

Wellbeing and Mental Health Church End

Survey Results



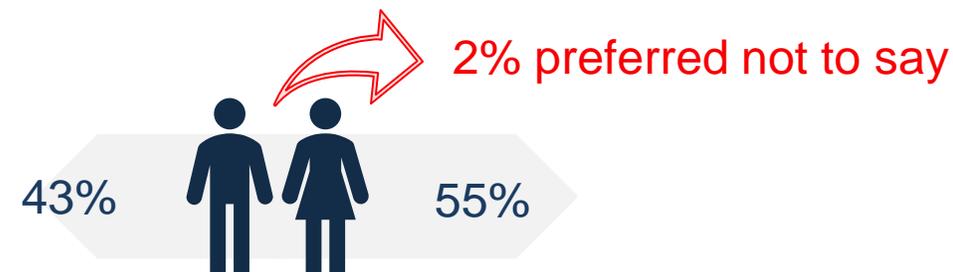
Who responded? (1/3)

Out of the **43** responses we received:

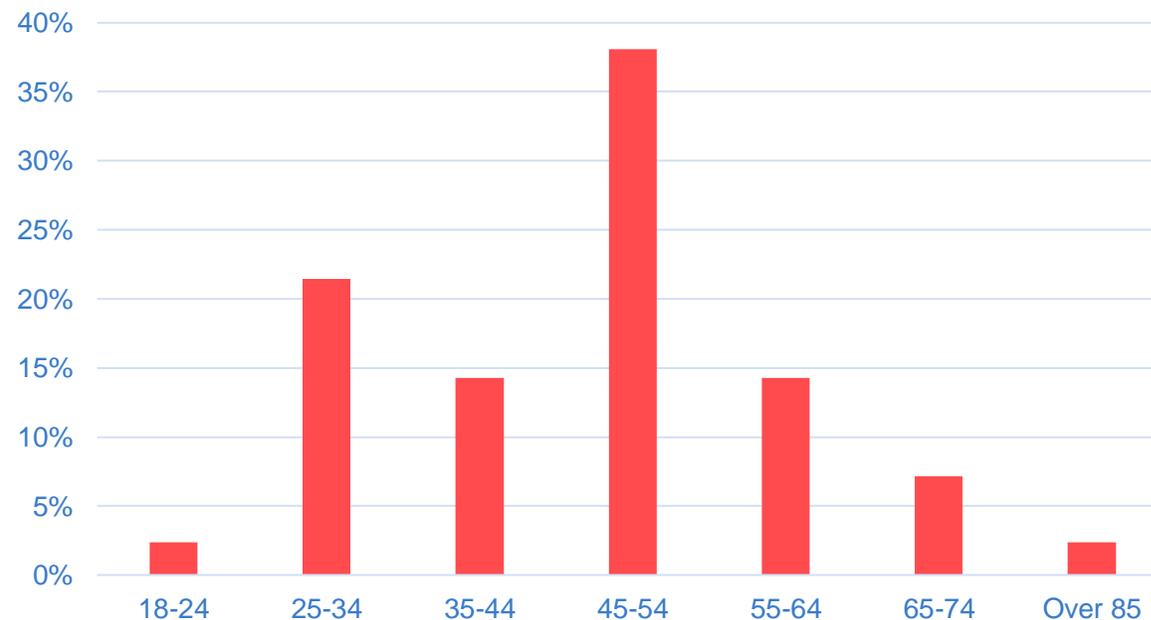
- **69%** live in Church End
- **17%** work for a local business
- **14%** volunteer for a local charity
- **14%** work for a public sector organisation
- **12%** work for a local charity

And **7%** mentioned that none of these categories apply to them

Gender:

