

# Virtual Group Supporter - Pulmonary Rehabilitation

Our Community Health Services deliver rehabilitation and education through virtual groups. This means that patients from across the county can come together and get support. Volunteers play a vital part in helping the group to run smoothly and motivating individuals between the sessions.

## **This role involves:**

Welcoming and introducing group members to the online group  
Facilitating conversation and discussion  
Watching patients as they exercise and highlighting any issues to the group lead  
Phoning patients between sessions to motivate and encourage them

## **This role would suit people who:**

Enjoy conversation and meeting new people  
Can be sympathetic and understanding of patients' needs  
Can use their initiative as well as working under direction  
Have excellent listening skills and a positive approach  
Have an interest in supporting those with long term conditions

## **What to expect from the role:**

To gain experience of working directly with patients in the NHS  
To increase your knowledge of health education and rehabilitation  
The opportunity to use your experiences to support others  
To gain confidence and skills in supporting online groups

## **Free training provided for this role**

Completion of virtual handbook – Your Volunteer Journey  
Volunteer Induction Session (2hrs face to face or virtual)  
E-Learning for Healthcare – Volunteer Learning Modules  
Local induction and orientation

An opportunity to gain a National Volunteer Certificate

A **free** Enhanced Disclosure and Barring Service (DBS) check is required and provided for this role.

**Service:** Pulmonary Rehabilitation

**Location:** Virtual MS Teams

**Days/hours:** Some flexibility - group attendance once or twice plus 15 min phone calls to individuals

