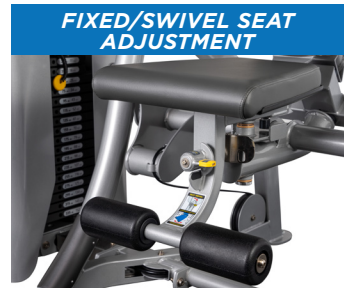


ABS**RS-2601**

SPECS

PRODUCT DIMENSIONS (L X W X H)

42.25" X 61.5" X 64.5" (107 cm X 156 cm X 164 cm)

PRODUCT WEIGHT

553 lbs (251 kg)

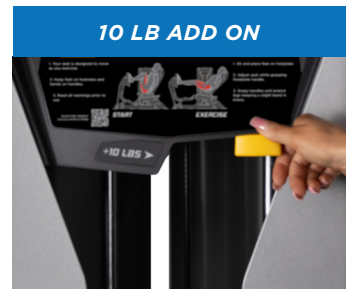
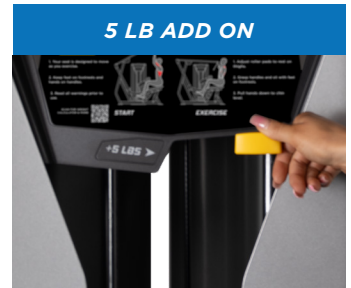
WEIGHT STACK

335 lbs (152 kg)

FEATURES

- ◆ Pivoting seat pad provides multiple abdominal exercises and results in greater activation of the core musculature
- ◆ Begins in an upright posture with exercise handles overhead to prestretch the abdominal muscles
- ◆ Rocking movement lowers the hips to increase the involvement of the abdominal muscles to produce trunk flexion
- ◆ Designed to offer constant lumbar, thoracic and cervical support to avoid hyper extension or unnatural loading of the spine
- ◆ Optional add-on weight system

ADD ON WEIGHT



SPECS

RS-CAGE-NG-OPT1

5 lbs

RS-CAGE-NG-OPT2

10 lbs

FEATURES

- ◆ **RS-CAGE-NG-OPT1:** Compatible with all RS units except RS-2403/ RS-2700
- ◆ **RS-CAGE-NG-OPT2:** Compatible with only RS-2403
- ◆ **User-Friendly Design:** Smaller Weight Increments: Cater to diverse users, enhancing accessibility.
- ◆ **Training Variety:** Range of Weight Options: Enables diverse training programs for engaging workouts.