

***PERFORMANCE***  
**SERIES**

A thick, solid blue curved line starts from the bottom left corner and sweeps upwards and to the right, ending at the bottom right corner. It separates the light gray upper section from the dark gray lower section.



PERFORMANCE SERIES  
**UPRIGHTS**

# 5FT SINGLE SIDED UPRIGHT

*PS-1014, PS-1015A, PS-1016*



## SPECS

### PRODUCT DIMENSIONS (L X W X H)

37.75" X 8.50" X 62.50" (96 cm X 22 cm X 159 cm)

## FEATURES

- ◆ PS-1014 x 1
- ◆ PS-1015A x 1
- ◆ PS-1016 x 1

# 8FT SINGLE SIDED UPRIGHT

*PS-1011, PS-1012, PS-1013A*



## SPECS

### PRODUCT DIMENSIONS (L X W X H)

41.75" X 8.50" X 96.00" (106 cm X 22 cm X 244 cm)

## FEATURES

- ◆ PS-1011 x 1
- ◆ PS-1012 x 1
- ◆ PS-1013A X 1



# EZG UPRIGHT SINGLE SIDED

*PS-1017, PS-1012, PS-1013A*



## SPECS

### PRODUCT DIMENSIONS (L X W X H)

68.50" X 8.50" X 96.00" (174 cm X 22 cm X 244 cm)

## FEATURES

- ◆ PS-1017 x 1
- ◆ PS-1012 x 1
- ◆ PS-1013A x 1
- ◆ Shield can go on either side of the EZG

# 5FT DOUBLE SIDED UPRIGHT

*PS-1015A, PS-1016*



## SPECS

### PRODUCT DIMENSIONS (L X W X H)

53.75" X 8.50" X 62.50" (137 cm X 22 cm X 159 cm)

## FEATURES

- ◆ PS-1015A x 1
- ◆ PS-1016 x 2

# 8FT DOUBLE SIDED UPRIGHT

*PS-1011, PS-1012*



## SPECS

### PRODUCT DIMENSIONS (L X W X H)

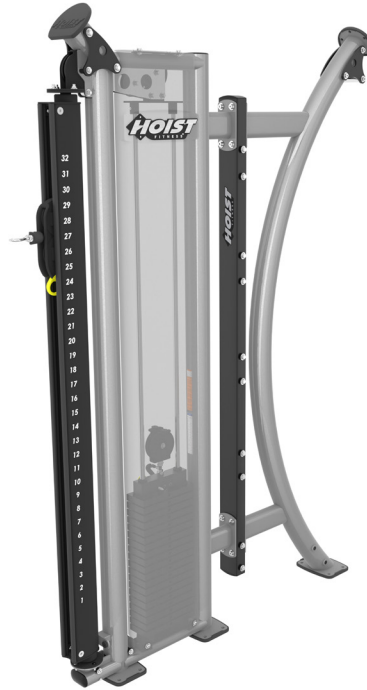
62.00" X 8.50" X 96.00" (158 cm X 22 cm X 244 cm)

## FEATURES

- ◆ PS-1011 x 2
- ◆ PS-1012 x 1

# EZG UPRIGHT DOUBLE SIDED

*PS-1017, PS-1011, PS-1012*



## SPECS

### PRODUCT DIMENSIONS (L X W X H)

48.25" X 8.50" X 96.00" (123 cm X 22 cm X 244 cm)

## FEATURES

- ◆ PS-1017 x 1
- ◆ PS-1011 x 1
- ◆ PS-1012 x 1
- ◆ Shield can go on either side of the EZG



PERFORMANCE SERIES  
**CROSSBARS**

# 4 FT UPPER CONNECTOR

*PS-1021A*



## SPECS

### PRODUCT DIMENSIONS (L X W X H)

7.50" X 42.50" X 5.50" (19 cm X 108 cm X 14 cm)

## FEATURES

- ◆ Only available in Performance Black

## 6 FT. FLAT SHELF

*PS-1022A*



### SPECS

**PRODUCT DIMENSIONS (L X W X H)**

7.50" X 65.75" X 5.50" (19 CM X 167 CM X 14 CM)

### FEATURES

- ◆ Only available in Performance Black

# 4 FT MULTI-GRIP CHIN UP

*PS-1023A*



## SPECS

### PRODUCT DIMENSIONS (L X W X H)

18.75" X 45.75" X 6.50" (48 CM X 116 CM X 17 CM)

## FEATURES

- ◆ Only available in Performance Black

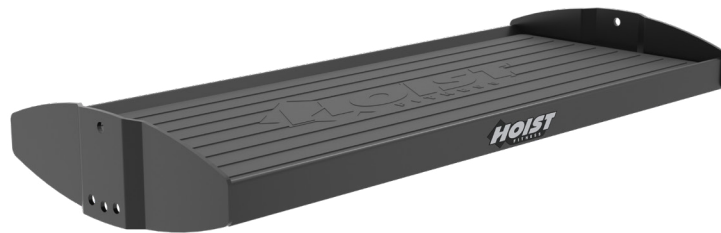




PERFORMANCE SERIES  
**SHELVES**

# 4 FT FLAT SHELF

*PS-1111A*



## SPECS

### PRODUCT DIMENSIONS (L X W X H)

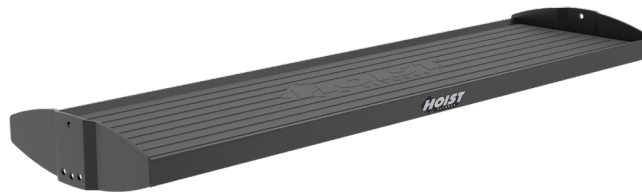
18.00" X 42.50" X 5.75" (46 CM X 108 CM X 15 CM)

## FEATURES

- ◆ Only available in Performance Black

# 6 FT FLAT SHELF

*PS-1112A*



## SPECS

### PRODUCT DIMENSIONS (L X W X H)

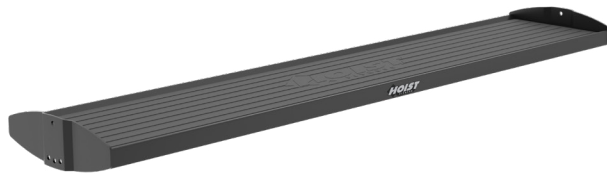
18.00" X 65.75" X 5.75" (46 CM X 167 CM X 15 CM)

## FEATURES

- ◆ Only available in Performance Black

# 8 FT FLAT SHELF

*PS-1113A*



## SPECS

### PRODUCT DIMENSIONS (L X W X H)

18.00" X 89.00" X 5.75" (46 CM X 226 CM X 15 CM)

## FEATURES

- ◆ Only available in Performance Black

# 4 FT BALL RACK

*PS-1114A*



## SPECS

### PRODUCT DIMENSIONS (L X W X H)

16.25" X 42.50" X 6.25" (41 CM X 108 CM X 16 CM)