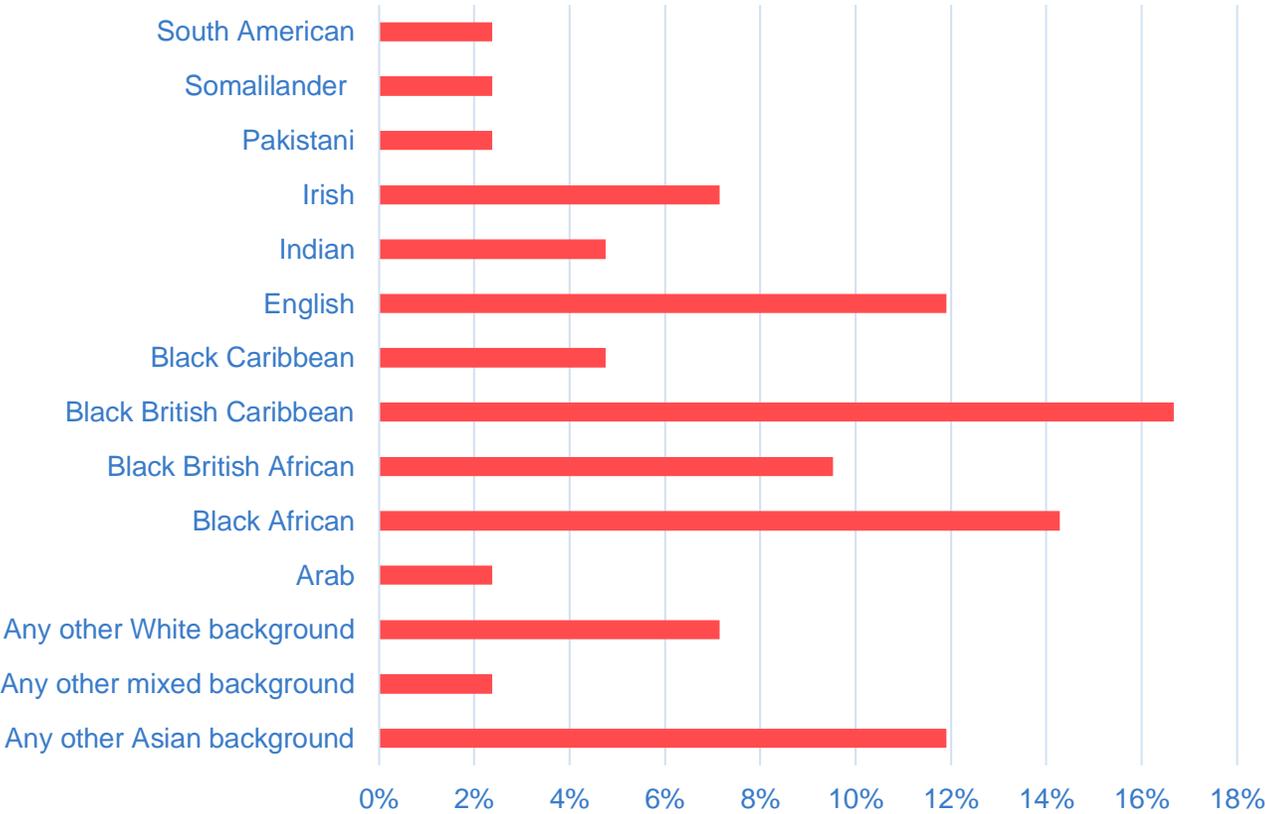


Age:

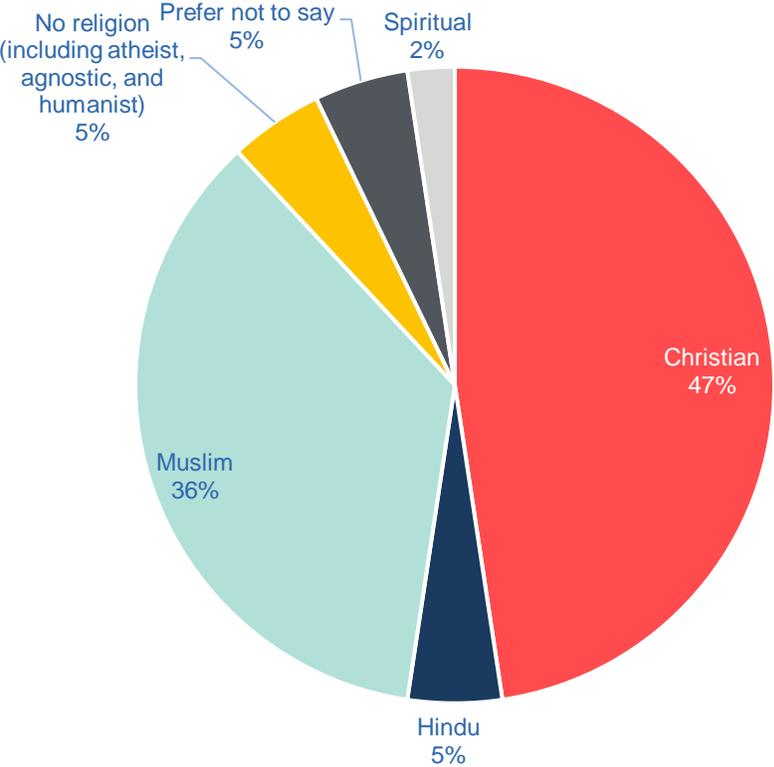


Who responded? (2/3)

