



**Voluntary
Services**
Part of St Andrew's Healthcare

Volunteers Needed... Can You Help?
We are looking for the following:

Veteran's Peer Support Volunteers
to assist fellow Vets within the Complex Treatment Service

Volunteer Title: Veteran's Peer Support Volunteers

Location: Remote or face to face - within East Midlands or East of England

Days/Hours: Days & times to be arranged, depending on your preference and availability. Time spent will usually be approximately 2 hours per week

Period: Due to the nature of this role, a minimum of 6 months is helpful for this position.

Training: No previous training or experience required. Once in the role, training will be provided, in addition to regular supervision within the CTS service.

Duties: You will be matched with a fellow veteran (or veterans if you choose to support more than one) in a Peer Support role, to share experiences and perspectives about support from CTS and other services. This is a particularly valuable and rewarding volunteering role because, for those individuals new into CTS, having a peer who understands what they have been through and can provide support via regular contact, will really make a positive difference to their time within CTS.

Requirements: If you are a Veteran who would like to join our award-winning Volunteering team, to help make a real and positive difference to someone's life, then you could be the volunteer we are looking for. Are you reliable, non-judgemental, compassionate, friendly, a good listener with a good sense of humour and good communication skills? If so, then we would love to hear from you. Your personality, language, culture, interests and good nature could be just what a fellow veteran needs. We look forward to hearing from you soon.

About: St Andrew's is the UK's leading charity providing acute mental health care with a reputation grown over 180 years. We have sites in Northampton, Birmingham and Essex where we provide specialist and secure care within mental health and neuropsychiatry. Our expertise includes trauma, personality disorder, psychosis, autism, learning disability, brain injury and progressive neurological conditions such as Huntington's disease and dementia. **We have a wonderful and dedicated team of volunteers across all sites, who enrich our patients lives every day by donating their skills, time and talents. In return, St Andrew's volunteers are trained, supported, nurtured and valued. If you would like to join our team of volunteers for this or any other volunteering role, then please get in touch.**

INTERESTED?

Then please contact us to find out more

Contact: voluntaryservices@stah.org

Voluntary Services, St Andrew's Healthcare, Billing Road, Northampton, NN1 5DG



Thank you for your interest
[Redacted] **Voluntary Services Manager**

