



**Voluntary  
Services**  
Part of St Andrew's Healthcare

**Volunteers Needed... Can You Help?**  
**We are looking for the following:**

## **BEFRIENDERS**

*To bring some sunshine and friendship to patients within St Andrew's Healthcare*

**Volunteer Title:** Befriender

**Location:** Northampton, Essex or Birmingham

**Hours:** Approximately 1 hour per fortnight

**Period:** Due to the nature of this role, a minimum of 12 months is helpful for this position

**Days:** To be arranged on a day convenient to you (*You choose which day or days you would like to volunteer on*)

**Training:** Befriender and Patient Visitor Training will be provided for this role

**Duties:** You will be matched with a patient who has similar interests, cultural background, language or experiences as you. To meet with them for a chat, coffee, walk, activity etc. This is a particularly valuable and rewarding volunteering role, as Befrienders are sometimes the only visitors some of our patients have.

**Requirements:** If you would like to join our sociable, pro-active and award-winning team to help make a real and positive difference in our patient's lives, then you could be the volunteer we are looking for. Are you reliable, non-judgemental, warm, friendly and a good listener with a good sense of humour and good communication skills? If so, we would love to hear from you. Your personality, language, culture, interests and good nature could be just what a patient needs and we are looking for. We look forward to hearing from you soon.

**About:** St Andrew's is the UK's leading charity providing acute mental health care with a reputation grown over 180 years. We have sites in Northampton, Birmingham and Essex where we provide specialist and secure care within mental health and neuropsychiatry. Our expertise includes trauma, personality disorder, psychosis, autism, learning disability, brain injury and progressive neurological conditions such as Huntington's disease and dementia. **We have a wonderful and dedicated team of volunteers across all sites, who enrich our patients lives every day by donating their skills, time and talents. In return, St Andrew's volunteers are trained, supported, nurtured and valued. If you would like to join our team of volunteers for this or any other volunteering role, then please get in touch.**

## **INTERESTED?**

**Then please contact us to find out more**

**Contact:** [voluntaryservices@stah.org](mailto:voluntaryservices@stah.org)

**Voluntary Services, St Andrew's Healthcare, Billing Road, Northampton, NN1 5DG**



**Thank you for your interest**

**- Voluntary Services Manager**