Ethnicity:



Religious beliefs:



Who responded? (3/3)

Occupation:



79% are **working**



6% are **students**



21% are **parents of young children**



12% are **carers (for family members/ someone with an illness)**

12% of respondents hold **two roles** (e.g. working while studying, working while caring for someone with an illness or working and parenting)

3% are **working, studying & caring** for someone with an illness

House occupancy:



26% live **alone**



7% live with **one** other person

17% live with **two** other people

17% live with **three** other people

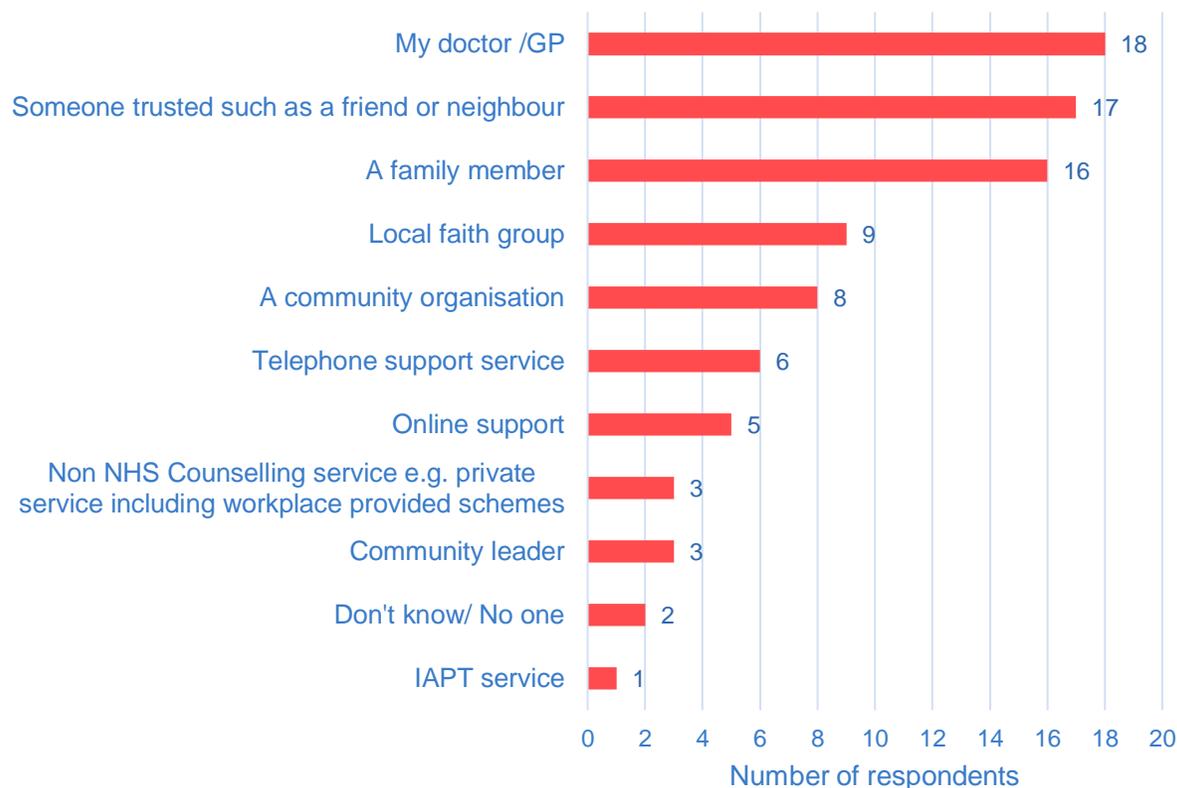
17% live with **four** other people



17% live with **five people or more**

Your emotional wellbeing and mental health (1/3)

