



What does **flexibility** in health and care volunteering look like?

A roundtable discussion
19th July

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#flexivolunteering

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Agenda

- Context and Overview – Mark Lever, Helpforce CEO
- Findings from Helpforce's research with YouGov into the public's attitude towards volunteering in health and care – Kate Crossan, Helpforce Senior Research Analyst
- Roundtable discussion:
 - Alex Farrow – Director of Influencing & Engagement, NCVO
 - Ruth Leonard – Chair, Association of Volunteer Managers and Head of Volunteering Development, Macmillan Cancer Support
 - Emma Valentine – Voluntary Partnerships lead, NHSE
 - Dr Allison Smith – Head of Strategy & Insight, RVS
 - Dr Helen Gilbert – Fellow in Health Policy (mental health), King's Fund
 - Paul Deemer – head of diversity & inclusion, NHS Employers



Context



Helpforce and YouGov's research

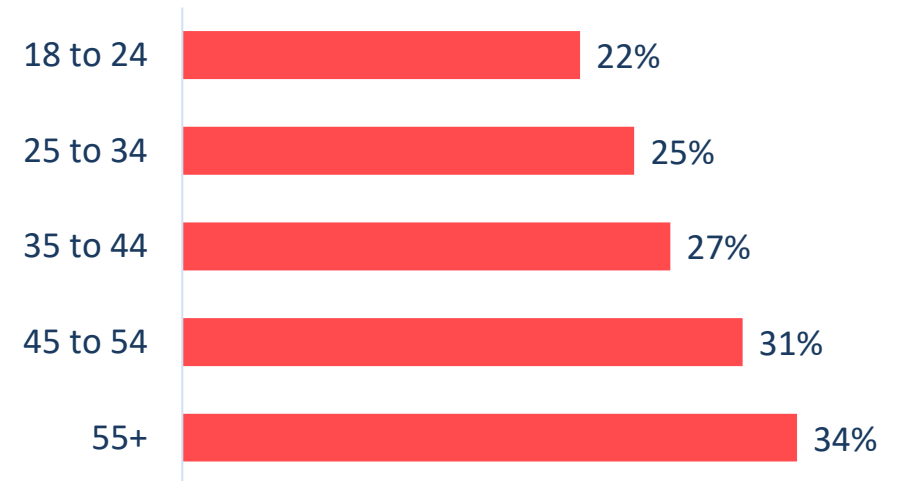
The public's attitude toward volunteering in health and care

56%
willing to or already
volunteer in health
and care

29%
not willing to
volunteer in health
and care or at all

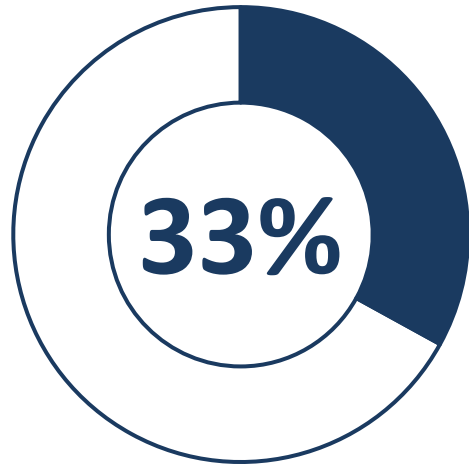


Unwillingness increases with age

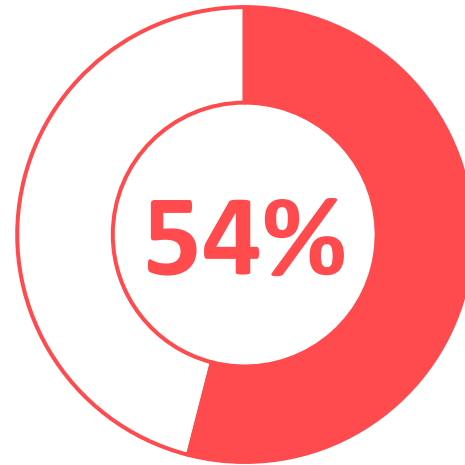


Helpforce and YouGov's research

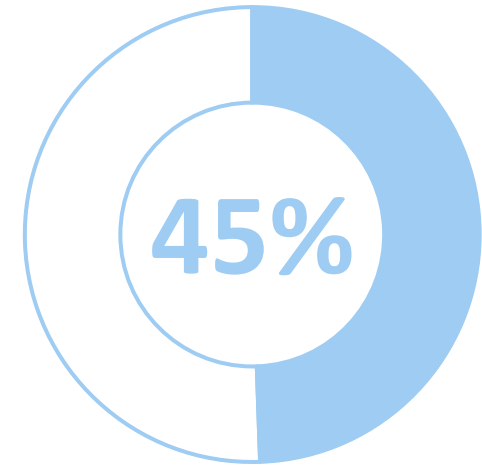
Of the 56% who said they would be willing to volunteer in health and care...



said that there are things that might get in the way of them being able to do it



said that they might be prevented from doing it by not being able to commit to set hours or shift times



said that they might be prevented from doing it by not having enough time

Full article and data tables available on the [Helpforce website](#)

NCVO's research

What would encourage people who aren't volunteers to volunteer



Full report available on the [NCVO website](#)

Roundtable discussion

Questions for the panel:

1. What do we mean by flexibility?
2. What are the barriers to achieving flexibility?
3. What practical steps can be taken to encourage flexibility in volunteering?

Question for the audience:

Can you share your examples of flexible volunteering roles and working practices?

Conclusion

A woman with light brown hair, wearing a white lab coat over a dark patterned shirt, stands in a laboratory hallway. She is smiling and looking directly at the camera. The hallway has white lockers on the left and a sink area on the right. The entire image is overlaid with a semi-transparent red color.

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Somerset House
Strand, London WC2R 1LA
020 124 5786
www.helpforce.community
help@helpforce.community

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