

## Home from Hospital / Discharge support volunteer survey

### Short Volunteer Survey - Please tell us about your volunteer experience? ... 2 minute survey

#### Volunteer participation information sheet

We are very pleased that you have agreed to complete the survey. This information sheet explains why the survey is being carried out and what it will involve. We would be grateful if you could read the following information carefully. Please contact us if anything is unclear or if you would like more information.

#### **What is the purpose of this survey?**

This survey is aimed at better understanding your volunteering experience and the impact volunteering may have on you. The findings may also help us to further improve the volunteer services in healthcare settings.

#### **Who is organising this survey?**

Helpforce ([www.helpforce.community](http://www.helpforce.community)), a not-for-profit organisation that aims to raise the profile of volunteering in health and care across the UK, in close collaboration with the hospital you volunteer at.

#### **Do I have to take part?**

Participation in this survey is entirely voluntary. If you take part, your consent is implicit. This means that you give your consent by filling in this survey and submitting it. However, you are free to withdraw at any time and without giving a reason. The survey consists of questions about your volunteering activities, experience, and how you are feeling.

#### **Will my taking part in the survey be kept confidential?**

The survey team will follow ethical practice. The participation of all those taking part will be entirely confidential. Your survey responses will not affect your volunteer role in any way. All data is anonymised, securely stored and treated as confidential at all times.

#### **What will happen to the results of the study?**

The data will be analysed and written up as a report. This report will be made available to the hospital. It may also be made available to the public through Helpforce or any of its partners such as NHS England. Participants will not be identified at any point. The data collected is for evaluation only, it will not be used for any other purpose. If you have any questions or wish to provide any feedback about this survey, please contact: Dr Allison Smith at [as@helpforce.community](mailto:as@helpforce.community)

**Thank you again for taking part in this study.**

## 1. How often are you currently volunteering in the hospital or for the hospital?

- ☐ At least once a week      ☐ Less than once a week but at least once a month  
☐ Less than once a month      ☐ Other (please specify): \_\_\_\_\_

## 2. Approximately how many hours do you currently spend volunteering in the hospital or for the hospital in an average month?

\_\_\_\_\_ hours

## 3. What activities do you undertake when you volunteer in the hospital or for the hospital? Tick all that apply

- ☐ Helping to mobilise patients, e.g. to get dressed and move around  
☐ Helping out on wards during mealtimes, e.g. encouraging patients to eat, passing them a drink  
☐ Providing companionship or mental stimulation to patients, e.g. visiting people for a chat, play cards, share music/books  
☐ Supporting patients to leave hospital and settle back at home  
☐ Supporting staff or patients with tasks, e.g. picking up prescriptions, moving patients around within hospital  
☐ Leading activities and social activity groups to support patients with long-term conditions, e.g. dementia, stroke  
☐ Restraint debriefs (mental health)  
☐ Handholding & comforting - in theatre/surgery  
☐ Other (please specify): \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

## 4. How likely are you to recommend volunteering at the trust to friends and family if they wanted to volunteer? Tick one

- ☐ Extremely likely      ☐ Likely      ☐ Neither likely or unlikely  
☐ Unlikely      ☐ Extremely Unlikely      ☐ Don't know

## 5. We would like to better understand aspects of your wellbeing. There are no right or wrong answers. For each of these questions I'd like you to give an answer on a scale of 0 to 10, where 0 is "not at all" and 10 is "completely".

- |  |   |   |   |   |   |   |   |   |   |   |    |
|--|---|---|---|---|---|---|---|---|---|---|----|
| a. Overall, how satisfied are you with your life nowadays?   | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| b. Overall, to what extent do you feel that the things you do in your life are worthwhile?                                 | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| c. Overall, how happy did you feel yesterday?  | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| d. On a scale where 0 is "not at all anxious" and 10 is "completely anxious", overall, how anxious did you feel yesterday? | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |

6. On a scale of 1-5, (where 1 is strongly disagree and 5 is strongly agree) please rate how you feel about the following at the moment. Please circle.	<u>Strongly Disagree</u>			<u>Strongly agree</u>		N/A
a. My volunteering gives me a sense of purpose	1	2	3	4	5	N/A
b. My volunteering has increased my confidence	1	2	3	4	5	N/A
c. My volunteering has increased my ability to get paid work	1	2	3	4	5	N/A
d. My volunteering at the hospital has increased my interest in pursuing a career in health and care	1	2	3	4	5	N/A
e. My volunteering at the hospital has increased my interest in working for the NHS	1	2	3	4	5	N/A

7. How interested are you taking up a career in health and care/NHS? (Please circle)
<input type="checkbox"/> I have recently taken steps to take up a career in health and care (e.g. job search, job applications, discussions with key professionals)
<input type="checkbox"/> I have not yet taken any steps to take up a career in health and care (e.g. job search, job applications, discussions with key professionals) but plan to shortly
<input type="checkbox"/> I have not taken steps and have no intentions to do so in the near future
<input type="checkbox"/> Not applicable

8. To what extent did your volunteering in this hospital motivate you towards a career in health and care/NHS? (Please circle)
<input type="checkbox"/> I am not considering a career in health and care
<input type="checkbox"/> To some extent although my main motivation came from elsewhere
<input type="checkbox"/> My volunteering was the main motivator towards a career in health and care
<input type="checkbox"/> Not applicable

**Thank you again for taking part in this study.**