# What does flexibility in health and care volunteering look like?

#### A roundtable discussion 19th July



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#flexivolunteering

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## Agenda

- Context and Overview Mark Lever, Helpforce CEO
- Findings from Helpforce's research with YouGov into the public's attitude towards volunteering in health and care – Kate Crossan, Helpforce Senior Research Analyst
- Roundtable discussion:

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- Alex Farrow Director of Influencing & Engagement, NCVO
- Ruth Leonard Chair, Association of Volunteer Managers and Head of Volunteering Development, Macmillan Cancer Support
- Emma Valentine Voluntary Partnerships lead, NHSE
- Dr Allison Smith Head of Strategy & Insight, RVS
- Dr Helen Gilburt Fellow in Health Policy (mental health), King's Fund
- Paul Deemer head of diversity & inclusion, NHS Employers

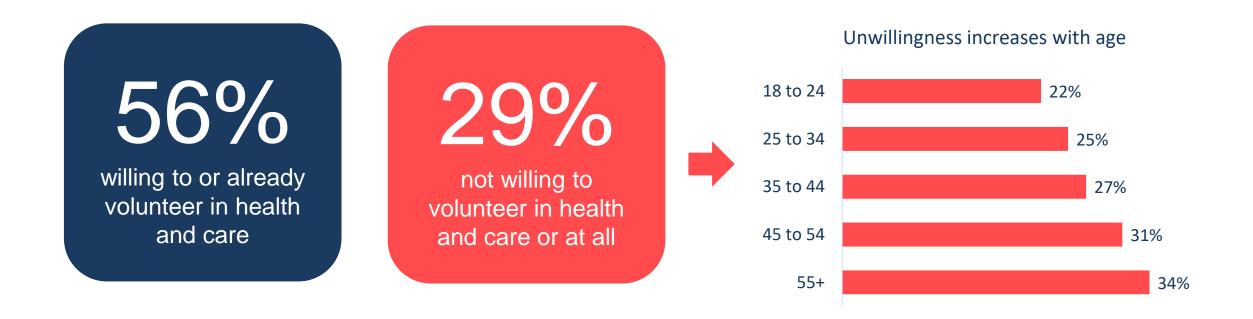


## Context

## Helpforce and YouGov's research

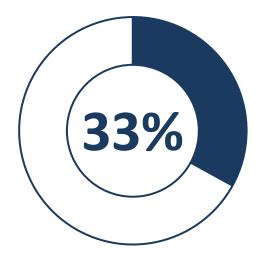
The public's attitude toward volunteering in health and care

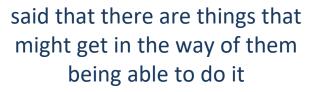
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## Helpforce and YouGov's research

Of the 56% who said they would be willing to volunteer in health and care...





said that they might be prevented from doing it by not being able to commit to set hours or shift times said that they might be prevented from doing it by not having enough time

Full article and data tables available on the <u>Helpforce website</u>



N=2,106 UK adults, sample weighted to be nationally representative. Question 1 as per previous slide; Question 2: 'Which, if any, of the following do you feel would prevent you personally from being able to support your local community through volunteering?'

## NCVO's research

#### What would encourage people who aren't volunteers to volunteer

If I could be flexible with the time committed			30%
If I could be flexible about the way I gave my unpaid time			26%
If someone asked me to get involved		15%	
If I knew about what opportunities to give unpaid help		12%	
If my family/ friends got involved with me		12%	
If I could meet new people		11%	
If I knew I could get any expenses paid		10%	
If someone could provide transport when I needed (e.g		9%	
If the process for getting involved was easier and quicker		8%	
If I knew it would benefit me in my career/ job prospects		8%	
If my employer supported/ encouraged it		8%	
If I knew it would help me improve my skills	5%		
Other	1%		
Don't know		8%	
Not applicable - nothing in particular would encourage			28%

### **Roundtable discussion**

#### **Questions for the panel:**

- 1. What do we mean by flexibility?
- 2. What are the barriers to achieving flexibility?
- 3. What practical steps can be taken to encourage flexibility in volunteering?

#### **Question for the audience:**

Can you share your examples of flexible volunteering roles and working practices?

## Conclusion

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