## FEATURES

- ◆ Only available in Performance Black

# 6 FT BALL RACK

*PS-1115A*



## SPECS

### PRODUCT DIMENSIONS (L X W X H)

16.25" X 65.75" X 6.25" (41 CM X 167 CM X 16 CM)

## FEATURES

- ◆ Only available in Performance Black

# 8 FT BALL RACK

*PS-1116*



## SPECS

### PRODUCT DIMENSIONS (L X W X H)

9.50" X 89.00" X 7.75" (24 CM X 226 CM X 20 CM)

## FEATURES

- ◆ Only available in Performance Black



# PERFORMANCE SERIES COMPONENTS



# WALL MOUNT BRACKET

*PS-1211A*



## SPECS

### PRODUCT DIMENSIONS (L X W X H)

8.00" X 42.75" X 4.75" (20 CM X 109 CM X 12 CM)

## FEATURES

- ◆ Only available in Performance Black

# SIDE MOUNT ACCESSORY RACK

*PS-1212A*



## SPECS

### PRODUCT DIMENSIONS (L X W X H)

9.50" X 36.25" X 10.00" (24 CM X 92 CM X 25 CM)

## FEATURES

- ◆ Only available in Performance Black

# 4 FT. CENTER ACCESSORY RACK

*PS-1213A*



## SPECS

### PRODUCT DIMENSIONS (L X W X H)

9.50" X 42.50" X 18.00" (24 CM X 108 CM X 46 CM)

## FEATURES

- ◆ Only available in Performance Black

# 4 FT. STALL BAR SET

*PS-1214A*



## SPECS

### PRODUCT DIMENSIONS (L X W X H)

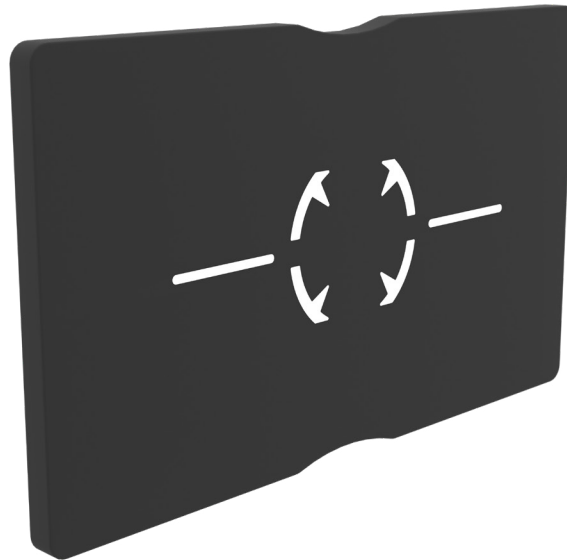
3.25" X 42.50" X 73.75" (8 CM X 108 CM X 187 CM)

## FEATURES

- ◆ Only available in Performance Black

# WALL TARGET PAD

*PS-1215A*



## SPECS

**PRODUCT DIMENSIONS (L X W X H)**  
3.75" X 41.75" X 25.00" (10 CM X 106 CM X 64 CM)

## FEATURES

- ◆ Only available in Performance Black

# BAND PEG/BATTLE ROPE POST

*PS-1216A*



## SPECS

### PRODUCT DIMENSIONS (L X W X H)

11.25" X 6.50" X 87.00 (29 CM X 17 CM X 221 CM)

## FEATURES

- ◆ Only available in Performance Black

# DIP STATION

*PS-1217A, MC-7018*



## SPECS

**PRODUCT DIMENSIONS (L X W X H)**

41.00" X 26.75" X 73.75" (104 CM X 68 CM X 187 CM)

## FEATURES

- ◆ Only available in Performance Black

# PLYO STATION

*PS-1217A, MC-7019*



## SPECS

### PRODUCT DIMENSIONS (L X W X H)

38.25" X 24.50" X 73.75" (97 CM X 62 CM X 187 CM)

## FEATURES

- ◆ Only available in Performance Black



# VERTICAL DUMBBELL RACK 5 PAIR

*PS-1218A*



## SPECS

### PRODUCT DIMENSIONS (L X W X H)

7.00" X 4.75" X 59.25" (18 CM X 12 CM X 151 CM)

## FEATURES

- ◆ Only available in Performance Black

# 4 FT. HORIZONTAL PLATE RACK

*PS-1219A*



## SPECS

### PRODUCT DIMENSIONS (L X W X H)

13.25" X 42.50" X 5.25" (34 CM X 108 CM X 13 CM)

## FEATURES

- ◆ Only available in Performance Black

# 7 FT. SIDE PLATE RACK

*PS-1220A*



## SPECS

### PRODUCT DIMENSIONS (L X W X H)

16.50" X 3.00" X 70.25" (42 CM X 8 CM X 178 CM)

## FEATURES

- ◆ Only available in Performance Black

# LAND-MINE

*PS-1221A*



## SPECS

**PRODUCT DIMENSIONS (L X W X H)**

11.25" X 6.00" X 16.50" (29 CM X 15 CM X 42 CM)

## FEATURES

- ◆ Only available in Performance Black

# J-HOOKS AND SAFETY TIERS

*PS-1222A*



## SPECS

**PRODUCT DIMENSIONS (L X W X H)**

35.00" X 52.75" X 87.00" (89.00 CM X 134 CM X 221 CM)

## FEATURES

- ◆ Only available in Performance Black

# 4 FT. "BOOKSHELF" BUMPER PLATE RACK

*PS-1223A*



## SPECS

### PRODUCT DIMENSIONS (L X W X H)

13.50" X 42.50" X 12.50" (34 CM X 108 CM X 32 CM)

## FEATURES

- ◆ Only available in Performance Black

# BOSU BALL SIDE RACK

*PS-1224A*



## SPECS

### PRODUCT DIMENSIONS (L X W X H)

24.25" X 19.75" X 9.25" (62 CM X 50 CM X 24 CM)

## FEATURES

- ◆ Only available in Performance Black

# SIDE MOUNT ACCESSORY RACK

*PS-1225A*



## SPECS

**PRODUCT DIMENSIONS (L X W X H)**  
10.00" X 2.50" X 7.25" (25 CM X 6 CM X 18 CM)

## FEATURES

- ◆ Only available in Performance Black



# LOW BATTLE ROPE ANCHOR

*PS-1226A*



## SPECS

**PRODUCT DIMENSIONS (L X W X H)**  
6.50" X 6.00" X 8.25" (17 CM X 15 CM X 21 CM)

## FEATURES

- ◆ Only available in Performance Black

# ASSIST STEP

*PS-1227A*



## SPECS

**PRODUCT DIMENSIONS (L X W X H)**  
8.00" X 6.00" X 16.50" (20 CM X 15 CM X 42 CM)

## FEATURES

- ◆ Only available in Performance Black

# 6 FT. BUMPER PLATE RACK

*PS-1228A*



## SPECS

### PRODUCT DIMENSIONS (L X W X H)

13.50" X 65.75" X 12.50" (34 CM X 167 CM X 32 CM)

