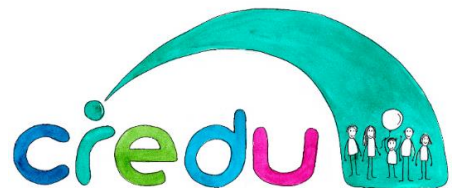


Noticing peoples gifts



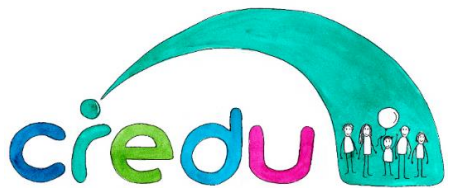
EVERYONE HAS WORTH

Our principles around Volunteering

- ▶ Noticing peoples gifts through Strength based, Collaborative Conversations
- ▶ Creating spaces for people to offer their gifts
- ▶ Making it easy and supportive

Noticing gifts

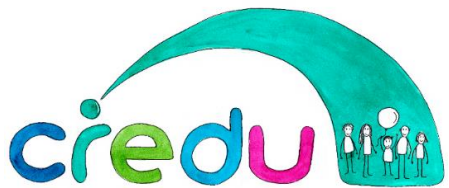
- When people's strengths are reframed in a way that is easy to see they are easier to be believed
- When there is a calm space to think, hope can be seen.
- By giving people feel a sense of value and worth



EVERYONE HAS WORTH

Creating spaces

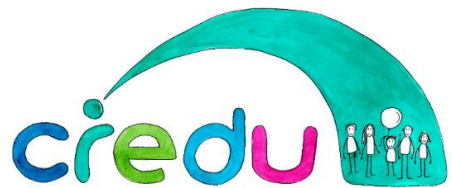
- In local communities with peers
- At events and activities that bring respite
- Online with others that understand
- Influencing the services that impact their lives



EVERYONE HAS WORTH

The Big Weekend

- Credu Team with Volunteers and Staff together
- Planning and delivery



EVERYONE HAS WORTH



Looking at the Whole
picture

Thank you for listening

Please get in touch if you have any questions or reflections

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<https://www.carers.cymru/>

For Credu's Volunteer & peer mentor resources click on:

<https://padlet.com/creducarers/iqlce4i8957gbydh>

EVERYONE HAS WORTH

