

# **Techno Vol (RITA)**

# Volunteer role description

We are always looking for the right people, those who are friendly, passionate, empathetic and respectful. They are people who celebrate the richness and uniqueness of our diverse community, staff and volunteers. We are committed to ensuring that no individual or group is disadvantaged or excluded from playing an active part in our organisation because of their ethnicity, gender, gender identity, disability, sexuality, religion, age, class or geographical location. They are people who have a natural positive disposition, reliable and committed. They wear our volunteer uniform with PRIDE (passion, responsibility, innovation, drive and empowerment) beaming with compassion and enthusiasm.

The role of a volunteer is a unique one, activities complement the care and support given by staff, and they do not replace staff or mitigate staff shortages. Whilst volunteers are not staff, they are part of the BHRUT family. Volunteers will not assist with anything of a medical nursing nature, read patients' medical files or share this information, assist with cleaning or repair any item of equipment. As a volunteer you are in a position of trust this should never be abused or used to advantage yourself or disadvantage a patient.

## "TECHNOLOGY IS BEST WHEN IT BRINGS PEOPLE TOGETHER"

RITA stands for Reminiscence Interactive Therapy Activities and is an all-in-one touch Screen solution which offers digital reminiscence therapy which is a relatively new tool in the fields of nursing and healthcare; it encompasses the use of user-friendly interactive screens and tablets to blend entertainment with therapy and to assist patients (particularly with memory impairments) in recalling and sharing events from their past through listening to music, watching news reports of significant historical events, listening to war-time speeches, playing games, singing karaoke and watching films.

To combat loneliness and isolation by supporting elderly patients to use modern technology to embrace friendship, conversation, and gain support at a time they feel they need it most and are feeling vulnerable.

### Would suit:

Someone who has good communication skills and the ability to support our elderly patients to access technology as a way to support their rehabilitation. You should be IT savvy.

### Commitment:

Usually one morning, afternoon or evening per week.