## FEATURES

- ◆ Only available in Performance Black

# 4 PAIR VERTICAL DUMBBELL RACK

*PS-1229A*



## SPECS

### PRODUCT DIMENSIONS (L X W X H)

7.00" X 4.75" X 59.25" (18 cm X 12 cm X 151 cm)

## FEATURES

- ◆ Only available in Performance Black

# VERTICAL OLY BAR HOLDER

*PS-1230A*



## SPECS

**PRODUCT DIMENSIONS (L X W X H)**  
7.50" X 5.25" X 11.75" (19 CM X 13 CM X 30 CM)

## FEATURES

- ◆ Only available in Performance Black

# LOW PROFILE HANGING MAT RACK

*PS-1231*



## SPECS

**PRODUCT DIMENSIONS (L X W X H)**  
11.00" X 25.00" X 7.75" (28 CM X 64 CM X 20 CM)

## FEATURES

- ◆ Only available in Performance Black

# BARBELL RACK 5 PAIR

*PS-1232 OPT1*



## SPECS

### PRODUCT DIMENSIONS (L X W X H)

22.75" X 42.50" X 41.50" (58 CM X 108 CM X 105 CM)

## FEATURES

- ◆ Only available in Performance Black

# BARBELL RACK 10 PAIR

*PS-1232 OPT2*



## SPECS

### PRODUCT DIMENSIONS (L X W X H)

42.00" X 42.50" X 41.50" (107 CM X 108 CM X 105 CM)

## FEATURES

- ◆ Only available in Performance Black



## ACCESSORY STORAGE PEGS

*PS-1234*



### SPECS

**PRODUCT DIMENSIONS (L X W X H)**

8.00" X 34.75" X 1.25" (20 CM X 88 CM X 3 CM)



# PERFORMANCE SERIES HIGH MOUNT COMPONENTS

# HEAVY BAG MOUNT

*PS-1411A*



## SPECS

### PRODUCT DIMENSIONS (L X W X H)

19.50" X 6.50" X 12.25" (50 CM X 17 CM X 31 CM)

## FEATURES

- ◆ Only available in Performance Black

# HIGH BALL TARGET

*PS-1413A*



## SPECS

**PRODUCT DIMENSIONS (L X W X H)**

7.75" X 15.00" X 34.75" (20 CM X 38 CM X 88 CM)

## FEATURES

- ◆ Only available in Performance Black



PERFORMANCE SERIES  
**BRIDGES**

# 7 FT. BRIDGE

*PS-1511*



## SPECS

**PRODUCT DIMENSIONS (L X W X H)**

84.00" X 56.00" X 11.50" (213 CM X 142 CM X 29 CM)

## FEATURES

- ◆ Customizable with standard colors: Matte Black, Platinum, White



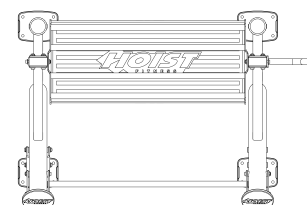
# PERFORMANCE SERIES CONFIGURATIONS

## 1 ELEMENT SINGLE SIDED STORAGE

**PS-1E-SS**



TOP VIEW



### SPECS

**PRODUCT DIMENSIONS (L X W X H)**

41.75" X 62.75" X 96.00" (106 cm X 159 cm X 244 cm)

**PRODUCT WEIGHT**

472 lbs (214 kg)

**MAX STORAGE CAPACITY**

600 lbs (272 kg) per flat shelf

200 lbs (90 kg) per ball rack shelf

### COMPONENTS

- ◆ Side Mount Accessory Hook
- ◆ Low Battle Rope Anchor

### FEATURES

- ◆ Textured Pull Up Bar
- ◆ Suspension Anchors
- ◆ Low-profile hardware
- ◆ Rubber feet
- ◆ Stylish powder coated uprights
- ◆ Performance Black Core uprights
- ◆ 10mm Heavy Duty accessory tray rubber mats
- ◆ Flat or 15-degree shelving tray configuration

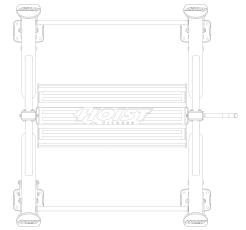


## 1 ELEMENT DUAL SIDED STORAGE

**PS-1E-DS**



TOP VIEW



### SPECS

**PRODUCT DIMENSIONS (L X W X H)**

62.00" X 62.75" X 96.00" (158 cm X 159 cm X 244 cm)

**PRODUCT WEIGHT**

519 lbs (236 kg)

**MAX STORAGE CAPACITY**

600 lbs (272 kg) per flat shelf

200 lbs (90 kg) per ball rack shelf

### COMPONENTS

- ◆ Side Mount Accessory Hook
- ◆ Low Battle Rope Anchor

### FEATURES

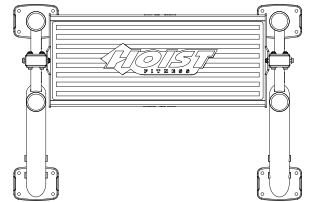
- ◆ Textured Pull Up Bar
- ◆ Suspension Anchors
- ◆ Low-profile hardware
- ◆ Rubber feet
- ◆ Stylish powder coated uprights
- ◆ Performance Black Core uprights
- ◆ 10mm Heavy Duty accessory tray rubber mats
- ◆ Flat or 15-degree shelving tray configuration

## 4FT UNIVERSAL STORAGE RACK

**PS-4USR**



TOP VIEW



### SPECS

**PRODUCT DIMENSIONS (L X W X H)**

37.60" X 55.00" X 62.40" (95 cm X 140 cm X 158 cm)

**PRODUCT WEIGHT**

351 lbs (160 kg)

**MAX STORAGE CAPACITY**

600 lbs (272 kg) per flat shelf

### FEATURES

- ◆ Low-profile hardware
- ◆ Rubber feet for stability
- ◆ Stylish powder coated uprights
- ◆ Performance Black Core uprights
- ◆ 10mm Heavy Duty accessory tray rubber mats
- ◆ Flat or 15-degree shelving tray configuration

## 6FT UNIVERSAL STORAGE RACK

**PS-6USR**



TOP VIEW



### SPECS

**PRODUCT DIMENSIONS (L X W X H)**

37.60" X 78.20" X 62.40" (95 cm X 199 cm X 158 cm)

**PRODUCT WEIGHT**

421 lbs (191 kg)

