Brent - Emoti Wellbeing and Mental Healt	d	Reducing community reliance on statutory services by building resilience and mutual support (volunteering) - an emotionally literate community. Supporting effective collaboration (at a hyper local level) between the statutory providers and local community, ocused on local empowerment and improvement.				
Why		VID-19 challenges Inconsistent information at local le People not accessing support Lack of resource coordination		 VID-19 challenges Exacerbation of health ineq Poor cross-sector collabora Access to funding 		
Brent Clinical Commission North West London NHS Fo Helpforce agree to encoura volunteering in support of p wellbeing and mental healt	oundation Trust an age greater beople's emotional		By collaborating we can stimulate more volunteering, in our local communities, in support of wellbeing and mental health. We can identify and support people that typically providers have found hard to reach		and	Working with Hyper Local Forums alongside BHM (Community Champions involved) to determine what needs to happen next - supporting creation and delivery of action plans
•		Stakeholder engagem	nent		Survey	•
Project set up A steering group with residents, third sector groups, statutor providers and Helpforce worked with existing local partners identify what was needed and ways of working			utory	he Collaboration Model Next steps The survey (119 respondents) provided powerful evidence to support the project. Summary - People do not know what support is available or how to access it - but want to support their neighbours		
How?	Lessons I • •	earnt Keep an open mind Build sustainability from the start Focus on hyper local engagement	Princip • •	les Support culture change Give people the tools they need Influence system change		
😁 Brer	nt i	ondon North West Jniversity Healthcare N	Centra orth West Lou NHS Foundatio	ndon	Brent mmissioning Group	help force