

LAT PULLDOWN

RS-2201



SPECS

PRODUCT DIMENSIONS (L X W X H)

65.5" X 56.5" X 84.75" (166 cm X 144 cm X 215 cm)

PRODUCT WEIGHT

728 lbs (330 kg)

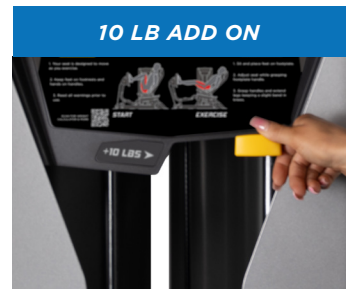
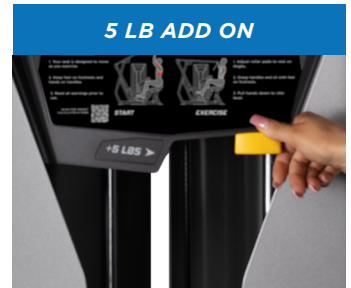
WEIGHT STACK

335 lbs (152 kg)

FEATURES

- ◆ Self-aligning handles automatically adjust to the user while the forward, unsupported movement of the torso results in greater activation of the core musculature
- ◆ Multiple grip positions accommodate varying body sizes/arm lengths
- ◆ Starts the body in a slight forward lean, increasing the muscle stretch to the lats and traps, then rocks the seat forward to a more neutral position
- ◆ Patented counter-balanced exercise arm and adjustable thigh pad
- ◆ Optional add-on weight system

ADD ON WEIGHT



SPECS

RS-CAGE-NG-OPT1

5 lbs

RS-CAGE-NG-OPT2

10 lbs

FEATURES

- ◆ **RS-CAGE-NG-OPT1:** Compatible with all RS units except RS-2403/ RS-2700
- ◆ **RS-CAGE-NG-OPT2:** Compatible with only RS-2403
- ◆ **User-Friendly Design:** Smaller Weight Increments: Cater to diverse users, enhancing accessibility.
- ◆ **Training Variety:** Range of Weight Options: Enables diverse training programs for engaging workouts.