**MAX STORAGE CAPACITY**

600 lbs (272 kg) per flat shelf

### FEATURES

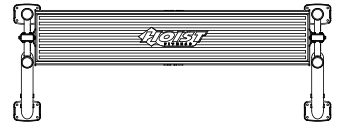
- ◆ Low-profile hardware
- ◆ Rubber feet for stability
- ◆ Stylish powder coated uprights
- ◆ Performance Black Core uprights
- ◆ 10mm Heavy Duty accessory tray rubber mats
- ◆ Flat or 15-degree shelving tray configuration

## 8FT UNIVERSAL STORAGE RACK

*PS-8USR*



TOP VIEW



### SPECS

**PRODUCT DIMENSIONS (L X W X H)**

37.60" X 101.50" X 62.40" (95 cm X 258 cm X 158 cm)

**PRODUCT WEIGHT**

598 lbs (272 kg)

**MAX STORAGE CAPACITY**

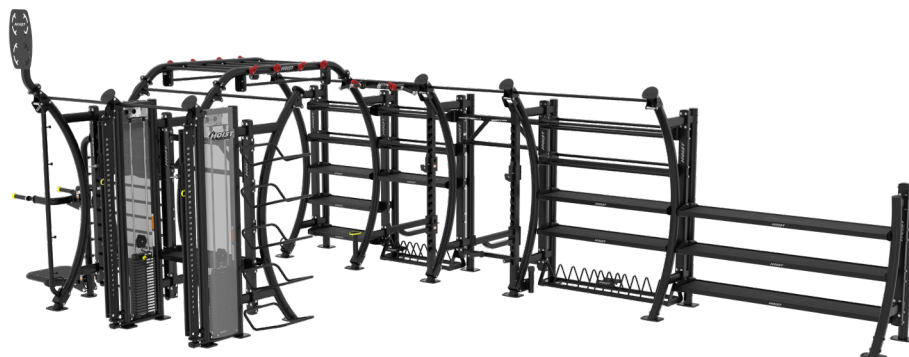
600 lbs (272 kg) per flat shelf

### FEATURES

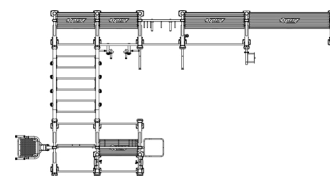
- ◆ Low-profile hardware
- ◆ Rubber feet for stability
- ◆ Stylish powder coated uprights
- ◆ Performance Black Core uprights
- ◆ 10mm Heavy Duty accessory tray rubber mats
- ◆ Flat or 15-degree shelving tray configuration

# 7 ELEMENT FUNCTIONAL BRIDGE

**PS-7E-FB**



TOP VIEW



## SPECS

### PRODUCT DIMENSIONS (L X W X H)

188.25" X 349.30" X 126.00" (478 cm X 887 cm X 320 cm)

### PRODUCT WEIGHT

3,892 lbs (1,765 kg)

### MAX STORAGE CAPACITY

600 lbs (272 kg) per flat shelf (4 FT)

650 lbs (250 kg) per flat shelf (6 FT)

200 lbs (90 kg) per ball rack shelf (4 FT)

315 lbs (142 kg) per weight horn (4 FT)

585 lbs (265 kg) per "bookshelf" bumper plate rack (4 FT)

## FEATURES

- ◆ Textured Pull Up Bar
- ◆ Suspension Anchors
- ◆ Low-profile hardware
- ◆ Rubber feet
- ◆ Stylish powder coated uprights
- ◆ Performance Black Core uprights
- ◆ 10mm Heavy Duty accessory tray rubber mats
- ◆ Flat or 15-degree shelving tray configuration

## COMPONENTS

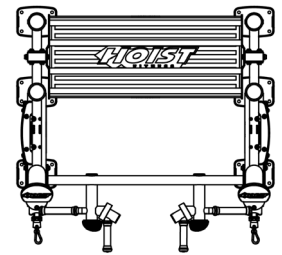
- |                                |                                       |   |
|--------------------------------|---------------------------------------|---|
| ◆ 4 ft. Center Accessory Rack  | ◆ 4 ft. Horizontal Plate Rack         | ◆ Assist Step (for Bridge and Pull-ups) |
| ◆ 4 ft. Stall Bar Set          | ◆ Land-Mine                           | ◆ 6 ft. Bumper Plate Rack               |
| ◆ Wall Target Pad              | ◆ J-Hooks and Safety Tiers            | ◆ Vertical Oly Bar Holder               |
| ◆ Band Peg / Battle Rope Posts | ◆ 4 ft. "Bookshelf" Bumper Plate Rack | ◆ Endless Rope Pull Mount               |
| ◆ Plyo/ Dip Station            | ◆ Bosu Ball Side Rack                 | ◆ High Ball Target                      |
| ◆ Dip Platform - Motion Cage   | ◆ Low Battle Rope Anchor              | ◆ 7 ft. Bridge                          |
| ◆ Plyo Platform - Motion Cage  |                                       | ◆ Performance Series EZG Station        |

# PS-EZG UNIT

## PS-EZG UNIT



TOP VIEW



## SPECS

### PRODUCT DIMENSIONS (L X W X H)

52.50" X 55.00" X 96.00" (133 cm X 140 cm X 244 cm)

### PRODUCT WEIGHT

PENDING

### MAX STORAGE CAPACITY

PENDING

## FEATURES

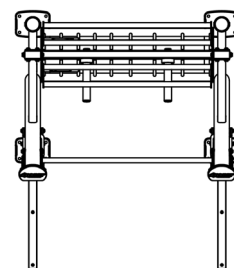
- ◆ Customizable with standard colors: Matte Black, Platinum, White

# PS- HALF RACK

## PS-HALF RACK



TOP VIEW



### SPECS

**PRODUCT DIMENSIONS (L X W X H)**

63.75" X 55.00" X 96.00" (162 cm X 140 cm X 244 cm)

**PRODUCT WEIGHT**

PENDING

**MAX STORAGE CAPACITY**

PENDING

### FEATURES

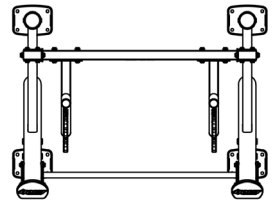
- ◆ Customizable with standard colors: Matte Black, Platinum, White

# PS-BARBELL RACK

## PS-BARBELL RACK



TOP VIEW



### SPECS

**PRODUCT DIMENSIONS (L X W X H)**

41.75" X 55.00" X 96.00" (106 cm X 140 cm X 244 cm)

**PRODUCT WEIGHT**

PENDING

### FEATURES

- ◆ Customizable with standard colors: Matte Black, Platinum, White

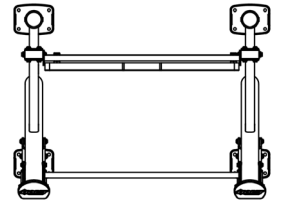


# PS-STALL BAR/WALL TARGET UNIT

## PS-STALL BAR/WALL TARGET UNIT



TOP VIEW



### SPECS

**PRODUCT DIMENSIONS (L X W X H)**

41.75" X 55.00" X 96.00" (106 cm X 140 cm X 244 cm)

