

PERFORMANCE
SERIES

The image features a light gray background with a dark gray gradient at the bottom. A thick, vibrant blue curved line sweeps across the lower portion of the frame, starting from the left edge and curving towards the right. Centered in the upper half of the image is the text "PERFORMANCE" in a bold, italicized, white sans-serif font. Below it, the word "SERIES" is written in a bold, upright, white sans-serif font.



PERFORMANCE SERIES COMPONENTS

WALL MOUNT BRACKET

PS-1211A

TOP VIEW



SPECS

PRODUCT DIMENSIONS (L X W X H)

8.00" X 42.75" X 4.75" (20 CM X 109 CM X 12 CM)

PRODUCT WEIGHT

14 lbs (6 kg)

FEATURES

- ◆ Only available in Performance Black

SIDE MOUNT ACCESSORY RACK

PS-1212A

TOP VIEW



SPECS

PRODUCT DIMENSIONS (L X W X H)

9.50" X 36.25" X 10.00" (24 CM X 92 CM X 25 CM)

PRODUCT WEIGHT

19 lbs (9 kg)

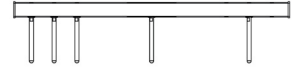
FEATURES

- ◆ Only available in Performance Black

4 FT. CENTER ACCESSORY RACK

PS-1213A

TOP VIEW



SPECS

PRODUCT DIMENSIONS (L X W X H)

9.50" X 42.50" X 18.00" (24 CM X 108 CM X 46 CM)

PRODUCT WEIGHT

37 lbs (18 kg)

FEATURES

- ◆ Only available in Performance Black

4 FT. STALL BAR SET

PS-1214A

TOP VIEW



SPECS

PRODUCT DIMENSIONS (L X W X H)

3.25" X 42.50" X 73.75" (8 CM X 108 CM X 187 CM)

PRODUCT WEIGHT

89 lbs (40 kg)

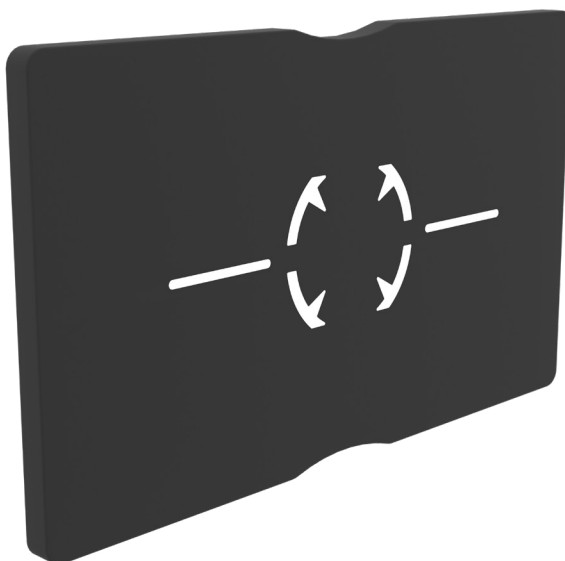
FEATURES

- ◆ Only available in Performance Black

WALL TARGET PAD

PS-1215A

TOP VIEW



SPECS

PRODUCT DIMENSIONS (L X W X H)

3.75" X 41.75" X 25.00" (10 CM X 106 CM X 64 CM)

PRODUCT WEIGHT

19 lbs (9 kg)

FEATURES

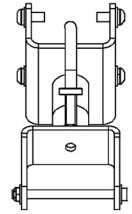
- ◆ Only available in Performance Black

BAND & BATTLE ROPE POST

PS-1216A



TOP VIEW



SPECS

PRODUCT DIMENSIONS (L X W X H)

11.25" X 6.50" X 87.00 (29 CM X 17 CM X 221 CM)

PRODUCT WEIGHT

94 lbs (43 kg)

FEATURES

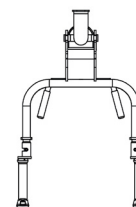
- ◆ Only available in Performance Black

DIP STATION

PS-1217A, MC-7018



TOP VIEW



SPECS

PRODUCT DIMENSIONS (L X W X H)

