

Pre visit preparation



- Arrange patient visit and inform manager
- Record visit in My Impact
- Check lone worker device is charged
- Check 'My Impact' App is ready to use on your phone
- Complete a lateral flow test for Covid
- Pack a mask to wear during the visit

Arrival outside patient home



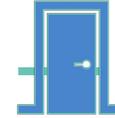
- Switch on lone worker device and record your memo (stating your name and current location)
- Start the clock in 'My Impact' app

In the home



- Put your covid mask on and sanitise your hands
- Carry out home visit adhering to the exercise plan and session log
- Record any information outlined in your weekly session log

Leaving the patient home



- Stop the clock in 'My Impact' app & complete 'My Impact' feedback
- Switch off lone worker device

Post visit



- Check your session log notes are accurate
- If applicable inform the project manager about any concerns
- Share your sessions logs with the service manager at *insert email* at week 1, week 4 and 8