**PRODUCT WEIGHT**

PENDING

### FEATURES

- ◆ Customizable with standard colors: Matte Black, Platinum, White



PERFORMANCE SERIES  
**ACCESSORIES**

# LOOP BANDS



## PACKAGE BREAKDOWN

SKU	DESCRIPTION	QTY
ACC-1001	“LIGHT” LOOP BAND (600 X 50 X .5 MM)	1
ACC-1002	“MEDIUM” LOOP BAND (600 X 50 X .7 MM)	1
ACC-1003	“HEAVY” LOOP BAND (600 X 50 X .9 MM)	1
ACC-1004	“EXTRA HEAVY” LOOP BAND (600 X 50 X 1.1 MM)	1

## FEATURES

- ◆ 4 resistance levels
- ◆ Ideal for strength training, power-lifting and more
- ◆ Made from latex

# POWER BANDS



## PACKAGE BREAKDOWN

SKU	DESCRIPTION	QTY
ACC-1005	POWER BAND W 13 MM	1
ACC-1006	POWER BAND W 19 MM	1
ACC-1007	POWER BAND W 32 MM	1
ACC-1008	POWER BAND W 45 MM	1

## FEATURES

- ◆ Seamless construction for ultimate durability
- ◆ Color-coded for easy identification
- ◆ Versatile latex tool for a wide range of applications

# POWER TUBES



## PACKAGE BREAKDOWN

SKU	DESCRIPTION	QTY
ACC-1009	"LIGHT" POWER TUBE	1
ACC-1010	"MEDIUM" POWER TUBE	1
ACC-1011	"HEAVY" POWER TUBE	1
ACC-1012	"EXTRA HEAVY" POWER TUBE	1

## FEATURES

- ◆ Available in four resistance levels
- ◆ Polypropylene strap encased in a polyester jacket

# WALL BALL



## PACKAGE BREAKDOWN

SKU	DESCRIPTION	QTY
ACC-1101	WALL BALL 6 LB	1
ACC-1102	WALL BALL 10 LB	1
ACC-1103	WALL BALL 14 LB	1
ACC-1104	WALL BALL 20 LB	1

## FEATURES

- ◆ Designed for high-speed, high-intensity training
- ◆ Available in 4 different weight increments: 6LB, 10LB, 14LB, and 20LB

# SLAM BALL



## PACKAGE BREAKDOWN

SKU	DESCRIPTION	QTY
ACC-1105	SLAM BALL 10 LB	1
ACC-1106	SLAM BALL 20 LB	1
ACC-1107	SLAM BALL 30 LB	1
ACC-1108	SLAM BALL 40 LB	1

## FEATURES

- ◆ Available in weights from 10 to 40 lbs in 10 lb increments
- ◆ Made out of high quality rubber

# MEDICINE BALL



## PACKAGE BREAKDOWN

SKU	DESCRIPTION	QTY
ACC-1109	4 LB. MEDICINE BALL	1
ACC-1110	6 LB. MEDICINE BALL	1
ACC-1111	8 LB. MEDICINE BALL	1
ACC-1112	10 LB. MEDICINE BALL	1
ACC-1113	12 LB. MEDICINE BALL	1

## FEATURES

- ◆ Available in 4, 6, 8, 10, and 12 lb
- ◆ Robust rubber build with grip texture



# STABILITY BALL



## PACKAGE BREAKDOWN

SKU	DESCRIPTION	QTY
ACC-1114	STABILITY BALL 55cm	1
ACC-1115	STABILITY BALL 65cm	1

## FEATURES

- ◆ Durable PVC Material
- ◆ Choose 55cm for compact use or 65cm for added versatility

# BUMPER PLATES



## PACKAGE BREAKDOWN

SKU	DESCRIPTION	QTY
ACC-1201	BUMPER PLATE 10LB BLACK	1
ACC-1202	BUMPER PLATE 25LB GREEN	1
ACC-1203	BUMPER PLATE 35LB YELLOW	1
ACC-1204	BUMPER PLATE 45LB BLUE	1

## FEATURES

- ◆ Crafted from resilient rubber to withstand drops and repeated use.
- ◆ Color-Coded for Easy Identification
- ◆ Compatible with all standard Olympic bars, racks, and equipment.
- ◆ Available in Four Weights: 10lb - Black, 25lb - Green, 35lb - Yellow, 45lb - Blue

# GRIP PLATES



## PACKAGE BREAKDOWN

SKU	DESCRIPTION	QTY
ACC-1205	GRIP PLATE 2.5LB	1
ACC-1206	GRIP PLATE 5LB	1
ACC-1207	GRIP PLATE 10LB	1
ACC-1208	GRIP PLATE 25LB	1
ACC-1209	GRIP PLATE 35LB	1
ACC-1210	GRIP PLATE 45LB	1

## FEATURES

- ◆ Durable CPU Material
- ◆ 2.5 lbs, 5lbs, 10lbs, 25lbs, 35lbs, 45lbs

# OLYMPIC BAR

**ACC-1301**



## SPECS

### PRODUCT DIMENSIONS

Total Length: 86.7 in (2,200 mm)

Shaft Diameter: 1.1 in (28 mm)

### WEIGHT

20kg (44 LBS)

### KNURLING:

IPF+IWF6

## FEATURES

- ◆ Stainless Steel Sleeve

# COLLARS

## ACC-1302



### SPECS

**PRODUCT DIMENSIONS (L X W X H)**

7" X 5.25" X 1.75" (182 cm X 61 cm X 1 cm)  
FOR ONE COLLAR

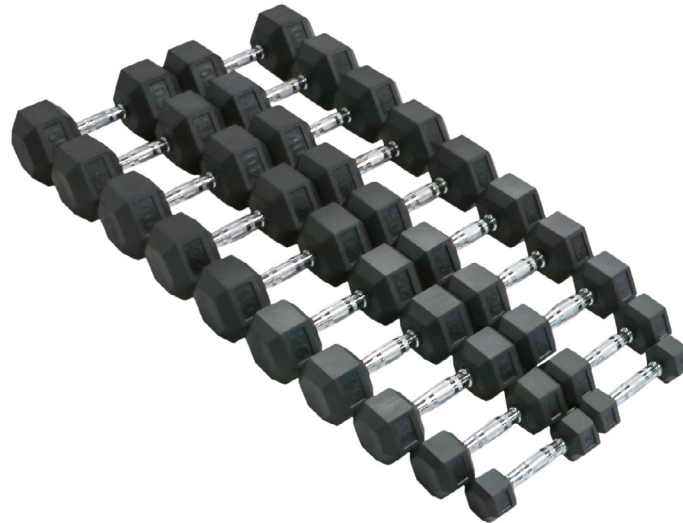
\* For use on 50mm (2 in) barbell sleeve

