

# PEC FLY / REAR DELT

CL-3309



## SPECS

### PRODUCT DIMENSIONS (L X W X H)

45" X 66" X 48" (115 cm X 169 cm X 123 cm)

### PRODUCT WEIGHT

425 lbs (192 kg)

### WEIGHT STACK

200 lbs (91 kg)

## FEATURES

- ◆ Multiple grip options
- ◆ First machine ever to offer both exercises facing the same direction
- ◆ Gas-spring assisted seat adjuster with large easy-to-reach handle
- ◆ Self-aligning, independent exercise arms