1. Where would respondents go for wellbeing support or help?

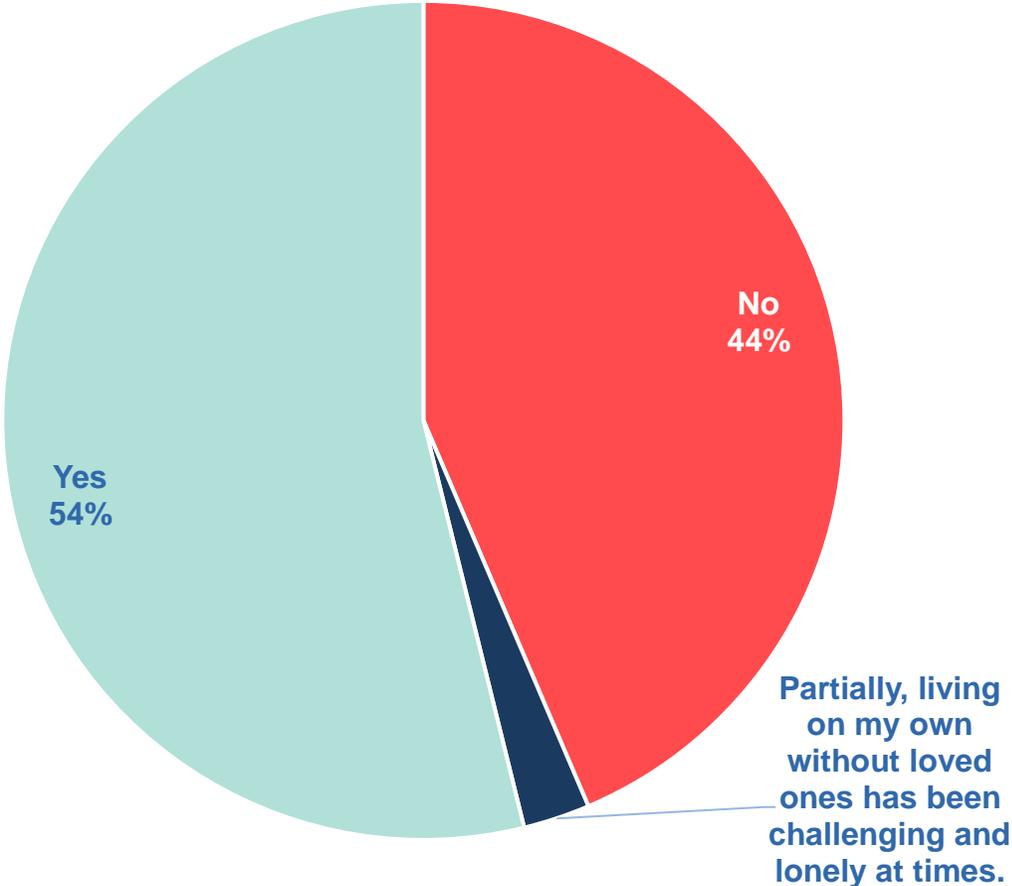


2. What are the important factors for respondents in accessing emotional wellbeing and mental health services?

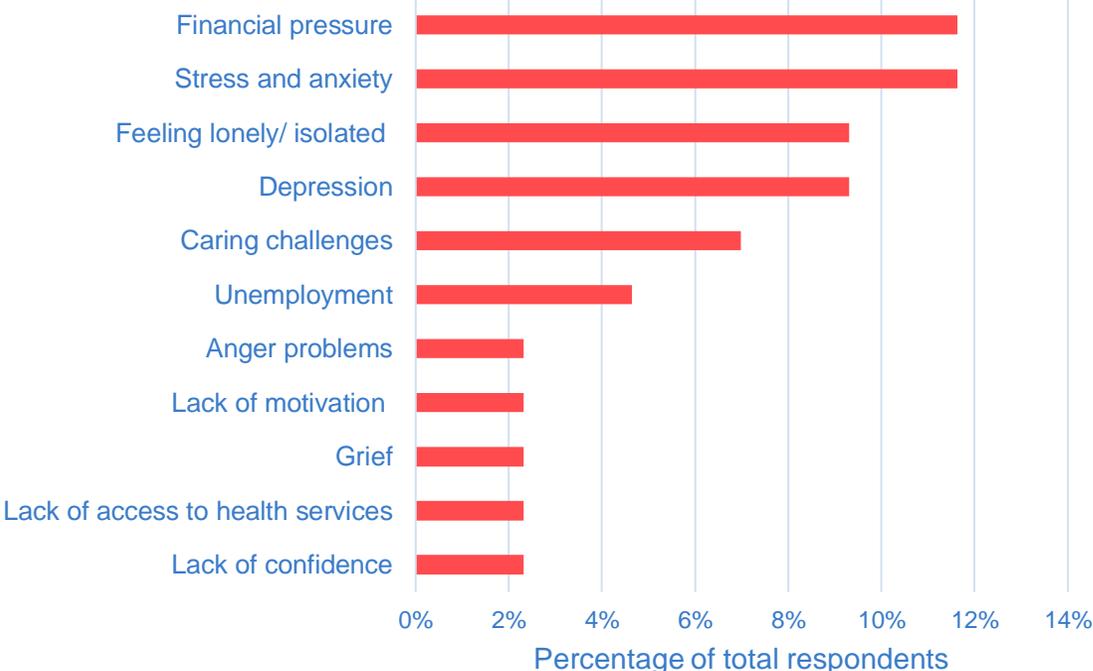


Your emotional wellbeing and mental health (2/3)

3. Have respondents' personal wellbeing and mental health been affected by the COVID 19 pandemic?



4. If yes, how has it been affected?