41.00" X 26.75" X 73.75" (104 CM X 68 CM X 187 CM)

PRODUCT WEIGHT

50 lbs (23 kg)

FEATURES

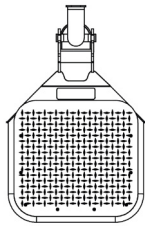
- ◆ Only available in Performance Black

PLYO STATION

PS-1217A, MC-7019



TOP VIEW



SPECS

PRODUCT DIMENSIONS (L X W X H)
38.25" X 24.50" X 73.75" (97 CM X 62 CM X 187 CM)

PRODUCT WEIGHT
50 lbs (23 kg)

FEATURES

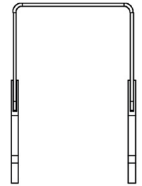
- ◆ Only available in Performance Black

VERTICAL DUMBBELL RACK - 5 PAIR

PS-1218A



TOP VIEW



SPECS

PRODUCT DIMENSIONS (L X W X H)

7.00" X 4.75" X 59.25" (18 CM X 12 CM X 151 CM)

PRODUCT WEIGHT

29 lbs (13 kg)

FEATURES

- ◆ Only available in Performance Black

4 FT. HORIZONTAL PLATE TREE

PS-1219A

TOP VIEW



SPECS

PRODUCT DIMENSIONS (L X W X H)

13.25" X 42.50" X 5.25" (34 CM X 108 CM X 13 CM)

PRODUCT WEIGHT

17 lbs (8 kg)

FEATURES

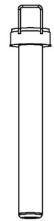
- ◆ Only available in Performance Black

7 FT. VERTICAL PLATE TREE

PS-1220A



TOP VIEW



SPECS

PRODUCT DIMENSIONS (L X W X H)

16.50" X 3.00" X 70.25" (42 CM X 8 CM X 178 CM)

PRODUCT WEIGHT

30 lbs (14 kg)

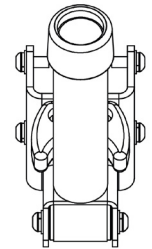
FEATURES

- ◆ Only available in Performance Black

LAND-MINE

PS-1221A

TOP VIEW



SPECS

PRODUCT DIMENSIONS (L X W X H)

11.25" X 6.00" X 16.50" (29 CM X 15 CM X 42 CM)

PRODUCT WEIGHT

19 lbs (9 kg)

FEATURES

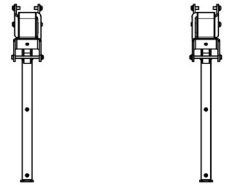
- ◆ Only available in Performance Black

OLYMPIC LIFTING STATION

PS-1222A



TOP VIEW



SPECS

PRODUCT DIMENSIONS (L X W X H)

35.00" X 52.75" X 87.00" (89.00 CM X 134 CM X 221 CM)

PRODUCT WEIGHT

143 lbs (65 kg)

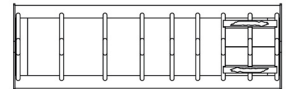
FEATURES

- ◆ Only available in Performance Black

4 FT. HORIZONTAL PLATE RACK

PS-1223A

TOP VIEW



SPECS

PRODUCT DIMENSIONS (L X W X H)

13.50" X 42.50" X 12.50" (34 CM X 108 CM X 32 CM)

PRODUCT WEIGHT

48 lbs (22 kg)

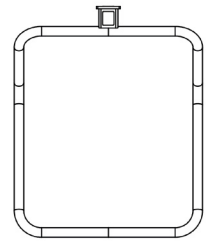
FEATURES

- ◆ Only available in Performance Black

SIDE MOUNT BALANCE TRAINER RACK

PS-1224A

TOP VIEW



SPECS

PRODUCT DIMENSIONS (L X W X H)

24.25" X 19.75" X 9.25" (62 CM X 50 CM X 24 CM)