### FEATURES

- ◆ Fits Olympic bar
- ◆ Comfortable black plastic sleeves
- ◆ Safely Secures plates

# 5-50 PAIR HEX DUMBBELLS

**ACC-1400-OPT-1**



## PACKAGE BREAKDOWN

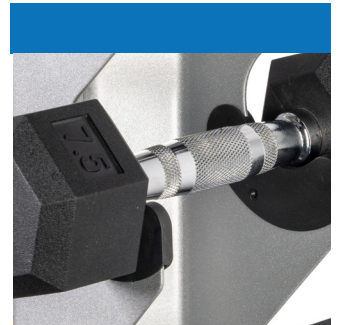
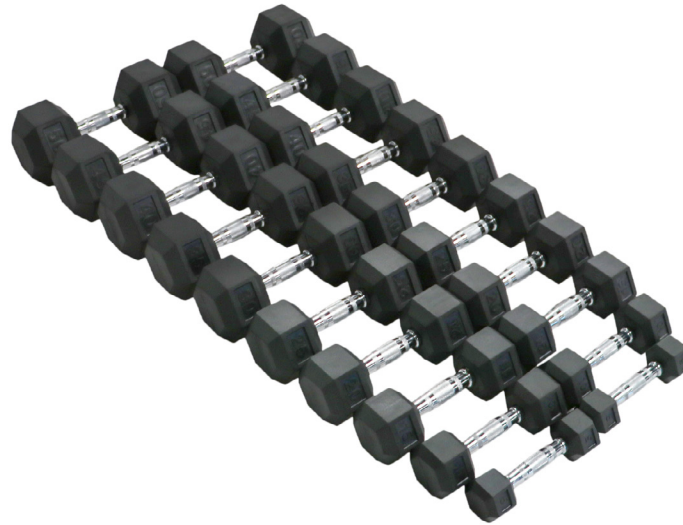
SKU	DESCRIPTION	QTY
ACC-1402	Hex Dumbbell 5LB	1
ACC-1404	Hex Dumbbell 10LB	1
ACC-1406	Hex Dumbbell 15LB	1
ACC-1408	Hex Dumbbell 20LB	1
ACC-1410	Hex Dumbbell 25LB	1
ACC-1412	Hex Dumbbell 30LB	1
ACC-1413	Hex Dumbbell 35LB	1
ACC-1414	Hex Dumbbell 40LB	1
ACC-1415	Hex Dumbbell 45LB	1
ACC-1416	Hex Dumbbell 50LB	1

## FEATURES

- ◆ Available from 5 lbs to 50 lbs in 5 lb increments
- ◆ Constructed with premium materials to ensure durability and performance
- ◆ Available to purchase separately: 2.5 lbs, 7.5 lbs, 12.5 lbs, and 17.5 lbs
- ◆ Rubber Hex Dumbbells

# 50-100 PAIR HEX DUMBBELLS

**ACC-1400-OPT-2**



## PACKAGE BREAKDOWN

SKU	DESCRIPTION	QTY
ACC-1416	Hex Dumbbell 50LB	1
ACC-1417	Hex Dumbbell 55LB	1
ACC-1418	Hex Dumbbell 60LB	1
ACC-1419	Hex Dumbbell 65LB	1
ACC-1420	Hex Dumbbell 70LB	1
ACC-1421	Hex Dumbbell 75LB	1
ACC-1422	Hex Dumbbell 80LB	1
ACC-1423	Hex Dumbbell 85LB	1
ACC-1424	Hex Dumbbell 90LB	1
ACC-1425	Hex Dumbbell 95LB	1
ACC-1426	Hex Dumbbell 100LB	1

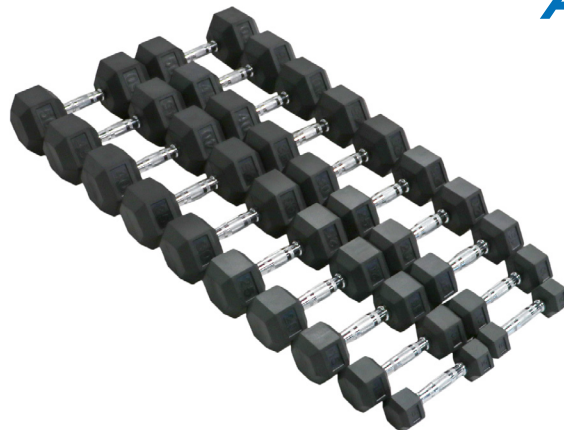
## FEATURES

- ◆ Available from 50 lbs to 100 lbs in 5 lb increments
- ◆ Constructed with premium materials to ensure durability and performance
- ◆ Available to purchase separately: 2.5 lbs, 7.5 lbs, 12.5 lbs, and 17.5 lbs
- ◆ Rubber Hex Dumbbells



# 5-100 PAIR HEX DUMBBELLS

**ACC-1400-OPT-3**



## PACKAGE BREAKDOWN

SKU	DESCRIPTION	QTY
ACC-1402	Hex Dumbbell 5LB	1
ACC-1404	Hex Dumbbell 10LB	1
ACC-1406	Hex Dumbbell 15LB	1
ACC-1408	Hex Dumbbell 20LB	1
ACC-1410	Hex Dumbbell 25LB	1
ACC-1412	Hex Dumbbell 30LB	1
ACC-1413	Hex Dumbbell 35LB	1
ACC-1414	Hex Dumbbell 40LB	1
ACC-1415	Hex Dumbbell 45LB	1
ACC-1416	Hex Dumbbell 50LB	1
ACC-1417	Hex Dumbbell 55LB	1
ACC-1418	Hex Dumbbell 60LB	1
ACC-1419	Hex Dumbbell 65LB	1
ACC-1420	Hex Dumbbell 70LB	1
ACC-1421	Hex Dumbbell 75LB	1
ACC-1422	Hex Dumbbell 80LB	1
ACC-1423	Hex Dumbbell 85LB	1
ACC-1424	Hex Dumbbell 90LB	1
ACC-1425	Hex Dumbbell 95LB	1
ACC-1426	Hex Dumbbell 100LB	1

## FEATURES

- ◆ Available from 5 lbs to 100 lbs in 5 lb increments
- ◆ Constructed with premium materials to ensure durability and performance
- ◆ Available to purchase separately: 2.5 lbs, 7.5 lbs, 12.5 lbs, and 17.5 lbs
- ◆ Rubber Hex Dumbbells