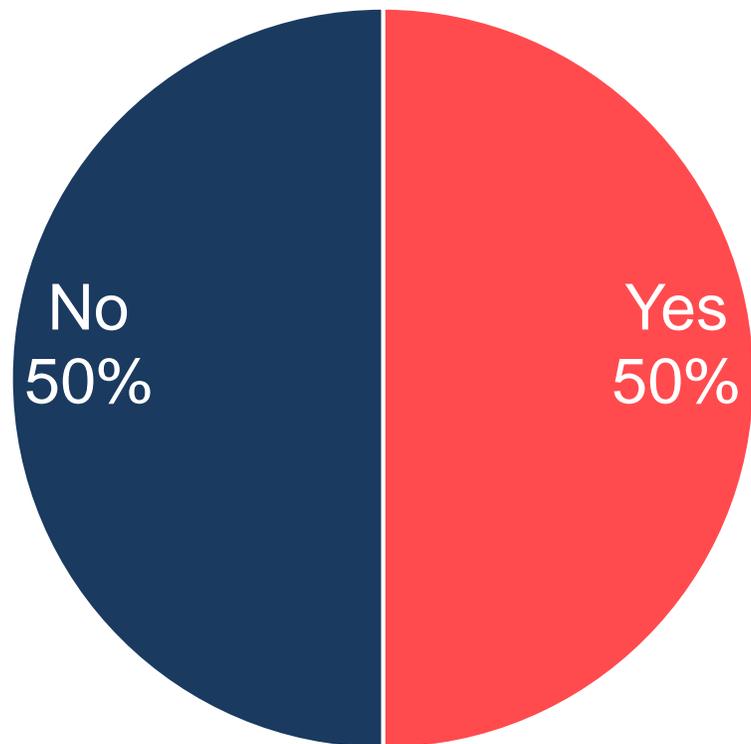


"I am a virtual recluse in my home. I only ever go out for medical appointments which is about once every 2 months or so. I am terrified of going out because so many local people don't bother wearing masks at all or properly."



Your emotional wellbeing and mental health (3/3)

5. Did respondents seek support?

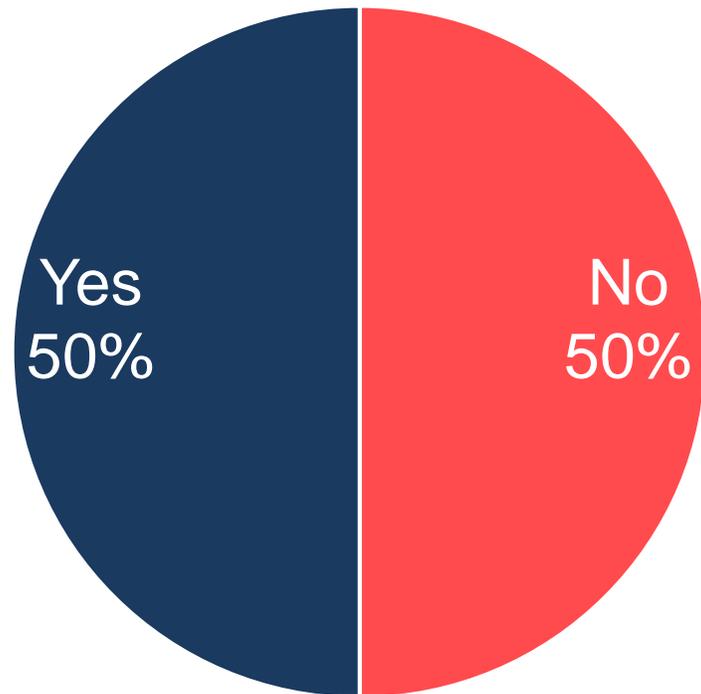


Support from:

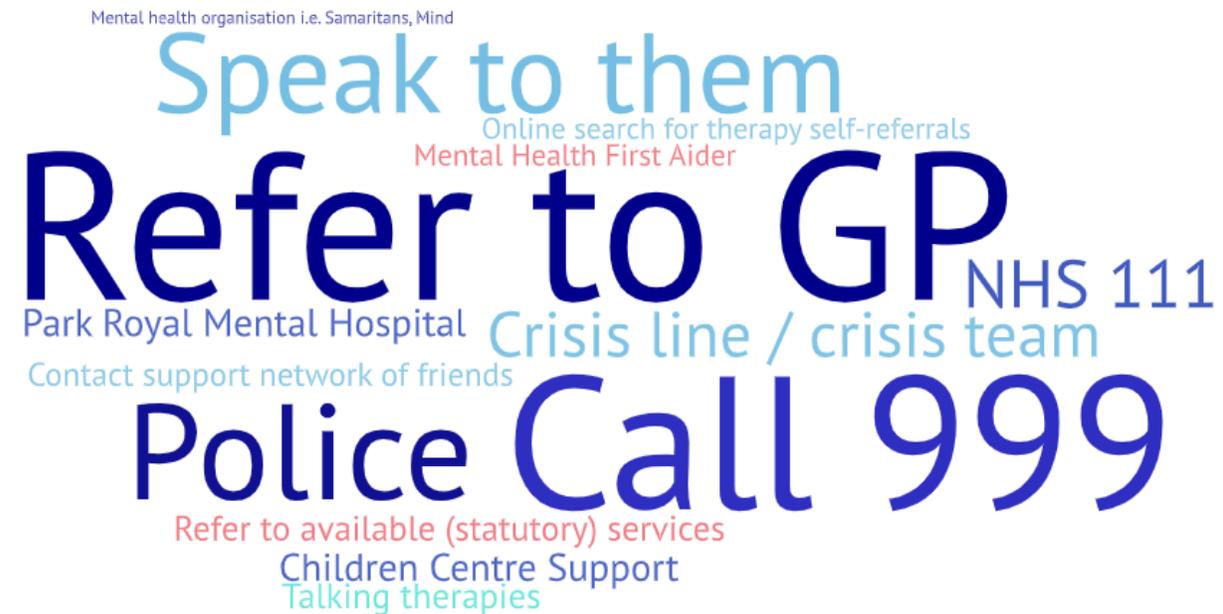


Knowledge on local services available at Church End (1/4)