PRODUCT WEIGHT

9 lbs (4 kg)

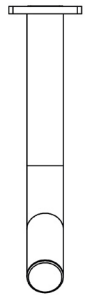
FEATURES

- ◆ Only available in Performance Black

SIDE MOUNT ACCESSORY HOOK

PS-1225A

TOP VIEW



SPECS

PRODUCT DIMENSIONS (L X W X H)

10.00" X 2.50" X 7.25" (25 CM X 6 CM X 18 CM)

PRODUCT WEIGHT

2 lbs (1 kg)

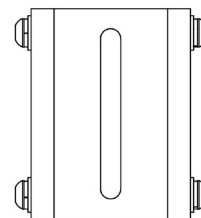
FEATURES

- ◆ Only available in Performance Black

BATTLE ROPE ANCHOR

PS-1226A

TOP VIEW



SPECS

PRODUCT DIMENSIONS (L X W X H)

6.50" X 6.00" X 8.25" (17 CM X 15 CM X 21 CM)

PRODUCT WEIGHT

8 lbs (4 kg)

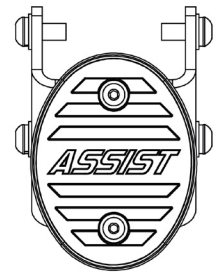
FEATURES

- ◆ Only available in Performance Black

ASSIST STEP

PS-1227A

TOP VIEW



SPECS

PRODUCT DIMENSIONS (L X W X H)

8.00" X 6.00" X 16.50" (20 CM X 15 CM X 42 CM)

PRODUCT WEIGHT

11 lbs (5 kg)

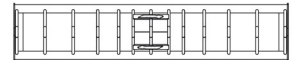
FEATURES

- ◆ Only available in Performance Black

6 FT. BUMPER PLATE RACK

PS-1228A

TOP VIEW



SPECS

PRODUCT DIMENSIONS (L X W X H)

13.50" X 65.75" X 12.50" (34 CM X 167 CM X 32 CM)

PRODUCT WEIGHT

63 lbs (29 kg)

FEATURES

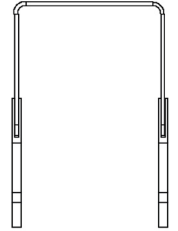
- ◆ Only available in Performance Black

VERTICAL DUMBBELL RACK - 4 PAIR

PS-1229A



TOP VIEW



SPECS

PRODUCT DIMENSIONS (L X W X H)

7.00" X 4.75" X 59.25" (18 cm X 12 cm X 151 cm)

PRODUCT WEIGHT

29 lbs (13 kg)

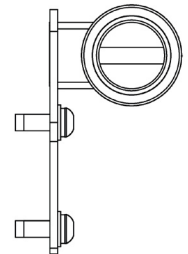
FEATURES

- ◆ Only available in Performance Black

VERTICAL OLYMPIC BAR HOLDER

PS-1230

TOP VIEW



SPECS

PRODUCT DIMENSIONS (L X W X H)

7.50" X 5.25" X 11.75" (19 CM X 13 CM X 30 CM)

PRODUCT WEIGHT

9 lbs (4 kg)

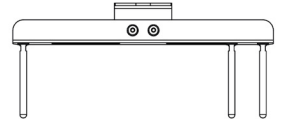
FEATURES

- ◆ Only available in Performance Black

LOW PROFILE HANGING MAT RACK

PS-1231

TOP VIEW



SPECS

PRODUCT DIMENSIONS (L X W X H)

11.00" X 25.00" X 7.75" (28 CM X 64 CM X 20 CM)

PRODUCT WEIGHT

9 lbs (4 kg)

FEATURES

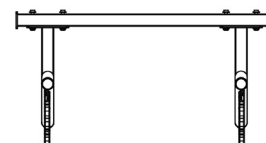
- ◆ Only available in Performance Black

BARBELL RACK 5 PAIR

PS-1232 OPT1



TOP VIEW



SPECS

PRODUCT DIMENSIONS (L X W X H)