# KETTLE BELLS

## ACC-1500-OPT-1



### PACKAGE BREAKDOWN

SKU	DESCRIPTION	QTY
ACC-1501	KETTLEBELL 4KG/9LBS	1
ACC-1502	KETTLEBELL 6KG/13LBS	1
ACC-1503	KETTLEBELL 8KG/18LBS	1
ACC-1504	KETTLEBELL 10KG/22LBS	1
ACC-1505	KETTLEBELL 12KG/26LBS	1
ACC-1506	KETTLEBELL 14KG/31LBS	1
ACC-1507	KETTLEBELL 16KG/35LBS	1
ACC-1508	KETTLEBELL 20KG/44LBS	1
ACC-1509	KETTLEBELL 24KG/53LBS	1
ACC-1510	KETTLEBELL 28KG/62LBS	1
ACC-1511	KETTLEBELL 32KG/70LBS	1
ACC-1512	KETTLEBELL 36KG/80LBS	1
ACC-1513	KETTLEBELL 40KG/88LBS	1
ACC-1514	KETTLEBELL 18KG/40LBS	1

### FEATURES

- ◆ Powder coated black for long-lasting use
- ◆ Available in weights from 9 lb to 88 lb
- ◆ Color-coded for easy identification
- ◆ Cast Iron

# HANGING MATS

## ACC-1601



### SPECS

**PRODUCT DIMENSIONS (L X W X H)**

72" X 24" X .39" (182 cm X 61 cm X 1 cm)

**EYELET DISTANCE (DISTANCE BETWEEN HOLES):**

20" (51 cm)

### FEATURES

- ◆ Perfect for yoga, stretching, and conditioning
- ◆ Saves space and keeps your mat clean
- ◆ Wipes down easily for quick maintenance

# BATTLE ROPE

**AC-1602**



## SPECS

### PRODUCT DIMENSIONS

Length: 30 ft  
Diameter: 1.5 in

## FEATURES

- ◆ Durable polyester rope encased in a protective polyester jacket for enhanced durability
- ◆ Comfortable coated handle

# BARBELLS

## ACC-1700-OPT-01



CF-3465 BARBELL RACK SOLD SEPARATELY

### PACKAGE BREAKDOWN

SKU	DESCRIPTION	QTY
ACC-1711	20 LB. EZ CURL FIXED BARBELL	1
ACC-1712	30 LB. EZ CURL FIXED BARBELL	1
ACC-1713	40 LB. EZ CURL FIXED BARBELL	1
ACC-1714	50 LB. EZ CURL FIXED BARBELL	1
ACC-1715	60 LB. EZ CURL FIXED BARBELL	1
ACC-1716	70 LB. EZ CURL FIXED BARBELL	1
ACC-1717	80 LB. EZ CURL FIXED BARBELL	1
ACC-1718	90 LB. EZ CURL FIXED BARBELL	1
ACC-1719	100 LB. EZ CURL FIXED BARBELL	1
ACC-1720	110 LB. EZ CURL FIXED BARBELL	1

### FEATURES

- ◆ Hard chrome plated handle
- ◆ Handle length: 870mm
- ◆ Handle diameter: 32mm
- ◆ Urethane

# BARBELLS

## ACC-1700-OPT-02



CF-3465 BARBELL RACK SOLD SEPARATELY

### PACKAGE BREAKDOWN

SKU	DESCRIPTION	QTY
ACC-1701	20 LB. STRAIGHT FIXED BARBELL	1
ACC-1702	30 LB. STRAIGHT FIXED BARBELL	1
ACC-1703	40 LB. STRAIGHT FIXED BARBELL	1
ACC-1704	50 LB. STRAIGHT FIXED BARBELL	1
ACC-1705	60 LB. STRAIGHT FIXED BARBELL	1
ACC-1706	70 LB. STRAIGHT FIXED BARBELL	1
ACC-1707	80 LB. STRAIGHT FIXED BARBELL	1
ACC-1708	90 LB. STRAIGHT FIXED BARBELL	1
ACC-1709	100 LB. STRAIGHT FIXED BARBELL	1
ACC-1710	110 LB. STRAIGHT FIXED BARBELL	1

### FEATURES

- ◆ Hard chrome plated handle
- ◆ Handle length: 870mm
- ◆ Handle diameter: 32mm

# BARBELLS

## ACC-1700-OPT-03

**STRAIGHT**



**AND**

**CURLED**



*CF-3465 BARBELL RACK SOLD SEPARATELY*

### PACKAGE BREAKDOWN

SKU	DESCRIPTION	QTY
ACC-1701	20 LB. STRAIGHT FIXED BARBELL	1
ACC-1702	30 LB. STRAIGHT FIXED BARBELL	1
ACC-1703	40 LB. STRAIGHT FIXED BARBELL	1
ACC-1704	50 LB. STRAIGHT FIXED BARBELL	1
ACC-1705	60 LB. STRAIGHT FIXED BARBELL	1
ACC-1706	70 LB. STRAIGHT FIXED BARBELL	1
ACC-1707	80 LB. STRAIGHT FIXED BARBELL	1
ACC-1708	90 LB. STRAIGHT FIXED BARBELL	1
ACC-1709	100 LB. STRAIGHT FIXED BARBELL	1
ACC-1710	110 LB. STRAIGHT FIXED BARBELL	1
ACC-1711	20 LB. EZ CURL FIXED BARBELL	1
ACC-1712	30 LB. EZ CURL FIXED BARBELL	1
ACC-1713	40 LB. EZ CURL FIXED BARBELL	1
ACC-1714	50 LB. EZ CURL FIXED BARBELL	1
ACC-1715	60 LB. EZ CURL FIXED BARBELL	1
ACC-1716	70 LB. EZ CURL FIXED BARBELL	1
ACC-1717	80 LB. EZ CURL FIXED BARBELL	1
ACC-1718	90 LB. EZ CURL FIXED BARBELL	1
ACC-1719	100 LB. EZ CURL FIXED BARBELL	1
ACC-1720	110 LB. EZ CURL FIXED BARBELL	1

### FEATURES

- ◆ Available from 5 lbs to 100 lbs in 5 lb increments
- ◆ Constructed with premium materials to ensure durability and performance
- ◆ Available to purchase separately: 2.5 lbs, 7.5 lbs, 12.5 lbs, and 17.5 lbs
- ◆ Rubber Hex Dumbbells



# PERFORMANCE SERIES

## UPRIGHTS - FULL SPECS

PRODUCT NAME	LENGTH	WIDTH	HEIGHT	
PS-1014, PS-1015A, PS-1016	5FT SINGLE SIDED UPRIGHT	37.75" (96 CM)	8.50" (22 CM)	62.50" (159 CM)
PS-1011, PS-1012, PS-1013A	8FT SINGLE SIDED UPRIGHT	41.75" (106 CM)	8.50" (22 CM)	96.00" (244 CM)
PS-1017, PS-1012, PS-1013A	EZG UPRIGHT SINGLE SIDED	68.50" (174 CM)	8.50" (22 CM)	96.00" (244 CM)
PS-1015A, PS-101	5FT DOUBLE SIDED UPRIGHT	53.75" (137 CM)	8.50" (22 CM)	62.50" (159 CM)
PS-1011, PS-1012	8FT DOUBLE SIDED UPRIGHT	62.00" (158 CM)	8.50" (22 CM)	96.00" (244 CM)
PS-1017, PS-1011, PS-1012	EZG UPRIGHT DOUBLE SIDED	48.25" (123 CM)	8.50" (22 CM)	96.00" (244 CM)



