helpforce

Social Prescribing Webinar

Learning from today's webinar

Better understanding about what 'Social Prescribing' is?

Be curious to find out how Social Prescribing is being delivered in your local community?

How your Trust currently connects to Social Prescribing?

Consider how Social Prescribing could support your Trust to -Improve volunteer supported discharged patient pathways Waiting Well Volunteer supported initiatives Staying Well at home Helpforce Back to Health (B2H) Framework

Social Prescribing supports our Back to Health Campaign ambitions to support you to increase volunteer opportunities to support patients/people ...

Living Well and Waiting Well

LIVING WELL

- Building and strengthening existing community volunteering capacity and capability
- Preventing ill health, making every contact count
- Tackling health inequalities



RECOVERING WELL

- Improving discharge support
- Reducing readmissions
- Reduce inappropriate attendance at Emergency Department

WAITING WELL

- Reducing deterioration whilst waiting
- Reducing pressure on hospital services
- Reducing the impact on primary care services
- Building and strengthening existing community volunteering capacity and capability
- Improving accessibility and inclusivity of services

GETTING WELL

- Improving patient flow
- Reducing the number of people who do not turn up for their appointments
- Ensuring all patients are best prepared for appointments/ procedures/ treatment
- Reducing length of stay
- Reducing pressure on staff

What is Social Prescribing?

Government's Strategy to End Loneliness (2019) and the NHS Long Term Plan (NHS England, 2019) emphasises the importance of **developing a network of social prescribing services to combat loneliness and isolation**

Definition - Social prescribing is a means of enabling GPs, nurses and other health and care professionals to refer people to a range of local, **non-clinical services** NOTE – new approaches include self referrals and emerging referral routes not exclusive to primary care

Person Centred Approach - people have choice and control over the way their care is planned and delivered, based on 'what matters to you'

Identify the wider issues that impact on a person's health and wellbeing, such as debt, poor housing, being unemployed, loneliness and caring responsibilities

Helps people to become more confident, connected and in control of their lives and this in turn helps them to be well

Connections to local community based support opportunities and range of activities with focus on social connectedness

Learning from webinar

Please use the chat box to add your comments about –

- How you are currently connected to Social Prescribing?
- Further information and queries about Social Prescribing?
- Ideas about how Social prescribing could support your work?

Following today's webinar, we will be developing an information document about Social Prescribing based on your feedback

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Thank you

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