

Volunteer Role Profile

Role Title	Volunteer Complementary Therapist
Time commitment	Ideally, we would like volunteers to commit to one day a week, on a Tuesday, Wednesday or Thursday. However, we are flexible and can consider any commitment, with the minimum being one day a month.
Point of contact	Laura Janowski, Complementary Therapy Lead
Location	St. Raphael's Hospice, Wellbeing Centre.
Why we need you?	Complementary therapists provide a valuable service in providing therapies to aid the symptom management of patients, as well as providing carers and family members and the recently bereaved with treatments.
What will I be doing?	<ul style="list-style-type: none"> ➤ Offer complementary therapy tailored to the individual needs of attendees of the Wellbeing Centre. ➤ Promote the Complementary Therapy Service with support from all members of the multi-disciplinary team.
What makes a good Complementary Therapy Volunteer?	<ul style="list-style-type: none"> ➤ A volunteer Complementary Therapist should ideally be qualified to at least Level 3 in either massage, reflexology or reiki, have their own insurance and be registered with CNHC. ➤ Be a good listener, sensitive, tactful and emotionally intelligent. You should, if possible, be emotionally resilient and professional. ➤ You should be able to deal with challenging situations and maintain your focus on the patient's well-being. ➤ You should have sound understanding of good practice and ethics while understanding the importance of following protocols, maintaining confidentiality and safeguarding issues.
Induction and Training	<ul style="list-style-type: none"> ➤ Your induction and training will provide you with an opportunity to get to know the wider team and ensure you are familiar with the role and feel comfortable. ➤ The induction and training will lead straight into your first shift, which will give you a taster of what the role will entail. ➤ Prior to your shift you will be given a guidance document that will provide key information and our volunteer policies and procedures.

<p>What's in it for you?</p>	<ul style="list-style-type: none"> ➤ It will allow you to get involved in your local community and to provide a unique service to our patients. ➤ You will gain valuable experience and utilise existing skills and expertise. ➤ Team work, communication and using your initiative. ➤ Boost your confidence and your CV for future jobs – we will provide you with a reference. ➤ We will reimburse reasonable out of pocket travel and parking expenses. ➤ Provide lunch and other refreshments
<p>What to do if you are interested</p>	<p>Please complete the registration form. If you are successful the volunteer lead will contact you for an informal discussion.</p> <p>If you have any further questions, please email laurajanowski@straphaels.org.uk</p> <p style="text-align: center;">We look forward to hearing from you!</p>