Volunteer to Career for the Armed Forces community

Supporting members of the Armed Forces community to embark on careers in health and care through volunteering



This programme is nationally overseen by

help*force*



About the programme

The Volunteer to Career for the Armed Forces community is a national programme that sees a number of healthcare organisations across England provide volunteering opportunities to members of the Armed Forces community to explore careers in health and care.

The programme provides a 'try-before-you-buy' opportunity if you are interested in roles working in healthcare.

You can volunteer in clinical, non-clinical, or other health and care areas that interest you, with support from staff.

This programme is nationally overseen by Helpforce, a national charity that supports health and care organisations across the UK to maximise the impact of their volunteers.

Benefits of volunteering for this programme

If you decide to volunteer, you will:

- Get hands-on experiences of what it's like to work in health and care organisations
- Receive tailored support to help you seek employment or further training whilst on the programme.
- Gain support to build up your confidence, particularly around your transition to civilian life
- Be able to shape you volunteering experiences to align with your career aspirations
- Receive support with numeracy and literacy skills if desired
- Receive peer-to-peer support for mental health conditions

Frequently asked questions:

Who can volunteer for this programme?

- · Members of the Armed Forces Community and
- 18 years old and above

How many hours am I required to commit to this programme?

This depends on the organisation that you plan to volunteer with, so please check with them first.

Will my travelling expenses be covered by the organisation that I plan to volunteer with?

Generally organisations will cover your travelling expenses, but you must check with the organisation first.

Does this cost me anything?

No, this does not cost you anything. You won't pay for your training or any fees. You only need to volunteer your time at the organisation.

Questions you should ask the organisation that you plan to volunteer at:

- What specific career pathways are they offering as part of the programme?
- How many hours at the minimum are you required to volunteer?
- · What extra support can they give you as part of the programme?
- Will they be able to cover your travelling expenses?

Where this programme takes place and how to apply



Geography cover

Durham,
Darlington,
Teeside,
York, and
North
Yorkshire

Organisation

Tees, Esk and Wear Valleys NHS Foundation Trust

County Durham and Darlington NHS Foundation Trust

North Tees and Hartlepool NHS Foundation Trust

South Tees Hospitals NHS Foundation Trust

Potential careers

Becoming a health care assistant/ward helper

Working in estates, portering, catering, domestic, administration and corporate functions

How to apply

Email your interest to: cddft.northeastvtcp rogramme@nhs.net or Call 0800 7835774

Scarborough also covering North and East Yorkshire Saint Catherines Hospice Becoming a health care assistant

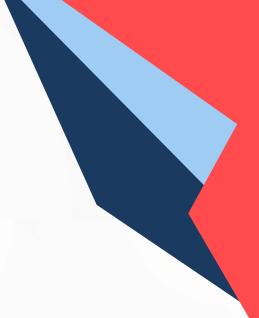
Working in:

- Business support
- Hospitality

Via https://www.saintcath erines.org.uk/voluntee r-to-career/ Or By emailing vvtc@saintcatherines. org.uk

More next page

Where this programme takes place and how to apply (cont'd)



Geography cover

Mid Yorkshire: Wakefield & North Kirklees

Organisation

Mid Yorkshire Teaching NHS Trust – volunteering opportunities will be primarily at Pinderfields Hospital (Wakefield), Dewsbury Hospital and Pontefract Hospital.

Potential careers

Working in clinical and non-clinical areas, depending on volunteers' interests

How to apply

Apply via website: https://www.midyork s.nhs.uk/volunteering

West
Midlands
(Shropshire,
Telford &
Wrenkin,
mid-Wales)

Shrewsbury and Telford Hospital NHS Trust Working in clinical and non-clinical areas, depending on volunteers' interests Apply via website: https://www.sath. nhs.uk/working-with-us/volunteering/ve terans-volunteer-to-career-programme-2/

South East London, covering Greenwich, Lewisham and Bexley

Lewisham and Greenwich NHS Trust Working into healthcare

Email <u>Ih.voluntaryservices</u> <u>onhs.net</u>

More next page

Where this programme takes place and how to apply (cont'd)



Geography cover

Organisation

Potential careers

How to apply

Somerset

Somerset NHS Foundation Trust Becoming health care support worker

Working in Portering, Emergency and Dementia departments

Email
VolunteeringSFT@som
ersetft.nhs.uk

Dorset, West Dorset, North Dorset, Purbeck

Purbeck, Weymouth and Portland

and some joint services with

Somerset, and the Bournemout h / Poole

area

Dorset County Hospital

Taking up roles centred around Alliance Health Professionals careers

Supporting
Occupational
Therapy,
Dietetics,
Orthotics,
Pathology,
Pharmacy

Non-clinical roles

Email volunteering@dchft.nhs.uk

More next page

Where this programme takes place and how to apply (cont'd)

Geography cover

Plymouth, Devon

Organisation

Livewell Southwest CIC

Potential careers

Estates, i.e., electricians, plumbers, maintenance, ground work, pharmacy and HCA

How to apply

Expressions of interest should be emailed to livewell.volunteers@nhs.net