22.75" X 42.50" X 41.50" (58 CM X 108 CM X 105 CM)

PRODUCT WEIGHT

82 lbs (37 kg)

FEATURES

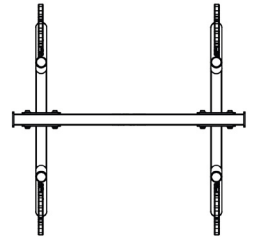
- ◆ Only available in Performance Black
- ◆ PS-1232 x 1
- ◆ PS-1233 x 1

BARBELL RACK 10 PAIR

PS-1232 OPT2



TOP VIEW



SPECS

PRODUCT DIMENSIONS (L X W X H)

42.00" X 42.50" X 41.50" (107 CM X 108 CM X 105 CM)

PRODUCT WEIGHT

128 lbs (58 kg)

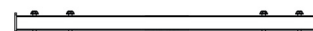
FEATURES

- ◆ Only available in Performance Black
- ◆ PS-1232 x 2
- ◆ PS-1233 x 1

CENTER SUPPORT

PS-1233

TOP VIEW



SPECS

PRODUCT DIMENSIONS (L X W X H)

PENDING

PRODUCT WEIGHT

PENDING

FEATURES

- ◆ Only available in Performance Black

ACCESSORY STORAGE PEGS

PS-1234

TOP VIEW



SPECS

PRODUCT DIMENSIONS (L X W X H)

8.00" X 34.75" X 1.25" (20 CM X 88 CM X 3 CM)

PRODUCT WEIGHT

4 lbs (2 kg)

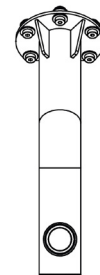


PERFORMANCE SERIES HIGH MOUNT COMPONENTS

HEAVY BAG MOUNT

PS-1411A

TOP VIEW



SPECS

PRODUCT DIMENSIONS (L X W X H)

19.50" X 6.50" X 12.25" (50 CM X 17 CM X 31 CM)

PRODUCT WEIGHT

16 lbs (7 kg)

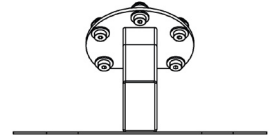
FEATURES

- ◆ Only available in Performance Black

HIGH BALL TARGET

PS-1413A

TOP VIEW



SPECS

PRODUCT DIMENSIONS (L X W X H)

7.75" X 15.00" X 34.75" (20 CM X 38 CM X 88 CM)

PRODUCT WEIGHT

19 lbs (9 kg)

FEATURES

- ◆ Only available in Performance Black

PERFORMANCE SERIES

COMPONENTS - FULL SPECS

PRODUCT NAME	LENGTH	WIDTH	HEIGHT	
PS-1211A	WALL MOUNT BRACKET	8.00" (20 CM)	42.75" (109 CM)	4.75" (12 CM)
PS-1212A	SIDE MOUNT ACCESSORY RACK	9.50" (24. CM)	36.25" (92 CM)	10.00" (25 CM)
PS-1213A	4 FT. CENTER ACCESSORY RACK	9.50" (24 CM)	42.50" (108 CM)	18.00" (46 CM)
PS-1214A	4 FT. STALL BAR SET	3.25" (8 CM)	42.50" (108 CM)	73.75" (187 CM)
PS-1215A	WALL TARGET PAD	3.75" (10 CM)	41.75" (106 CM)	25.00" (64 CM)
PS-1216A	BAND & BATTLE ROPE POST	11.25" (29 CM)	6.50" (17 CM)	87.00 (221 CM)
PS-1217A, MC-7018	DIP STATION	41.00" (104 CM)	26.75" (68 CM)	73.75" (187 CM)
PS-1217A, MC-7019	PLYO STATION	38.25" (97 CM)	24.50" (62 CM)	73.75" (187 CM)
PS-1218A	VERTICAL DUMBBELL RACK 5 PAIR	7.00" (18 CM)	4.75" (12 CM)	59.25" (151 CM)
PS-1219A	4 FT. HORIZONTAL PLATE TREE	13.25" (34 CM)	42.50" (108 CM)	5.25" (13 CM)
PS-1220A	7 FT. VERTICAL PLATE TREE	16.50" (42 CM)	3.00" (8 CM)	70.25" (178 CM)
PS-1221A	LAND-MINE	11.25" (29 CM)	6.00" (15 CM)	16.50" (42 CM)
PS-1222A	OLYMPIC LIFTING STATION	35.00" (89 CM)	52.75" (134 CM)	87.00" (221 CM)
PS-1223A	4 FT. HORIZONTAL PLATE RACK	13.50" (34 CM)	42.50" (108 CM)	12.50" (32 CM)
PS-1224A	SIDE MOUNT BALANCE TRAINER RACK	24.25" (62 CM)	19.75" (50 CM)	9.25" (24 CM)
PS-1225A	SIDE MOUNT ACCESSORY HOOK	10.00" (25 CM)	2.50" (6 CM)	7.25" (18 CM)
PS-1226A	BATTLE ROPE ANCHOR	6.50" (17 CM)	6.00" (15 CM)	8.25" (21 CM)



