the contents of the pipette.
- To prevent any nasal secretion from being sucked in, do not release the rubber bulb until the pipette has been removed from the nose.
- Repeat the application in the other nostril.

e Adults

- Squeeze rubber bulb to expel air.
- Insert the tip of the pipette into the solution and release the bulb.
- Please note the pipette does not fill completely.

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- Insert pipette into nostril and gently squeeze the bulb to release the contents of the pipette.
- To prevent any nasal secretion from being sucked in, do not release the rubber bulb until the pipette has been removed from the nose.
- Repeat the application in the other nostril.

After using your nasal drops

Wipe the pipette clean after each application.

Check the table below to see how much to use.

- For nasal use only.
- Administer as often as required.

USAGE GUIDE:

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 Babies, infants, cently squeeze the contents

 children and adults
 of the pipette into each nasal

 cavity several times a day as required. Please note the pipette does not fill completely.

3 Storing CALPOL[®] Saline Nasal Drops

Store below 25°C. Keep out of the sight and reach of children. Do not use after the date shown as an expiry date on the packaging. Note the date of first opening on the container. Discard 12 weeks after first opening.

4 Possible side effects

You should not use CALPOL[®] Saline Nasal Drops if you have known hypersensitivity to the preservative benzalkonium chloride.

The preservative benzalkonium chloride can cause hypersensitive reactions as a side effect (rash, itching or swelling of skin or mucosa). In this case, stop using CALPOL® Saline Nasal Drops. As an alternative try CALPOL® Saline Nasal Spray which does not contain benzalkonium chloride.

5 Further Information

What's in CALPOL[®] Saline Nasal Drops?

CALPOL[®] Saline Nasal Drops are an isotonic saline solution containing Sodium Chloride (0.460% w/v), Sodium Dihydrogen Phosphate (0.368% w/v) and Disodium Phosphate Dihydrate (0.712% w/v). Other ingredients: benzalkonium chloride.

This leaflet was revised February 2020.

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Manufacturer: JOHNSON & JOHNSON GmbH, Johnson & Johnson Platz 2, D-41470 Neuss, Germany.

Distributors:

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