

Bi-monthly Newsletter—Andi Stone

Palliative Care Volunteers

Update on Helpforce Project

On the 25th of September 9 Trusts from across the UK attended a learning Forum at the Accelerator building. We are grateful to Margaret, Pauline, Gary and Bob for attending the morning session and giving the attendees first hand experiences of the palliative volunteer service here at the RLBUHT.

All those that came felt it was a worthwhile experience. There was a great deal of discussion and exchanging of ideas. All the Trusts who were invited were asked to complete a self assessment tool so that they could see how ready they might be to implement a similar service to us. This was extremely helpful in creating a good learning environment and outlining the issues different Trusts face. All the 9 Trusts will be invited back to attend a Train the Trainers day which will hopefully provide them with more tools to take their own volunteer palliative care service forward. Next year we hope to invite the Trusts back to an action learning event to share best practice and provide group support.

The notice board on 4 Y remains a bit bare. We are working on ideas and have met with Amy to discuss these. I have also been tasked with taking more photographs to go with the ones reprographics took. If you haven't had your photo taken can you let me know and we can arrange this when you are on a normal shift. You need to be in your volunteer polo shirt. I will try for a group one but may have to get several groups over time.



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A warm welcome to our new volunteers Gabor and Bea! They will be providing support on Saturday mornings. We will have 3 more volunteers joining us over the month and into the beginning of next month and details will be in next newsletter

Thought for the day...

Compassion is not religious business, it is human business, it is not luxury, it is essential for our own peace and mental stability, it is essential for human survival."

Dalai Lama