PERFORMANCE SERIES

COMPONENTS - FULL SPECS

PRODUCT NAME	LENGTH	WIDTH	HEIGHT	
PS-1227A	ASSIST STEP	8.00" (20 CM)	6.00" (15 CM)	16.50" (42 CM)
PS-1228A	6 FT. BUMPER PLATE RACK	13.50" (34 CM)	65.75" (167 CM)	12.50" (32 CM)
PS-1229	VERTICAL DUMBBELL RACK 4 PAIR	7.00" (18 CM)	4.75" (12 CM)	59.25" (151 CM)
PS-1230	VERTICAL OLYMPIC BAR HOLDER	7.50" (19 CM)	5.25" (13 CM)	11.75" (30 CM)
PS-1231	LOW PROFILE HANGING MAT RACK	11.00" (28 CM)	25.00" (64 CM)	7.75" (20 CM)
PS-1232-OPT-1	SINGLE SIDED BARBELL RACK	22.75" (58 CM)	42.50" (108 CM)	41.50" (105 CM)
PS-1232-OPT-2	DOUBLE SIDED BARBELL RACK	42.00" (107 CM)	42.50" (108 CM)	41.50" (105 CM)
PS-1233	CENTER SUPPORT			
PS-1234	ACCESSORY STORAGE PEGS	8.00" (20 CM)	34.75" (88 CM)	1.25" (3 CM)
PS-1411A	HEAVY BAG MOUNT	19.50" (50 CM)	6.50" (17 CM)	12.25" (31 CM)
PS-1413A	HIGH BALL TARGET	7.75" (20 CM)	15.00" (38 CM)	34.75" (88 CM)



WARRANTY POLICY

HOIST® Fitness offers one of the best warranty policies in the industry, reaffirming our commitment to quality and customer satisfaction. HOIST® Fitness warranties this product to the original purchaser only. HOIST® Fitness guarantees this product to be free from defects in workmanship and/or materials under normal use or service. **FOR COMPLETE WARRANTY INFORMATION, VISIT HOISTFITNESS.COM AND CLICK ON THE “SUPPORT” LINK.** Warranty policy applies to defects from the manufacturer only.

HOIST® Fitness reserves the right to change product specifications, design, and function at any time.

