

GLUTE THRUST

CF-3416



SPECS

PRODUCT DIMENSIONS (L X W X H)

66.50" X 55.50" X 37.75" (169 cm X 141 cm X 96 cm)

PRODUCT WEIGHT

308 lbs (140 kg)

MAX WEIGHT STORAGE

275 lbs (125 kg)

MAX EXERCISE WEIGHT

225 lbs (102 kg)
equal to 340 lbs at bar pad (154 kg)

STARTING WEIGHT (UNLOADED)

45 lbs (20 kg)

FEATURES

- ◆ The patented, 4-Bar support system keeps the knees bent, limiting the engagement of the quadriceps to focus on the glutes
- ◆ Oversized, adjustable pad ensures a comfortable and secure user experience
- ◆ Sealed ball-bearing pivots for a smooth and quiet motion
- ◆ High Impact Polypropylene covered weight horns to protect frame and reduce noise
- ◆ Generous built in weight storage