

Could you hold the hand of a stranger?

Some people who come into hospital may not have anyone to visit them.

It may be because they have no family, or they may have friends and family who live far away or who can't be with them all the time.

Sadly, this means that some people may die without someone holding their hand.

Could you be a **Companion** to them?

Aneurin Bevan University Health Board are working with **Marie Curie** and **Helpforce** to develop an end of life **Companion Volunteer** Service.

Spending time with patients and their relatives, we are looking for **compassionate** Companion Volunteers to provide **emotional support**, a listening ear and to **simply be there** for people at this difficult time.

In return we will offer you:

- An exciting opportunity to be part of an innovative service that will make a **real difference** to people
- An induction, **training, support and supervision** in your role
- Out-of-pocket **expenses**
 - An excellent opportunity to build on your **skills** in a health care environment

If you could be a **Companion** or would like more information, please contact the **Person Centred Care Team** on:

 **01495 768645**

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