TRADEMARKS AND PATENTS

HOIST® Fitness products are covered by U.S. Patents, Patents Pending and Trademarks. HOIST is a registered trademark. All Rights Reserved.†

- ◆ HOIST®
- ◆ ACT NOW®
- ◆ CABLE-DRIVEN™
- ◆ CLUB QUALITY GUARANTEED®
- ◆ COMPOSITE MOTION™
- ◆ DUAL ACTION SMITH®
- ◆ EASY GLIDE™
- ◆ EZ-LOC LATCHING MECHANISM™
- ◆ FEEL THE RIDE®
- ◆ GLUTEMASTER®
- ◆ HOIST CLASSIC®
- ◆ QUIK-CHANGE®
- ◆ RADIAL LOC®
- ◆ RIDE ORIENTED CIRCUIT-INTERVAL TRAINING™
- ◆ RIDE ORIENTED CONDITIONING®
- ◆ RIDE ORIENTED CONDITIONING SYSTEM®
- ◆ RIDE ORIENTED CONDITIONING-INTENSITY TRAINING™
- ◆ RIDE ORIENTED XERCISE®
- ◆ ROC®
- ◆ ROCS®
- ◆ ROX®
- ◆ ROC-IT®
- ◆ ROC-ABS®
- ◆ SILENT STEEL®
- ◆ SPLIT WEIGHT CABLING™
- ◆ ULTRA-LITE LIFTING SYSTEM™
- ◆ DUAL SERIES™
- ◆ FLIP-N-DIP®
- ◆ FLIP-N-GRIP®

D427,652, D431,059, D431,615, D437,370, D437,371, D438,267, D439,292, D439,822, D439,943, D440,610,
 D444,190, D444,518, D446,440, D446,831, D454,604, D455,184, D455,310, D455,803, D456,862, D457,580,
 D511,726, D513,598, D518,861, D519,585, D519,864, D526,370, D528,023, D528,172, D533,608, D536,046,
 D539,857, D541,357, D541,358, D541,893, D542,868, D544,050, D545,383, D556,842, D561,276, D569,459,
 D569,926, D574,448, D574,449, D577,234, D578,584, D579,989, D583,426, D590,032, D746,388, D797,757,
 D807,446, D807,447, D808,475, D818,547, 5,683,334, 5,733,233, 5,800,321, 5,807,219, 5,916,072, 5,951,444,
 5,961,428, 5,980,434, 6,004,247, 6,193,635, 6,264,586, 6,319,178, 6,338,701, 6,347,777, 6,409,637, 6,443,878,
 6,491,606, 6,491,609, 6,497,639, 6,551,226, 6,561,960, 6,579,213, 6,605,022, 6,988,977, 7,052,444, 7,166,066,
 7,316,634, 7,322,906, 7,322,911, 7,331,911, 7,335,140, 7,361,125, 7,384,381, 7,393,309, 7,749,143, 7,468,024, 7,544,156,
 7,549,880, 7,549,949, 7,563,209, 7,563,214, 7,594,880, 7,597,655, 7,601,187, 7,641,600, 7,654,938, 7,654,940,
 7,670,269, 7,713,179, 7,717,832, 7,731,638, 7,749,371, 7,749,372, 7,766,802, 7,806,809, 7,815,555, 7,867,149, 7,878,953,
 7,901,335, 7,901,337, 7,909,743, 7,938,760, 7,963,890, 7,976,440, 7,981,010, 7,988,603, 7,993,251, 8,002,679,
 8,007,411, 8,021,070, 8,057,368, 8,162,807, 8,172,732, 8,177,693, 8,257,231, 8,308,620, 8,317,665, 8,328,698,
 8,562,496, 8,702,573, 8,734,304, 8,852,060, 8,870,720, 8,915,667, 8,926,480, 9,017,238, 9,126,081, 9,205,298,
 9,302,136, 9,440,106, 9,517,379, 9,522,297, 9,604,086, 9,682,276, 9,707,448, 9,808,699, 9,833,656, 9,861,850,
 9,868,016, 9,925,448, 9,943,721, 9,950,210, 9,968,819, 9,999,797, 10,010,740, 10,101,740, 11,135,475, 11,013,949, 10,780,310,
 10,737,131, 10,709,922, 10,646,739, 10,639,513, 10,532,244, 10,486,012, 10,426,990, 10,420,985, D857,812, 10,391,352,
 10,350,445, D852,291, 10,307,630, 10,220,240, WW, D836,733, 10,086,229

† Other Patents Pending