

# STANDING / PRONE LEG CURL

CL-3408



## **SPECS**

### PRODUCT DIMENSIONS (L X W X H)

53" X 43" X 49" (135 cm X 108 cm X 123 cm)

#### **PRODUCT WEIGHT**

550 lbs (249 kg)

#### **WEIGHT STACK**

200 lbs (91 kg)

## **FEATURES**

- Adjustments allow for standing and prone leg curl variations with ability to do unilateral or bilateral in the laying position
- Self-adjusting roller pad
- Stabilizing grips for both standing and laying variations