1. If respondents were aware of someone that was having a mental health crisis would they know how to help them?

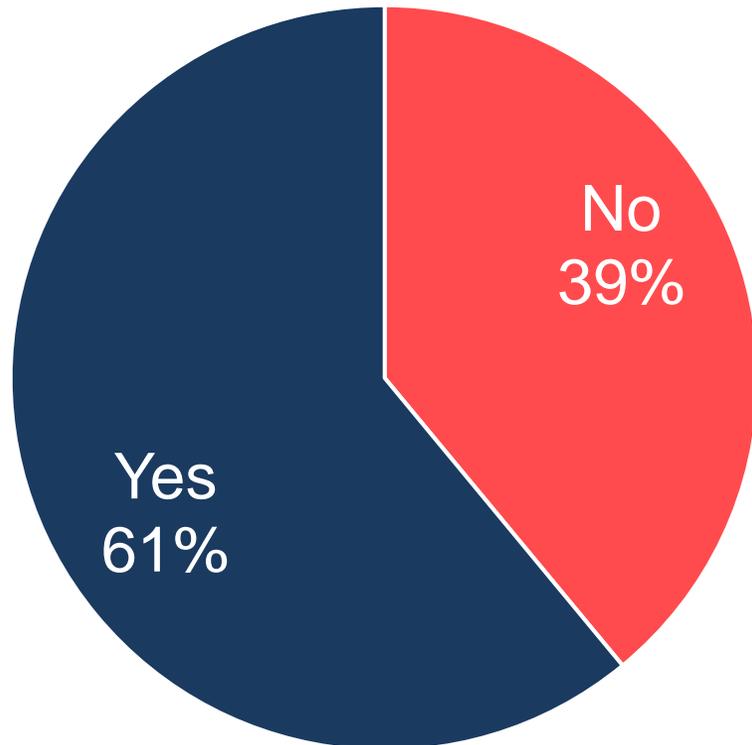


2. If yes, how would they help?

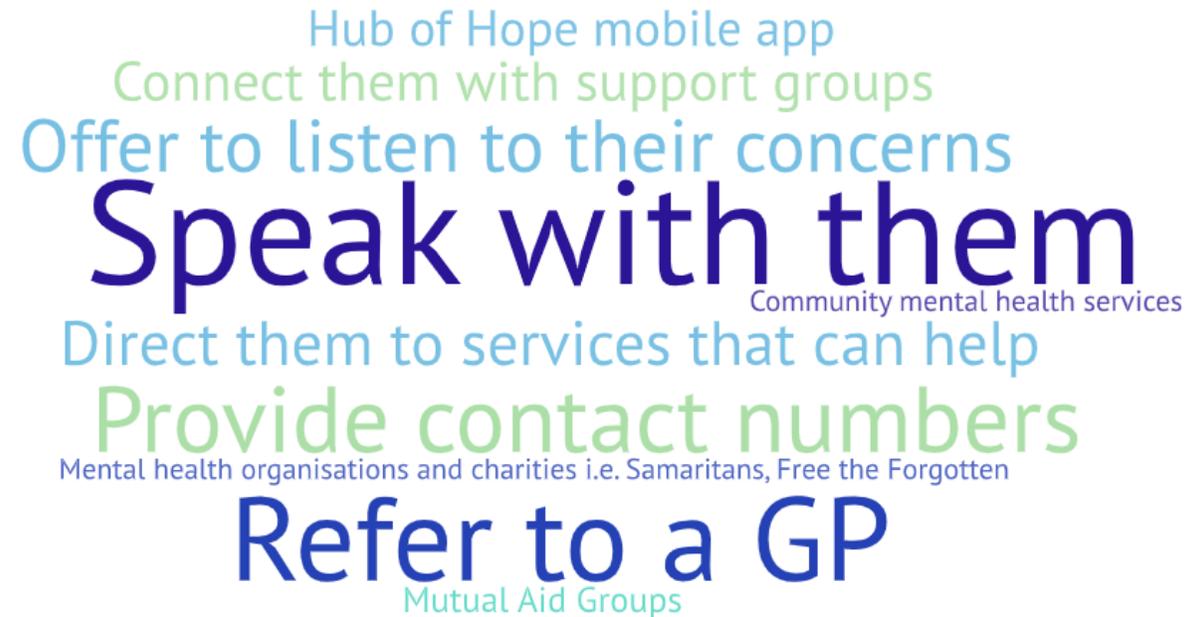


Knowledge on local services available at Church End (2/4)

3. If respondents were aware of someone that they felt was lonely or isolated and in need of some support would they know how to help them?

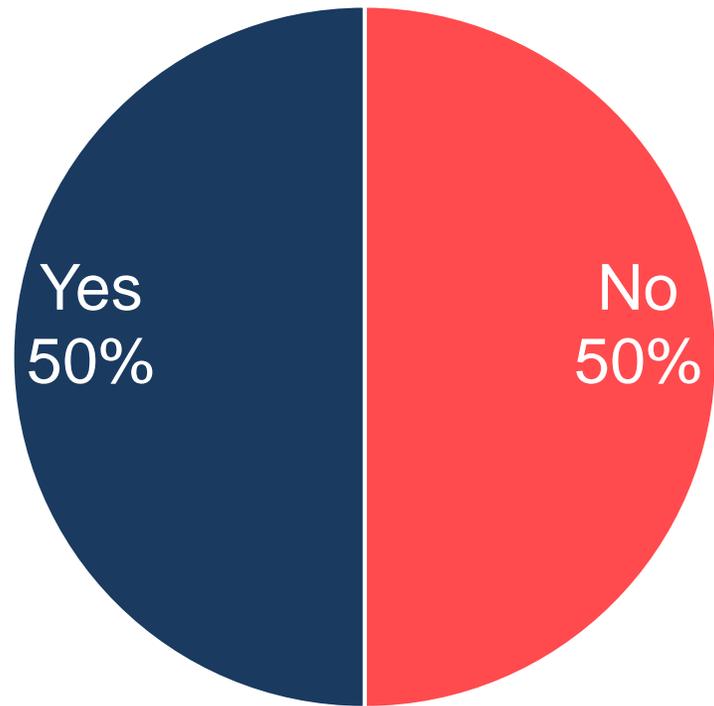


4. If yes, how would they help?



Knowledge on local services available at Church End (3/4)

5. If respondents wanted to help someone get better connected into the local community in Church End would they know how to help them?



