

LEG CURL

RS-2402



ADJUSTABLE SHIN PAD



ADJUSTABLE SEAT BACK



SPECS

PRODUCT DIMENSIONS (L X W X H)

49.75" X 50" X 55" (127 cm X 127 cm X 140 cm)

PRODUCT WEIGHT

698 lbs (317 kg)

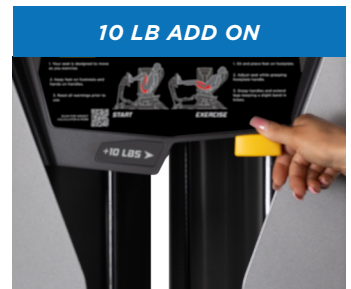
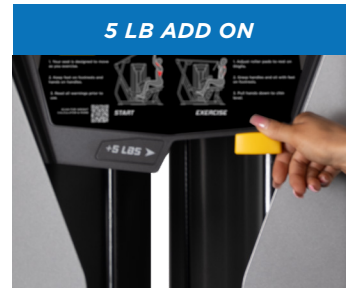
WEIGHT STACK

270 lbs (122 kg)

FEATURES

- ◆ Gas shock assisted back pad accommodates varying leg lengths
- ◆ Self-aligning roller pad automatically adjusts to reduce potential stress on the ankle joints
- ◆ Adjustable shin pad creates a natural hinge movement and reduces shearing force and stress on the knee joints
- ◆ Begins in a upright posture, then rocks rearward during the exercise providing a greater range-of-motion
- ◆ Rocking movement lowers the hips to maintain a posterior pelvic tilt to better load the quadriceps muscle
- ◆ Optional add-on weight system

ADD ON WEIGHT



SPECS

RS-CAGE-NG-OPT1

5 lbs

RS-CAGE-NG-OPT2

10 lbs

FEATURES

- ◆ **RS-CAGE-NG-OPT1:** Compatible with all RS units except RS-2403/ RS-2700
- ◆ **RS-CAGE-NG-OPT2:** Compatible with only RS-2403
- ◆ **User-Friendly Design:** Smaller Weight Increments: Cater to diverse users, enhancing accessibility.
- ◆ **Training Variety:** Range of Weight Options: Enables diverse training programs for engaging workouts.