

#### **Volunteer Role Description**

**Role: Transition Volunteer Ward to Community** 

**Organisation: SLAM** 

The wards at the Bethlem have inpatient services for men and women, aged 18-65, who have acute mental illness and require 24-hour hospital care. Acute illnesses start quickly and have distressing symptoms.

We provide care for people who live in the London Borough of Croydon. We offer psychiatric assessment, care and treatment in hospital, which helps to reduce the risk to self and others.

Our service brings together teams of health and social care professionals, including nurses, social workers and psychiatrists.

The Support, Recovery and Wellbeing Service is part of the community mental health teams (CMHTs). We provide on-going support for people with a long history of mental illness who live in the London Boroughs of Croydon, Lambeth, Lewisham and Southwark.

Our service brings together different health and social care professionals, including nurses, occupational therapists, social workers, psychiatrists and psychological therapists, working together with the Service Users and their Carers. We also work with patients' GPs, local day care centres and housing associations as required.

#### Description

We are looking for volunteers who would like to support service users' in their recovery journeys and be part of the transition from the ward to the community. The support for patients/service users will be time limited and agreed at the beginning of the support and matching meetings.

To support inpatients/service users to identify what they would like to access in the community as they are nearing discharge.

To support services users to visit new places and plan this journey.

To travel with service users to local amenities and centres.

To have a good local knowledge of community resources.

To promote social inclusion, contribute to confidence building and wellbeing. Ability to form a positive, supportive and boundaried relationship with service users.

To be part of a volunteer team.

To log all details on Assemble.

To be part of evaluating the project.

## When Required

Monday - Sunday; Day and Evening

**Commitment: negotiable** 

#### **Areas of Interest**

Mental Health; Group Work; Community work; Support Work; Evaluation.

## **Type of Activity**

Befriending; Support and Inclusion; Local Travel; Activities; Sourcing Information, Evaluation

## **Skills and Qualifications**

**Good Communication/Listening Skills** 

**Understanding of mental health issues** 

Good local knowledge of community resources in the Croydon area.

Friendly

**Trustworthy** 

Speaking a second language (desirable)

## **Other Information**

Age/gender restrictions: over 18

**Equal Opportunities Policy: Yes** 

**Expenses: Yes** 

**Induction and Training: Yes** 

**Insurance Cover: Yes** 

11/03/2022

**Supervision: Yes** 

**Support: Yes** 

# **Recruitment Method**

Application Form, Interview, DBS Check, Occupational Health Check Disclaimer Form, References, Training, Trial period