6. If yes, how would they help?

Africa Women Centre
Church Synagogue
Provide contact numbers
Signpost to appropriate services
SAAFI Free The Forgotten
GP Refer to Unity Centre
Mosque
Brent Community Mental Health team

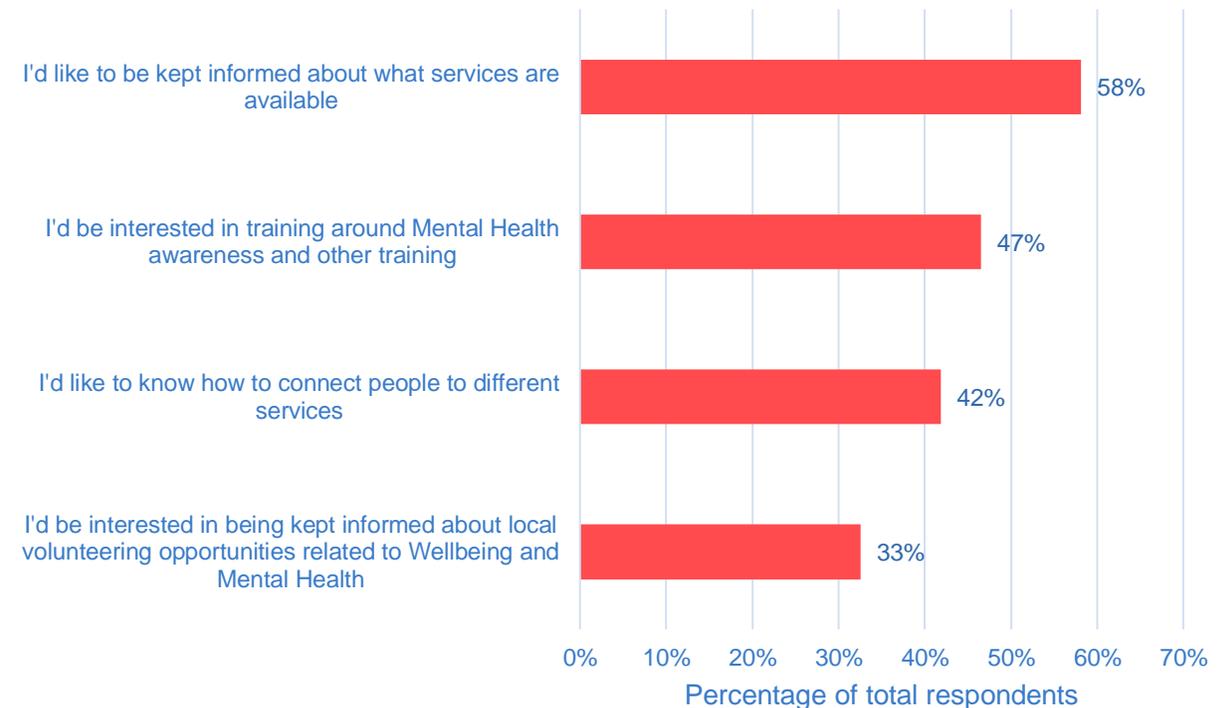
Knowledge on local services available at Church End (4/4)

7. What other local groups and organisations (operating in Church End) are respondents aware of that offer support to local people?

Out of the 43 people that filled in the survey, **only 63%** responded to this question

- Afghan Islamic Cultural Centre
- Mosques (i.e. Afghan Mosque)
- Free the Forgotten
- BANG Edutainment
- Brent Council
- Children's Centre
- Faith groups
- Community Champions
- NHS Bereavement Service
- SAAFI
- African Women's Centre
- Synagogue
- Mencap
- Addaction
- Local food bank
- College of North West London
- Mutual Aid Groups
- Brent Health Matters
- Unity Centre
- Somali Centre
- St Mary's Church

8. Would respondents like to be more involved in understanding and supporting the emotional wellbeing and mental health of people living in Church End?



In an ideal world what would respondents do to improve the emotional wellbeing and mental health of people living in Church End?

