

OVERVIEW

The Engage Programme was designed by the Department of Clinical Psychology (Health) at Salisbury District Hospital and is funded by the Hospital's Stars Appeal.

Engage aims to support the psychological and emotional needs of older adults in hospital who often find the transition from home to hospital difficult, which can lead to problems such as stress, anxiety and depression.

Engage uses volunteers who are specially trained and supported to help enhance the emotional and psychological wellbeing of older adults during their stay in hospital.

Volunteers receive regular training and supervision to ensure that they continue to build upon their knowledge and confidence, in a safe and supportive environment.

Our volunteers tell us that volunteering with Engage is highly rewarding! We know too that the support Engage provides makes a very positive impact to patients.



If you would like to know more about Engage or are interested in volunteering with us, please contact Sarah Homer, Engage Coordinator at:

engage@nhs.net

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Contact Us

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Changing the face of later life care



Volunteers working to enhance the psychological wellbeing of older adults in hospital