# PERFORMANCE SERIES

## CROSSBARS - FULL SPECS

*PRODUCT NAME*

*LENGTH*

*WIDTH*

*HEIGHT*

PS-1021A 4 FT. UPPER CONNECTOR

PS-1022A 6 FT. FLAT SHELF

PS-1023A 4 FT. MULTI-GRIP CHIN UP





# PERFORMANCE SERIES

## SHELVES - FULL SPECS

PRODUCT NAME	LENGTH	WIDTH	HEIGHT
PS-1111A	4 FT. FLAT SHELF	18.00" (46 CM)	
PS-1112A	6 FT. FLAT SHELF	18.00" (46 CM)	
PS-1113A	8 FT. FLAT SHELF	18.00" (46 CM)	
PS-1114A	4 FT. BALL RACK	16.25" (41 CM)	
PS-1115A	6 FT. BALL RACK	16.25" (41 CM)	
PS-1116	8 FT. DUMBELL RACK	9.50" (24 CM)	

# PERFORMANCE SERIES

## COMPONENTS - FULL SPECS

PRODUCT NAME	LENGTH	WIDTH	HEIGHT	
PS-1211A	WALL MOUNT BRACKET	8.00" (20 CM)	42.75" (109 CM)	4.75" (12 CM)
PS-1212A	SIDE MOUNT ACCESSORY RACK	9.50" (24. CM)	36.25" (92 CM)	10.00" (25 CM)
PS-1213A	4 FT. CENTER ACCESSORY RACK	9.50" (24 CM)	42.50" (108 CM)	18.00" (46 CM)
PS-1214A	4 FT. STALL BAR SET	3.25" (8 CM)	42.50" (108 CM)	73.75" (187 CM)
PS-1215A	WALL TARGET PAD	3.75" (10 CM)	41.75" (106 CM)	25.00" (64 CM)
PS-1216A	BAND PEG/BATTLE ROPE POST	11.25" (29 CM)	6.50" (17 CM)	87.00 (221 CM)
PS-1217A, MC-7018	DIP STATION	41.00" (104 CM)	26.75" (68 CM)	73.75" (187 CM)
PS-1217A, MC-7019	PLYO STATION	38.25" (97 CM)	24.50" (62 CM)	73.75" (187 CM)
PS-1218A	VERTICAL DUMBBELL RACK 5 PAIR	7.00" (18 CM)	4.75" (12 CM)	59.25" (151 CM)
PS-1219A	4 FT. HORIZONTAL PLATE RACK	13.25" (34 CM)	42.50" (108 CM)	5.25" (13 CM)
PS-1220A	7 FT. SIDE PLATE RACK	16.50" (42 CM)	3.00" (8 CM)	70.25" (178 CM)
PS-1221A	LAND-MINE	11.25" (29 CM)	6.00" (15 CM)	16.50" (42 CM)
PS-1222A	J-HOOKS AND SAFETY TIERS	35.00" (89 CM)	52.75" (134 CM)	87.00" (221 CM)
PS-1223A	4 FT. "BOOKSHELF" BUMPER PLATE RACK	13.50" (34 CM)	42.50" (108 CM)	12.50" (32 CM)
PS-1224A	BOSU BALL SIDE RACK	24.25" (62 CM)	19.75" (50 CM)	9.25" (24 CM)
PS-1225A	SIDE MOUNT ACESSORY RACK	10.00" (25 CM)	2.50" (6 CM)	7.25" (18 CM)
PS-1226A	LOW BATTLE ROPE ANCHOR	6.50" (17 CM)	6.00" (15 CM)	8.25" (21 CM)

# PERFORMANCE SERIES

## COMPONENTS - FULL SPECS

PRODUCT NAME	LENGTH	WIDTH	HEIGHT	
PS-1227A	ASSIST STEP	8.00" (20 CM)	6.00" (15 CM)	16.50" (42 CM)
PS-1228A	6 FT. BUMPER PLATE RACK	13.50" (34 CM)	65.75" (167 CM)	12.50" (32 CM)
PS-1229	4-PAIR VERTICAL DUMBBELL RACK	7.00" (18 CM)	4.75" (12 CM)	59.25" (151 CM)
PS-1230A	VERTICAL OLY BAR HOLDER	7.50" (19 CM)	5.25" (13 CM)	11.75" (30 CM)
PS-1231	LOW PROFILE HANGING MAT RACK	11.00" (28 CM)	25.00" (64 CM)	7.75" (20 CM)
PS-1232-OPT-1	SINGLE SIDED BARBELL RACK	22.75" (58 CM)	42.50" (108 CM)	41.50" (105 CM)
PS-1232-OPT-2	DOUBLE SIDED BARBELL RACK	42.00" (107 CM)	42.50" (108 CM)	41.50" (105 CM)
PS-1234	OPTION FOR DOUBLE SIDED ACC RACK	8.00" (20 CM)	34.75" (88 CM)	1.25" (3 CM)
PS-1411A	HEAVY BAG MOUNT	19.50" (50 CM)	6.50" (17 CM)	12.25" (31 CM)
PS-1413A	HIGH BALL TARGET	7.75" (20 CM)	15.00" (38 CM)	34.75" (88 CM)



# PERFORMANCE SERIES

## BRIDGES - FULL SPECS

*PRODUCT NAME*

*LENGTH*

*WIDTH*

*HEIGHT*

PS-1511

7 FT. BRIDGE



# PERFORMANCE SERIES

## CONFIGURATIONS - FULL SPECS

PRODUCT NAME		LENGTH	WIDTH	HEIGHT
PS-1E-SS	ONE ELEMENT SINGLE SIDED STORAGE	41.75" (106 CM)	62.75" (159 CM)	96.00" (244 CM)
PS-1E-DS	ONE ELEMENT DUAL SIDED STORAGE	62.00" (158 CM)	62.75" (159 CM)	96.00" (244 CM)
PS-4USR	4 FOOT UNIVERSAL STORAGE RACK			
PS-6USR	6 FOOT UNIVERSAL STORAGE RACK			
PS-8USR	8 FOOT UNIVERSAL STORAGE RACK			
PS-7E-FB	SEVEN ELEMENT FUNCTIONAL BRIDGE			



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D427,652, D431,059, D431,615, D437,370, D437,371, D438,267, D439,292, D439,822, D439,943, D440,610,  
 D444,190, D444,518, D446,440, D446,831, D454,604, D455,184, D455,310, D455,803, D456,862, D457,580,  
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† Other Patents Pending